



# REDEFINING MEDICINE®

## **A4M Japan Conference | October 26<sup>th</sup>-27<sup>th</sup> 2019 | Tokyo, Japan**

### **October 26<sup>th</sup> | Location: Main Hall**

9:15am – 9:30 am	Opening Remarks	Jun Matsuyama, MD
9:30am-10:00am	Government's Agenda and Future Prospects against Ageing Society of Japan	Ministry of Health, Labor and Welfare
10:00am-11:00am	Diet and Anti-Ageing, Gut Stress and Brain Connection	Andrew Heyman, MD, MHSA
11:00-am-12:20pm	What You Must Know About Women's Hormones	Pamela W. Smith, MD, MPH, MS

### **Luncheon Seminars**

12:30pm-13:30pm	Seminar 1	Location: Main Hall
12:30pm-13:30pm	Seminar 2	Location: Room 2
12:30pm-13:30pm	Seminar 3	Location: Room 3

### **Session 1 | Location: Main Hall**

13:40pm-14:10pm	Anti-Ageing & Peptide Therapy	Andrew Heyman, MD, MHSA
14:15pm-15:00pm	Up to Date Orthomolecular Medicine	Atsuo Yanagisawa MD, PhD
15:00pm-15:45pm	Male Hormone and Longevity	Yoshiaki Kumamoto MD, PhD
16:00pm-16:45pm	Clinical Hydrogen Medicine _ IV Therapy, Injection, Oral use of Hydrogen	Naoki Tsuji MD, PhD
17:00pm-17:45pm	Rejuvenation for Asians	Lim Jong-hak, MD

### **Session 2 | Location: Room 2**

13:45pm-14:15pm	Dental Anti-Ageing	Tooru Matsuo DDS, PhD
14:30pm-17:00pm	Oral Environment Detox and Anti-Ageing	Hiroki Morinaga DDS, ABAARM Satoshi Kato DDS Motoki Hayakawa DDS Yumi Date RD

**Session 3 | Location: Room 3**

14:45pm-15:30pm	Disease Due to Ageing and Telomere Test	Hidetoshi Tahara MD
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**October 27<sup>th</sup> | Location: Main Hall**

9:00am – 9:45 am	Anti-Ageing Medicine / Sports Medicine	Robert Goldman, MD, DO, PhD
9:45am-10:30 am	Metabolic Approach to Adrenal Restoration	Andrew Heyman, MD, MHSA
10:45am-11:15am	Clinical Use of DHEA/Melatonin	Masashi Uwabu MD, PhD
11:15am-11:45am	Growth Hormone/Thyroid Hormone	Tetsuya Fujimori MD, MPH
11:45-am-12:15pm	Peptide and Amino-Acids	Jun Matsuyama, MD

**Location: Room 2**

11:30am-12:15pm	Facial and Anti-Ageing Cosmetic Surgery	Robert Peterson, MD
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**Luncheon Seminars**

12:30pm-13:30pm	Seminar 4	Location: Main Hall
12:30pm-13:30pm	Seminar 5	Location: Room 2
12:30pm-13:30pm	Seminar 6	Location: Room 3

**Session 1 | Location: Main Hall**

13:40pm-14:10pm	Hyperthyroidism and Grave's Disease: New Treatment Modalities	Pamela W. Smith, MD, MPH, MS
14:15pm-14:45pm	High Dose Vitamin C for Cancer Treatment and Anti-Ageing	Atsuo Yanagisawa MD, PhD
14:45pm-15:30pm	Nutritional Approach to a Better Life	Terry Shintani MD, MPH
15:30pm-16:15pm	Medical and Nutritional Methods for Women's Health	Tomomi Himeno MD
17:00pm-17:15	Closing Remarks	Jun Matsuyama, MD

**Session 2 | Location: Room 2**

14:00pm-14:30pm	Current Status and Future Prospects of Gene Therapy	Takahiro Ishikawa, MPH
14:30pm-15:15pm	Application of Sports Medicine	Nobuhiro Suetake MD

**Session 3 | Location: Room 3**

14:15pm-15:00pm	Clinical Use of Cannabinoid	Hiroshi Iizuka MD
15:00pm-15:30pm	Neuro-Gastroenterology Cases: How to Test, How to Treat	Andrew Heyman, MD, MHSA