



BHRT Symposium

Session Schedule

Schedule Subject to Change

All Times are in EST

Friday, September 11, 2020:

9:00 am	Compounds Used in BHRT – Non-CME	Dave Metayer	0.5 hr
9:30 am	What You Need to Know About Compounding Laws	Rick Rhoads, PharmD	0.5 hr
10:00 am	Break		
10:30 am	What You Must Know About Female Hormones	Pamela W. Smith, MD, MPH, MS	2 hr
12:30 am	Lunch		
1:30 pm	The Sense and Science Behind BHRT	Tara Scott, MD	2 hr
3:30 pm	Break		
4:00 pm	Male Hormones	Myles Spar, MD	2 hr
6:00 pm	Close of Session		

Saturday, September 12, 2020:

9:00 am	Hormone Metabolism- How to Optimize all Pathways to include gut, methylation, liver etc... endocrine disruptors	Filomena Trindade, MD, MPH	2 hr
11:00 am	Break		
11:30 am	Hormone Testing and Female Sexual Dysfunction	Sara Gottfried, MD	2 hr
1:30 pm	Lunch		
2:30 pm	What You Must Know About Thyroid Disorders	Barbie Barrett, MD	1 hr
3:30 pm	Hormonal Effect on Pain Syndromes	Sahar Swidan, PharmD, BCPS, ABAHP, FMNM	1 hr
4:30 pm	Break		
5:00 pm	Case Studies	Ron Rothenberg, MD Kris Hart, MN, FNP-RN-C	1.5 hr
6:30 pm	Close of Session		



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Sunday, September 13, 2020:

9:00 am	Vitamin D	Ron Rothenberg, MD	0.5 hr
9:30 am	HPA Axis Dysfunction with Focus on Cortisol, DHEA, Pregnenolone	Andrew Heyman, MD, MHSA	1 hr
10:30 am	Break		
10:45 am	Connecting the Dots/Summary/Systems Bio Approach	Andrew Heyman, MD, MHSA	1 hr
11:45 am	Close of Session		