



# A4M in Dubai



Hands-on training expertise in Aesthetic Medicine is now a reality in the region

With 70 percent of its participants coming from Europe, the A4M event recently held at *Aesthetica Clinic, Dubai Healthcare City, Dubai, UAE* was enriched by different cultural perspectives and scientific orientations. Developed by *The American Academy of Anti-Aging Medicine*, this accredited Fellowship certification training course offers methodical hands-on tutorials and a business insight that defines a comprehensive skills-transfer in Aesthetic Medicine offered for the first time in Dubai. With the next session scheduled in Dubai during June 2012, the future of evidence-based innovations has never been rosier.



**Dr. Maria Angelo-Khattar**, Founder and Managing Director of *Aesthetica Clinic*, is the A4M Director for the Aesthetic Anti-Aging Fellowship, outside the USA.

“Most of these experts have at least 10 to 12 years of experience in their fields. However, this branch of medicine is evolving constantly and *Aesthetica Clinic DHCC*, as the only centre outside of the US sanctioned to offer this Anti-Aging Fellowship, is proud to welcome them all to Dubai.”



**Dr. Ziad E.F. Noujeim**, Oral Surgeon and University lecturer from Lebanon

What is your opinion of this first A4M session held here in Dubai?

“This A4M was highly practical overall. It helped me to implement the didactic component in a structured way.”

What additional inputs would you like to see implemented in future sessions of A4M?

“I would like to see it made longer in duration. Add a few more days so that I could have benefited from more clinic exposure.”



**Dr. Helen Azaryan**, Dermatologist and Cosmetologist from Armenia and Kuwait

What is your opinion of this first A4M session held in Dubai?

“Never think that it is all finished and done. My opinion is that we always need to be learning more and more and this was a great concentration of expertise under one roof. It was also professionally conducted.”

What additional inputs would you like to see implemented in future sessions of A4M?

“As the courses evolve, different levels of doctors should be placed in separate modules to allow the beginners the freedom of asking questions in front of the more advanced doctors.”



**Dr. Nadja Nek**, Maxillo-facial Surgeon from Germany

What is your opinion of this first A4M session held in Dubai?

“It was an excellent presentation and well-rounded. I definitely recommend this to everyone from starters to more advanced experts who seek practical techniques to further their anti-ageing practices successfully.”

What additional inputs would you like to see implemented in future sessions of A4M?

“I believe that less is more; the more we have the more we confuse people. It was good as it was.”



**Dr. Tony Kristensen**, Aesthetic and Sport Surgeon from Sweden

What is your opinion of this first A4M session held in Dubai?

“The A4M had great merit. I benefited from the workshops as they were well integrated. I definitely picked up several new approaches. As I am not an expert injector, I learnt to refine my skills and put it all into perspective. I am confident now that I can do it on my own.”

What additional inputs would you like to see implemented in future sessions of A4M?

“I was impressed by the way the theory and the workshops were combined. There was a natural flow of topics and hands-on training and it worked seamlessly well”

[www.a4m.com](http://www.a4m.com)



Dr. Maria Angelo Khattar is keen to promote a fusion of scientific data, accredited hands-on tutorials and a sound business insight which defines comprehensive training in Aesthetic Medicine.



Four days of intensive learning, doctors attend the training seminars designed to help physicians reinforce their Aesthetic Medical practices.



The American Academy of Anti-Aging Medicine is a non-profit organisation of 22,000-plus members dedicated to the advancement of technology to detect, prevent and treat ageing related diseases and to promote research into methods to retard and optimise the human ageing process.



Collette Servane, International Project Manager, A4M, is the main academic representative outside the US.



Dr. Hervé Raspaldo is a globally renowned Facial Plastic Surgeon in Cannes, France who practices exclusively in a facial plastic surgery clinic.



Dr. Maria Angelo Khattar sharing the wealth of her hands-on experience in A4M Aesthetic Medicine Courses.



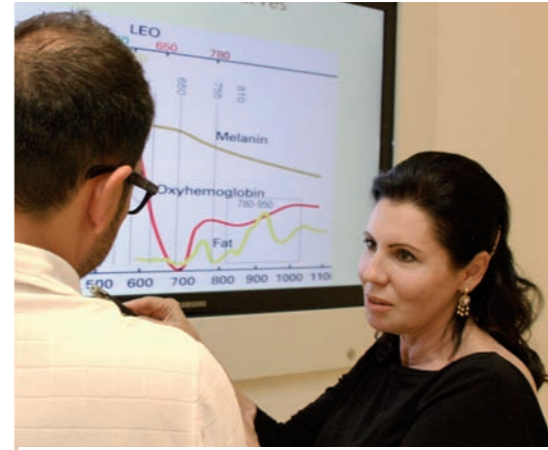
Dr. Cassim Ahli, Consultant Plastic Surgeon at Dermalase Clinic, is also the Head of the Plastic Surgery Unit in Dubai's Sheikh Rashid Hospital.



A Certified Botox® Instructor, Dr. Hervé Raspaldo is a luminary in his field, leading workshops worldwide and training doctors in the professional application of this specialty.



Dr. Sinem Larsen participates in innovative skills-transfer during the 4-day workshop dedicated to preventing, diagnosing and treating the effects of ageing.



Dr. Maria Angelo Khattar and Dr. Petros Rodotheou compare notes at Aesthetica Clinic, DHCC, the only facility outside the US to offer the Fellowship Certification.



Unipolar and Bipolar Radiofrequency; minimally invasive techniques to achieve evidence-based success in rejuvenation.



Dr. Ali Singel, expert at Dermalase Clinic, Dubai is a prominent dermatologist and TV personality sharing the insight of his specialist experience on how best to retard and optimise the anti-ageing process with evidence-based technologies.



This non-profit organisation is dedicated to educating physicians on biomedical sciences and anti-ageing issues. Dr. Maria Azorova collaborates with the A4M 22,000-strong organisation.



The artistry of how adopt Botulinum Toxin for embellishing the face is a skill that always needs refining.