

# Module IV Gastroenterology Session Schedule

Schedule Subject to Change

#### Friday, September 28, 2018:

7:30 am	The Gut Microbiome   Gut – Immune-Brain I The 5 R Approach to GI Health Role of the Gut in Obesity, Insulin Resistance, and Metabolic Syndrome	Liz Lipski, PhD	2 hr
9:30 am	Break		
9:45 am	Prebiotics, Probiotics & Therapeutic Diets	Liz Lipski, PhD	1 hr
10:45 am	GI Health and Skin Disorders: Acne, Psoriasis, Eczema, Rosacea	Pamela W. Smith, MD, MPH, MS	1 ½ hr
12:15 pm	Lunch – Sponsored by L-Nutra (non-cme)		
1:30 pm	Celiac Disease: A Metabolic Approach	Pamela W. Smith, MD, MPH, MS	½ hr
2:00 pm	Small Intestinal Bacterial and Fungal Overgrowth: Tips and Tricks to Treat	Jill Carnahan, MD	1 hr
3:00 pm	Break		
3:45 pm	The Stress and Gut-Immune-Brain Connection w/ Case	Andrew Heyman, MD, MHSA	2 hr
5:45 pm	Close of session		

### Saturday, September 29, 2018:

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7:30 am	DIGIN: Everything you need to know about testing for Dysbiosis and infection in the Gut	Jill Carnahan, MD	2 hr
9:30 am	Break		
10:00 am	Autoimmunity and the Gut: The Connection that Changes Everything	Jill Carnahan, MD	2 hr
12:00 pm	Lunch – Sponsored by Bio-Botanical Research (non-cme)		
2:00 pm	The Unappreciated Role of Stomach Acid	D. Lindsey Berkson, MA, DC, CNS, DCBN, ACN	1 hr
3:00 pm	The Unappreciated Role of Hormones and the Gut Introduction to Microgenderome	D. Lindsey Berkson, MA, DC, CNS, DCBN, ACN	1 hr
4:00 pm	Break		
4:45 pm	Reflux Disease and Natural Answers	D. Lindsey Berkson, MA, DC, CNS, DCBN, ACN	1 hr
5:45 pm	Close of Session		

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### Sunday, September 30, 2018 (all Non-CME):

7:00 am	The Role of the Gut Microbiome in Health and Disease (Non-CME)	Todd LePine. MD	1 hr
8:00 am	Irritable Bowel=Irritable Brain: The Role Psychobiotics in Mental Health (Non-CME)	Todd LePine. MD	1 hr
9:00 am	Break		
9:30 am	The Role of the Microbiome in Cardiometabolic Disease (Non-CME)	Todd LePine. MD	1 hr
10:30 am	Insulin Resistance/Gut Microbiome/ Diabetes Type III: What Is The Connection? (Non-CME)	Filomena Trindade, MD, MPH	1 hr
11:30 am	Lunch		
12:30 pm	Insulin Resistance/Gut Microbiome/ Diabetes Type III: What Is The Connection? (Non-CME)	Filomena Trindade, MD, MPH	2 hr
2:30 pm	Break		
3:00 pm	The Gut & Micobiome, Biome Cross-Talk, Nasal Biome & Autoimmunity Connections (Non-CME)	D. Lindsey Berkson, MA, DC, CNS, DCBN, ACN	1 hr
4:00 pm	The Rise of Liver Diseases and the Role of Diet (Non-CME)	D. Lindsey Berkson, MA, DC, CNS, DCBN, ACN	1 hr
5:00 pm	Close of Session		
	A Webinar will be scheduled for this topic: IBD: A Functional Medicine Approach to Crohn's disease and Ulcerative Colitis (Non-CME) – Date TBD		

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