## THE SKIN TRIAD | AN INTEGRATIVE APPROACH TO SKIN HEALTH PRECONFERNCE WORKSHOP

9th Annual A5M Anti-Ageing & Aesthetic Medicine Conference

FRIDAY 31 JULY, 2015 | SOFITEL MELBOURNE ON COLLINS, MELBOURNE



Presented by	Dr Andrew Heyman	(US)	Gina Thompson	(US	) Daryll Knowles (A	AU)

09.00 - 09.30	<b>The Aesthetic Evolution: Past, Present and Future</b>   What impact have past and current trends in Aesthetic and Anti-ageing medicine had on wellness and appearance medicine today!	Gina Thompson		
09.30 - 10.30	An Integrative approach to asthetic medicine   A physician's perspective on combining nutrition and dietary supplements, pharmaceutical agents and skin care for optimal skin health and overall wellness for your patient	Dr Andrew Heyman		
10.30 - 11.00	Morning Tea break			
11.00 - 12.30	The Skin Triad   Bridging the gap between internal and aesthetic medicine   Connect health to skin and skin to health   Pre and post procedural care and support   How to achieve better cosmetic outcomes and patient care?	Heyman & Thompson		
12.30 - 01.30	LUNCH			
01.30 - 02.30	<b>Common skin conditions</b>   Applying an integrative treatment protocol approach	Heyman & Thompson		
02.30 - 03.30	What's new and what does the future hold!   Innovations and future directions in cosmeceuticals and topical applications	Mr Daryll Knowles		
03.30 - 04.00	Afternoon Tea Break			
04.00 - 05.00	Aesthetic Business and Marketing Strategies   Identify Aesthetic opportunities with existing patients and addressing their needs   Business and marketing strategies for financial success	Thompson		
05.00 - 05.30	Panel Discussion Q&A	Heyman,Thompson, Knowles		
	CLOSE			

## **WORKSHOP LEARNING OBJECTIVES**

Discuss the evolution of the Aesthetic industry and identify current trends in cosmetic medicine

Learn how to bridge the gap between Internal medicine and Aesthetics for better aesthetic outcomes and patient care

Identify common skin conditions and discuss integrative treatment protocols

Learn how to assess the skin with visual and tactile techniques

Discuss the Skin Health Triad, the role of nutrition, pharmaceutical agents and skin care for optimal skin health

Review new innovations and future directions in cosmeceuticals and topical applications

Identify Aesthetic opportunities with established patients

Learn basic communication skills to address the needs of the cosmetic patient

Learn simple Aesthetic business and marketing strategies for financial success

