

21st Annual World Congress on Anti-Aging and Regenerative Medicine

Conference Agenda*

Thursday, April 11, 2013 Pre-Conference Workshops

9:00 am – 5:00 pm The Nuts & Bolts of Nutritional IV Therapy

Presented by: Guy DaSilva, MD

CME

9:00 am – 5:00 pm Putting it all Together: The Nuts and Bolts of Hormone Restoration in Men and Women

Presented by: Sangeeta Pati, MD

9:30 am – 5:30 pm Legal Medical Practice Seminar

Presented by: Expert Faculty Panel

CME

9:00 am – 5:00 pm In-Office Ultrasound for Anti-Aging, Wellness and Primary Care Physicians

Presented by: Andrew Rosenson, MD/Aldo Ruffolo, DO

CME

8:30 am – 5:00 pm Helping Our Patients: Useful Diagnostic Observations and Treatments from Forty-Three Years of Medical Practice

Presented by: Jonathan V. Wright, MD

6:00 pm – 8:00 pm Welcome Reception

Location: Exhibit Hall

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Friday, April 12, 2013 Conference

- Morning General Session – 7:00 am – 11:00 am

7:00 am – 7:30 am Parathyroid Hormone- The Forgotten Hormone in Anti-Aging Medicine

CME

Presented by: Ronald Rothenberg, MD

7:30 am – 8:00 am ATP Energy Production is Linked to Nitric Oxide- The Importance for Sexual and Exercise Performance

CME

Presented by: Nathan Bryan, MD

8:00 am – 8:30 am The Hottest New Trend in Hormone Replacement

CME

Presented by: Anthony Capasso, MD

8:30 am – 8:50 am Opening Remarks

Presented by: Ronald Klatz, MD, DO & Robert Goldman, MD, PhD, DO

8:50 am – 9:25 am Dyslipidemia Induced Vascular Disease: Myths and Truths

CME

Presented by: Mark Houston, MD

9:25 am – 10:05 am Importance of Multi-Marker Approach for Defining Cardiovascular Risk

CME

Presented by: Marc Penn, MD, PhD

10:05 am–11:00 am The Magic of Teamwork

CME

Presented by: Pat Williams

Lunch (on your own) 11:00 am – 1:00 pm

Exhibit Hall Opens 11:00 am – 6:00 pm

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Friday, April 12, 2013 Conference

• Afternoon Track 1 – Hormones and Nutritional Deficiencies 1:00 pm – 4:00 pm

1:00 pm – 1:45 pm Estrogen-Progesterone-Testosterone For Women

CME

Presented by: Thierry Hertoghe, MD

1:45 pm – 2:30 pm Testosterone - Low testosterone in men or andropause and how optimization can improve quality of life and reduce risks of disease

CME

Presented by: Ronald Rothenberg, MD

2:30 pm – 3:15 pm Adult Growth Hormone Deficiency Treatment

CME

Presented by: Thierry Hertoghe, MD

3:15 pm – 4:00 pm Hypothyroidism

CME

Presented by: Ronald Rothenberg, MD

• Afternoon Track 2– Practice Management 1:00 pm – 4:05 pm

1:00 pm – 1:55 pm The Residency Approach to the Why, How, and What of Integrative Medicine

CME

Presented by: Mitchell Ghen, DO

1:55 pm – 2:35 pm How To Incorporate Exercise into Your Practice

CME

Presented by: Tonka Cascais, PharmD

2:35 pm – 3:05 pm The Funny Side of Being A Patient

CME

Presented by: Eddie Brill

3:05 pm – 4:05 pm Managing and Marketing your Practice in a Recessionary Economy

CME

Presented by: Jay Shorr

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Friday, April 12, 2013 Conference

• Afternoon Track 3– Advances in Anti-Aging Medicine 1:00 pm – 4:00 pm

CME 1:00 pm – 1:40 pm The Role of Telomerase, Cancer Profile and Longevity Profile in Carcinogenesis

Presented by: E.K. Schandl, PhD, MD, MS

CME 1:40 pm – 2:10 pm Revisiting the Pregnenolone Steel

Presented by: James L. Wilson, ND

CME 2:10 pm – 2:50 pm Timing is Everything: The Adrenal Peripheral Clock

Presented by: Lena Edwards, MD

CME 2:50 pm – 3:20 pm Innovative Strategies for Optimizing Thyroid Function

Presented by: Gina Cushman, PhD, NMD

CME 3:20 pm – 4:00 pm Estrogen Metabolism and Breast Cancer Risk

Presented by: David Zava, PhD

• Afternoon Track 4 – Aesthetic Medicine 1:00 pm – 4:00 pm

CME 1:00 pm – 2:00 pm Equol- A Super Polyphenolic Molecule: Anti-Aging Applications for Optimal Skin, Hair, and Prostate Health

Presented by: Edwin Lephart, PhD

CME 2:00 pm – 3:00 pm Improvements in C-Reactive Protein, Lipid Profile, and Insulin resistance from High Volume Lipoplasty: The Bariatric Surgery of the Future

Presented by: Sharon McQuillan, MD

3:00 pm – 4:00 pm Utilizing Radio-Frequency for Skin Tightening, Cellulite and Circumferential Reduction for Face and Body* (Non-CME)

Presented by: Richard Goldfarb, MD, FACS

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Saturday, April 13, 2013 Conference

- Morning General Session – 7:00 am – 11:00 am

7:00 am – 7:30 am Drugless Prescriptions for your Monday Morning Pain Patients

CME

Presented by: Martin Gallagher, MD, DC

7:30 am – 8:00 am The Use of T3, Botanicals, and Nutrition to Optimize Thyroid Function, Peripheral T4 to T3 Conversion and Well-Being

CME

Presented by: E. Denis Wilson, MD

8:00 am – 8:30 am The Newest Concepts in PRP and Stem Cell Injections

CME

Presented by: Joseph Purita, MD

8:30 am – 9:00 am Exposing the Concussion: P300 Elucidate Patterns of Cognitive Decline in Athletes

CME

Presented by: Eric Braverman, MD

9:00 am – 9:40 am 5 tips to understanding and treating fatigue...adrenal dysfunction?

CME

Presented by: Sangeeta Pati, MD

9:40 am – 10:15 am Nutritional Support For Focus and Memory

CME

Presented by: Pamela W. Smith, MD, MPH

10:15 am – 11:00 am Autophagy, Senescence, Arterial Inflammation, Relationship to Aging and CVD

CME

Presented by: Brad Bale, MD

Lunch (on your own) 11:00 am – 1:00 pm

Exhibit Hall Opens 11:00 am – 3:00 pm

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Saturday, April 13, 2013 Conference

- **Afternoon Track 1 - Metabolic Approach to Gut Health 1:00 pm – 4:00 pm**

1:00 pm – 1:45 pm It's Complicated...Understanding the Connection Between Food, Inflammation, and the ROOT Cause of Complex Metabolic Disease

CME

Presented by: Jamie Wright, DO

1:45 pm – 2:30 pm Unraveling the Multiple Clinical Challenges between Metabolic Dysfunction and GI Health

CME

Presented by: Chris Meletis, ND

2:30 pm – 3:15 pm Bugs to the Brain: Addressing the Bacterial Translocation and Systemic Complications of LPS-induced Intestinal Permeability

CME

Presented by: Thomas O'Bryan, DC, CCN

3:15 pm – 4:00 pm Chronic Disease and Obesity: The Role of Food Sensitivities

CME

Presented by: Tania Dempsey, MD

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Saturday, April 13, 2013 Conference

- **Afternoon Track 2– Practice Management 1:00 pm – 4:00 pm**

1:00 pm – 1:35 pm The Smarter and Natural Approach to Endocrine Health

CME

Presented by: Edwin Lee, MD

1:35 pm – 2:10 pm The Rules to Follow if You Want to Maintain an Integrative Medical Practice and Your Medical License

CME

Presented by: Joel Rose, DO

2:10 pm – 2:45 pm Why It's Important to Have a Compounding Pharmacist in Your Team

CME

Presented by: Avni Sherh, PharmD

2:45 pm – 3:20 pm Orthopedic Interventions Using A Natural Approach, Improving Patients and your Bottom Line

CME

Presented by: Steve Gorin, DO

3:20 pm – 4:00 pm Neurologic Health Using Natural Options to Resolve-The Neurological Patient

CME

Presented by: Bill Hammesfahr, DO

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Saturday, April 13, 2013 Conference

- **Afternoon Track 3 – Advances in Anti-Aging Medicine 1:00 pm – 4:00 pm**

1:00 pm – 1:40 pm Aging and the Telomere Connection

CME

Presented by: Jerry Shay, PhD

1:40 pm – 2:20 pm Exploring Interconnectedness Between Obesity and Cardiovascular Health: Evidence from a Structured Lifestyle Change Program

CME

Presented by: Joseph J. Lamb, MD

2:20 pm – 3:00 pm A Functional approach to Hypothyroidism

CME

Presented by: Jim Paoletti, RpH

3:00 pm – 3:30 pm The Silent Thriller: Nitric Oxides Role in Sexual Health

CME

Presented by: Ivan Rusilko, DO

3:30 pm – 4:00 pm Acetaminophen, Glutathione Depletion, and Regressive Autism

CME

Presented by: Kerry Scott Lane, MD

- **Afternoon Track 4 – Aesthetic Medicine 1:00 pm – 4:00 pm**

1:00 pm – 2:00 pm Hair Loss Hormone Replacement: Stratagems for Managing Androgenetic Alopecia in the Presence of Androgen Replacement

CME

Presented by: Alan Bauman, MD

2:00 pm – 3:00 pm An Anti-Aging approach to Skin Wellness

CME

Presented by: Sanjay Kapur, PhD

3:00 pm – 4:00 pm Utilizing Radio-Frequency for Skin Tightening, Cellulite and Circumferential Reduction for Face and Body

CME

Presented by: Richard Goldfarb, MD, FACS

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Sunday, April 14, 2013 Post Conference Workshop

8:00 am – 5:15 pm Hormone Therapies in Psychology and Psychiatry

Presented by: Thierry Hertoghe, MD

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