## Module I: Endocrinology
## Session Schedule
*Schedule Subject to Change*

### Thursday, May 16, 2019:

| Time | Session | Presenter | Duration |
|------|---------|-----------|----------|
| 8:00 am | What You Must know About Women's Hormones | Pamela W. Smith, MD, MPH, MS | 2 hr |
| 10:00 am | **Break** | | |
| 10:30 am | What you Must Know About Women's Hormones Continued | Pamela W. Smith, MD, MPH, MS | 1 hr |
| 11:30 am | What You Must Know About Male Hormones | Jennifer Landa, MD | 1 hr |
| 12:30 pm | **Lunch** | | |
| 1:30 pm | PMS | Al Peters, DO | 1 hr |
| 2:30 pm | PCOS | Al Peters, DO | 1 hr |
| 3:30 pm | **Break** | | |
| 4:00 pm | Clinical Aspects to the Management of Hypothyroidism<br>How to Write Prescriptions Using Compounded Thyroid Hormone<br>Thyroid Case Histories | Pamela W. Smith, MD, MPH, MS | 2 hr |
| 6:00 pm | **Close of Session** | | |

### Friday, May 17, 2019:

| Time | Session | Presenter | Duration |
|------|---------|-----------|----------|
| 7:30 am | Urinary Hormones When to Use and How to Interpret | Filomena Trindade, MD, MPH | 2 hr |
| 9:30 am | **Break** | | |
| 10:00 am | A Metabolic Approach to Adrenal Restoration | Andrew Heyman, MD, MHSA | 2 hr |
| 12:00 pm | **Lunch** | | |
| 1:00 pm | **Exhibit Hall - Coffee** | | |
| 2:00 pm | Urinary Hormone Case Histories | Filomena Trindade, MD, MPH | 1 hr |
| 3:00 pm | Hormone Protocols for Women Not on Hormones | Pamela W. Smith, MD, MPH, MS | 1 hr |
| 4:00 pm | **Break** | | |
| 4:15 pm | Hormone Protocols for Men Not on Hormones | Pamela W. Smith, MD, MPH, MS | 1 hr |
| 5:15 pm | Hormone Protocols for Women and Men on HRT | Pamela W. Smith, MD, MPH, MS | 1 hr |
| 6:15 pm | **Close of session** | | |

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## Session Schedule
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## Saturday, May 18, 2019:

| 7:00 am | Problem Solving Through Compounding | Sahar Swidan, PharmD, BCPS | 1 hr |
|---|---|---|---|
| 8:00 am | Cases Histories BHRT: PMS, PCOS, Menopause, Andropause | Sahar Swidan, PharmD, BCPS | 1 hr |
| 9:00 am | **Break** | | |
| 9:30 am | Cases Histories BHRT: PMS, PCOS, Menopause, Andropause Continued | Pamela W. Smith, MD, MPH, MS<br>Sahar Swidan, PharmD, BCPS | 2 hr |
| 11:30 am | **Lunch in Exhibit Hall with Fellowship Lunch Ticket** | | |
| 1:30 pm | Everything You Want to Know About SHBG | Pamela W. Smith, MD, MPH, MS | ½ hr |
| 2:00 pm | Osteoporosis | Pamela W. Smith, MD, MPH, MS | 1 ½ hr |
| 3:30 pm | **Break** | | |
| 4:00 pm | A Metabolic Approach to Insulin Resistance | Filomena Trindade, MD, MPH | 2 hr |
| 6:00 pm | **Close of session** | | |