



Endocrinology: A Deeper Dive into the Intricacies of the Endocrine System

Session Schedule

Schedule Subject to Change

All times are in ET

Friday, August 13, 2021:

8:30 am	Estrogen Receptors and Their Actions: A Deeper Dive	TBD	1 hr
9:30 am	Estrogen Receptor Beta and Its Actions	Jan-Ake Gustafsson, MD, PhD	1 hr
10:30 am	Break		
10:45 am	Progesterone, Pregnenolone and their Metabolites and Actions: The Story Expanded	D. Lindsey Berkson, DC, CNS, DACBN	2 hr
12:45 pm	Non-CME Sponsored by: Biotics Research		1 hr
1:45pm	Break		
2:15 pm	Testosterone Metabolites, Physiological Actions and Clinical Applications Especially Breast Cancer	TBD	2 hr
4:15 pm	Break		
4:30 pm	Mineralocorticoids - POTS/Dysautonomia/Hearing Loss: The Untold Story	TBD	1 hr
5:30 pm	Close of Session		

Saturday, August 14, 2021:

8:30 am	Insulin/IGF & Glucose - A Critical Part of the Orchestra	TBD	2 hr
10:30 am	Non-CME Sponsored by: L-Nutra		20 min
11:00 am	The Hypothalamus - A Higher Calling	TBD	1 hr
12:00 pm	Growth Hormone - Proper Use Defined	TBD	1 hr
1:00 pm	Break		
1:30 pm	Melatonin - More than Just a Sleep Aid: It is a Major Aromatase Inhibitor	TBD	1 hr
2:30 pm	Oxytocin - The New Hormone on the Block with Novel Clinical Applications	Traci Leonhardt, DO	1 hr
3:30 pm	Break		
3:45 pm	The Various Types of Hypothyroidism: A Review	Barbie Barrett, MD	1 hr
4:45 pm	Parathyroid Disease: An Update	Pamela W. Smith, MD, MPH, MS	1 hr
5:45 pm	Close of Session		



REDEFINING MEDICINE

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Sunday, August 15, 2021:

8:00 am	Hormone Dosage Forms- What are the Differences and Why	Sahar Swidan, PharmD, BCPS	2 hr
10:00 am	Break		
10:15 am	How the Hypothalamus and Pineal Gland Control Aging	Sheldon Jordan, MD	1 hr
11:15 am	Hormonal Effects on the Musculoskeletal System	Ingrid Kohlstadt, MD, MPH	1 hr
12:15 pm	Break		
12:45 pm	Hormonal Effects on the Gut and Microbiome	D. Lindsey Berkson, DC, CNS, DACBN	1 hr
1:45 pm	Hormonal Effects on the Kidney	James Lavalle, RPh, CCN	1 hr
2:45 pm	Break		
3:00 pm	Male Hormones and Effects on the Cardiovascular System	Joel Kahn, MD	1 hr
4:00 pm	Female Hormones, CV Disease and the Glycocalyx	Doreen Saltiel, MD, JD	1 hr
5:00 pm	Patient Cases- Advanced Tools for Hormonal Regulation (Non-CME)	Traci Leonhardt, DO	1 hr
6:00 pm	Close of Session		