

**Men's Health Symposium**  
**Session Schedule**  
*Schedule Subject to Change*

**Friday, October 26, 2018:**

8:00 am	Introduction to Men's Health and Vitality	Martin Miner, MD	½ hr
8:30 am	Exercise, Mindfulness, and Traditional Chinese Medicine	Martin Miner, MD	1 hr
9:30 am	Nutrition to Enhance Men's Health	Mary Flynn, PhD, RD, LDN	½ hr
10:00 am	<b>Break</b>		
10:30 am	Stress Management	Andrew Heyman, MD	1 hr
11:30 am	The Role of Toxic Exposures in Hormone Imbalances and Weight Gain	Andrew Heyman, MD	1 ½ hr
1:00 pm	<b>Lunch</b>		
2:00 pm	Keep It Up! The Power of Precision Medicine to Optimize Vitality and Performance	Florence Comite, MD	1 hr
3:00 pm	The Current State of Testosterone Therapy	Martin Miner, MD	½ hr
3:30 pm	<b>Break</b>		
4:00 pm	Testosterone Deficiency	Abraham Morgentaler, MD, FACS	1 hr
5:00 pm	Managing Sexual Dysfunction	Abraham Morgentaler, MD, FACS	1 hr
6:00 pm	<b>Close of Session</b>		

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## Saturday, October 27, 2018:

8:00 am	Controversies with Testosterone Therapy	Mohit Khera, MD	1 hr
9:00 am	Emerging Concepts in the Treatment of Erectile Dysfunction	Mohit Khera, MD	1 hr
10:00 am	<b>Break</b>		
10:30 am	Update on the Prostate and Men's Health	Mohit Khera, MD	1 hr
11:30 am	Chronic Disease Cases	Joel Heidelbaugh, MD	1 hr
12:30 pm	<b>Lunch</b>		
1:30 pm	Preventative Medicine and Cancer Screening	Joel Heidelbaugh, MD	1 hr
2:30 pm	Oxidative Stress and the Aging Male	Joel Heidelbaugh, MD	1 hr
3:30 pm	<b>Break</b>		
4:00 pm	Slowing, Stopping & Reversing Male Pattern Baldness: The Effective Medical Management & Surgical Restoration of Androgenetic Alopecia	Alan Bauman, MD, ABHRS	2 hr
6:00 pm	<b>Close of Session</b>		

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