



REDEFINING MEDICINE

Module I: Endocrinology
Session Schedule

What You Must Know About Women’s Hormones	Pamela W. Smith, MD, MPH, MS	2 hr
HRT: The Clinical Benefits and Breast Cancer Link?	Dian Ginsberg, MD	2 hr
Hormone Testing: A Debate	Mark Newman, MS, David Zava, PhD, Andrew Heyman MD, MHSA, and Sahar Swidan, PharmD, FMNM, ABAAHP	2 hr
Prescription Writing - BHRT	Sahar Swidan, PharmD, FMNM, ABAAHP	0.5 hr
Case Studies	Andrew Heyman, MD, MHSA Sahar Swidan, PharmD, FMNM, ABAAHP	1.5 hr
Male Hormones: The Latest Guidelines	Myles Spar, MD, MPH	2 hr
HGH, Oxytocin and Others	Myles Spar, MD, MPH	1 hr
Demo – Pellets, Injections, Creams	Myles Spar, MD, MPH	0.5 hr
Prescription Writing – Men’s Hormones	Sahar Swidan, PharmD, FMNM, ABAAHP	0.5 hr
Endocrine Disruptors	Filomena Trindade, MD, MPH, ABAARM, FMNM	2 hr
Peptides in HRT	James LaValle, RPh, CCN	1 hr
Problem Solving Through Compounding	Sahar Swidan, PharmD, FMNM, ABAAHP	1 hr
Case Studies	Myles Spar, MD, MPH	1 hr
HPA-Stress-Cortisol-All Dots Connected	Andrew Heyman, MD, MHSA	2.5 hr
Thyroid Disorders-A Metabolic Approach	Filomena Trindade, MD, MPH, ABAARM, FMNM	1.5 hr
Prescription Writing - Thyroid	Sahar Swidan, PharmD, FMNM, ABAAHP	0.5 hr
Supplements for Menopause, Andropause, Thyroid	James LaValle, RPh, CCN	1 hr
Case Histories: Connecting All the Dots	Andrew Heyman, MD, MHSA James LaValle, RPh, CCN Filomena Trindade, MD, MPH, ABAARM, FMNM	1.5 hr