

# THE WOMEN'S HEALTH SUMMIT

From Perimenopause to Power Years

Earn up to 21 CME credits

**OCT 8-10, 2026**  
SAN ANTONIO, TX

Educationally  
partnered with



## ATTENDEE FAQ

*Everything You Need to Know Before You Arrive*



### EVENT DETAILS

**When is the event?**

October 8 – 10, 2026

**What time does the event start and end?**

October 8: 8:00am – 6:00pm CST  
October 9: 8:00am – 6:30pm CST  
October 10: 8:00am – 3:30pm CST  
[Schedule Subject to Change](#)

**Where is it being held?**

La Cantera Resort & Spa  
16641 La Cantera Parkway  
San Antonio, TX 78526

**Is this a one-day or multi-day event?**

Multi-Day Event  
[Learn More](#)



### REGISTRATION & CHECK-IN

**What do I need to bring for check-in?**

A valid government-issued photo ID is required at registration. No exceptions. Please have it ready when you arrive at the registration desk.

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## Can I register on-site?

On-site registration will be available. We strongly encourage pre-registration online at [REGISTER HERE](#) to secure your spot and save time at check-in.

## Will I receive a name badge?

Yes. Your name badge will be provided at check-in and must be worn visibly throughout the event, including in the exhibit hall.



## DRESS CODE & COMFORT

### What should I wear?

Dress code is business casual. Comfort is encouraged — this is a full day of learning! Most importantly: bring a layer or light jacket. Conference rooms can get cold, and temperature control varies throughout the day.

### Why do the rooms get cold?

Meeting rooms in convention and hotel venues are often heavily air-conditioned. We recommend dressing in layers so you can adjust to your comfort regardless of room temperature.

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## FOOD & REFRESHMENTS

**Will food be provided?**

Yes! Meals and refreshments will be provided throughout the event. On Thursday, breakfast and lunch will be served in the Women's Health lecture room, sponsored by Calroy and Microbiome Labs respectively. On Friday and Saturday, breakfast will be provided in the exhibit hall. Friday's lunch will be served in the Women's Health lecture room, sponsored by CRE8, while attendees will be on their own for lunch on Saturday. Refreshments and snacks will be available during morning and afternoon breaks throughout the event.

**Are there options for dietary restrictions?**

We will do our best to accommodate common dietary needs at the break refreshment stations.

**Is coffee/tea available?**

Yes, beverages including coffee and tea will be available at the morning and afternoon break stations.

## PRESENTATIONS & MATERIALS

**Will I receive the presentation slides?**

Yes! Approximately one week before the event, you will receive an email with a link to access and download all presentation materials. Be sure to download them before the event.

**What if I don't receive the download link?**

Check your spam/junk folder first. If you still don't see it, contact [info@a4m.com](mailto:info@a4m.com) with your

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registration details and we'll resend the link promptly.

**Can I take photos or record sessions?**

Photography of slides and note-taking are welcome for personal use. Video recording of presentations is not permitted out of respect for speakers and attendees. Please be mindful of others when using devices.

**Will recordings be available after the event?**

If you are interested in receiving the recording, you can stop by the registration table to purchase the online version. The online version will be ready 4-6 weeks post event.

## CME CREDITS

**Are CME credits available?**

Yes! This activity has been designated for AMA PRA Category 1 Credits™. Attendees may earn up to 21 Category 1 CME credits by attending the full program.

**Are other credits available?**

Yes. Allied Health, Nursing, and Pharmacy credits will also be offered. Details on how to claim your credits will be provided via email. Certificates will be issued following post-activity evaluation completion.

**How do I claim my CME credits?**

Instructions for claiming your credits will be distributed after the event. You will be required

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to complete a post-event evaluation. Credits will be issued after the evaluation is submitted.

## What is the credit claim deadline?

30 days post-event. Claims submitted after this date may not be honored.



## EXHIBITORS & SPONSORS

### Will there be exhibitors at the event?

Yes! We are pleased to have industry exhibitors on-site showcasing the latest products and services in longevity medicine. The exhibit hall will be open during breaks and designated networking times.

### When is the exhibit hall open?

The exhibit hall will be open during morning registration, morning break, afternoon break, and any designated networking times. Full hours will be posted in the day-of program.

### Can I interact with exhibitors?

Absolutely! We encourage all attendees to visit exhibitor booths, ask questions, and explore new tools and solutions for your practice. Exhibitors are a great resource for continuing education and product information.



## GENERAL QUESTIONS

### Is there Wi-Fi available?

Complimentary Wi-Fi will be available at the venue. Network credentials will be posted on

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signage throughout the event space and included in your day-of program.

## Is there parking on-site?

La Cantera Resort & Spa offers self-parking for \$25 per day and valet parking for \$45 per night.

## What if I have a question not covered here?

Please don't hesitate to reach out to us at [info@a4m.com](mailto:info@a4m.com) or call 561-997-0112. Our team is happy to help. You may also visit [a4m.com](http://a4m.com) for the latest event updates.

## What is the cancellation/refund policy?

MCI OPCO LLC. will offer a 100% refund within 72 hours from time of purchase less \$100 credit card processing fee. After 72 hours, refunds will be less 50%. All refund requests must be made in writing and post marked or tax stamped no later than 90 days before the event for any live event. No refund will be made if the request is made within 90 days of the educational event. Refunds will not be issued to non-show registrants. Substitutions are always welcome in lieu of cancellation for a \$100.00 transit fee. No transfers to alternate events will be made if the request is submitted within 90 days of the original event.

**We look forward to seeing you at the event!**