



American Academy of Anti-Aging Medicine &
Institute of Medical Aesthetics, Dubai



CERTIFICATE IN ADVANCED INJECTABLES

Fillers | Toxins | PRP | Threads

Step 1: Online

Step 2: Hands-on, Dubai

Step 3: Assessment

Certified By



Organized by



Approved by



TRAINING & CERTIFICATION PROCESS

Module 1	24hour Online Course
Module 4A	2-Day Basic Hands-on Botox & Fillers Practice Part A (at IMA, Dubai)
Module 4B	2-Day Advanced Hands-on Injectables Practice Part B (at IMA, Dubai)
Exam	MCQ Exam (21 Questions + 5 patient evaluations) 60mns Written Format
Cases	10 cases under supervision
Certification	Certification by A4M American Academy of Anti-Aging Medicine

SCHEDULE

Module 1	Any time, online
Module 4A	2-3 August OR 4-5 October OR 22-23 November, 2018
Module 4B	24-25 November 2018
Examination	25 November, 2018
Graduation	December 2018

TRAINING LOCATION

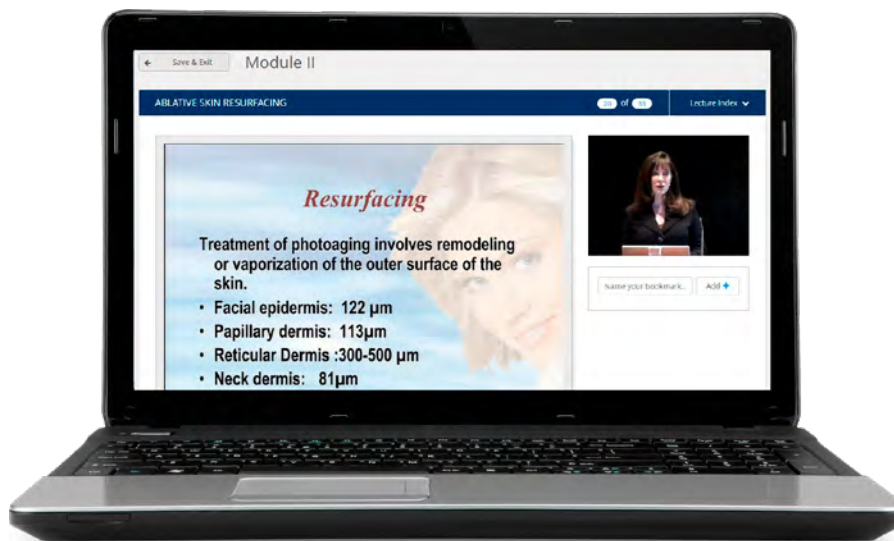
A4M Dubai / Institute of Medical Aesthetics

Dubai Healthcare City, Building 39, 1st Floor
Dubai, UAE



STUDYING ONLINE

PREVIEW OF YOUR ONLINE ACCOUNT



A user friendly screen to view the video of the speaker and the Powerpoint lecture.
You can play and pause at any time, just like a DVD.

Feature Highlights of online modules:

- Over 24hrs of videos and lectures covering all the fundamental theory
- Step by Step procedure guides with charts and live demonstrations
- Detailed review of products and devices
- CME Accredited (Upon completion of all modules)

ABLATIVE SKIN RESURFACING			
		29 of 33	Lecture Index
Title	Presenter	Status	
Chemical Peeling Agents	Sharon McQuillan, MD	Started	RESUME
Skin Conditions Appropriate for Chemical Peels	Aurora Badia, DO	Started	RESUME
Live Chemical Peel Demonstrations		Started	RESUME
Effective Cosmeceutical Use in an Aesthetic Practice	Sharon McQuillan, MD	Started	RESUME
Evaluation of Cosmeceutical Ingredients: What the Label May Not Reveal	Patrick Bitter, Jr., MD	Started	RESUME
Cosmeceutical Actives: Vitamins	Patrick Bitter, Jr., MD	Started	RESUME
Cosmeceutical Actives: Botanicals	Gail Humble, MD	Started	RESUME
Topical Use of Growth Factors and Stem Cells in Skin Care	Sharon McQuillan, MD	Started	RESUME
Cosmeceutical Actives: Peptides & Metals	Gail Humble, MD	Started	RESUME
Cosmeceutical Actives: Lightening Agents	Sharon McQuillan, MD	Started	RESUME

USEFUL PRINTABLE PDF HANDOUTS



Online Module I

Advanced Facial Sculpting & Contouring with Botulinum Toxin A and Facial Fillers

Lectures overview

1	Facial Anatomy	Matt Stefanelli, MD
2	Neurotoxin Pharmacology	Sharon McQuillan, MD
3	Brow & Forehead Rejuvenation with Botulinum Toxin A	Denise Baker, MD
4	Periocular Rejuvenation Utilizing Botulinum Toxin A	Gail Humble, MD
5	Perioral Rejuvenation Using Neurotoxins	Gail Humble, MD
6	Relaxation of Platysmal Banding	Edward Zimmerman, MD
7	Live Neurotoxin Demonstrations	All Speakers
8	Botulinum Toxin A: Other Therapeutic Uses	Denise Baker, MD
9	Neuromodulators on the Horizon: World View	Gail Humble, MD
10	Neuromodulator Complication Management	Sharon McQuillan, MD
11	Choosing the Appropriate Filler	Denise Baker, MD
12	Using Hyaluronians for Facial Enhancement	Patrick Bitter, Jr, MD
13	Facial Sculpting with Calcium Hydroxylapatite	Sharon McQuillan, MD
14	Facial Volumization with Poly-L-Lactic Acid	Gail Humble, MD
15	Facial Sculpting Utilizing PMMA	Philip Werschler, MD
16	Autologous Lipocyte Micronized Injection Demonstration	Edward Zimmerman, MD
17	Autologous Lipocyte Micronized Injection	Edward Zimmerman, MD
18	Absorbable Threads	Edward Zimmerman, MD
19	Volume Restoration: Lower Face	Denise Baker, MD
20	Upper & Mid-face Volumization	Sharon McQuillan, MD
21	Lip Augmentation	Patrick Bitter, Jr MD
22	Live Facial Volumization Demonstrations Part 1	Patrick Bitter, Jr MD
23	Live Facial Volumization Demonstrations Part 2	Patrick Bitter, Jr MD
24	Managing Filler Complications & Sequelae	Sharon McQuillan, MD
25	Fillers on the Horizon: World View	Gail Humble, MD
26	Facial Injectables for Men	Patrick Bitter, Jr MD
27	Injectables & Ethnic Skin	Gail Humble, MD
28	Making the most of facial injectables marketing & vendor relationships	Janette Daher, BS
29	Evaluating Cosmeceutical Ingredients: What the Label May not Reveal	Sharon McQuillan, MD
30	Vitamin Compounds In Cosmeceuticals	Patrick Bitter, MD
31	Cosmeceutical Actives: Botanicals	Denise Baker, MD

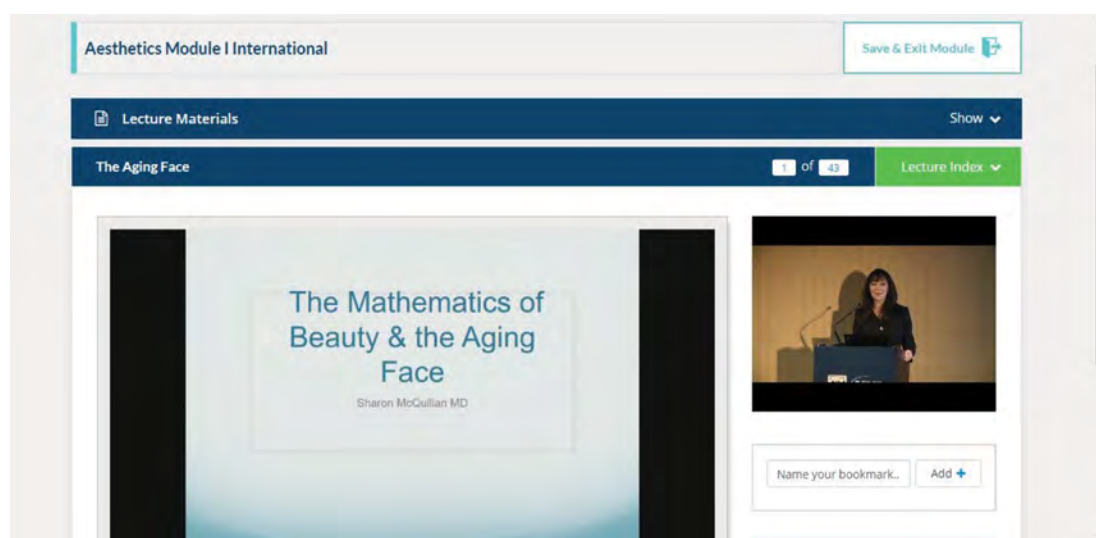


Online Module I

Advanced Facial Sculpting & Contouring with Botulinum Toxin A and Facial Fillers

Lectures overview

32	Topical Use of Growth Factors & Stem Cells in Skin Care	Sharon McQuillan, MD
33	Use of Peptides & Metals in Cosmeceuticals Denise Baker, MD	Janette Daher, BS
34	Importance of Lightening Agents in Anti-Aging Skin Care	Sharon McQuillan, MD
35	Why Every Anti-Aging Practice Should Carry Sunscreen	Denise Baker, MD
36	Role of Nutrition in Healthy Skin	Janette Daher
37	PRP Demonstrations	Dr. Maria Angelo-Khattar
38	PDO Threads Demonstration	Dr. Maria Angelo-Khattar
39	Safe Injection Techniques Demonstration	Dr. Maria Angelo-Khattar
40	Polydioxinone Sutures for Skin Tightening and Lifting	Dr. Maria Angelo-Khattar
41	Polycaprolactone Based Biostimulating Filler	Dr. Maria Angelo-Khattar



PREVIEW OF YOUR ONLINE ACCOUNT



Online Module I

Advanced Facial Sculpting & Contouring with Botulinum Toxin A and Facial Fillers

Learning objectives

Upon completion of this module, the participants will:

- | | |
|---|--|
| • | Have a thorough understanding of facial anatomy |
| • | Develop an understanding of ideal facial features including the proportions and dimensions that create beauty |
| • | Discuss the aging facial changes in both female and males patients of all cultures |
| • | Develop understanding of the pharmacology of the various Botulinum Toxins |
| • | Analyze the “best practice” standards for injection techniques for the treatment of frown lines, brow furrows, brow elevation, crow’s feet, bunny lines, lip lines, nasolabial folds, marionette folds, aging jawline, and aging neck |
| • | Participate in an interactive session with leading experts performing live botulinum toxin Injections for aesthetic enhancement demonstrating all of the known applications |
| • | Understand the incidence, prevalence, and pathophysiology of hyperhidrosis |
| • | Understand the treatment of hyperhidrosis with botulinum toxin |
| • | Understand facial revolumizing to achieve a natural and youthful appearance |
| • | Understand the properties of the various facial fillers including autologous fat, cell augmented fat, the various collagens (Zyderm, Zyplast, Cosmoderm, Cosmoplast, Evolence), the various hyaluronans (Restylane, Perlane, Juvederm, Prevelle, Hydrelle), poly-L-Lactic acid (Sculptra), calcium hydroxylapatite (Radiesse), and silicone. |
| • | Learn how to choose the appropriate filler for individual aesthetic corrections |
| • | Learn the “best practice” injection techniques, products, and volumes for the aesthetic correction of global volume loss, temporal hollows, brows, tear troughs, cheeks, nasolabial folds, lips, jowls, prejowl depressions, jaw lines, and nasal deformities |
| • | Participate in an interactive session with leading experts performing live facial filler for facial aesthetic enhancements |
| • | Review the potential adverse events with the aesthetic use of both botulinum toxins and facial fillers and effective methods to avoid and treat these complications |
| • | Learn how to develop a successful aesthetic practice with pricing strategies, marketing strategies, scheduling and staffing |

Curriculum Updated
November 2017



2 Day Hands-on Botox & Fillers

Module 4A

MODULE 4, PART A (Basic Level)



August
2-3
2018
Dubai

October
4-5
2018
Dubai

November
22-23
2018
Dubai



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Injectables Part A
(2 Days – 16 hours) Fillers, Botox & PRP

DAY 1: DERMAL FILLERS

09.00 - 10.15	THE CONCEPT OF TOTAL FACIAL CONTOURING
	<p>What is beauty: Ideal facial proportions and facial geometry</p> <p>Enhancing facial shape: A combined strategy of lipolysis and volumizing with soft tissue fillers</p> <p>Restoration of an older face: Restoration techniques</p> <p>Enhancement of beauty in younger faces</p>
10.15 - 11.30	STRATEGIES TO ENSURE A SAFE INJECTION TECHNIQUE AND HOW TO AVOID COMPLICATIONS
	<p>Overview of soft tissue fillers</p> <p>Lip augmentation</p> <p>Blunt tip cannula use</p> <p>How to avoid vascular occlusion</p>
DISCUSSION AND COFFEE BREAK	
11.45 - 13.30	LIP AUGMENTATION
	<p>Planning a lip augmentation procedure</p> <p>Injections techniques in lip augmentation - Live demonstration</p> <p>HANDS-ON CASES LIP FILLER AUGMENTATION</p> <p>Upper and lower lips</p>
GROUP LUNCH OFFERED ONSITE	
14.30 - 18.00	HANDS-ON CASES DERMAL FILLER FOR FACIAL CONTOURING
	<p>Deep & subcutaneous injections with blunt tip cannula</p> <p>Infraorbital area</p> <p>Zygomatic enhancement</p> <p>Nasolabial folds or marionette lines</p>



Injectables Part A
(2 Days – 16 hours) Fillers, Botox & PRP

DAY 2: BOTOX / PRP

09.00 - 09.30	CASE DISCUSSIONS RELATED TO DAY 1 PATIENTS (FILLERS CASES)
	Discuss selected treatment plan, technique & dosage
09.30 - 10.30	BOTOX: THE ART AND SCIENCE BEHIND THE MOST WIDELY USED INJECTABLE
	History, pharmacology and mechanisms of action of botulinum toxin type A Best practice standards for use of botulinum toxin type A: toxin types, dosages, indication, contraindications, post procedural care Introducing a simple treatment algorithm to ensure reproducible treatment outcomes Botox complication management
10.30 - 11.15	PLATELET RICH PLASMA (PRP) INJECTIONS FOR FULL FACE & NECK REJUVENATION
	Live Demonstration of blood drawing and kit preparation
DISCUSSION AND COFFEE BREAK	
11.30 - 12.45	PLATELET RICH PLASMA (PRP) INJECTIONS FOR FULL FACE & NECK REJUVENATION
	HANDS-ON CASES
GROUP LUNCH OFFERED ONSITE	
13.45 - 18.00	HYPERHIDROSIS WITH BOTULINUM TOXIN TYPE A
	HANDS-ON CASES
	UPPER FACE REJUVENATION WITH BOTULINUM TOXIN TYPE A
	HANDS-ON CASES



2 Day Hands-On Botox, Fillers & PRP

MODULE 4, PART B (Advanced)

Module 4B



24-25
November
2018
Dubai



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Injectables Part B

Fillers, Lower Face Botox & Thread Lifts

DAY 3: ADVANCED FILLERS

09.00 - 10.00	REVIEW OF LATEST SOFT TISSUE FILLERS WITH EMPHASIS ON BIOSTIMULANT COMPOUNDS
	<p>Biostimulants: A new generation of dermal fillers</p> <p>Polycaprolactone</p> <p>Includes review of new indications for hands & female genitalia</p>
10.00 - 10.45	PDO THREAD LIFTING THERAPY FOR FACIAL CONTOURING
	Review of the principles of PDO threads for facial lifting
DISCUSSION AND COFFEE BREAK	
11.00 - 12.15	ATROPHIC ACNE SCAR TREATMENTS WITH THE COMBINED USE OF PDO THREADS & DERMAL FILLER INJECTABLES
	HANDS-ON CASES
12.00 - 12.45	COMPLICATION MANAGEMENT IN INJECTABLES
	Avoiding and managing complications in facial injections
GROUP LUNCH OFFERED ONSITE	
13.45 - 18.00	ADVANCED TOTAL FACIAL CONTOURING WITH DERMAL FILLERS
	<p>HANDS-ON CASES</p> <ul style="list-style-type: none"> • Jawline • Temples • Chin • Zygoma • Total Facial Contouring

24-25
November
2018
Dubai



Injectables Hands-On Module 4B
 Fillers, Lower Face Botox & Thread Lifts

DAY 4: LOWER FACE BOTOX & PDO THREAD LIFTS

09.00-10.00	CASE DISCUSSIONS RELATED TO DAY 1 PATIENTS
	Discuss selected treatment plan, technique & dosage
10.00 - 11.00	SUCCESSFUL MANAGEMENT OF YOUR INJECTABLES PRACTICE
	Procedures, staff, training, hygiene & management
DISCUSSION AND COFFEE BREAK	
11.30-12.30	PDO THREADS (COG) FOR SKIN LIFTING
	HANDS-ON CASES <ul style="list-style-type: none"> • Face & Neck
GROUP LUNCH OFFERED ONSITE	
13.30-18.00	BOTULINUM TOXIN TYPE A: ADVANCED INJECTIONS FOR LOWER FACE
	HANDS-ON CASES <ul style="list-style-type: none"> • Jawline • Masseter • Neck • Chin





Certification Requirements

• 10 Cases under Supervision
• Medical Doctor license from any country
• MD, MBBS or DDS Degree
• Completion of Online Module I
• Attendance at Hands-on Module 4, Part A (Dubai)
• Attendance at Hands-on Module 4, Part B (Dubai)
• Pass Rate at 'Injectables Certification Assessment' (Dubai)
• Active Membership in A4M



REGISTER TODAY & OBTAIN YOUR INTERNATIONAL CREDENTIALS AS AN AESTHETIC INJECTOR



WHO CAN APPLY?

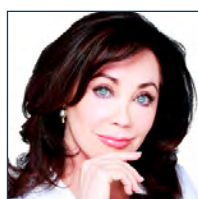
- MDs (GPs and other specialists)
- MBBS
- Dentists*

*Dentists should check their eligibility with the UAE Authorities

CERTIFICATION BENEFITS:

- USA Certified Program
- UAE Approved by Dubai Health Authority
- HANDS-ON Training for optimal clinical skills
- ONLINE Curriculum for flexible studying

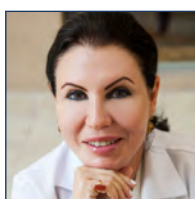
COURSE FACULTY INCLUDES:



Dr. Sharon McQuillan
Aesthetic Physician
USA



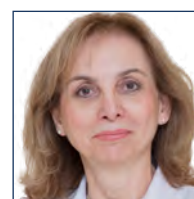
Dr. Patrick Bitter
Dermatologist
USA



Dr. Maria Khattar
Aesthetic Physician
UK



Dr. Mario Russo
Plastic Surgeon
Italy



Dr. Georgia Vadarli
Plastic Surgeon
Greece

\$8,395*
Certification
Package

*subject to 5% VAT



VENUE:

A4M Dubai / IMA
Dubai Healthcare City
Building 39, 1st Floor
Dubai, UAE

Certified By



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For More Information:
American Academy of Anti-Aging Medicine FZ LLC

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