



REDEFINING MEDICINE

**BHRT SYMPOSIUM**  
**FEBRUARY 27-29, 2020**

Thursday, February 27, 2020				
5:30 pm <b>Welcome Reception – Non-CME – Refreshments sponsored by University Compounding Pharmacy</b>				
6:00 pm	Compounded Options for BHRT – <b>Non-CME</b>	Sahar Swidan, PharmD, BCPS	0.5 hr	
6:30 pm	Regulatory Updates with BHRT	Sahar Swidan, PharmD, BCPS	0.5 hr	
7:00 pm	Adult Growth Hormone Deficiency – Current Literature and Controversies	Ron Rothenberg, MD	1 hr	
8:00 pm	Hormones and Pain Modulation	Sahar Swidan, PharmD, BCPS	1 hr	
9:00 pm	<b>Close of Session</b>			
Friday, February 28, 2020				
6:30 am Registration and Continental Breakfast				
7:30 am	Female Hormones: Review of Physiology, Function & the Latest Science	Dian Ginsberg, MD, FACOG	1.5 hr	
9:00 am	Estrogen Metabolism	Tara Scott, MD	1 hr	
10:00 am	<b>Break</b>			
10:45 am	Intricacies and other Considerations when Prescribing BHRT <i>Micro Hormone Dosing and Avoiding Pitfalls</i>	Dian Ginsberg, MD, FACOG	1 hr	
11:45 am	A Personalized Approach to Thyroid Disorders	Andrew Heyman, MD, MHSA	1 hr	
12:45 pm	<b>Lunch Sponsored by L-Nutra</b>			
2:00 pm	Testosterone Deficiency in Men: Treatment, Controversies and Current Studies	Ron Rothenberg, MD	1 hr	
3:00 pm	Lab Tests Used in BHRT – Controversies and Practical Pearls	Kris Hart, MN, FNP-RN-C	0.5 hr	
3:30 pm	<b>Break</b>			
3:45 pm	Optimizing Hormone Replacement – How to Prescribe BHRT	Ron Rothenberg, MD	1 hr	
4:45 pm	Case Studies	Ron Rothenberg, MD Kris Hart, MN, FNP-RN-C	0.5 hr	
5:15 pm	Q & A – Panel Discussion – <b>Non-CME</b>	Andrew Heyman, MD, MHSA Tara Scott, MD Dian Ginsberg, MD, FACOG Ron Rothenberg, MD	0.5 hr	
5:45 pm	<b>Close of Session</b>			

**WiFi**  
**Network: a4m**  
**Password: bhrt2020**



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Saturday, February 29, 2020				
6:30 am	Registration and Continental Breakfast			
7:30 am	Female Sexual Function and Dysfunction	Jennifer Landa, MD	2 hr	
9:30 am	<b>Break</b>			
10:15 am	Male Sexual Function and Dysfunction	Ron Rothenberg, MD	1.5 hr	
11:45 am	Vitamin D	Ron Rothenberg, MD	0.5 hr	
12:15 pm	<b>Lunch Sponsored by Fortune Firm</b>			
1:30 pm	The Stress Response System	Andrew Heyman, MD, MHSA	2 hr	
3:30 pm	<b>Break</b>			
4:00 pm	Connecting the Dots: A Systems Biology Approach	Andrew Heyman, MD, MHSA	1 hr	
5:00 pm	Q & A – Panel Discussion – <b>Non-CME</b>	Andrew Heyman, MD, MHSA Ron Rothenberg, MD Jennifer Landa, MD	0.5 hr	
5:30 pm	<b>Close of Session</b>			

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