

# BHRT SYMPOSIUM

## FEBRUARY 27-29, 2020

Thursday, February 27, 2020

5:30 pm **Welcome Reception – Non-CME – Refreshments sponsored by University Compounding Pharmacy**

6:00 pm	Compounds Used in BHRT – <b>Non-CME</b>	Dave Metayer	0.5 hr	
6:30 pm	What You Need to Know About Compounding Laws	Rick Rhoads, PharmD	1 hr	
7:30 pm	What You Must Know about Female Hormones	Pamela W. Smith, MD, MPH, MS	1.5 hr	
9:00 pm	<b>Close of Session</b>			

Friday, February 28, 2020

6:30 am Registration and Continental Breakfast

7:30 am	What You Must Know About Thyroid Disorders	Pamela W. Smith, MD, MPH, MS	1 hr	
8:30 am	What You Need to Know about Male Hormones	Pamela W. Smith, MD, MPH, MS	1 hr	
9:30 am	<b>Break</b>			
10:15 am	Testosterone Deficiency in Men: Treatment, Controversies and Current Studies	Ron Rothenberg, MD	1 hr	
11:15 am	Male Sexual Dysfunction	Ron Rothenberg, MD	1 hr	
12:15 pm	<b>Lunch</b>			
1:30 pm	Lab Tests Used in BHRT – Controversies and Practical Model	Kris Hart, MN, FNP-RN-C	0.5 hr	
2:00 pm	Optimizing Hormone Replacement – How to Prescribe Bio-Identical Hormone Replacement Therapy	Ron Rothenberg, MD	1 hr	
3:00 pm	<b>Break</b>			
3:45 pm	Case Studies	Ron Rothenberg, MD Kris Hart, MN, FNP-RN-C	0.5 hr	
4:15 pm	Migraines and Hormones	Sahar Swidan, PharmD, BCPS	1 hr	
5:15 pm	Q & A – Panel Discussion	Pamela W. Smith, MD, MPH, MS Ron Rothenberg, MD Sahar Swidan, PharmD, BCPS	0.5 hr	
5:45 pm	<b>Close of Session</b>			

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## FEBRUARY 27-29, 2020

**Saturday, February 29, 2020**

6:30 am Registration and Continental Breakfast

7:30 am	Female Sexual Function and Dysfunction	Jennifer Landa, MD	2 hr	
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9:30 am **Break**

10:15 am	Intricacies and other Considerations when Prescribing BHRT <i>Micro Hormone Dosing and Avoiding Pitfalls and Problems</i>	Dian Ginsberg, MD, FACOG	1 hr	
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11:15 am	Estrogen Metabolism	Tara Scott, MD	1 hr	
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12:15 pm **Lunch**

1:30 pm	Vitamin D	Ron Rothenberg, MD	0.5 hr	
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2:00 pm	HPA Axis Dysfunction	Andrew Heyman, MD, MHSA	1.5 hr	
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3:30 pm **Break**

4:00 pm	Connecting the Dots: A Systems Biology Approach	Andrew Heyman, MD, MHSA	1 hr	
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5:00 pm	Q & A – Panel Discussion	Pamela W. Smith, MD, MPH, MS Dian Ginsberg, MD, FACOG Andrew Heyman, MD, MHSA Tara Scott, MD Jennifer Landa, MD	0.5 hr	
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5:30 pm **Close of Session**