

Anti-Aging Therapeutics Compilation

Brain Aging



Seventeen (17) chapters from the *Anti-Aging Therapeutics* textbook series, *volumes 5 through 10*, on the subject of Brain Aging, are presented in this Compilation. Additionally, *Brain Aging: Literature Review 2009*, compiled by Dr. Ronald Klatz, M.D., D.O., President, and Dr. Robert Goldman, M.D., Ph.D., D.O., FAASP, Chairman, respectively, of The American Academy of Anti-Aging Medicine (A4M), recaps the latest discoveries in Brain Aging Risk Factors and presents data supporting Nutritional Therapies and Lifestyle Choices for Prevention and Intervention of Aging-Related Cognitive Decline. Released as a Public Information Service by the A4M, we encourage you to share this Literature Review as a Patient Education Handout.

Each chapter is presented as a separate PDF file (printable). On this CD, double-click to select the file name corresponding to the article title and/or author you wish to read.

Article Title and Author(s)	File Name on this CD
Brain Aging: Literature Review 2009 <i>Ronald Klatz, MD, DO; Robert Goldman, MD, PhD, DO, FAASP</i>	Literature_Review.pdf
Anti-Aging Hormones and the Brain <i>Eric R. Braverman, MD</i>	Thera7(2004)_Braverman.pdf
The PATH to Life Extension <i>Eric R. Braverman, MD</i>	Thera8(2005)_Braverman.pdf
Electrotherapy <i>Eric R. Braverman, MD; Kenneth Blum, PhD; Ray Smith, PhD; Manpreet Kalra, BSc; Mallory Kerner</i>	Thera10(2007)_Braverman.pdf
Genetics of Brain Aging (I): Gene Silencing in Neurons <i>Stanislaw R Burzynski, MD, PhD</i>	Thera9(2006)_Burzynski1.pdf
Genetics of Brain Aging (II): Genetic Mechanisms in Encoding and Consolidation of Memory <i>Stanislaw R Burzynski, MD, PhD</i>	Thera9(2006)_Burzynsk2.pdf
Slowing Brain Aging and Treating Neurodegenerative Diseases With Optimal Nutrition <i>Robert Crayhon, MS</i>	Thera5(2000-2001-2002)_Crayhon.pdf
Theory of Norepinephrine Overload: How Stress Changes the Brain and Drives Evolution, Aging and Disease <i>Jonathan B. James, MD</i>	Thera9(2006)_James.pdf
Stress and Aging: How to Tame Stress – To Live Longer, Healthier and Happier <i>Errol R. Korn, MD & Rod Comunale, MD</i>	Thera9(2006)_Korn-Comunale.pdf
Nutraceuticals Against Alzheimer's Disease <i>Shari Lieberman, PhD</i>	Thera7(2004)_Lieberman.pdf
Alzheimer's Update: New Approach to Diagnosis and Therapeutics <i>Michael Munzar, MD</i>	Thera5(2000-2001-2002)_Munzar.pdf
The Role of Inflammation in Neurodegenerative Disorders <i>David Perlmutter, MD</i>	Thera8(2005)_Perlmutter.pdf
Cerebral Blood Flow and Alzheimer's Disease: The Omental Transposition <i>William Regelson, MD</i>	Thera5(2000-2001-2002)_Regelson.pdf
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<p>Lipofuscin and Ceroid Pigments: Markers of Normal and Pathological Brain Aging <i>Dan Riga, MD, PhD; Sorin Riga, MD, PhD; Florin Halalau, MD, PhD; Francisc Schneider, MD, PhD</i></p>	Thera8(2005)_Riga1.pdf
<p>Neurono-Glial Mechanisms in Brain Protection, Aging Deceleration, and Neuro-Psycho-Longevity <i>Dan Riga, MD, PhD; Sorin Riga, MD, PhD; Florin Halalau, MD, PhD; Francisc Schneider, MD, PhD</i></p>	Thera8(2005)_Riga2.pdf
<p>Training The Brain: A Review of Clinical Advancements That Reeducate the Central Nervous System To Feel Good <i>Dr. Ron Shane; Jodi Lasky, PA-C</i></p>	Thera10(2007)_Shane.pdf
<p>Nutritional Factors Including Antioxidants in Dementia and Anti-Aging <i>Luis Vitetta, BSc (Hons), PhD</i></p>	Thera6(2003)_Vitetta.pdf
<p>Effect of Vinpocetine in the Management of Cognitive Impairment and Memory Loss <i>Bernd Wollschlaeger, MD</i></p>	Thera5(2000-2001-2002)_Wollschlaeger.pdf