

Role of Hormones and Nutrients in Immunocompetence and Longevity

Session Schedule

Schedule Subject to Change

All times are in EST

Saturday, March 13, 2021:

8:00 am	The Role of Hormone Therapy in Immunocompetence	Thierry Hertoghe, MD	2 hr
10:00 am	Break		
10:30 am	Foods that Promote Reduced Inflammation and Modulate Immunity	Thierry Hertoghe, MD	1 hr
11:30 am	Detect and Treat Fatigue due to Hormone and Nutritional Deficits	Thierry Hertoghe, MD	1 hr
12:30 pm	Q & A Session	Thierry Hertoghe, MD	0.25 hr
12:45 pm	Lunch		
1:45 pm	Assess Hormone and Nutritional Therapies that Promote Optimal Sleep	Thierry Hertoghe, MD	1 hr
2:45 pm	Patient Cases-Analyze Hormone Therapy for Promotion of Health and Immunocompetence	Thierry Hertoghe, MD	1 hr
3:45 pm	Break		
4:15 pm	Regulatory Updates for BHRT and Growth Hormone	Sahar Swidan, PharmD, BCPS, ABAAHP, FAARFM	0.5 hr
4:45 pm	Patient Cases-Analyze Hormone Therapy for Promotion of Health and Immunocompetence	Thierry Hertoghe, MD	1 hr
5:45 pm	Panel Q & A	Thierry Hertoghe, MD Sahar Swidan, PharmD, BCPS, ABAAHP, FAARFM	0.75 hr
6:30 pm	Close of Session		