



REDEFINING MEDICINE

Module I: Endocrinology

Session Schedule

Schedule Subject to Change

All Times in CST

Friday, December 11, 2020:

8:00 am	What You Must Know About Women's Hormones	Pamela W. Smith, MD, MPH, MS	2 hr
10:00 am	Break		
10:30 am	HRT: The Clinical Benefits and Breast Cancer Link?	Dian Ginsberg, MD	2 hr
12:30 pm	Break		
1:30 pm	Hormone Testing - The Scientific Evidence	Doreen Saltiel, MD	2 hr
3:30 pm	Break		
4:00 pm	Prescription Writing – Women's Hormones	Sahar Swidan, PharmD, FMNM, ABAAHP	1 hr
4:30 pm	Patient Case Studies	Andrew Heyman, MD, MHSA Sahar Swidan, PharmD, FMNM, ABAAHP	1 hr
6:00 pm	Close of Session		

Saturday, December 12, 2020:

8:00 am	Male Hormones: The Latest Guidelines	Myles Spar, MD, MPH	2 hr
10:00 am	Break		
10:30 am	HGH, Oxytocin-Advanced Clinical Applications	Myles Spar, MD, MPH	1 hr
11:30 am	Demo – Pellets, Injections, Creams	Myles Spar, MD, MPH	0.5 hr
12:00 pm	Prescription Writing – Men's Hormones	Sahar Swidan, PharmD, FMNM, ABAAHP	0.5 hr
12:30 pm	Break		
1:30 pm	Endocrine Disruptors & Detoxification Strategies	Filomena Trindade, MD, MPH, ABAARM, FMNM	2 hr
3:30 pm	Break		
4:00 pm	Peptides Therapy in Endocrine Restoration	James LaValle, RPh, CCN	1 hr
5:00 pm	Patient Case Studies	Myles Spar, MD, MPH	1 hr
6:00 pm	Close of Session		



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Sunday, December 13, 2020:

8:30 am	HPA-Stress-Cortisol: All Dots Connected	Andrew Heyman, MD, MHSA	1.5 hr
10:00 am	Break		
10:30 am	Problem Solving Through Compounding	Sahar Swidan, PharmD, FMNM, ABAAHP	2 hr
12:30 pm	Break		
1:30 pm	Thyroid Disorders - A Metabolic Approach	Filomena Trindade, MD, MPH, ABAARM, FMNM	1.5 hr
3:00 pm	Prescription Writing - Thyroid	Sahar Swidan, PharmD, FMNM, ABAAHP	0.5 hr
3:30 pm	Break		
4:00 pm	Supplement Use for Menopause, Andropause, Thyroid	James LaValle, RPh, CCN	1 hr
5:00 pm	Patient Case Studies: Connecting All the Dots	Andrew Heyman, MD, MHSA James LaValle, RPh, CCN Filomena Trindade, MD, MPH, ABAARM, FMNM	1.5 hr
6:30 pm	Close of Session		