



REDEFINING MEDICINE

**Module IV**  
**Gastroenterology**  
**Session Schedule**  
*Schedule Subject to Change*

**Thursday, October 10, 2019:**

7:30 am	Small Intestinal Bacterial and Fungal Overgrowth: Tips and Tricks to Treat	Jill Carnahan, MD	1 hr
8:30 am	IBD: A Look at Identifying Underlying Triggers to Crohn's and Colitis	Jill Carnahan, MD	1 hr
9:30 am	<b>Break</b>		
10:00 am	GI Health: Key to Systemic Health: Gut-Immune-Brain /The 5 R's Approach to GI Health / Prebiotics and Probiotics	Liz Lipski, PhD	1 ½ hr
11:30 am	Using Therapeutic Diets to Improve GI & Systemic Health	Liz Lipski, PhD	1 hr
12:30 pm	<b>Lunch</b>		
1:30 pm	Autoimmunity and the Gut: The Connection that Changes Everything	Jill Carnahan, MD	2 hr
3:30 pm	<b>Break</b>		
4:00 pm	DIGIN: Everything You Need to Know about Testing for Dysbiosis and Infection in the Gut	Jill Carnahan, MD	2 hr
6:00 pm	<b>Close of session</b>		

**Friday, October 11, 2019:**

8:00 am	The Stress and Gut-Immune-Brain Connection w/ Case	Andrew Heyman, MD, MHSA	2 hr
10:00 am	<b>Break</b>		
10:30 am	Integrative Immunity - Quadepidemics: Effects of Environmental Toxins on the Growing Estrogen-Obesity-Allergy-Anxiety/Depression Epidemics	Benoit Tano, MD, PhD	1 ½ hr
12:00 pm	<b>Lunch</b>		
1:30 pm	Integrative Immunity - Quadepidemics: Effects of Environmental Toxins on the Growing Estrogen-Obesity-Allergy-Anxiety/Depression Epidemics Continued	Benoit Tano, MD, PhD	2 hr
3:30 pm	<b>Break</b>		
4:00 pm	The Gut & Microbiome, Biome Cross-Talk, Nasal Biome & Autoimmunity Connections	D. Lindsey Berkson, MA, DC, CNS, DCBN, ACN	1 hr
5:00 pm	The Rise of Liver Diseases and the Role of Diet	D. Lindsey Berkson, MA, DC, CNS, DCBN, ACN	1 hr
6:00 pm	<b>Close of Session</b>		



REDEFINING MEDICINE

**Module IV**  
**Gastroenterology**  
**Session Schedule**  
*Schedule Subject to Change*

**Saturday, October 12, 2019:**

7:00 am	Insulin Resistance/Gut Microbiome/ Diabetes Type III: What Is The Connection? (Part I)	Filomena Trindade, MD, MPH	2 hr
9:00 am	<b>Break</b>		
9:30 am	Insulin Resistance/Gut Microbiome/ Diabetes Type III: What Is The Connection? (Part II)	Filomena Trindade, MD, MPH	1 hr
10:30 am	The Unappreciated Role of Stomach Acid	D. Lindsey Berkson, MA, DC, CNS, DCBN, ACN	1 hr
11:30 am	<b>Lunch</b>		
12:30 pm	The Unappreciated Role of Hormones and the Gut Introduction to Microgenderome Reflux Disease and Natural Answers	D. Lindsey Berkson, MA, DC, CNS, DCBN, ACN	2 hr
2:30 pm	<b>Break</b>		
3:00 pm	GI Health and the Skin: Acne, Atopic Dermatitis, and Rosacea	Pamela W. Smith, MD, MPH, MS	1 ½ hr
4:30 pm	Celiac Disease: A Metabolic Approach	Pamela W. Smith, MD, MPH, MS	½ hr
5:00 pm	<b>Close of Session</b>		