

Best Sellers of 2019



GI Revive™

Natural support for gastrointestinal health and function*

- ✓ Supports GI mucosal integrity and a healthy inflammatory response*
- ✓ Promotes regularity and healthy bowel function*
- ✓ Available in both powder and capsule forms



Vitamin D Supreme

High dose vitamin D3 with vitamins K1 and K2

- ✓ Clinically useful dose of vitamin D3 at 5000 IU per capsule
- ✓ Ideal for situations where more aggressive vitamin D repletion is desired
- ✓ Contains 500 mcg vitamin K1 as phytonadione & 50 mcg vitamin K2 as menaquinone-7



Curcum-Evail®

Highly bioavailable curcumin formula for superior absorption

- ✓ Unique combination of the three strongest and most protective curcuminoids
- ✓ Offers a potent 380 mg curcuminoids in each softgel
- ✓ Manufactured using the Designs for Health Evail™ process, which improves curcumin absorption



Digestzymes™

Synergistic blend of enzymes for the digestion of proteins, fats, and carbohydrates

- ✓ Provides HCl and pepsin, plus proteases, amylases, and lipase to support healthy digestion of all macronutrients*
- ✓ Contains ox bile to aid in emulsification of fats
- ✓ Contains lactase to support digestion of dairy products, and DPPIV, which aids in breakdown of casomorphin (from casein) and gluteomorphin (from gluten)

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



www.designsforhealth.com

ZBRO BEST2019

Our Science First Approach

The Designs for Health *Science First philosophy* is most evident in our commitment to the research and science behind product development.

After **30 years** of formulating exceptionally high quality supplement formulations, we've learned a lot about what practitioners need to manage the health of their patients. While our range spans many different categories and conditions, these 20 products were some of our stand-out formulations from 2019.





Twice Daily Multi™

Foundational multivitamin formula informed by evolutionary biology

- ✓ Provides B vitamins, methylated folate, and minerals in stable chelated forms for optimal bioavailability
- ✓ Balanced in iodine and selenium to support thyroid function*
- ✓ Vitamin E provided as potent & efficacious tocotrienols; free of tocopherols
- ✓ Free of calcium and magnesium, which are best dosed according to individual needs



Magnesium Buffered Chelate

Highly absorbable form of magnesium

- ✓ Generous 150 mg of elemental magnesium per capsule (300 mg per serving)
- ✓ Stable chelated form should not result in the unfavorable GI symptoms often associated with magnesium supplementation
- ✓ Chelated minerals are not affected by dietary fiber, phytic acid or other compounds that may interfere with absorption



PurePaleo™

Pure beef protein powder with high absorption and assimilation

- ✓ 21 g protein per serving from HydroBEEF™, a highly concentrated bone broth protein isolate
- ✓ A truly Paleo protein: free of grains, legumes, dairy, gluten and soy
- ✓ Contains complete protein with a high amount of collagen-specific amino acids
- ✓ Available in chocolate, vanilla, and unflavored/unsweetened



Metabolic Synergy™

Nutritional support for ideal glucose, insulin and leptin levels*

- ✓ Supports healthy carbohydrate metabolism*
- ✓ Intense metabolic support from chromium, R-lipoic acid (natural isomer), annatto tocotrienols, taurine and biotin*
- ✓ Includes carnosine, benfotiamine, natural forms of B12 and folate (as L-5-MTHF) for protection from glycation*



Homocysteine Supreme™

Supports heart and blood vessel health, detoxification and more*

- ✓ Provides key B vitamins (B6, B12, riboflavin & folate) for a healthy homocysteine pathway*
- ✓ An optimally functioning homocysteine pathway provides methyl and sulfur groups for detoxification, the sulfur-containing amino acids taurine and cysteine, and producing the neurotransmitters epinephrine, dopamine, and serotonin*
- ✓ Provides TMG (trimethylglycine) and NAC, which support glutathione production*



Inflammatone™

Natural support for a healthy inflammatory response*

- ✓ Contains a combination of herbs, nutrients and proteolytic enzymes for modulating the inflammatory response*
- ✓ Supports healthy lymphatic drainage and natural clearance of proteins like kinin and fibrin*
- ✓ Beneficial for mounting a healthy inflammatory response without the adverse side-effects of prescription drugs*



B-Supreme

Comprehensive B vitamin formula

- ✓ Supplies most of the B vitamins in their co-enzymated forms for superior bioavailability and potency
- ✓ Folate provided as a blend of active isomer naturally-occurring folates; free from synthetic folic acid
- ✓ Includes TMG and choline for methylation support*



DIM-Evail™

Highly absorbable diindolylmethane for women's health*

- ✓ Features diindolylmethane (DIM), a plant indole derived from digestion of indole 3-carbinol (I3C), found in cruciferous vegetables
- ✓ Influences estrogen metabolism; supports healthy hormone levels*
- ✓ Manufactured using the Designs for Health Evail™ process for optimal absorption
- ✓ Provides a more concentrated dose of DIM than is obtainable solely from diet



GI Microb-X™

Natural support for gastrointestinal health*

- ✓ Blend of botanical extracts with potent antimicrobial effects (e.g., berberine, black walnut, wormwood, caprylic acid)*
- ✓ Broad spectrum of activity against the most common pathogens in the human GI tract*
- ✓ Supports GI health while sparing beneficial flora*



NeuroMag™

Patented, chelated magnesium for brain health*

- ✓ Features Magtein™, a patented form of magnesium L-threonate; superior to other forms of magnesium for crossing the blood-brain barrier*
- ✓ Supports healthy cognitive function and balanced moods*
- ✓ Helps support relaxation and restful sleep*



Cannab-FS™ 300

Full spectrum phytocannabinoids in liquid form

- ✓ Provides 300 mg phytocannabinoids per bottle, yielding 10 mg active phytocannabinoids per 1 mL serving
- ✓ Comprised of a full spectrum extract of hemp, delivering the naturally occurring phytocannabinoids, terpenes and flavonoids as nature intended vs a single cannabinoid isolate.
- ✓ 100% of the hemp flowers used to make Cannab-FS™ products come from American farms grown under the Farm Bill.
- ✓ Independently tested to ensure each product contains < 0.3% THC.



Annatto-E™ 150

Delta/Gamma tocotrienols

- ✓ Unique tocopherol-free, tocotrienols-only formulation
- ✓ Contains 150 mg per softgel of delta/gamma tocotrienols
- ✓ Tocotrienols are sourced from the annatto tree, the richest source of tocotrienols



Insomnitol™ (Capsules)

Natural promotion of quality sleep*

- ✓ Provides key ingredients to support restful sleep*: melatonin, 5-HTP, L-theanine, GABA, chamomile, valerian, passion flower, lemon balm & vitamin B6
- ✓ Serves as a sleep aid and general relaxant without causing sleep hangover or drowsiness upon awakening*
- ✓ May increase the ability to sleep through the night for those with occasional anxiety or pain*



Whole Body Collagen

Research-proven collagen peptides for bones, joints and skin*

- ✓ Contains patented collagen peptide blends clinically proven to support bone mass and joint structure and function*
- ✓ Upregulates synthesis of collagen, elastin and glycosaminoglycans in facial skin; may help improve skin elasticity, hydration and appearance*
- ✓ Support for connective tissue and blood vessel structure may help promote healthy tendons and ligaments, and normal blood pressure*



OmegAvail™ TG1000

Exceptionally high potency EPA/DHA fish oil

- ✓ 1000 mg omega-3 per softgel - ideal for therapeutic dosing
- ✓ Provided in the triglyceride (TG) form, the way these special fats occur naturally in fish
- ✓ 100% sourced from certified sustainable US-caught wild Alaskan fish
- ✓ Processed in the US using innovative technology to ensure freshness, purity, and absorption



ProbioMed™ 50

High-potency, shelf-stable, dairy-free probiotic

- ✓ Provides 10 of the most highly researched probiotic strains (50 billion CFU); dairy-free
- ✓ Delayed-release technology for optimal survivability through stomach acid and properly timed release in the lower GI tract*
- ✓ Shelf-stable: state-of-the-art moisture, oxygen, and light-resistant desiccant-lined packaging ensures strain survivability without refrigeration
- ✓ Supports GI health (digestion & bowel regularity), immune function, and a diverse gut microbiome*