



REDEFINING MEDICINE

## **Module VIII- Weight Management, Nutrition and Integrative Cancer Therapies**

Why Your Patient Cannot Lose Weight	Pamela W. Smith, MD, MPH, MS	1 hr
Truth on Effective Dietary Supplements from Weight Loss to Performance Enhancement	James LaValle, RPh, CCN	2 hr
Nutritional Depletions Caused by Medications	James LaValle, RPh, CCN	1 hr
Nutrition for the Physically Active: From the Casual to Serious Exercise Participants	Bob Seebohar, MS, RD	2 hr
Athletic Performance: The Impact of Cortisol and its Downstream Effect on Hormones, Cytokines, and Neurochemicals - Case studies	James LaValle, RPh, CCN	2 hr
Peptides as Therapeutic Alternatives	William Seeds, MD	1 hr
Peptide Alternatives to Exogenous Growth Hormone Uses	William Seeds, MD	1 hr
Alternative Peptides for Cellular Repair and Cytoprotection	William Seeds, MD	1 hr
Indications and Dosing of Peptides in a Practice Setting	William Seeds, MD	1 hr
PRP and Ozone Therapy in Sports Injuries	James Lewerenz DO	1 hr
High-Intensity Interval Training and Intermittent Fasting and The Athlete	James Lewerenz DO	1 hr
A Metabolic Approach to Addiction Medicine	Elizabeth Stuller, MD	2 hrs
A Metabolic Approach to Addiction Medicine Continued	Elizabeth Stuller, MD	2 hrs
A Metabolic Approach to Cancer	Pamela W. Smith, MD, MPH, MS	2 hrs
Integrative Cancer Therapies	Mark Rosenberg, MD	4 hrs