



REDEFINING MEDICINE

**Module VII**  
**Autoimmune Diseases and Inflammation (Non-CME)**  
**Session Schedule**  
*Schedule Subject to Change*

**Friday, September 28, 2018:**

7:30 am	Autoimmunity and Hormones (Non-CME)	Filomena Trindade, MD, MPH	2 hr
9:30 am	<b>Break</b>		
10:00 am	Autoimmunity and Hormones (Non-CME) (Continued)	Filomena Trindade, MD, MPH	1 hr
11:00 am	Inflammation: Pain-Gut Connection (Non-CME)	Heather Tick, MA, MD, CCFP	1 hr
12:00 pm	<b>Lunch – Sponsored by L-Nutra (non-cme)</b>		
1:30 pm	Central and Peripheral Sensitization and Inflammation Stress and Pain (Non-CME)	Heather Tick, MA, MD, CCFP	1 hr
2:30 pm	New Solutions for Pain Control (Non-CME)	Heather Tick, MA, MD, CCFP	1 hr
3:30 pm	<b>Break</b>		
4:00 pm	A Metabolic Approach to Vitiligo (Non-CME)	Pamela Smith, MD, MPH, MS	1 hr
5:00 pm	Low Dose Naltrexone Exciting Clinical Applications (Non-CME)	Sahar Swidan, PharmD, BCPS, ABAAHP, FMNM	1 hr
6:00 pm	<b>Close of Session</b>		

**Saturday, September 29, 2018:**

7:00 am	Advanced Clinical Management of Inflammation (Non-CME)	Sahar Swidan, PharmD, BCPS, ABAAHP, FMNM	2 hr
9:00 am	<b>Break</b>		
9:30 am	A Metabolic Approach to Lupus and Interstitial Cystitis (Non-CME)	Pamela W. Smith, MD, MPH, MS	2 hr
11:30 am	Autoimmune Disease: Cutting Edge Approaches to Understanding, Diagnosing and Treating a 21st Century Epidemic with Case Histories	Todd LePine, MD	½ hr
12:00 pm	<b>Lunch – Sponsored by Bio-Botanical Research (non-cme)</b>		
1:30 pm	Autoimmune Disease: Cutting Edge Approaches to Understanding, Diagnosing and Treating a 21st Century Epidemic with Case Histories Continued (Non-CME)	Todd LePine, MD	2.25hr
3:45 pm	<b>Break</b>		
4:00 pm	Autoimmune Disease: Cutting Edge Approaches to Understanding, Diagnosing and Treating a 21st Century Epidemic" with Case Histories Part II (Non-cme)	Todd LePine, MD	1 hr
5:00 pm	The Inflammatory Cascade (Non-CME)	Filomena Trindade, MD, MPH	1 hr
6:00 pm	<b>Close of Session</b>		

**A4M MEETING FLOOR WIFI: Network Name: A4M Password: fall2018**



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## **Module VII** **Autoimmune Diseases and Inflammation (Non-CME)**

### **Session Schedule**

*Schedule Subject to Change*

#### **Sunday, September 30, 2018:**

7:00 am	Metal Hypersensitivity (MELISA, Metals and Autoimmunity) (Non-CME)	Lyn Patrick, ND	1 hr
8:00 am	Immunotoxicity – Toxicant-induced Cytokine Imbalances (Non-CME)	Dorothy Merritt, MD	1 hr
9:00 am	<b>Break</b>		
9:30 am	The Role of Environmental Toxicant Chemicals in Autoimmunity(Non-CME)	Dorothy Merritt, MD	1 hr
10:30 am	Avoidance- Guidance for Patients in Elimination of Everyday Chemical Exposures (Non-CME)	Lyn Patrick, ND	1 hr
11:30 pm	<b>Lunch</b>		
12:30 pm	Protocols- Nutrient, Botanical Supplementation for Toxicant Elimination in Autoimmunity (Non-CME)	Lyn Patrick, ND	1 hr
1:30 pm	Glutathione Regulation in Autoimmunity and Oxidative Stress (Non-CME)	Dorothy Merritt, MD	1 hr
2:30 pm	<b>Break</b>		
3:00 pm	Depuration Treatments for Autoimmunity and Inflammation (Non-CME)	Lyn Patrick, ND	1 hr
4:00 pm	A Metabolic Approach to Rheumatoid Arthritis (Non-CME)	Pamela W. Smith, MD, MPH, MS	1 hr
5:00 pm	<b>Close of Session</b>		