



REDEFINING MEDICINE

Module I: Endocrinology

Session Schedule

Schedule Subject to Change

Friday, December 13, 2019:

7:30 am	What You Must know About Women’s Hormones	Pamela W. Smith, MD, MPH, MS	2 hr
9:30 am	Break		
10:00 am	What you Must Know About Women’s Hormones Continued	Pamela W. Smith, MD, MPH, MS	1 hr
11:00 am	What you Must Know About Male Hormones	Jennifer Landa, MD, FMNM, ABAARM	1 hr
12:00 pm	Lunch		
1:00 pm	Exhibit Hall – Coffee		
2:00 pm	What you Must Know About Male Hormones Continued	Jennifer Landa, MD, FMNM, ABAARM	1 hr
3:00 pm	HPA-Stress-Cortisol-All Dots Connected	Andrew Heyman, MD, MHSA	1 hr
4:00 pm	Break		
4:15 pm	HPA-Stress-Cortisol-All Dots Connected Continued	Andrew Heyman, MD, MHSA	1 hr
5:15 pm	Hormone Related Psychiatric Symptoms: Tips for the Practitioner	Pamela W. Smith, MD, MPH, MS	0.5 hr
5:45 pm	Close of Session		

Saturday, December 14, 2019:

7:00 am	Hormones and the Heart	Pamela W. Smith, MD, MPH, MS	1.5 hr
8:30 am	The Hormone-Crazed Patient: What to Do Monday Morning	Pamela W. Smith, MD, MPH, MS	1 hr
9:30 am	Break		
10:00 am	Hormones and Pain Control	Sahar Swidan, PharmD, BCPS, FMNM, ABAAHP	1 hr
11:00 am	PMS	Al Peters, DO	1 hr
12:00 pm	Lunch		
1:00 pm	Exhibit Hall - Coffee		
2:00 pm	PCOS	Al Peters, DO	1 hr
3:00 pm	Thyroid Disorders-A Metabolic Approach	Pamela W. Smith, MD, MPH, MS	1 hr
4:00 pm	Break		
4:15 pm	Thyroid Disorders-A Metabolic Approach Continued	Pamela W. Smith, MD, MPH, MS	1 hr
5:15 pm	Problem Solving Through Compounding	Sahar Swidan, PharmD, BCPS, FMNM, ABAAHP	1 hr
6:15 pm	Close of Session		



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Sunday, December 15, 2019:

7:00 am	What is the Science on HRT and Breast Cancer	Tara Scott, MD, FACOG, FAAF	2 hr
9:00 am	Break		
9:30 am	Genomics of Breast Cancer-Risk Review	Tara Scott, MD, FACOG, FAAF	1 hr
10:30 am	How to Convert HRT Dosage Forms	Sahar Swidan, PharmD, BCPS, FMNM, ABAHP	1 hr
11:30 am	Lunch		
1:30 pm	Laboratory Testing of HRT-The Science	David Zava, PhD	2 hr
3:30 pm	Break		
4:00 pm	Case Histories: Connecting All the Dots	Pamela W. Smith, MD, MPH, MS Sahar Swidan, PharmD, BCPS, FMNM, ABAHP	2 hr
6:00 pm	Close of Session		