## Module 4 A`Hands-on Injectables``
**Fillers, Botox & PRP**  
Beginners / Intermediate Level

### 2-Day Program  
**Dubai Healthcare City, UAE**

**Course Director:** Dr Maria Angelo-Khattar (Dermatologist, UK)  
**Teaching faculty includes:**  
Dr. Georgia Vadarli (Plastic Surgeon, Greece) Dr. Majd AlZoughbi (Dermatologist, Syria),  
Dr. Pier Mancini (Plastic Surgeon Italy) & Dr. Mario Russo (Plastic Surgeon Italy)

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tr>
<td>08.30-09.00</td>
<td>Registration and welcome coffee</td>
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| 09.00-10.15     | **The concept of total facial contouring**  
Dr. Maria Angelo - Khattar  
*What is beauty: Ideal facial proportions and facial geometry*  
Enhancing facial shape: A combined strategy of lipolysis and volumizing with soft tissue fillers  
Restoration of an older face: Restoration techniques  
Enhancement of beauty in younger faces|
| 10.15-11.15     | **Strategies to ensure a safe injection technique and how to avoid complications**  
Dr. Maria Angelo - Khattar  
Overview of soft tissue fillers  
Lip augmentation  
Blunt tip cannula use  
How to avoid vascular occlusion|
| 11.45-13.30     | **Lip augmentation**  
All teaching faculty  
Planning a lip augmentation procedure – Lecture  
Injections techniques (Needle and Cannula) for lip augmentation - Live demonstration  
**Hands-on** practice for upper and lower lips (Each participant will inject upper and lower lip)  
Lunch break (Buffet lunch provided) |
| 14.15-18.00     | **Facial Rejuvenation & Contouring with Dermal Fillers: HANDS-ON**  
All teaching faculty  
- Learn how to perform deep & subcutaneous injections  
- Learn safe injection techniques with blunt cannula  
**AREAS COVERED:** Infraorbital area, Zygomatic enhancement & Nasolabial folds/ Marionette lines (Each participant will inject 1 patient for all above indications) |
## Day 2: Botox & PRP

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<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td>09.00-09.30</td>
<td><strong>Case discussions related to day 1 patients (Fillers cases)</strong></td>
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<tr>
<td>Dr. Maria Angelo-Khattar</td>
<td>Discuss selected treatment plan, technique &amp; dosage</td>
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<tr>
<td>09.30-10.30</td>
<td><strong>Botox: The art and science behind the most widely used injectable</strong></td>
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<tr>
<td>Dr. Maria Angelo-Khattar</td>
<td>History, pharmacology and mechanisms of action of botulinum toxin type A</td>
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<td>Best practice standards for use of botulinum toxin type A: toxin types, dosages, indication, contraindications, post procedural care</td>
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<td>Introducing a simple treatment algorithm to ensure reproducible treatment outcomes</td>
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<td>10.30-11.00</td>
<td><strong>Platelet Rich Plasma (PRP) injections for full face &amp; neck rejuvenation</strong></td>
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<td>All teaching faculty</td>
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<tr>
<td>11.15-12.30</td>
<td><strong>Discussion &amp; Coffee Break</strong></td>
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<tr>
<td>All teaching faculty</td>
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<tr>
<td>13.15-18.00</td>
<td><strong>Hyperhidrosis with Botulinum toxin type A</strong></td>
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<td>All teaching faculty</td>
<td>Hands-on treatments on live patients for every participant</td>
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### Upper face rejuvenation with Botulinum toxin type A

**HANDS-ON PRACTICAL TRAINING WITH LIVE VOLUNTEERS**

#### INDICATIONS COVERED: Upper Face Botox Treatments

- Forehead
- Crow’s feet
- Glabella

Each participant will get the chance to inject each of the above indications.