

DAY 1, Saturday | Sofitel Melbourne on Collins

7.30 8.15

Registration and Welcome Coffee and Tea

Plenary Session: Auditorium

8.30 8.45

Welcome Remarks Dr Mark Donohoe AU

8.45 9.00

Conference Opening Dr Nathan Francis AU | President A5M

9.00 9.45

Testosterone therapy: advances and controversies Dr Abe Morganteler US

9.45 10.30

Unlocking the Secrets of the Telomere: The First Step to Reversing Ageing Dr Al Sears US

10.30 11.00

MORNING TEA BREAK - EXHIBIT HALL, SOFITEL BALLROOM | 30m

Track 1: Auditorium

Track 2: Fitzroy Ballroom

Start End

DIET / NUTRITION & AGEING

2HR

Start End

INNOVATIONS IN AESTHETIC MEDICINE

2HR

11.00 11.30

Dinner to DNA - The Recipe and Ingredients for Obesity Dr Rhona Creegan AU

11.00 11.30

I love my kids....And want my body back! Mr Malcolm Linsell AU

11.30 12.00

Key Genetic Polymorphisms to personalise Nutritional Support Dr Kamal Karl NZ

11.30 12.00

Uro-Gynecology Physiotherapy - How to use Tecar Therapy technology to treat chronic pelvic pain and other common Urological and Gynecological pathologies non-invasively Dr Nigel Johnson AU

12.00 12.30

Vitamin B12 therapy – methylcobalamin, hydroxocobalamin or cyanocobalamin Dr Ian Dettman AU

12.00 12.30

The latest techniques in vaginal rejuvenation Dr Ashley Granot AU

12.30 1.00

Preventative Dental Strategies & Ageing: A Multifactorial Approach Dr Kasen Somana AU

12.30 1.00

Injectables and Ageing - Current and Developing Technologies Dr Praveen Kumar AU

13.00 14.00

LUNCH BREAK - EXHIBIT HALL, SOFITEL BALLROOM | 1hr

LIFESTYLE / EXERCISE & AGEING

1.5HR

THE BUSINESS | MARKETING YOUR PRACTICE

1.5HR

14.00 14.30

Shift Happens - the effects of a workplace wellness program on physical health, disease risk and psychological wellbeing A/Prof Paul Taylor AU

14.00 14.30

Building the Bridge - Clinical Integration of Aesthetic Products and Services in a Medical Practice Ms Gina Thompson US

14.30 15.15

Progressively Accelerating Cardiopulmonary Exertion (PACE) – The First Comprehensive Anti-Ageing Fitness Program Dr Al Sears US

14.30 15.00

The Characteristics of a Sale-able Practice Mr Steven Macarounas AU

15.15 15.30

Q & A ALL

15.00 15.30

The Three Dimensional Brand: Attract, Convert and retain More patients by Humanising Your Online presence Mr Sam Peek US

15.30 16.00

AFTERNOON TEA BREAK - EXHIBIT HALL, SOFITEL BALLROOM | 30m

ROLE OF HORMONES & AGEING

2HR

SKIN & AGEING

2HR

16.00 16.45

Testosterone and prostate cancer: a conceptual revolution Dr Abe Morganteler US

16.00 16.30

A Light Bulb Moment; Medical and Cosmetic Applications of Radiofrequency Needling and Photobiomodulation on Facial Skin Mr Ian Holten AU

16.45 17.00

Q & A ALL

16.30 17.00

Gain without Pain: NeuroFrequency (NF) for rejuvenation and Body Contouring Dr Xanya Sofra US

17.00 17.30

A Research-based Comparison of Reproductive Hormone Measurements – Sifting Through Serum, Urine, and Saliva Maze for Clarity Mr Mark Newman US

17.00 17.30

Manageing Post-Inflammatory Hyperpigmentation Risks In Ethnic Skins Ms Chiza Westcarr AU

17.30 18.00

The Role of Adrenal Fatigue in Chronic Fatigue Syndrome and Fibromyalgia Syndrome Dr James Wilson AU

17.30 18.00

Introducing A Non-Aggressive Trichloroacetic (Tca 34%) Peel Formulation That Stimulates The Deeper Dermis Without Damage To The Surface Layer Resulting In No Downtime For The Patient Ms Mara Bontempo-Ross AU

END OF SESSION | Conference Cocktail Reception @ 18.00-20.00 in Exhibit Hall

DAY 2, Sunday | Sofitel Melbourne on Collins

7.45 8.30

Restore, Revive, Renew Sunday Morning Exercise! | 45m

Plenary Session | Auditorium

9.00 9.30

Integrative Medicine: Industry trends and professional opportunities | Dr Andrew Heyman US

9.30 10.00

Medical Legal issues facing the integrative, aesthetic and anti-ageing practitioner | Ms Shari Liby AU (Maurice Blackburn Lawyers)

10.00 10.30

Medicine: Is it Science or Art? | Professor Leon Piterman AU

10.30 11.00

Q & A Hypothetical | Panel including Dr Nathan Francis and above speakers lead by Dr Mark Donohoe

11.00 11.30

MORNING TEA BREAK - EXHIBIT HALL, SOFITEL BALLROOM | 30m

THE BRAIN & AGEING

2HR

PRP & Stem Cells

2HR

11.30 12.00

Environmental Pollutants as Risk Factors for Neurodegenerative Disorders: Alzheimer Disease

Ms Manuela Malaguti-Boyle AU

11.30 12.00

Current Practices for In-Clinic Cellular Therapy

Ms Kirsten Comella US

12.00 12.30

Neuroquant Cerebral MRI: the evolution of radiological documentation of brain injury changes to clarify diagnosis and pathology in the Biotoxin illnesses of Tick-Borne Co-infections and Mould Chronic Inflammatory Response Syndrome

Dr Tania Ash AU

12.00 12.30

Use of Stem cells and PRP in musculoskeletal conditions

Dr Peter Lewis AU

12.30 13.00

Bacteria and Humans: a Symbiotic Preservation of Tolerance, Attenuating Pathogenicity in Favour of Survival

Prof Luis Vitetta AU

12.30 13.00

The Role of Platelet Rich Plasma in Hair Restoration

Dr Vikram Jayaprakash AU

13.00 13.30

Viagra (Sildenafil): A Erection That Changed Direction

Mr Gal Stassberg AU

13.00 13.30

Evaluation and Case Report of a Mucoadhesive polymer gel

Ms Marina Holt AU

13.30 14.30

LUNCH BREAK - EXHIBIT HALL, SOFITEL BALLROOM | 1hr

Evidence Based Medicine - Bringing it all together

2HR

Facial Rejuvenation

2HR

14.30 15.30

How is "evidence base medicine " put into practice?

Mr Warren Maginn AU

14.30 15.00

Intense Pulsed Light Treatment: A Modern Technology in Evaporative Dry Eye

Ms Natalie Buckman AU

15.00 16.00

Understanding the Stress, Thyroid Hormone Connection & Prioritising Systems

Dr Andrew Heyman US

15.00 15.30

Two new minimally invasive thread lifting techniques for the ageing face utilizing absorbable threads to restore facial volume, reduce wrinkles and redefine facial features.

Dr Richard Hogben AU

16.00 17.00

Bring it all together a complex case study | EXPERT PANEL Q&A
Dr Nathan Francis, Dr Tania Ash, Dr Andrew Heyman, Warren Maginn, Steven Young

15.30 17.00

Neck Remodeling with Absorbable Threads | Interactive Live Patient Demonstration | Sponsored Workshp by MARA Aesthetics

Dr Michael Zacharia AU

END OF SESSION

This program is subject to change and A5M reserves the right to make changes without prior notice | updated 1 june 2015