

23rd Annual World Congress on Anti-Aging Medicine
Las Vegas - Conference Agenda - Draft
Specialty Workshops

Wednesday/Thursday, December 9 - 10 – Biomedical Information Therapy Symposium

Presented by: *Silvia Binder, ND, PhD; Steven Sinatra, MD; Magda Havas, BSc, PhD; Bjorn Overbye, MD; Michael Galitzer, MD*

Thursday, December 10 – Preconference Workshops

7:30 am – 5:30 pm Longevity Workshop: Living Longer, Living Healthier

Presented by: *Thierry Hertoghe, MD*

7:20 am – 6:00 pm Men's Health: Top Topics and Bottom Lines

Presented by: *Joel Heidelbaugh, MD, FAAFP, FACG; Andrew Heyman, MD, MHSA,; Joseph Cleaver, MD; Rick Hall, RD, FAND; Jennifer Landa, MD, FAARFM; James LaValle, RPh, CCN; Martin Miner, MD; Myles Spar, MD, MPH*

7:30 am – 6:00 pm The Art of Prescribing: A Practical Workshop

Presented by: *Pamela Smith, MD, MPH, MS; Sahar Swidan, PharmD*

8:00 am – 5:30 pm Inflammation: Novel Approaches for Managing Chronic Disease

Presented by: *Marlene Grenon, MD; Andrew Heyman, MD, MHSA; James LaValle, RPh, CCN; Jay Lombard, MD; John Troup, PhD*

7:30 am – 6:00 pm Emerging Trends in Telomere Biology

Presented by: *Joseph Raffaele, MD; Calvin B. Harley, PhD; Mark Houston, MD; Ron Rothenberg, MD; Tom Dow, MD*

23rd Annual World Congress on Anti-Aging Medicine
Las Vegas - Conference Agenda - Draft
Conference Program

Friday, December 11, 2015

General Session

7:00 am – 7:45 am A New Safety Paradigm for Youth Football: Pediatric Neurocognitive Testing, Impact Sensors and Telemedicine

Presented by: Joseph C. Maroon, MD, FACS; Jeffrey Bost, PAC

7:45 am – 8:30 am Gut on Fire, Brain on Fire – What’s the Connection

Presented by: Martin Gallagher, MD, DC, MS

8:30 am – 9:00 am Opening Remarks *(Non-CME)*

Presented by: Ronald Klatz, MD, DO & Robert Goldman, MD, PhD, DO

9:00 am – 10:00 am Inflammation Silent Fire: Emerging Importance of Microflora and Gut-Immune-Brain Integrity

Presented by: James LaValle, RPh, CCN

10:00 am – 11:00 am Are Zombie Doctors Taking Over America?

Presented by: Zubin Damania, MD

Exhibit Hall Opens 10:00am

Friday, December 11, 2015 – Afternoon Sessions

An Introduction to Treat Adult Hormone Deficiency

1:00 pm – 1:45 pm Introduction to Bio-Identical Hormone Deficiencies

Presented by: Thierry Hertoghe, MD

1:45 pm – 2:30 pm Testosterone Optimization

Presented by: Ron Rothenberg, MD

2:30 pm – 3:15 pm Hypothyroidism

Presented by: Ron Rothenberg, MD

3:15pm – 4:00 pm Estrogen – Progesterone – Testosterone for Women

Presented by: Thierry Hertoghe, MD

Environmental Toxicity

1:00 pm – 4:00 pm **Diagnosis and Treatment of Environmental Toxicity: Patient Cases and Clinical Pearls**

Presented by: Jill Carnahan, MD, ABFM, ABIHM, IFMCP

23rd Annual World Congress on Anti-Aging Medicine
Las Vegas - Conference Agenda - Draft

Friday, December 11, 2015 – Afternoon Sessions

Clinical Strategies for Managing Inflammaging to Enhance Health Outcomes

1:00 pm – 1:20 pm The Role of Nutrition in Resolving Inflammation

Presented by: John Troup, PhD

1:20 pm – 2:15 pm Specialized Pro-Resolving Mediators and the Emerging Science of Inflammation Resolution

Presented by: TBD

2:15 pm – 3:15 pm Women's Health, Inflammaging and Belly Fat

Presented by: Tasneem Bhatia, MD

3:15 pm – 4:00 pm Targeted Probiotics to Support Targeted Outcomes

Presented by: Nikky Contractor, PhD

Early Detection/Prevention of Aging Disorders

1:00 pm – 1:30 pm Understanding, Monitoring and Treating Stress-Induced Inflammation: A Critical Approach to Comprehensive Anti-Aging Medicine

Presented by: Michael Galitzer, MD

1:30 pm – 2:00 pm Treating Virtually Every Disease – By Supporting a Healthy Microbiome and Optimal Mitochondrial Function

Presented by: Chris Meletis, ND

2:00 pm – 2:30 pm Get Your Mojo Back: A Holistic Approach to Reclaiming Sexual Well Being

Presented by: Shelena C. Lalji, MD, FACOG

2:30 pm – 3:00 pm Hormone and Brain Function

Presented by: Gino Tutera, MD, FACOG

3:00 pm – 3:30 pm Which Test is Best? Practical Guide to Hormone Testing in Women

Presented by: Deb Matthew, MD, FAARM

3:30 pm – 4:00pm Inflammation and Sexual Dysfunction: Nitric Oxide as the Common Denominator

Presented by: Nathan Bryan, PhD

Advances in Aesthetic Medicine

1:00 pm – 1:30 pm Dermatology, Aesthetic & Anti-Aging

Presented by: Mark Nestor, MD, PhD

1:30 pm – 2:00 pm Supplements and Cosmeceuticals

Presented by: Mark Nestor, MD, PhD

2:00 pm – 4:00 pm **Non-CME: Devices in Aesthetics, Live Patient Workshop**

23rd Annual World Congress on Anti-Aging Medicine
Las Vegas - Conference Agenda - Draft

Friday, December 11, 2015 – Afternoon Sessions

Tools for Better Health

1:00 pm – 1:30 pm Cellular Detoxification

Presented by: Silvia Binder, ND, PhD

1:30 pm – 2:00 pm Autoimmune Disease: Leaving the Era of Reaction and Entering the New Proactive Era of
Prediction: A Systems Biology

Presented by: David M. Brady, ND, DC, CCN, DACBN

2:00 pm – 2:30 pm Low Dose Naltrexone

Presented by: Terry Grossman, MD

2:30 pm – 3:00 pm Genetic Screening: A Tool for Better Health with Age

Presented by: Matthew Pratt-Hyatt, PhD

3:00 pm – 3:30 pm **The Probiotic Revolution: The New Frontier in Health & Medicine**

Presented by: Ross Pelton, RPh, PhD, CCN

3:30 pm – 4:00 pm Nutrigenomics and Cardiovascular Disease

Presented by: Mark Houston, MD, MS, MSc, ABAARM, FACP, FAHA, FASH, FACN, FAARM

23rd Annual World Congress on Anti-Aging Medicine
Las Vegas - Conference Agenda - Draft

Saturday, December 12, 2015

General Session

7:00 am – 7:45 am Female Sexuality: Hormone Therapies that Work

Presented by: Thierry Hertoghe, MD

7:45 am – 8:30 am Reversing Disease with Gene Therapy: The Future is NOW

Presented by: Mark Rosenberg, MD

8:30 am – 9:15 am Understanding the Stress, Thyroid, Hormone Connection & Prioritizing Systems

Presented by: Andrew Heyman, MD, MHSA

9:15 am – 10:00 am Male Hormones: Examining the Correlation between Androgen Deficiency and Cardiometabolic Risk

Presented by: Joel Heidelbaugh, MD, FAAFP, FACP

10:00 am – 11:00 am Connect and Be Heard: Make A Difference in Health Care with Social Media

Presented by: Kevin Pho, MD

Exhibit Hall Opens – 10:00am

Saturday, December 12, 2015 – Afternoon Sessions

An Introduction to Treat Adult Hormone Deficiency

1:00 pm – 1:45 pm The Importance of BHRT on the Cardiovascular System

Presented by: Thierry Hertoghe, MD

1:45 pm – 2:30 pm Hormones and the Brain

Presented by: Thierry Hertoghe, MD

2:30 pm – 3:15 pm Treating Adult Growth Hormone Deficiency

Presented by: Thierry Hertoghe, MD

3:15pm – 4:00 pm How to Prescribe Anti-Aging Medicine

Presented by: Ron Rothenberg, MD

Microbiome and NeuroImmune System

1:00 pm – 4:00 pm The Microbiome and the NeuroImmune System

Presented by: Todd LePine, MD

23rd Annual World Congress on Anti-Aging Medicine
Las Vegas - Conference Agenda - Draft

Saturday, December 12, 2015 – Afternoon Sessions

Nutrition: Cause and Effects

1:00 pm – 1:30 pm The Neurotoxic Effects of Gluten

Presented by: *Thomas Alexander, MD*

1:30 pm – 2:00 pm Genomics-based Nutrition in Clinical Practice

Presented by: *Daniel Stickler, MD*

2:00 pm – 2:30 pm The Gut-Brain Axis in Autoimmune and Neuroimmune Disorders

Presented by: *Aristo Vojdani, PhD, MSc, CLS*

2:30 pm – 3:00 pm Food Pain and the Dietary Effects of Inflammation

Presented by: *Hal Blatman, MD, DAAPM, ABIHM*

3:00 pm – 3:30 pm Gut Inflammation: Is Your Medicine Making Your Patient Sick?

Presented by: *Sebastian Denison, BSc Pharm*

3:30 pm – 4:00 pm Chronomorphologic Anti-Aging Nutrition

Presented by: *Massimo Spattini, MD*

Early Detection/Prevention of Aging Disorders

1:00 pm – 1:30 pm Telomeres and Telomerase Activation

Presented by: *Ron Rothenberg, MD*

1:30 pm – 2:00 pm An Improved Model for Testing Premenopausal Women's Hormones

Presented by: *Mark Newman, MS*

2:00 pm – 2:30 pm Medical Neuroscience Applications for the Functional Care Patients with History of Trauma

Presented by: *Nicole Hagedorn, DO, FACOOG, ABAARM; David Hagedorn, PhD, BCN*

2:30 pm – 3:00 pm Increased Oxidative Stress as the Etiology of Chronic Illness

Presented by: *Thomas E. Levy, MD, JD*

3:00 pm – 3:30 pm Heavy Metal and Essential Element Involvement in Thyroid Hormone Synthesis and Reproduction

Presented by: *Alison McAllister, ND*

3:30 pm – 4:00 pm Oversimplified and Underleveraged: New Strategies for Modifying the Stress Response Beyond the Adrenal Glands

Presented by: *Thomas Guilliams, PhD*

23rd Annual World Congress on Anti-Aging Medicine
Las Vegas - Conference Agenda - Draft

Saturday, December 12, 2015 – Afternoon Sessions

Stem Cells and Regenerative Medicine

1:00 pm – 1:40 pm Stem Cell Therapies: The Potential and the Current Reality

Presented by: Shalesh Kaushal, MD, PhD

1:40 pm – 2:10 pm Safety and Effectiveness of Regenerative Cell Therapy

Presented by: Kevin Darr, MD

2:10 pm – 2:50 pm Optimizing Regenerative Outcomes

Presented by: Joel J. Baumgartner, MD

2:50 pm – 3:25 pm Nitromedicine: Modulating Redox-Signaling Pathways with Phototherapy and Stem Cell Therapy

Presented by: Salaheldin Halasa, MD

3:25 pm – 4:00 pm Regenerative Orthopedics: Non-Surgical Repair with Stem Cells/PRP/Prolotherapy

Presented by: Peter A. Fields, MD, DC

Advances in Aesthetics Medicine

1:00 pm – 1:30 pm Update on Fillers and Toxins

Presented by: Mark Nestor, MD, PhD

1:30 pm – 2:00 pm Aesthetic Device Overview

Presented by: David Goldberg, MD, JD

2:00 pm – 4:00 pm **Non-CME: Devices in Aesthetics**

Live Patient Workshop

23rd Annual World Congress on Anti-Aging Medicine
Las Vegas - Conference Agenda - Draft

Sunday, December 13, 2015

General Session

7:00 am – 7:45 am Basis in Reality: The Endocannabinoid System

Presented by: Kevin Spelman, PhD

7:45 am – 8:30 am Effects of PRP and Stem Cell Therapy

Presented by: Joseph Purita, MD

8:30 am – 9:15 am Overview of Newly Recognized and Clinically Relevant Genetic Polymorphisms for the Recovery of Neuro-Immune Syndromes and Healthy Aging

Presented by: Kendal Stewart, MD

9:15 am – 10:00 am A Metabolic Approach to Thyroid Health: Hypothyroidism

Presented by: Pamela Smith, MD, MPH, MS

10:00 am – 11:00 am The Future of Health & Medicine: Where Can Technology Take Us

Presented by: Daniel Kraft, MD

Exhibit Hall Opens 10:00 am

Sunday, December 13, 2015 – Afternoon Sessions

Emerging Therapies

1:00 pm – 1:35 pm The Impact of Toxic Mold and Mycotoxins on Human Health

Presented by: Joseph H. Brewer, MD

1:35 pm – 2:10 pm Immunity: A Key to Understanding Longevity

Presented by: Bjorn Johan Overbye, MD

2:10 pm – 2:45 pm How Can Quantum Therapy be more than Just Intention?

Presented by: Ines Alfaro, MD, ABAARM, Fellow of ICT

2:45 pm – 3:25 pm How EMF Radiation Contributes to Aging

Presented by: Elizabeth Plourde, CLS, NCMP, PhD

3:25 pm – 4:00 pm Lipoic Acid's Effects on Mitochondrion and Human Disease Modification

Presented by: Burton Berkson, MD, MS, PhD

23rd Annual World Congress on Anti-Aging Medicine
Las Vegas - Conference Agenda - Draft

Sunday, December 13, 2015 – Afternoon Sessions

Getting Personal

1:00 pm – 1:30 pm The Personal Side of Pain Management

Presented by: *Sahar Swidan, PharmD*

1:30 pm – 2:00 pm Personalized Path to Improve Health and Longevity through Genomics and DNA Insight

Presented by: *Theodore Piliszek, MD, FAARFM, CNS*

2:00 pm – 2:30 pm Insulin Resistance...Rethinking Cardiovascular Disease Management

Presented by: *Jeffrey Life, MD*

2:30 pm – 3:00 pm Metabolic Syndrome: Genetic and Endocrine Components

Presented by: *Fred Pescatore, MD, MPH, CCN*

3:00 pm – 3:30 pm Functional Genetics: The Use of Genetic Testing in Functional Medicine

Presented by: *Dino Celeda, PhD*

3:30 pm – 4:00 pm The Power of Enzymes for Pain, Inflammation and Cancer

Presented by: *Donese Worden, MND*

Hormones and the Anti-Aging Equation

1:00 pm – 1:30 pm Polycystic Ovary Syndrome: The Integrative and Holistic Approach to Multifaceted Disease

Presented by: *Felice Gersh, MD*

1:30 pm – 2:00 pm Adrenal Depletion: From an Endocrinologist Perspective

Presented by: *Flavio A. Cadegiani, MD, PhD*

2:00 pm – 2:30 pm Menopausal Metabolic Syndrome

Presented by: *Nataliya Chekalska, MD, PhD*

2:30 pm – 3:00 pm Obesity and Testosterone in Men: The Connection, Consequences and Concern

Presented by: *Warren Willey, DO*

3:00 pm – 3:30 pm Hormone Optimization: A Key Factor in the Integrative Approach to Mental Health

Presented by: *Mark Filidei, DO*

3:30 pm – 4:00 pm Burning Mouth Syndrome – A Perplexing Problem

Presented by: *Susan Sklar, MD*

23rd Annual World Congress on Anti-Aging Medicine
Las Vegas - Conference Agenda - Draft

Sunday, December 13, 2015 – Afternoon Sessions

The Business of Medicine

1:00 pm – 1:45 pm Marketing and Social Media Strategies for Medical Management

Presented by: *Manon Pilon*

1:45 pm – 2:30 pm Business Acumen: Financial Analysis and Operations

Presented by: *Rebecca Hunton, MD*

2:30 pm – 3:15 pm Improved Patient Care through Lawsuit Protection and Prevention

Presented by: *G. Kent Mangeleson, CFP*

3:15 pm – 4:00 pm Don't Sell Your Business....Yet.

Presented by: *Kevin L. Ramsier*

Advances in Aesthetics Medicine

1:00 pm – 1:30 pm Hair Loss and Hormone Replacement: Stratagems for Managing Androgenetic Alopecia

Presented by: *Alan Bauman, MD*

1:30 pm – 2:00 pm Toxic Ingredients to Avoid in Skin Topicals

Presented by: *Julia T. Hunter, MD*

2:00 pm – 2:30 pm The Dark Side: Navigating the Perils of Hyperpigmentation

Presented by: *Sara Hover, RPh*

2:30 pm – 3:00 pm How Menopause Changes the Biology of Skin & the Cosmeceutical Ingredients that Reverse It

Presented by: *Rick Rhoads, PharmD*

3:00 pm – 3:30 pm Osteoinductive Bone-Derived Partially Hydrolyzed Collagen Complexes Support Bone and Joint Health

Presented by: *Luke Bucci, PhD*

3:30 pm – 4:00 pm Managing Facial Injectable Sequelae

Presented by: *Sharon McQuillian, MD*