



REDEFINING MEDICINE

Certification in Peptide Therapy

Module I

Session Schedule

Schedule Subject to Change

Thursday, March 7, 2019: Intro to Peptides, Growth Hormone, and Exercise and Peptides

7:30 am	Welcome to the Peptides Certification Course: Introduction and Review of Curriculum and Expectations	William Seeds, MD, ABAARM, FMNM	½ hr
8:00 am	Introduction to Peptides: Past and Current Day Surge in the Peptides Market Space & Real Time Relevance	Ryan Smith	½ hr
8:30 am	Current and Future Regulation of Peptides	Irv Wiesen, Esq	½ hr
9:00 am	Peptide Manufacturing	Justin Kirkland	1 hr
10:00 am	Break		
10:30 am	Panel Q&A	William Seeds, MD, ABAARM, FMNM, Ryan Smith, Irv Wiesen, Esq, Justin Kirkland	½ hr
11:00 am	Highlights and Dosing of Growth Hormone, IGF-1, GHRH/GHRP	William Seeds, MD, ABAARM, FMNM	1 ½ hr
12:30 pm	Lunch		
1:30 pm	Goal-Based Keys to the Metabolic Efficiency of Peptides and Supplements including Alpha GPC, Phosphatidic Acid, Rg3, NADH, & L-Glutamine	James LaValle, RPh, CCN, ND(trad)	1 hr
2:30 pm	Modes of Exercise and Fasting Schedules	William Seeds, MD, ABAARM, FMNM	1 hr
3:30 pm	Break		
4:00 pm	Nutrition for Optimal Exercise Results	James LaValle, RPh, CCN, ND(trad)	1 hr
5:00 pm	Review of Case Studies	William Seeds, MD, ABAARM, FMNM, James LaValle RPh, CCN, ND(trad)	1 hr
6:00 pm	Close of Session		



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Friday, March 8, 2019: Weight Loss, Arthritis and Inflammation

7:30 am	Weight Loss Strategies with Peptides GHRH/GHRP & Enhancers to Peptide Weight Loss	William Seeds, MD, ABAARM, FMNM	2 ½ hr
10:00 am	Break		
10:30 am	Metabolism of Weight Loss and Fasting	James LaValle, RPh, CCN, ND(trad)	1 ½ hr
12:00 pm	Lunch		
1:30 pm	Arthritis, Tendinitis, Strains and Sprains	William Seeds, MD, ABAARM, FMNM	2 hr
3:30 pm	Break		
4:00 pm	Nutrition and Arthritis	James LaValle, RPh, CCN, ND(trad)	1 hr
5:00 pm	Case Studies on Weight Loss and Arthritis	William Seeds, MD, ABAARM, FMNM, James LaValle, RPh, CCN, ND(trad)	1 hr
6:00 pm	Close of Session		



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Module II

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Saturday, March 9, 2019: Wound Care, Diabetic Wounds, Ulcer, Abrasions, Gum Disease

7:30 am	Wounds and Healing Part I	William Seeds, MD, ABAARM, FMNM	1 hr
8:30 am	Wounds and Healing Part 2 Best Practices in Primary Care Wound Healing	Elizabeth Yurth, MD, FAARFM, ABAARM	1 ½ hr
10:00 am	Break		
10:30 am	Essential Nutritional Protocols for Wound Healing	James LaValle, RPh, CCN, ND(trad)	½ hr
11:00 am	Ask the Experts Q&A	William Seeds, MD, ABAARM, FMNM James LaValle, RPh, CCN, ND(trad)	1 hr
12:00 pm	Lunch		
1:30 pm	What to Eat for Brain Health	James LaValle, RPh, CCN, ND(trad)	1 hr
2:30 pm	Introduction to Brain Inflammation	Andrew Heyman, MD, MHSA	1 hr
3:30 pm	Break		
4:00 pm	GHRH/GHRP, IGF-1 and IGF-2, BPC, Melanotan 2, DSIP	William Seeds, MD, ABAARM, FMNM	1 hr
5:00 pm	Peptide Therapies in Neurodegenerative Disease: A Psychiatrist's Perspective	Elizabeth Yurth, MD, FAARFM, ABAARM	½ hr
5:30 pm	Peptide Therapies in Neurodegenerative Disease: A Family Medicine Perspective	Suzanne Turner, MD, FAARM, ABAARM	½ hr
6:00 pm	Close of Session		



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Sunday, March 10, 2019: Libido, Aesthetics and Hormones

7:00 am	Libido PT 141, Melanotans 1 & 2	William Seeds, MD, ABAARM, FMNM	1 hr
8:00 am	Aesthetics, Skin, Dermal Abrasions and Creams	Joseph Cleaver, MD, FAARM, ABAARM	1 hr
9:00 am	Infertility -The Interaction of Hormones and Peptides	Uzzi Reiss, MD, FAARFM, ABAARM	½ hr
9:30 am	Break		
10:00 am	Nutrient Augmentation for Libido and Skin	Andrew Heyman, MD, MHSA	½ hr
10:30 am	Ask the Experts Q & A and Case Studies	William Seeds, MD, ABAARM, FMNM Andrew Heyman, MD, MHSA, Joseph Cleaver, MD, FAARM, ABAARM Uzzi Reiss, MD, FAARFM, ABAARM	1 hr
11:30 pm	Lunch		
12:30 pm	Introduction to Autoimmune Disease and Inflammation	Andrew Heyman, MD, MHSA	1 hr
1:30 pm	Peptide Based Approaches to Autoimmune Disorders	Suzanne Turner, MD, FAARM, ABAARM	1 hr
2:30 pm	Break		
3:00 pm	Links Between Nutrition and Autoimmune Diseases	Andrew Heyman, MD, MHSA	1 hr
4:00 pm	Ask the Experts Q & A and Case Studies	William Seeds, MD, ABAARM, FMNM Andrew Heyman, MD, MHSA, Elizabeth Yurth, MD, FAARFM, ABAARM Suzanne Turner, MD, FAARM, ABAARM	1 hr
5:00 pm	Close of Session		