

A4M Fellowship in Aesthetic Anti-Aging Medicine

American Academy of Anti-Aging Medicine & American Academy of Anti-Aging Medicine Dubai



Module 4 A`Hands-on Injectables` Fillers, Botox & PRP Beginners / Intermediate Level

2-Day Program Dubai Healthcare City, UAE

Course Director: Dr Maria Angelo-Khattar (Dermatologist, UK)

Teaching faculty includes:

Dr. Georgia Vadarli (Plastic Surgeon, Greece) Dr. Majd AlZoughbi (Dermatologist, Syria) ,
Dr. Pier Mancini (Plastic Surgeon Italy) & Dr. Mario Russo (Plastic Surgeon Italy)

Day 1: Dermal Fillers

08.30-09.00	Registration and welcome coffee
09.00-10.15	The concept of total facial contouring
Dr. Maria Angelo – Khattar	What is beauty: Ideal facial proportions and facial geometry
	Enhancing facial shape: A combined strategy of lipolysis and volumizing with soft tissue fillers
	Restoration of an older face: Restoration techniques
	Enhancement of beauty in younger faces
10.15-11.15	Strategies to ensure a safe injection technique and how to avoid complications
Dr. Maria Angelo – Khattar	Overview of soft tissue fillers
	Lip augmentation
	Blunt tip cannula use
	How to avoid vascular occlusion
Discussion and Coffee Break	
11.45-13.30	Lip augmentation
All teaching faculty	Planning a lip augmentation procedure – Lecture
	Injections techniques (Needle and Cannula) for lip augmentation - Live demonstration
	Hands-on practice for upper and lower lips (Each participant will inject upper and lower lip)
Lunch break (Buffet lunch provided)	
14.15-18.00	Facial Rejuvenation & Contouring with Dermal Fillers: HANDS-ON
	<ul style="list-style-type: none"> ➤ Learn how to perform deep & subcutaneous injections ➤ Learn safe injection techniques with blunt cannula <p>AREAS COVERED: Infraorbital area, Zygomatic enhancement & Nasolabial folds/ Marionette lines (Each participant will inject 1 patient for all above indications)</p>
All teaching faculty	



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Day 2: Botox & PRP

Main supervisor: Dr Maria Angelo-Khattar, Course director

09.00-09.30	Case discussions related to day 1 patients (Fillers cases)
Dr. Maria Angelo-Khattar	Discuss selected treatment plan, technique & dosage
09.30-10.30	Botox: The art and science behind the most widely used injectable
Dr. Maria Angelo-Khattar	History, pharmacology and mechanisms of action of botulinum toxin type A
	Best practice standards for use of botulinum toxin type A: toxin types, dosages, indication, contraindications, post procedural care
	Introducing a simple treatment algorithm to ensure reproducible treatment outcomes
	Botox complication management
10.30-11.00 All teaching faculty	Platelet Rich Plasma (PRP) injections for full face & neck rejuvenation
Discussion & Coffee Break	
11.15-12.30	Hands-on practice Platelet Rich Plasma (PRP) injections for full face & neck rejuvenation
All teaching faculty	Each participant will get the chance to inject face & neck
Lunch break (Buffet lunch provided)	
13.15-18.00	Hyperhidrosis with Botulinum toxin type A
All teaching faculty	Hands-on treatments on live patients for every participant
	Upper face rejuvenation with Botulinum toxin type HANDS-ON PRACTICAL TRAINING WITH LIVE VOLUNTEERS
	INDICATIONS COVERED: Upper Face Botox Treatments <ul style="list-style-type: none"> ➤ Forehead ➤ Crow's feet ➤ Glabella <p>Each participant will get the chance to inject each of the above indications</p>

