



REDEFINING MEDICINE

**Certification in Peptide Therapy**

**Module I**

**Session Schedule**

*Schedule Subject to Change*

**Thursday, February 27, 2020:**

**Cell Senescence, Peptides for Cell Efficiency, Peptide Regulation**

7:00 am	Welcome to the Peptides Certification Course: Introduction and Review of Curriculum and Expectations	William Seeds, MD, ABAARM, FMNM	½ hr
7:30 am	Introduction to Peptides: Past and Current Day Surge in the Peptides Market Space & Real Time Relevance	Ryan Smith	½ hr
8:00 am	Understanding Cellular Senescence as the Basis of Diseases and Aging and the Importance of Cell Efficiency	William Seeds, MD, ABAARM, FMNM	1.5 hr
9:30 am	<b>Break</b>		
10:00 am	Highlights and Dosing of Growth Hormone, IGF-1, GHRH/GHRP and Senescence and Cell Efficiency	William Seeds, MD, ABAARM, FMNM	½ hr
10:30 am	Cell Senescence and Peptides Questions	William Seeds, MD, ABAARM, FMNM	1.5 hr
12:00 pm	<b>Lunch</b>		
1:30 pm	Mitochondrial Peptides, Mitochondria is the Ultimate Key	Elizabeth Yurth, MD, FAARFM, ABAARM	1 hr
2:30 pm	The Top Gun Peptides for Health	Elizabeth Yurth, MD, FAARFM, ABAARM	1 hr
3:30 pm	<b>Break</b>		
4:00 pm	Current and Future Regulation of Peptides	Irv Wiesen, Esq	1 hr
5:00 pm	Panel Q & A: Industry Regulation ( <b>non-CME</b> )	Irv Wiesen, Esq Ryan Smith William Seeds, MD, ABAARM, FMNM	1 hr
6:00 pm	<b>Close of Session</b>		



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**Friday, February 28, 2020:**

### **Metabolic Syndrome, Weight Loss, Arthritis, Athletic Performance**

7:30 am	Cell Efficiency and Progression to Metabolic Syndrome	Suzanne Turner, MD, ABAARM, FAARM	2 hr
10:00 am	<b>Break</b>		
10:30 am	Weight Loss Strategies with Peptides GHRH/GHRP & Enhancers to Peptide Weight Loss	William Seeds, MD, ABAARM, FMNM	2 hr
12:00 pm	<b>Lunch</b>		
1:30 pm	Arthritis, Tendinitis, Strains and Sprains	William Seeds, MD, ABAARM, FMNM	2 hr
3:30 pm	<b>Break</b>		
4:00 pm	Peptides and Athletic Performance	Elizabeth Yurth, MD, FAARFM, ABAARM	1 hr
5:00 pm	Peptides, Supplements and Recovery	Elizabeth Yurth, MD, FAARFM, ABAARM	1 hr
6:00 pm	<b>Close of Session</b>		



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**Module II**

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**Saturday, February 29, 2020:**

**Gut, Cardiovascular, Pulmonary, Neurodegeneration, Brain Health, Cancer**

7:30 am	Gut Dysbiosis and Wound Healing	William Seeds, MD, ABAARM, FMNM	1.5 hr
9:00 am	Wounds and Healing Part 2 Best Practices in Primary Care Wound Healing	Elizabeth Yurth, MD, FAARFM, ABAARM	1 hr
10:00 am	<b>Break</b>		
10:30 am	Cardiovascular & Pulmonary Disease and Peptides	Suzanne Turner, MD, ABAARM, FAARM	1 hr
11:30 am	Peptide Wrap-up Session	William Seeds, MD, ABAARM, FMNM	½ hr
12:00 pm	<b>Lunch</b>		
1:30 pm	Peptides Introduction to Brain Health, Mood, Anxiety and Depression	Elizabeth Yurth, MD, FAARFM, ABAARM	1 hr
2:30 pm	Deeper Dive: Peptides for Treatment in Neuropathic Pain and Sensory	William Seeds, MD, ABAARM, FMNM	1 hr
3:30 pm	<b>Break</b>		
4:00 pm	Peptide Influence on Cellular Mutations, Epigenetic Changes and Phenotype Variances: A Preamble to Cancer	William Seeds, MD, ABAARM, FMNM	1 hr
5:00 pm	Question & Answers	Elizabeth Yurth, MD, FAARFM, ABAARM Suzanne Turner, MD, ABAARM, FAARM	1 hr
6:00 pm	<b>Close of Session</b>		



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**Module II**

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**Sunday, March 1, 2020:**

**Lifestyle, Skin, Infertility, PCOS, Autoimmune**

7:30 am	Lifestyle Peptides: Sleep, Libido, Melanocortin System	William Seeds, MD, ABAARM, FMNM	1 hr
8:30 am	Peptides to Reverse Age-related Skin Damage	Julio Garcia, MD, ABAARM	1 hr
9:30 am	<b>Break</b>		
10:00 am	Infertility -The Interaction of Hormones and Peptides	Uzzi Reiss, MD, FAARFM, ABAARM	1.5 hr
11:30 pm	<b>Lunch</b>		
12:30 pm	Peptides Endometrioses, PCOS	Uzzi Reiss, MD, FAARFM, ABAARM	1 hr
1:30 pm	Introduction to Autoimmune Disease and Inflammation	William Seeds, MD, ABAARM, FMNM	1 hr
2:30 pm	<b>Break</b>		
3:00 pm	Peptide Based Approaches to Autoimmune Disorders	Suzanne Turner, MD, FAARM, ABAARM	1 hr
4:00 pm	Ask the Experts Q & A and Case Studies	William Seeds, MD, ABAARM, FMNM Uzzi Reiss, MD, FAARFM, ABAARM Elizabeth Yurth, MD, FAARFM, ABAARM Suzanne Turner, MD, FAARM, ABAARM	1 hr
5:00 pm	<b>Close of Session</b>		