



REDEFINING MEDICINE

Personalized Gastroenterology: Begin with the Gut

Session Schedule

Schedule Subject to Change

Friday, September 27, 2019:

7:30 am	GI Health and Obesity	Pamela W. Smith, MD, MPH, MS	1 hr
8:30 am	GI Testing	Pamela W. Smith, MD, MPH, MS	1 hr
9:30 am	Break		
10:00 am	Stress, Gut-Immune-Brain Connection	James LaValle, RPh, CCN, ND(trad)	1 hr
11:00 am	Detoxification: Improving Your Patients' Gut Health	James LaValle, RPh, CCN, ND(trad)	1 hr
12:00 pm	Lunch		
1:30 pm	The Unappreciated Role of Hormones & The Gut	D. Lindsey Berkson, MA, DC, CNS, DCBN, ACN	1 hr
2:30 pm	Stomach Acid in Clinical Practice & Getting Reflux Right Without PPIs	D. Lindsey Berkson, MA, DC, CNS, DCBN, ACN	1 hr
3:30 pm	Break		
4:00 pm	DIGIN: Everything You Need to Know about Testing for Dysbiosis	Jill Carnahan, MD	2 hr
6:00 pm	Close of Session		

Saturday, September 28, 2019:

7:30 am	Autoimmunity and the Gut: The Connection that Changes Everything	Jill Carnahan, MD	2 hr
9:30 am	Break		
10:00 am	Avoiding the Dangers of a Gluten-Free Diet	Tom O'Bryan, DC, CCN, DACBN	2 hr
12:00 pm	Lunch		
1:30 pm	Nutrition/Diets and Gut Health	Filomena Trindade, MD, MPH	1.5 hr
3:00 pm	Break		
3:30 pm	Food Allergy Testing	Filomena Trindade, MD, MPH	1 hr
4:30 pm	Close of Session		