

**Friday August 21, 2020**

## **General Session**

<b>7:30 am – 8:15 am</b>	TBD	Mark Rosenberg, MD
<b>8:15 am – 9:00 am</b>	Food Sensitivities, Wheat-Related Disorders and Cardiovascular Disease	Tom O'Bryan, DC, CCN, DACBN
<b>9:00 am – 10:00 am</b>	TBD	TBD
<b>10:00am – 10:45 am</b>	TBD	Kevin Hill, MD, MHS
<b>10:45 am – 11:00 am</b>	Opening Remarks	Robert Goldman, MD, PhD Ronald Klatz, MD

Exhibit Hall opens 10:30 am

### **Friday Afternoon Sessions**

#### *Session 1: Unparalleled Precision Medicine: Exosome Isolation and Analysis*

<b>1:00 pm – 1:45 pm</b>	Discover the Potential of Exosomes in Medicine	Jason Sanders, MD
<b>1:45 pm – 2:30 pm</b>	Safety and Characterization of Perinatal Exosome Products	Duncan Ross, PhD
<b>2:30 pm – 3:15 pm</b>	The Powerful Cellular and Regenerative Benefits of Exosomes in Aesthetic and Anti-Aging Medicine	Greg Chernoff, MD
<b>3:15 pm – 4:00 pm</b>	Placental MSC Exosomes for Longevity and Cardiovascular Disease	Doug Spiel, MD

#### *Session 2: Neuro and Pain*

<b>1:00 pm – 1:40 pm</b>	Generating Metabolomic Power with Continuous NAD+ Supplementation and Intermittent AMPK Activation	Christopher Shade, PhD
<b>1:40 pm – 2:20 pm</b>	The Power of Nutrigenomics in the Evaluation and Treatment of Neurological Disorders with Stem Cell and Exosome Therapeutics	Kendal Stewart, MD
<b>2:20 pm – 3:00 pm</b>	Reduction of fatigue, pain and other symptoms while Improving Mitochondrial Function Using Membrane Lipid Replacement with Oral Glycerolphospholipids	Garth L. Nicolson, MD, PhD
<b>3:00 pm – 3:30 pm</b>	Resolving Fibromyalgia Using Nutrigenomics – A Bold Experiment That's Worked	Dan Purser, MD
<b>3:30 pm – 4:00 pm</b>	Treating Parkinson's: A Mind Body Approach with Meditation, Yoga, and Nutrition	Barbara Pickut, MD, MPH

*Session 3: Gut Health: You Are What You Eat*

1:00 pm – 1:45 pm	TBD	James LaValle, RPh, ND(trad)
1:45 pm – 2:30 pm	You are What you Eat: Nutrigenomics to Target Disease Risk and Promote Longevity	Deepa Verma, MD
2:30 pm – 3:15 pm	Healing the Thyroid from the Gut Up: The Clinical Experience	Angela Mazza, DO, FAARM
3:15 pm – 4:00 pm	Clinical Roadmap for the Treatment of Difficult or Recalcitrant SIBO cases	Chris Kleronomos, FNP-BC, MSc, ABAAHP

*Session 4: Personalized and Optimized Aesthetics*

1:00 pm – 1:45 pm	Beyond Stem Cells - Perinatal Tissue Use in Practice	Jonathan Hernández, PhD
1:45 pm – 2:30 pm	10 Steps to Becoming a Better Leader in Your Practice	Tim Sawyer
2:30 pm – 3:30 pm	Y-Lift – The Leading Edge in Closed Facelift Aesthetics	Yan Trokel, MD
3:30 pm – 4:00 pm	Biohacking Baldness: How the Hair Restoration Playbook is Changing	Alan Bauman, MD

**Saturday August 22, 2020**

## **General Session**

<b>7:30 am – 8:00 am</b>	Hormone Therapies: Potential to Prevent Age-Related Diseases	Thierry Hertoghe, MD
<b>8:00 am – 8:45 am</b>	Metainflammation: Recognizing Early Stage Inflammation as Lighting the Torch to Inflammageing	James LaValle, RpH, CCN, ND(trad)
<b>8:45 am – 9:45 am</b>	The Eye is Window to Our Health- Preserving Vision in the Age of OMICS	Rudrani Banik, MD
<b>9:45 am – 10:25 am</b>	Transcriptomics of Biotoxins: From Mold to Dementia and beyond	Andrew Heyman, MD, MHSA
<b>10:25 am – 11:00 am</b>	Healing the Inflamed Brain: Etiologies, Immunology and the Mitochondria	Gary Kaplan, DO

*Exhibit Hall opens 10:30 am*

### **Saturday Afternoon Sessions**

#### *Session 1: The Forgotten Side of the Immune System*

<b>1:00 pm – 1:40 pm</b>	LPS and Autoimmunity: A Modifiable Marker	Cheryl Burdette, ND
<b>1:40 pm – 2:20 pm</b>	Brain Health: Anti-Aging Strategies for Neuroinflammation	Andrew Heyman, MD, MHSA
<b>2:20 pm – 3:00 pm</b>	Stressed to Death: How Cellular Responses to Stress Lead to Chronic Disease	Deborah Matthew, MD
<b>3:00 pm – 3:30 pm</b>	Cell membrane repair and rejuvenation with Phosphatidylcholine (PC), the miracle molecule that treats Atherosclerosis, Liver and Kidney Disease, protects the stomach lining, prevents gall stones and much more	Anita Baxas, MD

#### *Session 2: Endocannabinoidomics: The Latest Biological Matrix*

<b>1:00 pm – 1:45 pm</b>	Innovating Ethnobotany: From Poppies to Pot	Jeffrey Block, MD
<b>1:45 pm – 2:15 pm</b>	Personalizing Cannabis Prescriptions Using Precision Diagnostics	Elaine Chin, MD, MBA
<b>2:15 pm – 2:45 pm</b>	Medical Marijuana and Relevance to Women's Health: A Review of the Clinical Trials of Endocannabinoids and Women's Hormones	Marissa Magsino, MD, FAARM
<b>2:45 pm – 3:15 pm</b>	Cannabinoids and Joint, Muscle and Neuropathic Pain	Jeannette Jacknin, MD
<b>3:15 pm – 3:45 pm</b>	Anxiety and Depression: CBD Case Studies and Clinical Pearls	Aimee Shunney, ND, Lac

*Session 3: Regeneration and Rehabilitation*

1:00 pm – 1:40 pm	Young Plasma Transfusions and Clinical Protocols for Neurodegenerative Disease and Overall Longevity	Dian Ginsberg, MD, FACOG, ABAARM
1:40 pm – 2:20 pm	Introduction to Peptides for Repair and Recovery	Heather Smith-Fernandez, MD
2:20 pm – 3:00 pm	New Frontiers & Emerging Technologies to Optimize Musculoskeletal Aging	Nick DiNubile, MD & Alex Lee, MD
3:00 pm – 3:30 pm	Personalized Biomolecular Therapy: A New Frontier on Telomere Rescue Therapy combining IV Micronutrient Therapy, Peptides and Exosomes	Ivel De Freitas, MD

*Session 4: Hormone Therapy: The Myths, The Facts, The Solutions*

1:00 pm – 1:40 pm	Estrogenomics, Epigenetics and Reproductive Aging	Jennifer Pearlman, MD, CCFP, NCMP
1:40 pm – 2:20 pm	TBD	Sahar Swidan, MD
2:20 pm – 3:00 pm	The Mystery of Lab Assessments and Transdermal Hormone Replacement Treatment	Mark Newman, MS
3:00 pm – 3:30 pm	The Top Ten Pellet Insertions and Dosing Mistakes: How To Avoid Common Pitfalls and Optimize Your Treatment Plans	Angela DeRosa, DO, MBA, CPE

*Session 5: Personalized and Optimized Aesthetics*

1:00 pm – 1:40 pm	Three Procut Herbal Regimen Appears Superior to Traditional Post-Procedure Wound Care Following Two Common Cosmetic Procedures	Carl R. Thornfeldt, MD, FAAD
1:40 pm – 2:20 pm	TBD	
2:20 pm – 3:00 pm	TBD	
3:00 pm – 3:30 pm	TBD	