



REDEFINING MEDICINE®

A4M Japan Conference | October 26th-27th 2019 | Tokyo, Japan

October 26th | Location: Main Hall

9:15am – 9:30 am	Opening Remarks	Jun Matsuyama, MD
9:30am-10:00am	Government's Agenda and Future Prospects against Ageing Society of Japan	Ministry of Health, Labor and Welfare
10:00am-11:00am	Diet and Anti-Ageing, Gut Stress and Brain Connection	Andrew Heyman, MD, MHSA
11:00-am-12:20pm	Women's BHRT	Pamela W. Smith, MD, MPH, MS

Luncheon Seminars

12:30pm-13:30pm	Seminar 1	Location: Main Hall
12:30pm-13:30pm	Seminar 2	Location: Room 2
12:30pm-13:30pm	Seminar 3	Location: Room 3

Session 1 | Location: Main Hall

13:40pm-14:10pm	Anti-Ageing & Peptide Therapy	Andrew Heyman, MD, MHSA
14:15pm-15:00pm	Up to Date Orthomolecular Medicine	Atsuo Yanagisawa MD, PhD
15:00pm-15:45pm	Male Hormone and Longevity	Yoshiaki Kumamoto MD, PhD
16:00pm-16:45pm	Clinical Hydrogen Medicine _ IV Therapy, Injection, Oral use of Hydrogen	Naoki Tsuji MD, PhD

Session 2 | Location: Room 2

13:45pm-14:15pm	Dental Anti-Ageing	Tooru Matsuo DDS, PhD
14:30pm-17:00pm	Oral Environment Detox and Anti-Ageing	Hiroki Morinaga DDS, ABAARM Satoshi Kato DDS Motoki Hayakawa DDS Yumi Date RD

Session 3 | Location: Room 3

14:45pm-15:30pm	Disease Due to Ageing and Telomere Test	Hidetoshi Tahara MD
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October 27th | Location: Main Hall

9:00am – 9:45 am	Anti-Ageing Medicine / Sports Medicine	Robert Goldman, MD, DO, PhD
9:45am-10:30 am	Metabolic Approach to Adrenal Restoration	Andrew Heyman, MD, MHSA
10:45am-11:15am	Clinical Use of DHEA/Melatonin	Masashi Uwabu MD, PhD
11:15am-11:45am	Growth Hormone/Thyroid Hormone	Tetsuya Fujimori MD, MPH
11:45-am-12:15pm	Peptide and Amino-Acids	Jun Matsuyama, MD

Location: Room 2

11:30am-12:15pm	Facial and Anti-Ageing Cosmetic Surgery	Robert Peterson, MD
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Luncheon Seminars

12:30pm-13:30pm	Seminar 4	Location: Main Hall
12:30pm-13:30pm	Seminar 5	Location: Room 2
12:30pm-13:30pm	Seminar 6	Location: Room 3

Session 1 | Location: Main Hall

13:40pm-14:10pm	Hyperthyroidism	Pamela W. Smith, MD, MPH, MS
14:15pm-14:45pm	High Dose Vitamin C for Cancer Treatment and Anti-Ageing	Atsuo Yanagisawa MD, PhD
14:45pm-15:30pm	Nutritional Approach to a Better Life	Terry Shintani MD, MPH
15:30pm-16:15pm	Medical and Nutritional Methods for Women's Health	Tomomi Himeno MD
17:00pm-17:15	Closing Remarks	Jun Matsuyama, MD

Session 2 | Location: Room 2

14:00pm-14:30pm	Current Status and Future Prospects of Gene Therapy	Takahiro Ishikawa, MPH
14:30pm-15:15pm	Application of Sports Medicine	Nobuhiro Suetake MD

Session 3 | Location: Room 3

14:15pm-15:00pm	Clinical Use of Cannabinoid	Hiroshi Iizuka MD
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