

# BHRT SYMPOSIUM – NASHVILLE – SEPTEMBER 27-30, 2018

## Thursday, September 27, 2018

6:30 pm **Welcome Reception – Non-CME – Refreshments sponsored by University Compounding Pharmacy**

7:00 pm	Compounds Used in BHRT – <b>Non-CME</b>	Dave Metayer	½ hr	
7:30 pm	What You Must Know About Female Hormones	Pamela W. Smith, MD, MPH, MS	1 ½ hr	
9:00 pm	<b>Close of Session</b>			

## Friday, September 28, 2018

6:00 am Registration and Continental Breakfast

7:00 am	What You Must Know About Thyroid Disorders	Pamela W. Smith, MD, MPH, MS	1 hr	
8:00 am	Pregnenolone and Melatonin	Pamela W. Smith, MD, MPH, MS	1 hr	
9:00 am	Female Sexual Function and Dysfunction	Jennifer Landa, MD	1 hr	
10:00 am	<b>Break</b>			
10:45 am	Common Female Problems Seen in a GP Practice	Jennifer Landa, MD	1 hr	
11:45 am	Testosterone Deficiency in Men: Treatment, Controversies and Current Studies	Ron Rothenberg, MD	1 hr	
12:45 pm	<b>Lunch – Precision Analytical (non-cme)</b>			
2:00 pm	Lab Tests Used in BHRT – Controversies and Practical Model	Kris Hart, MN, FNP, RN-C	½ hr	
2:30 pm	Optimizing Hormone Replacement – How to Prescribe Bio-Identical Hormone Replacement Therapy	Ron Rothenberg, MD	½ hr	
3:00 pm	<b>Break</b>			
3:45 pm	Optimizing Hormone Replacement – How to Prescribe Bio-Identical Hormone Replacement Therapy Continued	Ron Rothenberg, MD	½ hr	
4:15 pm	Case Studies	Ron Rothenberg, MD Kris Hart, MN, FNP, RN-C	½ hr	
4:45 pm	Q & A – Panel Discussion	Pamela W. Smith, MD, MPH, MS Jennifer Landa, MD Ron Rothenberg, MD	1 hr	
5:45 pm	<b>Close of Session</b>			

## Saturday, September 29, 2018

6:00 am Registration and Continental Breakfast

7:00 am	What You Need to Know About Compounding Laws	Rick Rhoads, PharmD	½ hr	
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7:30 am	New and Innovative Compounding Formulas For Your Practice	Rick Rhoads, PharmD	½ hr	
8:00 am	Stress and Hormonal Balance	Andrew Heyman, MD, MHSA	1 hr	
9:00 am	Break			
9:45 am	Male Sexual Dysfunction	Ron Rothenberg, MD	1 hr	
10:45 am	Thyroid Health – Gut Health: A Critical Partnership	Angela Mazza, DO	1.5 hr	
12:15 pm	Lunch – Douglas Lab (non-CME)			
1:30 pm	Skin and Hair	Pamela W. Smith, MD, MPH, MS	½ hr	
2:00 pm	GI Health and Its Effects on the Skin	Pamela W. Smith, MD, MPH, MS	½ hr	
2:30 pm	Q & A – Panel Discussion	Andrew Heyman, MD, MHSA Pamela W. Smith, MD, MPH, MS Jill Carnahan, MD	1 hr	
3:30 pm	Break			
4:15 pm	BHRT: A Clinical Systems Biology Application	Andrew Heyman, MD, MHSA	1.5 hr	
5:45 pm	Close of Session			
Sunday, September 30, 2018				
7:00 am	Continental Breakfast			
7:30 am	Estrogen Metabolism	Jennifer Landa, MD	1 hr	
8:30 am	Osteoporosis: The Hormonal Connection	Pamela W. Smith, MD, MPH, MS	1 hr	
9:30 am	Break			
10:15 am	Nuts and Bolts of Environmental Toxicity: A Key Disruptor of Your Patient's Endocrine System	Jill Carnahan, MD	2.5 hr	
12:45 pm	Close of Session			