



Anti-Aging Therapeutics Volume XIV

Contents & Article Summaries

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ISBN 978-1-934715-09-3 (print & CD-ROM)

| Chapter | Title and Author | Page |
|---------|--|------|
| 1 | <p>Pilot Study: The Effects of Stem Cells and Platelet Rich Plasma on Recovery from Laser Resurfacing <i>Robert Bowen, M.D., FCCP, FASLMS*</i></p> <p>This paper presents the results of a pilot study into whether stem cells or cellular growth factors would improve the efficacy of fractional laser resurfacing of the skin and/or reduce recovery time.</p> | 1 |
| 2 | <p>Cell-Assisted Facial Fat Transfer – The Natural Filler <i>Robert Bowen, M.D., FCCP, FASLMS*</i></p> <p>A key feature of facial aging is loss of volume, both of fat and bone. Attempts to create a more youthful looking face should address these components to be successful. Autologous fat holds appeal for this purpose.</p> | 5 |
| 3 | <p>Innovations in the Treatment of Chronic Wounds <i>Robert E. Bowen, M.D., FCCP, FASLMS**</i></p> <p>Healing of wounds is a complex process that most often proceeds in an orchestrated fashion resulting in repair of the injured area. When this orchestration proceeds in a disordered fashion then the healing process may result in an over-expression of fibroblasts (resulting in a hypertrophic scar or keloid) or inability to form new tissue (chronic wound). these problems have resulted only in marginal improvement in care. Newly developed innovations in wound care are discussed as are future directions for research.</p> | 9 |
| 4 | <p>Nitric Oxide: The Overlooked Molecule in Patient Care <i>Nathan S. Bryan, Ph.D.**</i></p> <p>Although often overlooked, nitric oxide (NO) is one of the most important signaling molecules in the body. It is involved in virtually every organ system, and is responsible for modulating an astonishing variety of effects. Thus, it is no surprise to learn that a host of diseases or conditions may be caused or affected by the body's dysregulation of NO production/signaling. Maintaining NO homeostasis is critical for optimal health and disease prevention, and developing diagnostics and therapeutics to accomplish this will have a profound effect on public health. The aim of this paper is to introduce the reader to the importance of NO, and the age-dependent decline in NO production and its consequences, NO diagnostics and therapeutic strategies for maintaining NO homeostasis will also be considered.</p> | 13 |
| 5 | <p>Testosterone Pellet Implantation <i>Stephen Center, M.D.**</i></p> <p>Evidence suggests that testosterone pellet implantation (TPI) is the best available method of testosterone delivery, yet transdermal and injectable forms of testosterone continue to be the delivery methods of choice for testosterone replacement therapy (TRT) with many practitioners. The aim of this paper is to familiarize health practitioners with TPI and to encourage its use in TRT.</p> | 21 |

| | | |
|----|---|----|
| 6 | <p>Iodine: Roles in Human Health and Toxicology <i>Alan Christianson, NMD**</i> his paper offers a brief introduction to iodine. Topics discussed include biological functions of iodine, dietary iodine, iodine toxicity, the argument for/against pharmacologic iodine, and the relevance of iodine to the integrative physician.</p> | 33 |
| 7 | <p>Assessment of Biological Aging & Treatment of Metabolic Inflammatory Diseases <i>Nick Delgado, Ph.D., CHT</i> This paper reviews various treatments and interventional therapies that modulate the mitochondria metabolic breakdown or inflammation and the clinical protocols known to stimulate repair, stem cells release and cellular oxygenation and regeneration.</p> | 41 |
| 8 | <p>The Role of Hormonorestorative Therapy as a Part of Physiology Optimization in the Management of Patients with Hypercholesterolemia <i>Sergey A. Dzugan, M.D., Ph.D.*; George W. Rozakis; Konstantine S. Dzugan; Less Emhof; Sergey S. Dzugan; Dyno Xydas; Christos Michaelides; Janet Chene; Michael Medvedovsky; Armond Scipione; Alexander S. Kuznetsov</i> The goal of this clinical analysis was to evaluate the role of hormonorestorative therapy (HT) as a part of physiology optimization in hypercholesterolemia treatment.</p> | 45 |
| 9 | <p>The Beneficial Confluence of Stem Cell Therapy and Physiology Optimization <i>Sergey A. Dzugan, M.D., Ph.D.**</i> Stem cell therapy and hormonorestorative therapy (HT) work on a very basic and foundational level. Different studies have shown that specific nutrients and hormones can encourage the growth or proliferation of stem cells in one's body, thus promoting regeneration and healing. A powerful method to support stem cell proliferation and function is through the optimization of hormone levels. Using bioidentical hormones, it is possible to restore deficient adult hormones to youthful levels. HT can significantly increase metabolism and anabolic processes that can help with the effect of stem cells and most importantly, HT can control the immune system and keep it strong, which will prevent possible gross abnormalities from transplanted stem cells. Targeted nutritional and hormonal therapies may help promote wellness and fight the diseases associated with aging through the optimization of stem cell production and function. Also, there is a possible significant positive effect of stem cell therapy as part of regeneration therapy on hormonal production in patients with steroid insufficiency.</p> | 57 |
| 10 | <p>Modified Citrus Pectin and Galectin-3 and Their Role in Health and Illness <i>Isaac Eliaz, M.D., MS, L.Ac.**</i> new research on the role of galectin-3 and MCP in health and disease, and This paper reviews the benefits of ,odified citrus pectin as a potent galectin-3 inhibitor. Pre-clinical studies published in 2011 demonstrated that MCP reduced galectin-3 in association with decreased renal fibrosis, macrophages, pro-inflammatory cytokine expression, and apoptosis. At a histological level, MCP clearly reduced renal cell proliferation. This data indicates that MCP is protective in experimental nephropathy with modulation of early proliferation and later galectin-3 expression, apoptosis, and fibrosis. This and other peer-reviewed research indicate that MCP is a novel strategy to reduce inflammation, fibrosis, and cancer occurrence in the long-term, via carbohydrate binding-related functions of galectin-3.</p> | 69 |

| | | |
|----|--|-----|
| 11 | <p>Small RNA Fragments Support White Blood Cell and Platelet Proliferation in Cancer Patients Undergoing Chemotherapy <i>John L. Hall, Ph.D.**; James F. Grutsch, Ph.D.</i> A Phase 1 clinical trial was conducted at Cancer Treatment Centers of America to investigate the effect of small RNA fragments on the recovery of platelet levels in patients with Chemotherapy-Induced Thrombocytopenia (CIT). Patients receiving the RNA fragments demonstrated rapid recovery in platelet counts without experiencing any adverse events. The RNA fragments appear to function as primers that stimulate DNA duplication in bone marrow stem cells. When these stem cells divide and differentiate they give rise to white blood cells and platelets.</p> | 79 |
| 12 | <p>Curcumin Signaling Targets in Acute and Chronic Injury: Basis for Repair of Burns and Photodamaged Skin <i>Madalene C.Y. Heng, M.D., FRACP, FACD, FAAD*</i> Acute injury to the skin from burns and scalds result in blistering and scarring, while chronic solar exposure from ultraviolet injury (UVA and UVB) result in photoaging, with thinning of the skin, redness, scaly skin, pigmentary changes, loss of elasticity, and premalignant and malignant changes. Acute burns, if severe, frequently require skin grafting, with scarring as an inevitable result. While we have yet to find adequate preventive treatment against the changes in photoaging skin, recent interest has been focused on curcumin, a phosphorylase kinase inhibitor, for the repair of both acute burns, and chronically photodamaged skin through inhibition of NF-kB-dependent pathways mediated by phosphorylase kinase. This paper discusses phosphorylase kinase-mediated signaling pathways targeted by curcumin as a basis for stimulating repair of both acute burns and chronic solar skin damage, and presents a clinical series supporting the efficacy of topical curcumin gel in burns and photoaging skin.</p> | 89 |
| 13 | <p>Prevention of Alzheimer's Disease <i>Richard S. Isaacson, M.D.*</i> The aim of this paper is to discuss how it is possible to reduce the risk of developing Alzheimer's disease by employing a multimodal approach consisting of pharmacologic and nonpharmacologic elements.</p> | 101 |
| 14 | <p>Environmental Links to Disease: A Literature Review <i>Ronald Klatz, M.D., D.O.; Robert Goldman, M.D., Ph.D., D.O., FAASP</i> Literature review recaps the latest studies that reveal important environmental links to disease. These summaries prove that it is clearly essential that each of us makes a deliberate effort to minimize or limit our exposure to environmental hazards, in order to improve the odds of living a long, healthy, happy, rewarding, productive life.</p> | 107 |
| 15 | <p>Osteopathic Medicine: A Brief Introduction <i>Martin S. Levine, D.O., MPH, FACOFP dist.**</i> The aim of this paper is to offer a very brief introduction to osteopathic medicine and its benefits. A small number of articles concerning osteopathic medicine that have been published in the medical literature will be used to demonstrate the proven efficacy of osteopathic techniques and highlight their role in modern medicine.</p> | 113 |

| | | |
|----|--|-----|
| 16 | <p>Metabolic Treatment of Cancer <i>Joseph Maroon, M.D.**; Jeff Bost, PAC; Darren LePere, BS; Jose Joaquin Puello, M.D.; Giulio Zuccoli, M.D.; Thomas Seyfried, Ph.D.; Matt El Kadi, M.D., Ph.D.</i></p> <p>Conventional therapies for malignant brain tumors all have various degrees of toxic side effects that can adversely affect quality of life. These treatments can also significantly elevate brain tissue glucose and glutamate levels, which is problematic as animal studies have shown that tumor cells actually thrive on elevated glucose and glutamate levels. Put simply, this means that current treatments may actually accelerate tumor cell growth. Animal and human studies have evaluated these metabolic phenomena and have investigated the use of dietary and pharmacological treatments to reduce circulating levels of glucose and glutamine in an attempt to starve these aggressive brain tumors. The aim of this paper is to discuss the metabolic treatment of malignant brain tumors.</p> | 119 |
| 17 | <p>Toxic Metals as Endocrine Disrupters <i>L. Charles Masur, M.D.*</i></p> <p>This paper is concerned with metals that act as endocrine disruptor chemicals (EDCs), interfering with hormones at multiple levels and contributing to acute and chronic illness and advanced aging.</p> | 127 |
| 18 | <p>Putting it All Together: The Nuts and Bolts of Hormone Restoration, Nutrition, Detoxification, and Balancing the Mind and Body <i>Sangeeta Pati, M.D., FACOG*</i></p> <p>The aim of this paper is to present a restorative medicine model that utilizes hormone restoration, nutrition, detoxification, and balancing the mind and body in order to dampen chronic inflammation (the underlying cause of many age-related diseases) and restore optimal health. Several case studies are included to illustrate the benefits achievable by following the model.</p> | 133 |
| 19 | <p>The Use of Platelet-Rich Plasma (PRP) Injections and Stem Cells in an Office Setting <i>Joseph Purita, M.D., FACS, FAAOS, FAAMP**</i></p> <p>The aim of this paper is to consider the practicalities of using platelet-rich plasma (PRP) and stem cells to treat musculoskeletal conditions in the office setting. The science behind PRP and stem cells, treatment protocols, and contraindications are all discussed.</p> | 139 |
| 20 | <p>Hormone Myths Versus Medical Evidence <i>Ron Rothenberg, M.D.**</i></p> <p>There are many myths surrounding hormone replacement therapies, from the notion that thyroid hormone is dangerous for the heart, to the widespread belief that growth hormone replacement therapy (GHRT) increases the risk of cancer. The aim of this paper is to review the current medical literature surrounding these myths and to demonstrate the safety and efficacy of hormone replacement therapies.</p> | 157 |
| 21 | <p>Hypothyroidism and Thyroid Optimization <i>Ron Rothenberg, M.D.**</i></p> <p>Thyroid hormone is overlooked and undervalued by many doctors, yet more and more people are suffering from hypothyroidism – a condition that can make life very hard for sufferers. Unfortunately, many of these cases of hypothyroidism go undiagnosed, and those that are diagnosed are often incorrectly treated. This paper will discuss the signs and symptoms of hypothyroidism, how to diagnose thyroid hormone deficiency, and methods of treatment.</p> | 167 |

| | | |
|---|---|-----|
| 22 | <p>Energy Medicine: Role in Control of Pain, Depression, and Aging <i>C. Norman Shealy, M.D., Ph.D.**</i> This paper will introduce the reader to energy medicine and demonstrate how it can be used to treat chronic pain and depression, and also promote healthy aging.</p> | 175 |
| 23 | <p>The Role Inflammation Plays in Health <i>Pamela W. Smith, M.D., MPH*</i> This paper is concerned with chronic inflammation and how it affects health. The role of inflammation in chronic and autoimmune disease will be discussed. The reader will also be introduced to the anti-inflammatory properties of vitamin D.</p> | 179 |
| 24 | <p>Fingertip Regeneration: Integrating Stem Cell Activation Therapy into Fingertip Regenerative Medicine <i>Pramod Vora, B.S.</i> Fingertip regeneration is a true composite tissue regeneration involving regeneration of bone, cartilage, tendon, blood vessels, skin, nail, cuticle, fingerprint, and half a dozen of specialized sensory nerve endings. Regenerating a fingernail in just 30 days or less, demonstrates the accelerated healing and regenerative capabilities of nano silver induced stem cell activation therapy. It also demonstrates the improvements in stem cell activation techniques and fingertip regeneration techniques that have occurred during the past few years, and which have made such incredible results a reality. The ability of nano silver stem cell activators to dedifferentiate mature cells gives us the ability to produce more stem cells and consequently more progenitor cells than the body does under normal circumstances. In addition, this ability of nano silver to stimulate all pre-existing stem cells to enhance the rate of production of progenitor cells results in an eventual regeneration of the fingertip in an unbelievably short span of time of 30 days or less. This is roughly five times faster than the unaided body really can achieve. This clearly demonstrates an approximately five-fold accelerated healing and regenerative capabilities of nano silver stem cell activation.</p> | 183 |
| ANTI-AGING CLINICAL PROTOCOLS, 2012-2013 | | |
| 1 | <p>Nitric Oxide Protocol for Patients <i>Nathan S. Bryan, Ph.D.**</i></p> | 191 |
| 2 | <p>Protocol for the Use of Curcumin Gel to Enhance Repair of Burns and Photo-aged Skin <i>Madalene C.Y. Heng, M.D., FRACP, FACD, FAAD*</i></p> | 193 |
| 3 | <p>Provocative Testing and Detoxification Protocols for Toxic Metals <i>L. Charles Masur, M.D.*</i></p> | 195 |

* Denotes speaker at Spring 2011 Session of the Annual World Congress on Anti-Aging Medicine & Regenerative Biomedical Technologies;

** Denotes speaker at Winter 2011 Session.