



REDEFINING MEDICINE

Module IV
Gastroenterology
Session Schedule
Schedule Subject to Change

October 2019:

7:30 am	The Gut Microbiome Gut – Immune-Brain The 5 R Approach to GI Health Role of the Gut in Obesity, Insulin Resistance, and Metabolic Syndrome	Liz Lipski, PhD	2 hr
9:30 am	Break		
10:00 am	Prebiotics, Probiotics & Therapeutic Diets	Liz Lipski, PhD	1 hr
11:00 am	GI Health and Skin Disorders: Acne, Psoriasis, Eczema, Rosacea	Pamela W. Smith, MD, MPH, MS	1 ½ hr
12:30 pm	Lunch		
1:30 pm	Celiac Disease: A Metabolic Approach	Pamela W. Smith, MD, MPH, MS	½ hr
2:00 pm	Small Intestinal Bacterial and Fungal Overgrowth: Tips and Tricks to Treat	Jill Carnahan, MD	1 hr
3:00 pm	Break		
3:45 pm	The Stress and Gut-Immune-Brain Connection w/ Case	Andrew Heyman, MD, MHSA	2 hr
5:45 pm	Close of session		

October 2019:

7:30 am	DIGIN: Everything you need to know about testing for Dysbiosis and infection in the Gut	Jill Carnahan, MD	2 hr
9:30 am	Break		
10:00 am	Autoimmunity and the Gut: The Connection that Changes Everything	Jill Carnahan, MD	2 hr
12:00 pm	Lunch		
1:30 pm	IBD: A Look at Identifying Underlying Triggers to Crohn's and Colitis	Jill Carnahan, MD	1 hr
2:30 pm	The Role of the Gut Microbiome in Health and Disease	Todd LePine, MD	1 hr
3:30 pm	Break		
4:00 pm	Irritable Bowel=Irritable Brain: The Role Psychobiotics in Mental Health	Todd LePine, MD	1 hr
5:00 pm	The Role of the Microbiome in Cardiometabolic Disease	Todd LePine, MD	1 hr
6:00 pm	Close of Session		



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7:00 am	Insulin Resistance/Gut Microbiome/ Diabetes Type III: What Is The Connection? (Part I)	Filomena Trindade, MD, MPH	2 hr
9:00 am	Break		
9:30 am	Insulin Resistance/Gut Microbiome/ Diabetes Type III: What Is The Connection? (Part II)	Filomena Trindade, MD, MPH	1 hr
10:30 am	The Gut & Microbiome, Biome Cross-Talk, Nasal Biome & Autoimmunity Connections	D. Lindsey Berkson, MA, DC, CNS, DCBN, ACN	1 hr
11:30 am	Lunch		
12:30 pm	The Unappreciated Role of Stomach Acid	D. Lindsey Berkson, MA, DC, CNS, DCBN, ACN	1 hr
1:30 pm	The Rise of Liver Diseases and the Role of Diet	D. Lindsey Berkson, MA, DC, CNS, DCBN, ACN	1 hr
2:30 pm	Break		
3:00 pm	The Unappreciated Role of Hormones and the Gut Introduction to Microgenitorome Reflux Disease and Natural Answers one hour each	D. Lindsey Berkson, MA, DC, CNS, DCBN, ACN	2 hr
5:00 pm	Close of Session		