

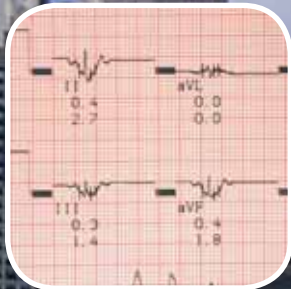
SUMMER
2007

OFFICIAL SHOW HANDBOOK

THE OFFICIAL MAGAZINE OF THE AMERICAN ACADEMY OF ANTI-AGING MEDICINE



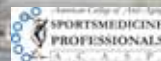
Anti-Aging Medical News



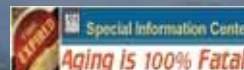
IN THIS ISSUE:

A4M 2007-2008 Worldwide Official Educational Programs	2
<i>Report from the Medical Committee for Aging Research & Education (Issue 2, 2007):</i>	
Lifespan Literature Scan	4
<i>Research Recaps:</i>	
Benign Prostatic Hyperplasia (BPH): Latest Treatment Strategies	6
New on the Market	8
<i>Program of the 15th Annual World Congress on Anti-Aging Medicine and Regenerative Biomedical Technologies, Summer 2007 Session:</i>	11
Schedule at a Glance	12
Educational Affiliates	26
Board Certification	28
Faculty Biographies	29
Abstracts	47
<i>Show Guide of the 15th Annual World Congress on Anti-Aging Medicine and Regenerative Biomedical Technologies, Summer 2007 Session:</i>	201
General Information	202
Corporate Supporters	203
Special Events	204
Exhibit Hall Floor Plan	206
Exhibitor Listings	207

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VILLAGE OF ROSEMONT

May 22, 2007

Dear members and friends of the American Academy of Anti-Aging Medicine,

On behalf of the residents and all those in the business community in Rosemont, Illinois, I extend a hearty welcome to our village for your Summer 2007 Session of the 15th Annual World Congress on Anti-Aging Medicine & Regenerative Biomedical Technologies, August 2 – 4.

We are very happy to welcome you and your session to the Donald E. Stephens Convention and Conference Center.

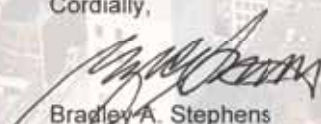
We understand that there are some 3,000 of you here, learning the state of science and biomedical technology on topics relating to medical interventions that prevent and treat diseases and disabilities associated with the biological process of aging.

We know you will be hard at work during session hours delivering and hearing research and papers, seeing the latest procedures, and teaching and learning. We hope that at the end of your day, you may have a chance to enjoy the excellent accommodations and delicious cuisine in Rosemont hotels and restaurants, respectively. You may even want to take a walk or run through our beautiful parks. Whatever your activity here, we assure you that we are dedicated to providing you with the best quality of service available, so that you may have an excellent session and experience in Rosemont.

On a personal note, we wish to thank your organizers for extending condolences on the recent passing of my father, Mayor Donald E. Stephens, who founded this convention center and was the longest serving incumbent mayor in Illinois' history.

Thank you for choosing Rosemont and have a productive Summer 2007 Session.

Cordially,



Bradley A. Stephens
Mayor

9501 West Devon Avenue
Rosemont, Illinois 60018
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Welcome



Dear Attendee:

The American Academy of Anti-Aging Medicine (A4M) welcomes you to Chicago for the 15th Annual World Congress on Anti-Aging Medicine and Regenerative Biomedical Technologies, Summer 2007 Session.

The American Academy of Anti-Aging Medicine (A4M; www.worldhealth.net) is among the fastest growing medical societies in the world today, growing from twelve doctors in 1992 to a current membership of 20,000-plus. With the founding of A4M in 1992, the A4M created the anti-aging medical movement. Anti-aging medicine is the fastest-growing medical specialty throughout the world and is founded on the application of advanced scientific and medical technologies for the early detection, prevention, treatment, and reversal of age-related dysfunction, disorders, and diseases. It is a healthcare model promoting innovative science and research to prolong the healthy lifespan in humans. As such, anti-aging medicine is based on principles of sound and responsible medical care that are consistent with those applied in other preventive health specialties. The phrase "anti-aging," as such, relates to the application of advanced biomedical technologies focused on the early detection, prevention, and treatment of aging-related disease. The goal of anti-aging medicine is not to merely prolong the total years of an individual's life, but to ensure that those years are enjoyed in a productive and vital fashion.

The A4M is a non-profit medical society dedicated to the advancement of technology to detect, prevent, and treat aging related disease and to promote research into methods to retard and optimize the human aging process. A4M is also dedicated to educating physicians, scientists, and members of the public on biomedical sciences, breaking technologies, and anti-aging issues. The A4M co-sponsors the world's largest scientific conferences in the area of advanced preventative medicine. The A4M conferences have achieved what to our knowledge no other medical group in history in any specialty has accomplished, growing in three years from just two international conferences to more than 30 annual international conferences around the world on all continents in 2007, many with the support of governments, ministries of health and international sports federation organizations.

We commend you for attending this premier educational event in the anti-aging medical specialty, where more than 70 of the world's most recognized clinicians and researchers in anti-aging and regenerative medicine present the very latest data and findings that advance a new paradigm of innovations in advanced preventive medicine.

With warm regards,

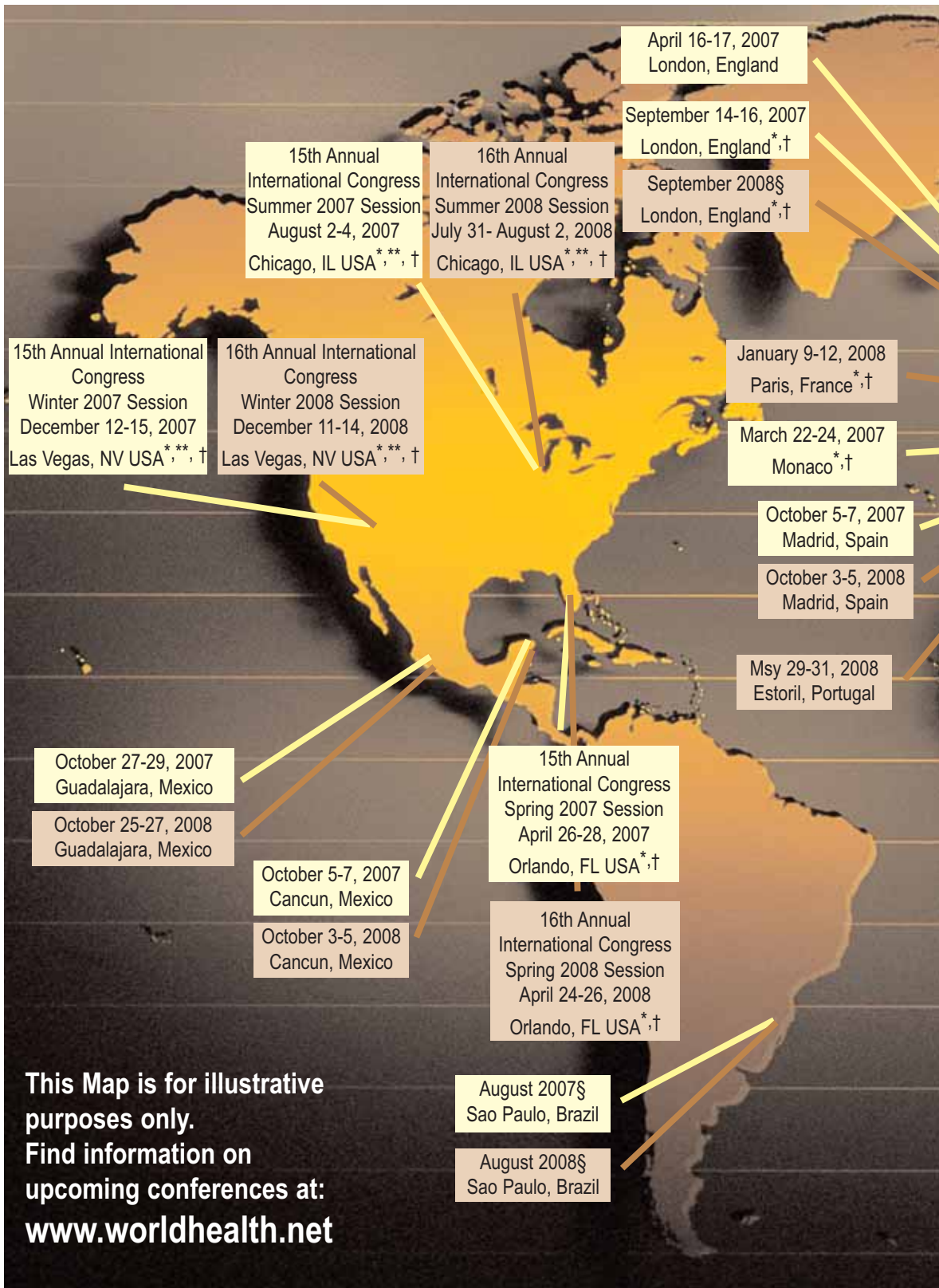


Dr. Ronald Klatz
Dr. Ronald Klatz, MD, DO
President, A4M



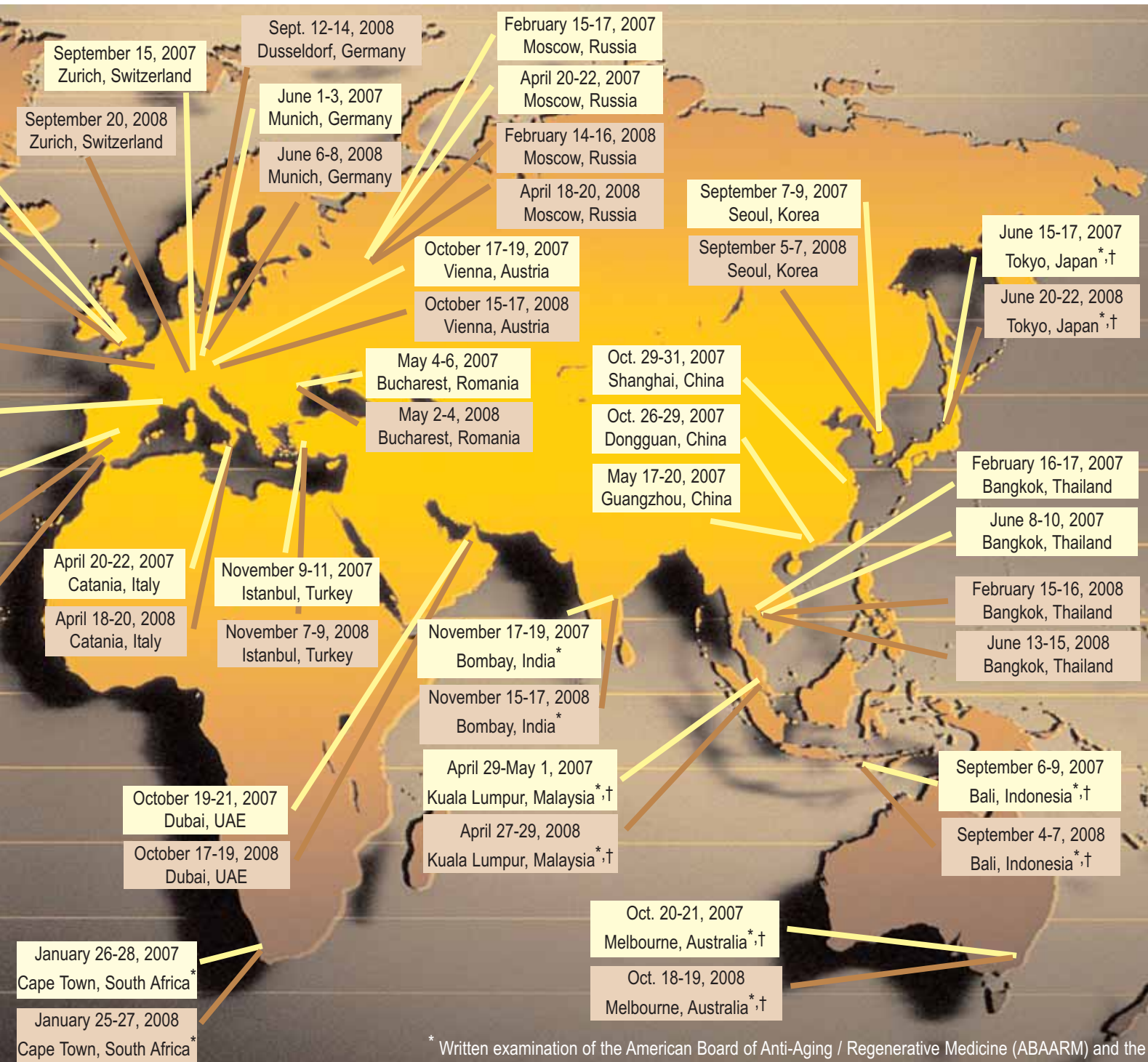
Dr. Robert Goldman
Dr. Robert Goldman, MD, PhD, DO, FAASP
Chairman, A4M

A4M Co-Sponsored/ Anti-Aging / Regenerative



This Map is for illustrative purposes only.
Find information on upcoming conferences at:
www.worldhealth.net

Co-Supported Events in Medicine ~ 2007-2008 Calendar



* Written examination of the American Board of Anti-Aging / Regenerative Medicine (ABAARM) and the American Board of Anti-Aging Health Practitioners (ABAHP) to be administered at this venue.

** Oral examination of the American Board of Anti-Aging / Regenerative Medicine (ABAARM) to be administered at this venue.

† Written examination of the American College of Anti-Aging Sports Medicine Professionals (ACASP) to be administered at this venue.

§ Pending.

MICARE

A REPORT FROM THE **MEDICAL COMMITTEE FOR AGING RESEARCH AND EDUCATION**

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Lifespan Literature Scan



Impact of Population Aging Varies Across Countries

While the global population is aging, the Population Research Bureau (PRB) found that the trend will affect nations very differently. In the United States, deaths from heart disease are predicted to rise more rapidly than those from cancer in coming years, and deaths attributable to obesity are predicted to nearly triple, rising from 740,000 in 2000 to stand at 2.1 million in 2050. Around the world, chronic diseases are predicted to cause more illness and death, with unhealthy habits and environmental factors contributing to chronic conditions. Looking into the future, the PRB reported that the progression of chronic diseases such as diabetes, cancer, and heart disease into disability is varied. In nations such as the United States, Italy, Finland, Denmark, and the Netherlands, the PRB reported that longevity has increased while disability levels have dropped. In contrast, the PRB reported that disability rates have risen in Japan,

Sweden, and Belgium and have remained stable as the population has aged in Canada, France, and Australia.

Population Reference Bureau, 28 June 2007.



Aging in Australia

A recent Australian federal government census revealed that the median age in that country increased from 34 to 37 years in 2006; additionally, the percentage of the population age 65-plus increased from 12.1% to 13.3%. The census also found that 1 in 25 Australians need daily assistance with activities including self-care, communicating, and mobility. Mr. Greg Mundy, CEO of Aged and Community Services Australia, commented that: "The fact of the matter is that the population is getting older and although the resources that the Federal Government puts in are expanding, there's a lot of catch-up required."

The Daily Telegraph (Australia), 27 June 2007.

continued on page 5



MICARE

A REPORT FROM THE MEDICAL COMMITTEE FOR AGING RESEARCH AND EDUCATION

continued from page 4



Impending Repercussions of an Aging Europe

At the sixth Munich Economic Summit, delegates considered the repercussions of the extent of the aging-related demographic shift in Europe. By 2050, ever-lengthening lifespans and slumping birthrates will cause the European working-age population to drop by 38 million. At the same time, the numbers of people age 65-plus will rise by 40 million, which will cause the EU's pensioner population to swell to more than 100 million. The numbers of workers for every person age 65-plus will fall from more than three to fewer than two. Despite these demographic trends, Mr. Klaus Kleinfeld, outgoing chief executive of Siemens, pointed out the opportunities of an aging Europe. He highlighted the current era of rapid and accelerating advancement and innovation in pharmacology and biotechnology, that has ushered in new therapies and interventions to mitigate aging and prolong the health span as people age.

Times Online (UK), 25 June 2007.



World Bank Urges Preparations in Rapidly Aging Eastern Europe and Former Soviet Republics

The World Bank reports that populations of the countries of Eastern Europe and the former Soviet Union will be among the oldest in the world by 2025. The median age of populations in Europe will increase from 38 today to 49 in 2050. Spain will be the oldest country in the world, with half its population age 55-plus by 2050, followed closely by Italy and Australia – whose median ages are projected to be 54. But due to sharp declines in fertility and rising life expectancies, by 2025 between one-fifth and one-fourth of the population in nine Eastern European countries and former Soviet republics will be age 65-plus. In addition, the total population of the region is projected to shrink by almost 24 million over the next two decades. The World Bank presented its analysis in an effort to promote the countries of Eastern Europe and the former Soviet Union to begin enacting policies to boost productivity and labor force participation, in an effort to maintain a steady and continued economic growth.

Associated Press, 20 June 2007.



Aging Baby Boomers Signal Lower Economic Growth

A Statistics Canada research report predicts the next quarter century will be marked by a dramatically shrinking labor participation rate, older workers, fewer workers supporting retirees, and lower economic growth. The study found that while the total labor force will continue to rise or remain relatively stable until 2031, the percentage of working-age population that is employed will fall sharply starting in 2011 – when the first Baby Boomers turn 65, and keep falling for the next 25 years. With almost 10 million Canadians now between 41 and 60 years of age, Mr. Laurent Martel, one of the study's authors, observed that: "We have to prepare for a future where the number of people working will be fewer." The Statistics Canada report reinforces a warning by Bank of Canada governor Mr. David Dodge, who urged that governments need to act now to counteract the aging Baby Boomers phenomenon, or else face the prospect of lower economic growth, higher inflation, and lower living standards.

The London Free Press (Canada), 18 June 2007.



Japanese Man Declared World's Oldest Man at 111

The Japanese are among the world's longest-lived people, with 28,395 people age 100-plus as of September 2006. In June 2007, an 111-year-old Japanese man was decreed by the Guinness Book of World Records as the World's Oldest Man. Mr. Tomoji Tanabe told reporters that he abstains from alcohol, does not smoke, and drinks a glass of milk daily. Previously, the Guinness Book declared Ms. Yone Minagawa, age 114, as the World's Oldest Person. Coincidentally, both of these titleholders reside on the island of Kyushu, located about 560 miles (900 km) southwest of Tokyo.

Reuters, June 18, 2007.

continued on page 194

ISSUE 2 2007

MICARE

Research Recaps

Benign Prostatic Hyperplasia (BPH): Latest Treatment Strategies

Introduction

Benign prostatic hyperplasia (BPH) is a common disorder in aging men. BPH is an enlarged prostate that results from small noncancerous growths inside the prostate. While the causes of these growths is unknown, there are reasons to suspect hormonal changes that occur with aging. Despite the great clinical importance, many aspects of the etiology remain uncertain although it is generally accepted that advanced age and testicular androgens are important requirements for the development of BPH.

BPH rarely causes symptoms before age 40, but more than half of men in their sixties and as many as 90% in their 70s and 80s have some symptoms of BPH. BPH can cause significant interference in quality of life. As the prostate enlarges in BPH, it presses against the bladder and the urethra, blocking the flow of urine. The symptoms of BPH vary, but the most common ones involve changes or problems with urination, such as:

- hesitant, interrupted, weak stream
- urgency and leaking or dribbling
- more frequent urination, especially at night

Severe BPH can cause serious problems over time. Urine retention and strain on the bladder can lead to urinary tract infections, bladder or kidney damage, bladder stones, and incontinence. If the bladder is permanently damaged, treatment for BPH may be ineffective. When BPH is found in its earlier stages, there is a lower risk of developing such complications.

Drug Treatment

Alpha(1)-blockers are commonly prescribed to symptomatic patients at a low risk of disease progression (prostate volume <30-40 ml). 5alpha-reductase inhibitors (5ARI) reduce the prostate

volume by 20-25% and the risk for acute urinary retention/surgery by more than 50% compared to placebo. Combination therapy (alpha(1)-blocker plus 5ARI) has been found to be superior to either monotherapy, though this advantage has been found to be demonstrable only after a prolonged treatment period (>12 months).

In the United States, six drugs are FDA-approved for BPH treatment. Finasteride (Proscar) (FDA approved in 1992) and dutasteride (Avodart) (FDA approved in 2001), inhibit production of the hormone DHT, which is involved with prostate enlargement. The use of either of these drugs can either prevent progression of growth of the prostate or actually shrink the prostate in some men. Additionally, four alpha blockers, which relax the smooth muscle of the prostate and bladder neck to improve urine flow and to reduce bladder outlet obstruction, are on the market: terazosin (Hytrin) (FDA approved in 1993), doxazosin (Cardura) (FDA approved in 1995), tamsulosin (Flomax) (FDA approved in 1997), and alfuzosin (Uroxatral) (FDA approved in 2003).

While a pharmacological approach has been shown to be clinically effective in reducing BPH symptomology, there are some questions as to potential adverse effects with long-term use.

Phytotherapy

Men with minimally symptomatic BPH have generally been advised to defer treatment. Treatment deferral or watchful waiting has always appeared reasonable because mild lower urinary tract symptoms suggestive of bladder outlet obstruction are not bothersome and are often regarded as part of the aging process, progression is usually slow, and symptoms often regress spontaneously. However, in Europe the

pharmacologic use of plants and herbs (phytotherapy) for the treatment of BPH is common, and the approach has been gaining popularity in the United States. While not clearly recommended by any BPH guideline, several studies demonstrate the therapeutic value of various combinations of botanicals for BPH.

Dr. TJ Wilt and colleagues from the Minneapolis VA Center for Chronic Diseases Outcomes Research (Minnesota, USA) completed a comprehensive meta-analysis covering a total of 18 phytotherapeutic trials for BPH, involving 2,939 men. Six phytotherapeutic agents were reviewed, with the findings as follows.

- Compared with men receiving placebo, men taking *Serenoa repens* reported greater improvement of urinary tract symptoms and flow measures. *Serenoa repens* decreased nocturia (weighted mean difference (WMD) = -0.76 times per evening; 95% CI = -1.22 to -0.32; n = 10 studies) and improved peak urine flow (WMD = 1.93 ml s(-1); 95% CI = 0.72 to 3.14, n = 8 studies). Men treated with *Serenoa repens* rated greater improvement of their urinary tract symptoms versus men taking placebo (risk ratio of improvement = 1.72; 95% CI = 1.21 to 2.44, n = 8 studies). Improvement in symptoms of BPH was comparable to men receiving the finasteride.
- *Hypoxis rooperi* (n = 4 studies, 519 men) was also demonstrated to be effective in improving symptom scores and flow measures compared with placebo. For the two studies reporting the International Prostate Symptom Score, the WMD was -4.9 IPSS

continued on page 7

Research Recaps

Latest Treatment Strategies for BPH, *continued from page 6*

points (95% CI = -6.3 to -3.5, n = 2 studies) and the WMD for peak urine flow was 3.91 ml s(-1) (95% CI = 0.91 to 6.90, n = 4 studies).

- *Secale cereale* (n = 4 studies, 444 men) was found to modestly improve overall urological symptoms.
- *Pygeum africanum* (n = 17 studies, 900 men) may be a useful treatment option for BPH. However, review of the literature found inadequate reporting of outcomes which limited the ability of these authors to estimate its safety and efficacy.
- The studies involving *Urtica dioica* and *Curcubita pepo* are limited although these agents may be effective combined with other plant extracts such as *Serenoa* and *Pygeum*.

Dr. Wilt's team concludes that: "Overall, phytotherapies are less costly, well tolerated and adverse events are generally mild and infrequent."

Minimally Invasive Therapy

There are a number of procedures designed to relieve BPH symptoms but are less invasive than conventional surgery. Minimally invasive procedures for BPH can be performed on an outpatient basis without general

anesthesia.

Transurethral microwave procedures. In transurethral microwave thermotherapy (TUMT), a device that emits computer-regulated microwaves through a catheter heats, cools, and destroys selected portions of the prostate. Although microwave therapy does not cure BPH, it reduces urinary frequency, urgency, straining, and intermittent flow. It does not correct the problem of incomplete emptying of the bladder.

Transurethral needle ablation. The transurethral needle ablation (TUNA) system delivers low-level radiofrequency energy through twin needles to burn away a well-defined region of the enlarged prostate. Shields protect the urethra from heat damage. The TUNA system improves urine flow and relieves symptoms with fewer side effects when compared with transurethral resection of the prostate (TURP).

Water-induced thermotherapy. This therapy uses heated water to destroy excess tissue in the prostate. A catheter containing multiple shafts is positioned in the urethra so that a treatment balloon rests in the middle of the prostate. A computer controls the temperature of the water, which flows into the balloon and heats the surrounding prostate tissue. The system focuses the heat

in a precise region of the prostate. Surrounding tissues in the urethra and bladder are protected.

High-intensity focused ultrasound. The use of ultrasound waves to destroy prostate tissue is undergoing clinical trials in the United States and has not yet received FDA approval.

Surgical Treatment

Surgical removal of the enlarged portion of the prostate relieves the obstruction and incomplete emptying caused by BPH. There are several types of surgical procedures, all of which require general anesthesia and which commonly require a catheter post-operatively.

Transurethral resection of the prostate (TURP) is used for 90% of all prostate surgeries done for BPH.

During the 90-minute operation, the surgeon inserts a resectoscope and uses its wire loop to remove the obstructing tissue one piece at a time. While transurethral procedures are less traumatic than open forms of surgery and require a shorter recovery period, patients who undergo TURP may experience retrograde ejaculation as an unwanted side effect.

Transurethral incision of the prostate (TUIP) is a procedure that widens the

continued on page 188



New and Truly Unique Dietary Supplement - Avé™



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Newest Textbook in A4M Anti-Aging Therapeutics Series



A4M is proud to announce the release of *Anti-Aging Therapeutics volume IX*, which covers the 2006 conference year. This essential reference text for your anti-aging library contains:

- Fifty-two (52) chapters reflecting the lectures presented in the A4M's 2006 USA scientific programs
- Clinical Protocols, 2007-2008: diagnostic and treatment algorithms authored by speakers at the A4M's 2006 USA scientific programs

Anti-Aging Therapeutics volume IX (estim. 450 pages) is available in print (softcover) and CD (printable PDF files) formats. Purchase your copy at the conference debut discount at the A4M Service Area located at the Chicago Anti-Aging Exposition.

With the publication of *Anti-Aging Therapeutics volume IX*, the A4M's *Therapeutics* textbook series contains more than 330 chapters at more than 2,800 pages. This collection of nine textbooks, covering eleven years of A4M conference proceedings, is an essential for any anti-aging reference library.

CONTACT: American Academy of Anti-Aging Medicine (A4M); tel. 773-528-4333. Website: www.worldhealth.net



IMPORTANT: The American Academy of Anti-Aging Medicine (A4M) is a non-profit medical organization dedicated to the advancement of technology to detect, prevent, and treat aging related diseases and to promote research into methods to retard and optimize the human aging process. A4M is dedicated to educating physicians, scientists, health practitioners, and the general public in anti-aging issues and promote awareness thereof. Although A4M seeks to disseminate information on many types of medical treatments, it does not promote or endorse any specific treatment nor does it sell or endorse any commercial product or service.



15TH ANNUAL WORLD CONGRESS ON ANTI-AGING MEDICINE AND REGENERATIVE BIOMEDICAL TECHNOLOGIES



**DECEMBER 12-15, 2007
LAS VEGAS, NEVADA**



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MD, PhD, DO, FAASP
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Accreditation: The Medical Educator Consortium, is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. **Credit Hours:** The Medical Educator Consortium, designates this educational activity for a maximum of 56 credit hours in category 1 towards the AMA Physician's Recognition award.



American Academy of Anti-Aging Medicine

1510 West Montana Street Chicago, IL 60614, USA

Toll Free (USA)

1.800.558.1267

Registration Information

1.773.528.1000

WWW.WORLDHEALTH.NET

Conference Program



15TH ANNUAL WORLD CONGRESS
ON ANTI-AGING MEDICINE AND
REGENERATIVE BIOMEDICAL
TECHNOLOGIES
SUMMER 2007 • AUGUST 2-4, 2007
CHICAGO, IL USA



Scientific Conference Co-Sponsored By:

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Accreditation Statement

Up to 55.5 Hours AMA PRA Category 1 credit

Accreditation: The Medical Educator Consortium, is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.



Credit Hours: The Medical Educator Consortium, designates this educational activity for a maximum of 55.5 hours of category 1 in category 1 towards the AMA Physician's Recognition award.

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of MEC and American Academy of Anti-Aging Medicine. MEC is accredited by the ACCME to provide continuing medical education for physicians.

Faculty Disclosure Statement: The Medical Educator Consortium, Inc. in accordance with accreditation requirements will disclose any significant financial interest or other relationship with the manufacturer(s) of any commercial product (s) and/or provider(s) of commercial services discussed in an educational presentation and with any commercial supporters of the activity.

Consult the Show Guide appearing in this issue of *Anti-Aging Medical News* for information about the Chicago Anti-Aging Exposition. The Chicago Anti-Aging Exposition is produced and managed by Medical Conferences International Inc.

Refer to the Program Schedule, available on-site at the 15th Annual World Congress on Anti-Aging Medicine's Summer 2007 Session, for the latest available Schedule and related Program information.



Schedule at a Glance

Tuesday, July 31	Wednesday, August 1	Thursday, August 2	Friday, August 3	Saturday, August 4
8 Hours CME Credits Available	8 Hours CME Credits Available	8 Hours CME Credits Available	8 Hours CME Credits Available	8 Hours CME Credits Available
FELLOWSHIP Module I (Day 1) 7:15 AM – 6:00 PM	FELLOWSHIP Module II (Day 1) 7:15 AM – 6:00 PM	MESOTHERAPY 9:00 AM – 7:00 PM	ACASP WORKSHOP 8:00 AM – 6:00 PM <i>Co-Chair: Jim Bell, Ph.D.</i>	
7:15 AM Introduction to Fellowship <i>Pamela Smith, MD</i>	7:15 AM Introduction to Fellowship <i>Pamela Smith, MD</i>	9:00 AM History of General Mesotherapy; The Different Techniques of Injections <i>Philippe Petit, MD</i>		
7:30 AM Hormone Replacement Therapy Protocols <i>Paul Savage, MD</i>	7:30 AM Cardiovascular Disease <i>Thomas Williams, Ph.D.</i>	10:00 AM Cellulite Treatment through Mesotherapy <i>Jorge F. Silva, MD</i>		
9:30 AM BREAK	9:30 AM BREAK	11:00 AM BREAK		
10:00 AM Hormone Replacement Therapy Protocols (cont'd) <i>Paul Savage, MD</i>	10:00 AM Clinical Aspects of Lipid Management, Heart Health & Glycemic Control <i>Pamela Smith, MD</i>	11:30 AM Mesocontouring <i>Jorge F. Silva, MD</i>		
10:30 AM Dosage Form Considerations in BHRT <i>Michael Collins, R.Ph.</i>	12:00 PM LUNCH BREAK	Lipotherapy <i>Philippe Petit, MD</i>		
11:30 AM Compounding Thyroid Replacement <i>Michael Collins, R.Ph.</i>	1:30 PM Laboratory Assessment of the Anti-Aging Patient I <i>Bill Anton, Ph.D.</i>	Mesoretracting <i>Jorge F. Silva, MD</i>		
12:00 PM LUNCH BREAK	3:30 PM BREAK	1:00 PM LUNCH BREAK		
1:30 PM Adrenal Fatigue: The 21 st Century Stress Syndrome <i>James Wilson, Ph.D.</i>	4:00 PM Laboratory Assessment of the Anti-Aging Patient II <i>Bill Anton, Ph.D.</i>	2:00 PM Skin Prevention & Treatment- Mesolift; Mesofirming <i>Jorge F. Silva, MD</i>		
2:30 PM Case Histories of Adrenal Fatigue <i>James Wilson, Ph.D.</i>	6:00 PM Close of Session	3:00 PM Mesolightening <i>Jorge F. Silva, MD</i>		
3:30 PM BREAK		Mesoglow <i>Philippe Petit, MD</i>		
4:00 PM Estrogen Metabolism <i>Patrick Hanaway, MD</i>		Mesohydration <i>Philippe Petit, MD</i>		
6:00 PM Close of Session		Mesoacne <i>Jorge F. Silva, MD</i>		
		Meso-Smoothing <i>Jorge F. Silva, MD</i>		
		4:30 PM BREAK		
		5:00 PM Meso-Alopecia- Treatment & Prevention for Androgenic Alopecia <i>Philippe Petit, MD</i>		
		6:00 PM Q & A		
		7:00 PM Close of Session		

NOTE: Time, speakers, and topics subject to change. * CME Not Available. ** Additional registration fee applies for all the above courses. Please contact A4M registration department at 800-558-1267 for more information.

Schedule at a Glance



15th Annual World Congress on Anti-Aging Medicine and Regenerative Biomedical Technologies | Summer 2007 Session

Tuesday, July 31	Wednesday, August 1	Thursday, August 2	Friday, August 3	Saturday, August 4
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Possible Daily CME: 12 CME Hours

8 Hours CME Credits Available	8 Hours CME Credits Available	8 Hours CME Credits Available	8 Hours CME Credits Available
FELLOWSHIP Module I (Day 2) 7:30 AM – 6:00 PM	FELLOWSHIP Module II (Day 2) 7:30 AM – 6:00 PM	MASTER SERIES SEMINAR 8:30 AM – 5:00 PM <i>Co-Chair: Eugene Shippen, MD</i>	ACASP WORKSHOP 8:00 AM – 6:00 PM <i>Co-Chair: Jim Bell, Ph.D. Jim Bell, Ph.D. James Stoxen, DC Nick Delgado, Ph.D.</i>
7:30 AM Thyroid Optimization & Case Presentations <i>Ron Rothenberg, MD</i>	7:30 AM The Role of Vascular Biology, Nutrition & Nutraceuticals in the Prevention & Treatment of Hypertension and Arteriosclerosis <i>Mark Houston, MD</i>	8:30 AM Treatment of Androgen Deficiency; Integrative Endocrine Testing and Treatments. New Approaches for Improving Libido <i>Eugene Shippen, MD</i>	
8:30 AM Testosterone Replacement Therapy in Men & Women: Benefits, Potential Risks & Practical Treatment Algorithms <i>Ron Rothenberg, MD</i>	9:30 AM BREAK	12:00 PM LUNCH BREAK	
9:30 AM BREAK	10:00 AM Continued Treatment of Hypertension <i>Mark Houston, MD</i>	1:00 PM Treatment of Perimenopause; Review of Neurotransmitters as an Adjunct to HRT <i>Eugene Shippen, MD; Daved Rosensweet, MD</i>	
10:00 AM Male Hormone Replacement Case Presentations <i>Ron Rothenberg, MD</i>	12:00 PM LUNCH BREAK	5:00 PM Close of Session	
11:00 AM Thyroid Presentation & Case Histories <i>Pamela Smith, MD</i>	1:30 PM Metabolic Syndrome & Insulin Resistance <i>Mark Houston, MD</i>		
12:00 PM LUNCH BREAK	3:30 PM BREAK		
1:30 PM Literature Review: Scientific Evidence Based- Approach to BHRT <i>Eldred Taylor, MD</i>	4:00 PM Dyslipidemia <i>Mark Houston, MD</i>		
3:30 PM BREAK	6:00 PM Close of Session		
4:00 PM Basics of BHRT <i>Pamela Smith, MD</i>			
6:00 PM Close of Session			



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Schedule at a Glance

Tuesday, July 31	Wednesday, August 1	Thursday, August 2	Friday, August 3	Saturday, August 4
Possible Daily CME: 12 CME Hours				
	8 Hours CME Credits Available	INJECTABLES COURSE AESTHETIC WORKSHOP (continued)		0 Hours CME Credits Available
	INJECTABLES COURSE AESTHETIC WORKSHOP 8:00 AM – 5:30 PM <i>Speakers:</i> <i>Sharon McQuillan, MD; Denise Baker, MD;</i> <i>Steven Dayan, MD; Janette Daher, BS</i>	2:40 PM Volume Restoration and Definition of the Lips Using Facial Fillers		AESTHETIC TREATMENT * EVENING WORKSHOP 5:30 PM – 9:30 PM
	8:00 AM Aesthetics of the Aging Face	3:00 PM Break		5:30 PM WORKSHOP <i>PRESENTED BY SYNERON</i>
	8:30 AM Botulinum Toxin A Type A	3:15 PM Advanced Volume Restoration of the Aging Face Using Facial Fillers		6:30 PM COSMECEUTICAL WORKSHOP <i>PRESENTED BY COSMEDIX</i> <i>Betty Lou McIntosh, RN</i>
	9:15 AM Restoration of Youthful Facial Balance of the Upper Face Using Botulinum Toxin A: Brow Lifting	3:35 PM Demonstration of Facial Filler Techniques		7:30 PM WORKSHOP <i>PRESENTED BY AESTHERA</i>
	9:45 AM Restoration of Youthful Facial Balance of the Upper Face Using Botulinum Toxin A: Periocular Rejuvenation	4:45 PM Establishing a Successful Aesthetic Practice		8:30 PM TBD <i>Janette Daher, BS</i>
	10:15 AM Break	5:30 PM Close of Session		
	10:30 AM Restoration of Youthful Facial Balance of the Lower Face Using Botulinum Toxin A: Perioral Rejuvenation	4 Hours CME Credits Available		0 Hours CME Credits Available
	11:00 AM Restoration of Youthful Facial Balance of the Lower Face Using Botulinum Toxin A: Aging Neck	20 Bio-Identical Hormones That Keep Your Brain Forever Young EVENING WORKSHOP 5:00 PM – 9:00 PM <i>Eric Braverman, MD</i>		ABAARM ORAL BOARD REVIEW COURSE* 6:00 PM – 9:00 PM <i>Pamela Smith, MD</i>
	11:30 AM Demonstration of Botulinum Toxin A Injection Techniques			
	12:00 PM LUNCH BREAK			
	1:00 PM Facial Filler Overview			
	2:00 PM Using Calcium Hydroxyl Apatite in Facial Rejuvenation			
	2:20 PM Volume Restoration of the Lower Face Using Facial Fillers			



NOTE: Time, speakers, and topics subject to change. * CME Not Available.

Schedule at a Glance



15th Annual World Congress on Anti-Aging Medicine and Regenerative Biomedical Technologies | Summer 2007 Session

Tuesday, July 31	Wednesday, August 1	Thursday, August 2	Friday, August 3	Saturday, August 4
A4M PRE-CONFERENCE: Possible Daily CME: 12 CME Hours				
8 Hours CME Credits Available	4 Hours CME Credits Available	8 Hours CME Credits Available		
ENDOCRINOLOGY Workshop # 1 7:30 AM – 5:30 PM <i>Co-Chair: Ron Rothenberg, MD</i>	AESTHETIC MEDICINE: NON-SURGICAL COSMETIC TREATMENTS Workshop # 2 8:00 AM – 5:00 PM <i>Co-Chair: Sharon McQuillan, MD</i>	LABORATORY TESTING in ANTI-AGING MEDICINE Workshop # 3 8:00 AM – 6:30 PM <i>Co-Chair: Bill Anton, Ph.D.</i>		
7:30 AM Introduction to Treating Adult Hormone Deficiency <i>Thierry Hertoghe, MD</i>	8:00 AM The State of Aesthetic Medicine <i>Sharon McQuillan, MD</i>	8:00 AM Hormone & Lab Case Studies: Serum, Saliva & Urine in Correlation with HRT <i>Bill Anton, Ph.D.</i>		
8:30 AM Testosterone – Andropause and Sexual Health; DHEA -The Mother Hormone <i>Thierry Hertoghe, MD</i>	8:30 AM Mesotherapy <i>Denise Bruner, MD</i>	9:15 AM Vitamins & Antioxidants <i>Fernando Cortizo, Ph.D.</i>		
9:30 AM DHEA- The Mother Hormone <i>Thierry Hertoghe, MD</i>	9:15 AM Body Contouring Device Overview <i>Sharon McQuillan, MD</i>	10:30 AM BREAK		
10:00 AM BREAK	10:00 AM BREAK	10:45 AM Essential Fatty Acids. How to Supplement based on Lab Results. Organic Acids, Metabolic Pathways, Environmental Toxins <i>Fernando Cortizo, Ph.D.</i>		
10:15 AM Thyroid Hormone <i>Ron Rothenberg, MD</i>	10:15 AM LASER WORKSHOP PRESENTED BY CANDELA * <i>Ashish Bhatia, MD</i>	12:00 PM LUNCH BREAK		
11:00 AM Adult Growth Hormone Deficiencies Treatments <i>Ron Rothenberg, MD</i>	11:15 AM 20 Ways to Ensure Successful Patient Outcomes in Aesthetics <i>Janette Daher, BS</i>	1:15 PM Amino Acids, Neurotransmitters & Metabolites <i>Bill Anton, Ph.D.</i>		
11:45 AM LUNCH BREAK	12:00 PM LUNCH BREAK	2:30 PM Sexual Transmitted Diseases (STD) Launching NEW Patented Laboratory Technology <i>Woo Chul Moon, MD; Fernando Cortizo, Ph.D.</i>		
1:15 PM The Symphony of Hormones- How All Hormones Work Together <i>Pamela Smith, MD</i>	1:00 PM Incorporating Laser & Light-Based Technology into an Aesthetic Practice <i>Sharon McQuillan, MD</i>	3:00 PM Questions & Answers		
2:15 PM Cortisone <i>Thierry Hertoghe, MD</i>	2:00 PM The Fifth Dimension of Resurfacing (SCITON) * <i>Denise Baker, MD</i>	3:15 PM Genetics, SNPs & Proteomics Panels: Nutrigenomics, Inflammation, Hypertension, Bone Health, Dementia, Detox, Metabolic Syndrome & Cancer <i>Woo Chul Moon, MD</i>		
3:00 PM BREAK	3:00 PM BREAK	4:15 PM Inflammation: CRP(hs), Cytokines, AA/EPA, Anabolic/Catabolic Ration, Gut Functional Assessment <i>Bill Anton, Ph.D.; Roger Deutsch</i>		
3:15 PM Compounds & the Laws in Adult Hormone Deficiency * <i>John Grasela, R.Ph.</i>	3:15 PM The Art of Chemical Resurfacing * <i>Sharon McQuillan, MD</i>	5:15 PM Allergies & Sensitivities: Food, Obesity and Mental Allergies <i>Bill Anton, Ph.D.; Roger Deutsch</i>		
3:45 PM Weight Loss: The Answers <i>Pamela Smith, MD</i>	4:00 PM LASER & LIGHT WORKSHOP PRESENTED BY PALOMAR * <i>Dianne Quibell, MD</i>	6:00 PM Questions & Answers		
4:30 PM "How to Prescribe" Hormone for all Bio-Identical Hormones that are used in HRT <i>Ron Rothenberg, MD</i>	5:00 PM Close of Session			
5:30 PM Close of Session				

NOTE: Time, speakers, and topics subject to change. * CME Not Available.



Schedule at a Glance

Tuesday, July 31	Wednesday, August 1	Thursday, August 2	Friday, August 3	Saturday, August 4	
Possible Daily CME: 12 CME Hours					
<p>8 Hours CME Credits Available</p> <p>NEW BREAKTHROUGHS IN ANTI-AGING MEDICINE Workshop # 4 9:00 AM – 5:00 PM <i>Co-Chair: Alan Bauman, MD</i></p> <p>9:00 AM The Human Body as a Holographic Computer: Structure, Nutrition, Allergies, Toxins <i>David Lee, DC, Ph.D.</i></p> <p>9:30 AM Immune Senescence and Anti-Aging Initiatives <i>Stephen Holt, MD</i></p> <p>10:00 AM Permanent Weight Loss and the Reversal of Diabetes <i>Abraham Kryger, MD</i></p> <p>10:30 AM New Breakthroughs in Treating Secondary Issues Related to Thyroid and Adrenal Deficiencies <i>Chris Meletis, ND</i></p> <p>11:00 AM Hair Restoration: Preserving & Restoring the Aging "Frame of the Face" <i>Alan J. Bauman, MD</i></p> <p>11:30 AM The Clinical Application of Naturopathic Alternative Therapy in the Treatment of Cancer and Chronic Disease <i>Eric Schneibart, MD; Rene Broekhuysse, MD</i></p> <p>12:00 PM LUNCH BREAK</p> <p>1:00 PM Creating a Healthy Weight <i>Wayne S. Andersen, DO</i></p> <p>1:30 PM Vitamin D, Breakthrough Hormone for Changing the Course of Aging & Disease <i>Eugene Shippen, MD</i></p>		<p>NEW BREAKTHROUGHS IN ANTI-AGING MEDICINE Workshop # 4 (continued)</p> <p>2:00 PM Comprehensive Overview of Menopause: Elevating to Excellence <i>Daved Rosensweet, MD</i></p> <p>2:30 PM Training of Cognitive Decline Among Healthy Aging Population <i>Kathryn Kilpatrick, MA</i></p> <p>3:00 PM Energy Medicine/Quantum Healing <i>Sue Morter, DC</i></p> <p>3:30 PM Prostate Cancer Therapy with High Intensity Focused Ultra Sound <i>Abraham Woods, MD</i></p> <p>4:00 PM Caloric Restriction Mimetics- Searching for Fountain of Youth <i>Alexander Michalow, MD</i></p> <p>4:30 PM Innovative Natural Anti-Wrinkle Plant Extract: In Vitro & Controlled Clinical Study <i>Dr. Paul L. Tai D.P.M., FACFS</i></p> <p>5:00 PM Comparison of the Absorption, Brain & Prostate Distribution <i>Rita R. Ellithorpe, MD</i></p> <p>5:30 PM Close of Session</p>	<p>4 Hours CME Credits Available</p> <p>BRAIN HEALTH Workshop # 5 A 9:00 AM- 12:00 PM <i>Speaker: Eric Braverman, MD</i></p>		
NOTE: Time, speakers, and topics subject to change. * CME Not Available.					

Schedule at a Glance



15th Annual World Congress on Anti-Aging Medicine and Regenerative Biomedical Technologies | Summer 2007 Session

Tuesday, July 31	Wednesday, August 1	Thursday, August 2	Friday, August 3	Saturday, August 4
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Possible Daily CME: 12 CME Hours

2 Hours CME Credits Available	4 Hours CME Credits Available	0 Hours CME Credits Available
AESTHETIC MEDICINE Evening Workshop 5:00 PM – 9:00 PM	NEW BIOTECHNICAL SCIENCE ON ANTI-AGING MEDICINE Evening Workshop 5:00 PM – 9:00 PM	LIVE CONSULTATION Evening Workshop 6:00 PM – 7:00 PM
5:00 PM Combination Therapy: the Injectable Face Lift <i>Sharon McQuillan, MD</i>	New Biotechnical Science on Anti-Aging Medicine <i>Michael Klentze, MD, Ph.D.</i>	Questions & Answers – Hormone Therapy Problems * <i>Thierry Hertoghe, MD</i>
7:00 PM SMART LIPO PRESENTED BY CYNOSURE *		0 Hours CME Credits Available
8:00 PM Aesthetic Practice Planning <i>H. Wheat Bailey</i>		ABAARM / ABAHP WRITTEN BOARD REVIEW COURSE* 6:00 PM – 9:00 PM <i>Pamela Smith, MD</i>



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Schedule at a Glance

Tuesday, July 31	Wednesday, August 1	Thursday, August 2	Friday, August 3	Saturday, August 4
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A4M GENERAL SESSION

Possible Daily CME: 11 CME Hours

6:30 AM A4M Conference Registration Opens

7:00 AM – 8:30 AM Future Technology for Medicine: Cancer, Depression/ Mental Illness, Dentistry, Stem Cell Rejuvenation

EYE OPENER



Burton Goldberg



Dr. Med. Dipl. Chem. Doris Bachg, MD

Co-Director of the Institute for Laboratory Medicine Bachg/Haselhorst in Recklinghausen

Topic: BioFocus- Early Diagnosis of Cancer. Dr. Bach has a Gene Test to Guide the Doctor on what Chemotherapy will Target the Cancer Cells. Primary Decimated and Micro Metastasized Cells Using the Genes of the Cancer in the Patient's Blood.



Charles Gant, MD

Topic: Introduction to Integrative Addictionology; Depression, Anxiety, Addiction, ADHD and the Ability for the Physician to Test the Brain for Remission of these Conditions



Richard Hansen, DMD *currently conducting research on photon and electromagnetic energy stimulation of brain rhythms and biostimulation of living systems*

Topic: Dentistry and its Effect on Human Health and the Use of Laser and Ozone for the Anti Aging Dentist/Physician. Dental Infections are One of the Major Causes of Heart Disease and Cancer and are Imperative in Preventive Medicine.

David Steenblock, DO *Personalized Regenerative Medicine 2007 Mission Viejo, CA*

Topic: Use of Stem Cell in Rejuvenation, Particularly Autogenously for the Physician to Give Back the Patient his Own Stem Cells for Regeneration.

8:30 AM – 9:00 AM Opening Remarks



Robert Goldman, MD, PhD, DO, FAASP

Chairman of the Board, American Academy of Anti-Aging Medicine (A4M)



Ronald Klatz, MD, DO

Founder & President, American Academy of Anti-Aging Medicine (A4M)

NOTE: Time, speakers, and topics subject to change. * CME Not Available.

Schedule at a Glance



Tuesday, July 31

Wednesday, August 1

Thursday, August 2

Friday, August 3

Saturday, August 4

9:00 AM – 9:40 AM

Nutritional Intervention Reverses Damage to Hair and Skin Caused by Aging and Genetic Predispositions



Gary Null, Ph.D.

Dr. Null is Adjunct Professor, Graduate Studies, Public Health Curriculum, at Farleigh Dickenson University

Martin Feldman, MD

Dr. Feldman is Assistant Clinical Professor of Neurology at the Mount Sinai School of Medicine in New York City; Practices Complementary Medicine in New York City

This six-month study is a part of a larger, ongoing intervention that has evaluated the effect of multiple lifestyle factors—nutrition, exercise, stress management, attitude and personal environment—on objective measures of functioning (weight, blood pressure and cholesterol levels) and overall wellness.

9:40 AM – 10:20 AM

Cholesterol, The Father of All Hormones



Mark L. Gordon, MD

Dr. Gordon has practiced anti aging medicine (Interventional Endocrinology) for over 10 years integrating hormone replacement therapies with nutrition and exercise. Dr. Gordon has been recognized as a leader in the area of Anti Aging Medicine and holds Associate Clinical Professorships at USC and UCLA

Why is it that cholesterol, on one hand, appears to create the basis by which each one of us is prone to a heart attack and on the other hand, allows us to function with strength of body and mind? In this presentation we will be looking at range of players in the game of atherosclerosis and you will be the one to make the decision; should we continue to treat elevated cholesterol or something else?

10:20 AM – 11:00 AM

Genomics of Aging



Michael Klentze, MD

Medical Director, Klentze Institute of Anti-Aging Munich, Germany, Barcelona, Spain; Member, A4M Advisory Board - Europe ; Guest Professor: Medical school "Fate Bene Fratelli, University Cattolica, Roma" Italy

Aging is controlled by different mechanisms, which influence the speed of the aging process and which is determined by interindividual genetic variants and can be: 1. Measured; 2. Influenced by lifestyle and diet; 3. Individually controlled by knowledge of the genomic and proteomic basics. There will be discussed explanation of different mechanisms: Oxidation, Methylation and Deacetylation, Glycolisation, and Inflammation.



11:00 AM – 1:00 PM

Exhibit Hall Break & Lunch Break

NOTE: Time, speakers, and topics subject to change. * CME Not Available.



Schedule at a Glance

Tuesday, July 31	Wednesday, August 1	Thursday, August 2	Friday, August 3	Saturday, August 4
<p>1:00 PM – 1:30 PM DNA Methylation and its Role in Cellular Rejuvenation- 65% of Patients Presenting with Fatigue have Methylation Disorders- How to Cure Chronic Fatigue?</p>				
<p> Todd Ovokaitys, MD <i>Dr. Ovokaitys received his MD degree from Johns Hopkins University, and completed a Residency and Chief Medical Residency in Internal Medicine followed by a Fellowship in Pulmonary medicine at Georgetown University Hospital. He has developed advanced laser molecular resonance and metabolic technologies for cellular regeneration.</i></p> <p>The presentation will Identify key metabolic support factors that increase the number and function of mitochondria for enhanced cellular energy production; Understand the wide-ranging role of methylation metabolism, or one carbon transfer reactions, in general health and in DNA rejuvenation.; Appreciate the organ reparative and life extending benefits of effectively delivered nucleic acids.</p>				
<p>1:30 PM – 2:00 PM “The Great Masquerator” The Lyme Spirochete</p>				
<p> Robert DeJonge, DO <i>Dr. DeJonge is Board Certified Family Physician with over two decades of hand-on treatment in emergency medicine, geriatrics, dermatology, and anti-aging medicine.</i></p> <p>What are the characteristics of an infectious masquerator? Its ability to avoid detection and cause a variety of seemingly different symptoms. Lyme disease is a spirochete like syphilis, which is now being understood as an epidemic easily spread casual contact, bug bite and perhaps even sexually. Discuss how to diagnose and treat Chronic Lyme Disease, and how to monitor treatment progression. This program includes diagnosis treatment and also how to monitor its treatment progression.</p>				
<p>2:00 PM – 2:30 PM How to Improve Hormone Levels by Positive Psychological Attitudes: The Scientific Data</p>				
<p> Thierry Hertoghe, MD <i>President of the World Society of Anti-Aging Medicine (WOSAAM) President of the European Academy of Quality of Life and Longevity medicine (Eaqual)</i></p> <p>When a hormone therapy is used to correct a hormone deficiency, it may considerably help in clearing up depression and calming down anxiety, and put patients back into a healthy, more positive mood. But, is the opposite true? Can hormone levels be improved by changes of the mind, changes in the way we think and perceive things?</p>				
<p>NOTE: Time, speakers, and topics subject to change. * CME Not Available.</p>				

Schedule at a Glance



15th Annual World Congress on Anti-Aging Medicine
and Regenerative Biomedical Technologies | Summer 2007 Session

Tuesday, July 31

Wednesday, August 1

Thursday, August 2

Friday, August 3

Saturday, August 4

2:30 PM – 3:00 PM Future of Anti-Aging Medicine, New Insights into Aging Population and Advances in Clinical Technologies

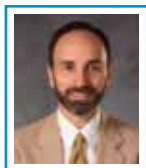


Ronald Klatz, MD, DO

Founder & President, American Academy of Anti-Aging Medicine (AAM)

Dr. Klatz will discuss his insights and observation from anti-aging clinics and online research from major universities and around the world.

3:00 PM - 3:30 PM The Documented Health Risks of Genetically Engineered Foods



Jeffrey Smith, MBA

International bestselling, a widely popular and authoritative spokesperson on the risks of Genetically Modified Organisms (GMOs) and how Ag biotech companies rig research, gag critics, hijack regulatory agencies and spin fantastic unfulfilled promises. Author of Seeds of Deception and Genetic Roulette

Understand the range of reported adverse reactions to genetically modified foods, including effects on lab animals, livestock and reports from people and institutions around the world. At least five categorical risks of GM foods, which may explain the adverse reactions reported. How current safety assessments are incompetent to identify or protect us from these risks, and how we can protect ourselves.

3:30 PM - 4:00 PM Laboratory: DNA Microarray for the Screening and Diagnosis of STD, Prostatitis, HPV and Cervix Cancer



Woochul Moon, MD

Professor, Chung-Ang University Medical College, Seoul, Korea. Dr. Moon published more than 100 scientific and medical papers and made presentation and lecture of more than 200 times in medical congress of all over the world

Basic concept on gene test and DNA microarray; How to apply and use DNA microarray in the clinical practice of STD, prostatitis and cervix cancer.

4:10 PM - 6:00 PM Exhibit Hall Break

5:30 PM Conference Registration Closes

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Schedule at a Glance

Tuesday, July 31	Wednesday, August 1	Thursday, August 2	Friday, August 3	Saturday, August 4
<p>0 Hours CME Credits Available</p> <p>AESTHETIC MEDICINE: FOCUS ON SKIN REJUVENATION TECHNIQUES * Evening Workshop 5:00 PM – 9:00 PM</p> <p>5:00 PM Aesthetic Roundtable Q & A <i>Sharon McQuillan, MD; Denise Baker, MD; Ashish Bhatia, MD; Kevin Smith, MD; Martin Braun, MD; Dianne Quibell, MD</i></p> <p>6:00 PM LASER 360 PRESENTED BY ALMA <i>Amber Brown, MD</i></p> <p>7:00 PM THREE DIMENSIONAL SKIN REJUVENATION PRESENTED BY CUTERA <i>Kevin Smith, MD; Amy Taub, MD</i></p> <p>8:00 PM VIBRATIONAL RESURFACING PRESENTED BY VIBRADERM <i>Jill Lesaic, DO</i></p>	<p>4 Hours CME Credits Available</p> <p>UPDATES IN USE OF STEM CELLS, FITNESS & METABOLISM Evening Workshop 5:00 PM – 9:00 PM</p> <p>5:00 PM Innovations and Discoveries in the Use of Stem Cells, Anti-Aging, Fitness & Metabolism to Reverse Heart Disease, Diabetes and Hypertension <i>Nick Delgado, Ph.D.</i></p> <p>9:00 PM Close of Session</p>	<p>0 Hours CME Credits Available</p> <p>BUILDING YOUR PRACTICE WITH MEDICAL FOOD* Evening Workshop <i>Presented by Physicians Provisio- PAM LABS</i> 6:00 PM – 9:00 PM <i>Speaker: Sam Camp</i></p>	<p>0 Hours CME Credits Available</p> <p>HOW to OPEN a TURN KEY WEIGHT MANAGEMENT PROGRAM* Evening Workshop 6:00 PM – 7:00 PM <i>Kim Ruby CE & Wayne Anderson, DO</i></p>	<p>0 Hours CME Credits Available</p> <p>ENERGY MEDICINE: Adding B.E.S.T. Technique in Your Protocol on Monday! * <i>Presented by MORTER HEALTH CENTER*</i> Evening Workshop 6:00 PM – 9:00 PM <i>Speaker: Sue Morter, DC</i></p>
<p>0 Hours CME Credits Available</p> <p>The Effect of Nano Amperes on Human Skin** <i>Presented by USA PERFECTOR ARASYs</i> Evening Workshop 6:00 PM – 9:30 PM <i>Speakers: Nick Delgado, Ph.D.; Naina Sachdev, MD; Paul Savage, MD; Nayan Patel PharmD</i></p>	<p>4 Hours CME Credits Available</p> <p>The END of HEIGHT LOSS with AGING Evening Workshop 6:00 PM – 9:00 PM <i>Speaker: Eric Braverman, MD</i></p>	<p>0 Hours CME Credits Available</p> <p>How to See your 1st Hormonally Challenged Patient for Proper Endocrinal Intervention * Evening Workshop 6:00 PM – 9:30 PM <i>Speakers: Nick Delgado, Ph.D.; Naina Sachdev, MD; Paul Savage, MD; Nayan Patel PharmD</i></p>		



NOTE: Time, speakers, and topics subject to change. * CME Not Available.

Schedule at a Glance



15th Annual World Congress on Anti-Aging Medicine and Regenerative Biomedical Technologies | Summer 2007 Session

Tuesday, July 31

Wednesday, August 1

Thursday, August 2

Friday, August 3

Saturday, August 4

A4M GENERAL SESSION

Possible Daily CME: 11 CME Hours

6:30 AM A4M Conference Registration Opens

7:00 AM – 8:00 AM Effect of hormones on breast cancer- Manipulating Hormones Control Cancer Risk and Preventing it



Khalid Mahmud, MD

Founder and Medical Director, Innovative Directions in Health, the leading Minnesota clinic for Anti-Aging and Preventive Medicine

Approach to using estrogens, progesterone, testosterone, DHEA, human growth hormone, tri-iodothyronine, oxytocin, and melatonin which could prevent or delay breast cancer in women.

8:00 AM – 8:40 AM Effective Treatment of CFS and Fibromyalgia- Ribose in Energy Production



Jacob Teitelbaum, MD

Medical Director, Fibromyalgia and Fatigue Centers; Author of the best-selling book "From Fatigued to Fantastic", "Three Steps to Happiness! Healing through Joy", and "Pain Free 1-2-3- A Proven Program to Get YOU Pain Free!"

How to recognize causes of Chronic Fatigue Syndrome and fibromyalgia; how to effectively treat them using our "SHIN Protocol" (Sleep, Hormonal support, Infections, and Nutritional support); Role of Ribose in treating not only CFS and Fibromyalgia, but also cardiac problems, beauty, and skin anti-aging as well as for a general increase in energy production

8:40 AM – 9:20 AM Aging is an Adult Growth Hormone (GH) Deficiency Syndrome (AGHDS): This Statement may be the Basis of a General Consensus of Gerontologists



Imre Zs.-Nagy, MD

Founder and Editor-in-Chief of "Archives of Gerontology and Geriatrics" (ELSEVIER). Author of 275 papers, 350 scientific lectures

This lecture will highlight theoretical basis offered by the membrane hypothesis of aging (MHA), and the main known effects of the GH. On this basis it is hoped to explain aging with a really possible perspective of a useful intervention against it.

9:20 AM – 10:00 AM The World's First BIHRT Baby Bio-Identical Hormone Replacement Therapy



Shaffin Ali Mohamed, MD

Director, The International Women's Health Center

Neuro-Endocrine Axis is the body's core system that maintains internal homeostasis and controls all bodily functions. Women of reproductive age have multiple hormones in play, in addition to cyclical fluctuations. This makes them prone to the hormone imbalance conditions named above, which affect mind and body. Fortunately, these conditions can be treated comparatively easily using BHRT, often avoiding toxic medications or expensive and painful surgeries, both with significant side effects.



Schedule at a Glance

Tuesday, July 31	Wednesday, August 1	Thursday, August 2	Friday, August 3	Saturday, August 4									
10:00 AM – 10:20 AM Laboratory Testing in Anti-Aging Medicine													
 <p>Bill Anton, Ph.D. Former Lecturer & Course Coordinator Anti-Ageing Medicine, Swinburne University, Graduate School of Medicine, Melbourne, Australia</p> <p>Anti-Aging is about depletion, inflammation, wear and tear. In this lecture we will cover the tests available, when to order them, how to interpret them and how to treat your patients.</p>													
10:20 AM – 11:00 AM The Grand Biochemical Design, the Operating System for Life													
 <p>Jonathan James, MD Board Certified in Internal Medicine being in practice for twenty five years in Hawaii. His main interest is in anti-aging medicine where he has been able to develop a biochemical model that describes the multiple effects of stress on aging and disease</p> <p>In this lecture it will be described how the energy of life is created, stored, transmitted and used throughout the body.</p>													
11:00 AM - 1:00 PM Exhibit Hall Break & Lunch Break													
1:00 PM – 2:10 PM NEW PANEL DISCUSSION: "What Works NOW for Therapeutic Anti-Aging", most Reliable Techniques and Interventions that Make a Dramatic Impact in Your Clinical Practice Today!													
<p>PANEL DISCUSSION</p> <table border="0"> <tr> <td><i>Ronald Klatz, MD, DO</i></td> <td><i>Robert Goldman, MD, PhD, DO, FAASP</i></td> <td><i>Robert DeJonge, DO</i></td> </tr> <tr> <td><i>Mark L. Gordon, MD</i></td> <td><i>Pamela Smith, MD</i></td> <td><i>Imre Zs.-Nagy, MD</i></td> </tr> <tr> <td><i>Ron Rothenberg, MD</i></td> <td><i>Denise Bruner, MD</i></td> <td><i>Eric Braverman, MD</i></td> </tr> </table>					<i>Ronald Klatz, MD, DO</i>	<i>Robert Goldman, MD, PhD, DO, FAASP</i>	<i>Robert DeJonge, DO</i>	<i>Mark L. Gordon, MD</i>	<i>Pamela Smith, MD</i>	<i>Imre Zs.-Nagy, MD</i>	<i>Ron Rothenberg, MD</i>	<i>Denise Bruner, MD</i>	<i>Eric Braverman, MD</i>
<i>Ronald Klatz, MD, DO</i>	<i>Robert Goldman, MD, PhD, DO, FAASP</i>	<i>Robert DeJonge, DO</i>											
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<i>Ron Rothenberg, MD</i>	<i>Denise Bruner, MD</i>	<i>Eric Braverman, MD</i>											
2:10 PM – 2:50 PM Medical License Defense and Malpractice Medical Liability Insurance Issues													
  <p>Algis Augustine, Esq. Formerly the Chief Regulatory Attorney in the State of Illinois and for over 26 years has been involved in representing and protecting professionals before licensing boards in many states and/or federal agencies</p> <p>Edward Kuhn Licensed Independent Insurance Agent for Liability Insurance: He specializes in finding insurance solutions for healthcare practitioners. He has over twenty-five years experience in the insurance and commercial finance industry</p> <p>Risk and liability associated with practicing anti-aging and alternative medicine; Illustrate solutions to risk management and avoiding medical liability claims; Description of specific insurance products currently available in the market.</p>													
2:50 PM – 3:20 PM Vibration Training for Active Ageing *													
 <p>Scott Hopson BS (Hons) Scott has an Honors degree in Sport and Exercise Science from London, UK as well as being internationally certified through the CHEK Institute, the National Strength and Conditioning Association, the National Academy of Sports Medicine and the American College of Sports Medicine</p> <p>Whole Body Vibration (WBV) is a scientifically researched and clinically proven modality for building optimal health, wellness and functionality and is achieving great efficacy in the everyday applied practices of leading facilities and practitioners.</p>													

Schedule at a Glance



Tuesday, July 31	Wednesday, August 1	Thursday, August 2	Friday, August 3	Saturday, August 4
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3:20 PM - 3:50 PM The Most Important Anti-Aging Initiative Metabolic Syndrome X



Stephen Holt, MD
Distinguished Professor of Medicine and a medical practitioner in New York State; has published many peer-review papers in medicine; a frequent lecturer at scientific meetings and healthcare facilities throughout the world

While an overweight body status is known to cause premature death and disability, modern medicine continues often to pursue weight loss nostrums, with a frequent unwillingness to treat the underlying metabolic consequences of obesity. The killer component of obesity is often Metabolic Syndrome X, where an expanded waistline is variably associated with hypercholesterolemia, hypertension and hyperinsulinemia.

3:50 PM - 4:20 PM Elastic Recoil Mechanisms; How Foot Wear Accelerates the Aging Process



James Stoxen, DC
Dr. James Stoxen, D.C., owns and operates Team Doctors Chiropractic Treatment and Training Center. He provides anti-aging consultation and care to numerous top celebrity entertainers.

Presentation will focus on elastic recoil mechanisms of muscles, tendons, ligaments, and how they break down contributing to an acceleration of the aging process.

4:20 PM - 6:00 PM Exhibit Hall Break

5:30 PM Conference Registration Closes

4 Hours CME Credits Available

Evening Workshop : AESTHETIC WORKSHOP 4:00 PM – 8:30 PM
4:00 PM Medical Photography <i>Jim Larkey</i>
4:30 PM Aesthetic Venous Treatments <i>Sharon McQuillan, MD; Joyce Vining, CVT</i>
5:30 PM Advances in Facial Resurfacing <i>Sharon McQuillan, MD</i>
6:30 PM Importance of Skin Care in Aesthetic Medicine <i>Janette Daher, BS</i>
7:30 PM Avoiding Complications in Aesthetic Medicine <i>Sharon McQuillan, MD</i>

ABAARM / ABAHP/ ACASP CERTIFICATION INFO

Wednesday, August 1 6:00 PM – 9:00 PM ABAARM ORAL Board Review Course *
Thursday – Friday, August 2-3 ABAARM ORAL Examination* (Please check with the Board Registrar for more info)
Thursday, August 2 6:00 PM – 9:00 PM ABAARM / ABAHP WRITTEN Board Review Course *
Saturday, August 4 1:00 PM – 5:00 PM ABAARM / ABAHP / ACASP Written Examination *

NOTE: Time, speakers, and topics subject to change. * CME Not Available.



Educational Affiliates



The American Academy of Anti-Aging Medicine (A4M) created the anti-aging medical movement in 1992, which has since garnered the support of numerous prestigious educational and professional organizations around the world. The American Academy of Anti-Aging Medicine (A4M) wishes to acknowledge the following organizations that have facilitated the global acceptance and availability of anti-aging medicine.



Educational Affiliates



15th Annual World Congress on Anti-Aging Medicine
and Regenerative Biomedical Technologies | Summer 2007 Session



BOARD CERTIFICATION

Establish Your Expertise as a Certified Anti-Aging Health Professional

Certification from the American Board of Anti-Aging Medicine/Regenerative Medicine (ABAARM)

ABAARM was established in 1997 as a professional physician (MD, DO, MBBS) certification and review board which offers physicians recognition in the form of a specialty based examination in anti-aging medicine.

ABAARM/ ABAAHP (Part I) Review Course

August 2, 2007, 6:00 pm - 9:00 pm
Donald E. Stephens Convention Center,
Rosemont IL USA
(check with Board Registrar or A4M Service Area
for exact room assignment)



ABAARM Written Examination

August 4, 2007, 1:00 pm - 5:00 pm
Donald E. Stephens Convention Center,
Rosemont IL USA
(check with Board Registrar or A4M Service Area
for exact room assignment)

ABAARM (Part II) Review Course

August 1, 2007, 6:00 pm - 9:00 pm
Donald E. Stephens Convention Center,
Rosemont IL USA
(check with Board Registrar or A4M Service Area
for exact room assignment)

ABAARM Oral Examination

August 2 and 3 2007
Donald E. Stephens Convention Center,
Rosemont IL USA
(check with Board Registrar or A4M Service Area
for exact room assignment and to confirm examination time)

Certification from the American Board of Anti-Aging Health Professionals (ABAAHP)

ABAAHP, established in 1999, provides recognition and specialty representation for healthcare professionals, including Doctors of Chiropractic (DC), Doctors of Dentistry (DDS), Naturopathic Doctors (ND), Podiatric Doctors (DPM), Registered Pharmacists (RPh), academic researchers (PhD), nurses (RN), physician assistants (PA), and nurse practitioners (NP).

ABAARM/ ABAAHP (Part I) Review Course

August 2, 2007 6:00 pm - 9:00 pm
Donald E. Stephens Convention Center, Rosemont IL USA
(check with Board Registrar or A4M Service Area for exact room assignment)

ABAAHP Written Examination

August 4, 2007, 1:00 pm - 5:00 pm
Donald E. Stephens Convention Center, Rosemont IL USA
(check with Board Registrar or A4M Service Area for exact room assignment)



SPORTS MEDICINE CERTIFICATE PROGRAM

For Health Professionals Involved in the Sports Medicine Specialty

The American College of Anti-Aging Sports Medicine Professionals (ACASP) Certificate and Workshop Programs are a specialized Certificate program in conjunction with medical organizations to allow health professionals to learn the latest in preventative medicine, integrative medicine, anti-aging medicine and longevity medicine and integrate this into their sports medicine practice. The first such Certificate will be in **Anti-Aging Sports Medicine & Rehabilitation**.

Workshop Program: Takes place in conjunction with the 15th Annual International Congress on Anti-Aging Medicine and Regenerative Biomedical Technologies' Summer 2007 Session:

- July 31, 2007, 8:00 am - 6:00 pm
- August 1, 2007, 8:00 am - 6:00 pm

Certificate Examination of The American College of Anti-Aging Sports Medicine Professionals (ACASP):

August 4, 2007
Donald E. Stephens Convention Center, Rosemont IL USA
(check with Board Registrar or A4M Service Area for exact room assignment)



To learn more about Board Certification/Certificate Programs of the American Academy of Anti-Aging Medicine, visit www.worldhealth.net, click on "Certifications." For inquiries, please phone Ms. Gabriela Marinescu, Board Registrar, at (773) 528-0046 ext. 2 [ABAAM] or (773) 528-1000 [ACASP], or send email to exam@worldhealth.net.



Wayne Scott Andersen, DO

Executive Director, The Health Institute; Medical Director, Medifast Take Shape for Life

Dr. Wayne Scott Andersen is a board certified Anesthesiologist and Critical Care Specialist. He served as Chairman of the Department of Anesthesiology and Director of Critical Care at a major teaching hospital in the Midwest. He graduated first in his class from medical school at the University for the Health Sciences, Kansas City, Missouri. His post doctoral training included a residency training at Cleveland Clinic in Cardiovascular Anesthesiology and fellowship training at the University of Miami in Surgical Critical Care Medicine. As the tenth board certified physician in the nation in Critical Care, Dr. Andersen helped pioneer the emerging subspecialty of intensive care medicine. Observing the pivotal role nutrition plays in recovery from illness inspired Dr. Andersen to redirect his focus into the preventative arena of nutritional intervention. He is convinced that education, tools and support are required to create long-term solutions to creating optimal health. Dr. Andersen observes that: "Significant results fuel and motivate the individual to pursue a healthier lifestyle."



Bill Anton BSc.(Hons), PhD (Honorary), ABAAM, ACNEM

Former Lecturer & Course Coordinator Anti-Ageing Medicine, Swinburne University, Graduate School of Medicine, Melbourne, Australia

Bill Anton is a consultant at PathLab (Australia) as a clinical & nutritional biochemist. As a non-clinical endocrinologist (scientist), he has researched and developed reference ranges for hormones in serum, urine and saliva based on gender and age groups for physiological and supplemented levels relative to anti-aging medicine protocols. He has been instrumental in establishing a number of test panels and profiles for Integrative and Anti-Ageing Medicine. He was a Senior Lecturer and Consultant in Integrative Medicine and the coordinator of the course in Anti-Ageing Medicine at Swinburne University, Graduate School of Medicine, and where he was also involved in Research on Anti-Aging Medicine as part of a PhD. Bill Anton is the Medical Research Director of Life-Source Anti-Aging Clinics in Melbourne and Sydney and has been practicing anti-aging medicine for over 10 years. More recently, with the assistance of the A4M, Bill Anton and colleagues established the Austral-Asian Academy of Anti-Aging Medicine (A5M). Bill Anton is also a lecturer and examiner for the European Specialization Course in Anti-Aging Medicine and the USA Anti-Aging Fellowship Program.



Algis Augustine, Esq.

Mr. Al Augustine, Esq., is formerly the chief regulatory attorney in the State of Illinois, and for over 26 years has been involved in representing and protecting professionals before licensing boards in many states and/or federal agencies.



Dr. med. Dipl. Chem. Doris Bachg

Dr. Doris Bachg graduated in medicine from the University of Essen in 1990. It was her second degree. She also graduated from the University of Münster, Germany, in Chemistry in 1984. At the Institute for Atherosclerosis Research in Münster, she worked on the diagnosis of atherosclerosis risk factors. At the Heinrich-Heine-University Düsseldorf, Dr. Bachg was head of the Diabetes Research Institute laboratory. She qualified as specialist for laboratory medicine in 1996. From that time on she has worked in diagnostics.

Since 2002 Dr. Bachg is co-director of the Institute for Laboratory Medicine Bachg/Haselhorst in Recklinghausen.



Wheat Bailey

Wheat Bailey is a partner in Aesthetic Business Consulting and a graduate of the University of Texas with a degree in Business Administration. He has over 20 years of comprehensive management, sales, and sales management experience in the healthcare/medical industry. In 1996, Mr. Bailey was appointed national sales manager for HGM Medical Lasers and has been involved with lasers and aesthetics since that time for several companies at different levels. In 2003, recognizing that physicians were requiring more than just equipment and technical support, he founded Aesthetic Business Consulting & Sales to provide aesthetic capital equipment for physicians and assist them with a variety of business aspects surrounding the aesthetic and medical spa market.



Alan J. Bauman, MD

Medical Director, Bauman Medical Group

Dr. Alan J. Bauman received his MD degree from New York Medical College and served internship and residency years in Surgery at Beth Israel Medical Center and Mt. Sinai Medical Center in Manhattan, before specializing exclusively in Hair Restoration. As Founder and Medical Director of Bauman Medical Group in Boca Raton, Florida, he has spent the last ten years of his professional career helping his patients maintain, enhance and restore their own living and growing hair using a results-oriented, "Multi-Therapy" approach. Dr. Bauman is a member of the esteemed International Society of Hair Restoration Surgery and the American Academy of Anti-Aging Medicine. Passionate about hair restoration, Dr. Bauman is an avid author, presenter and frequent faculty member at medical conferences and Live Surgery Workshops. His advice and expertise is sought out not only from patients and physicians, but also the media. Dr. Bauman's hair restoration practice has been featured and profiled in national news stories that have appeared on ABC's "Good Morning America," NBC's "Dateline," CNN, MSNBC, FOX News Channel, ABC News, as well as in *The New York Times*, *USA Today*, *Men's Health Magazine*, and others.



James T. Bell, PhD

President, International Fitness Professionals Association (IFPA)

In 1994, Jim Bell founded the International Fitness Professionals Association (IFPA). The IFPA has certified 60,000+ Fitness Professionals in less than 12 years. Jim has written several books and hundreds of articles on various subjects in fitness health, nutrition, sports conditioning and motivation. He has presented thousands of hours of lecture at thousands of locations across the USA and dozens of foreign countries including the Fitness Industries premier trade shows, major fitness events and forums.



Eric R. Braverman, MD

Director, PATH Medical, New York NY

Dr. Eric Braverman is the Director of The Place for Achieving Total Health (PATH Medical), with locations in New York, NY, Penndel, PA (metro-Philadelphia), and a national network of affiliated medical professionals. Dr. Braverman received his BA Summa Cum Laude from Brandeis University and his MD with honors from New York University Medical School, after which he performed post-graduate work in internal Medicine with Yale Medical School affiliate. Dr. Braverman is the author of five medical books, including the *PATH Wellness Manual*, which is a user's guide to alternative treatment. He has appeared on CNN (Larry King Live), PBS, AHN, MSNBC, Fox News Channel and local TV stations. Dr. Braverman has been quoted in the *New York Post*, *New York Times* and the *Wall Street Journal*.

Rene Broekhuysse, MD

Dr. Rene Broekhuysse graduated from University Utreth, Netherlands with a medical doctor degree. Dr. Broekhuysse currently is working on alternative medical and cancer therapies, which include but are not limited to: homeopathy, orthomolecular, acupuncture, nutritional, and intravenous therapies.



Denise Bruner, MD

Former President, American Society of Bariatric Physicians

Dr. Denise Bruner is a 1979 graduate of Howard University, College of Medicine, Washington DC. Recognized as a national leader in Bariatric medicine, Dr. Bruner is the former President of the American Society of Bariatric Physicians. She focuses on the treatment of obesity and eating disorders. Dr. Bruner's knowledge and experience have made her a frequent source of bariatric information, as she has been quoted in a variety of publications and been a guest on nationally televised talk shows. Dr. Bruner is a member of the Advisory Council for the American Obesity Association.



Michael E. Collins, RPh

Michael Collins, RPh, is founder and owner of Healthway Compounding Pharmacy in Saginaw and St. Charles, Michigan, a PCAB accredited facility. Mr. Collins also serves as adjunct Clinical Professor at Ferris State College of Pharmacy. A graduate of the FAAFAM, he is also board certified by the American Board of Anti-Aging Health Practitioners.



Dr Fernando Cortizo BSc (Hons), PhD

Dr. Fernando Cortizo completed his PhD at Monash University in the Department of Biochemistry, Faculty of Medicine. During his PhD studies, he became a member of the Diabetes Research Group and was trained in the area of Endocrinology, specializing in Insulin action and Insulin receptors in muscle. At the same time he was also involved in collaborative research in the USA at the Department of Pathology, University of Pennsylvania, Philadelphia, followed by an appointment as Head of the Teaching laboratories of the Department of Biochemistry at La Trobe University, Bundoora. He is currently engaged as an Integrative Medicine Consultant to Pathlab in Melbourne.



Janette Daher, BS

Janette Daher has spent more than ten years working as a business development manager. A graduate of The Ohio State University, she had the opportunity to mentor under Dr. Roger Blackwell, well-known marketing professor and author of numerous books on marketing and consumer behavior. Janette currently serves as the Director of Education and Consulting Services for The Ageless Aesthetic Institute, a training program for medical professionals founded by Dr. Sharon McQuillan, providing Level 4 AMA PRA certification in Botox®, Facial Filler, and Aesthetic Laser procedures. The Institute is also provides an array of medical spa consulting services to assist medical professionals with their medical spa development and operational needs. Janette has presented at many conference and workshops including the American Academy of Anti-Aging Medicine, the American Academy of Aesthetic Medicine, the Bariatric Society, and the National Procedures Institute. She has been recently featured in medical spa industry publication *MedEsthetic Magazine*.



Robert A. DeJonge, DO

Dr. Robert DeJonge is a practicing, board certified family physician with over two decades of hand-on treatment in: emergency medicine, geriatrics, dermatology, and anti-aging medicine. In addition, he is an international keynote speaker on complimentary medicine and sports medicine and the positive effects realized through the addition of supplementations and detoxifying the body. Dr. DeJonge has always carved his own path through the maze of medical data and misnomers, discarding dalliances while investigating every possible genuine lead to the pursuit of longevity with optimal health in human medicine. Every patient receives a customized program specifically designed for them and their individual needs. He and his very talented staff provide a potpourri of options to achieve optimal health in a friendly and inviting atmosphere. Whether you are facing a medical challenge or want to insure that the good health you are currently experiencing continues-this is the place to be. He and his staff at the Longevity Center of West Michigan and are delighted to support your quest for optimal health!



Nicholas Delgado, PhD, CHT

Diplomat, American Academy Anti-Aging Medicine

Nick Delgado, PhD, a graduate of the University of Southern California ((USC), is a certified Time Line Therapist, Certified Hypnotherapist, and was trained by Dr. Tad James on Neuro-Linguistic Programming. Dr. Delgado studied with and was mentored by Thierry Hertoghe, MD; Ron Rothenberg, MD; Neil Rouzier, MD; Eugene Shippen, MD; and Ron Klatz, MD. He has published ten books. Dr. Delgado is well known for his advocacy of stem cell research. Nick is at the forefront of emerging medical treatments and is one of the few people in the world actively promoting stem cell treatments using adult umbilical cord, neurological, and mesenchymal stem cells.



Roger Deutsch

CEO, Cell Science Systems, Ltd., Corp. (USA)

Roger Deutsch was the founder of AMTL Corp., which developed the Alcat test for food and chemical intolerance of which he was a co-developer. After more than twenty years of intensive development work in food intolerance testing he now serves as the CEO of Cell Science Systems, Ltd., Corp., where he continues research on new applications of this unique technology platform, particularly in the area of functional nutritional assessment. He is co-author of the book series, *Your Hidden Food Allergies are Making You Fat*, and is frequent lecturer on the topic of food intolerance and the aging process.



Rita Ellithorpe, MD

Dr. Rita Ellithorpe received her medical degree in 1982 from The Chicago Medical School/ University of Health Science in North Chicago, IL. From there she completed her internship in family practice at Womack Army Hospital, Fort Bragg, NC in 1983. At Fort Knox, KY, she served as an emergency room staff physician, general medical officer and flight surgeon as Chief of the Aviation Clinic from 1983-1990. Dr. Ellithorpe is a graduate and guest faculty member of Capitol University of Integrative Medicine, Washington, DC since January, 2001. There she taught anti-aging medicine and natural hormone replacement therapy for women and men. She is a Diplomat of the American Board of Anti-Aging Medicine as well as the founder and medical director of Tustin Longevity Center. A national speaker on the topics of Oxidative Stress and Anti-Aging, she also has published her research in several peer-reviewed journals. She participated in cancer investigations with Dr. Stanislaw Burzynski at his research institute in Houston, Texas, and was later published as a co-author in literature describing his unique therapy. A staff physician and Director of Women's Studies at Whitaker Wellness Medical Clinic in Newport Beach, CA, she went on to help in the development of natural medicinal therapies at Great Smokies Medical Center in Asheville, North Carolina. Dr. Ellithorpe holds a second doctorate in integrative medicine focusing on health at the cellular level. With a determined commitment to her patients' nutritional road to health, she regularly reviews modalities and documents results. This is done in an effort to share, through journal publications, research of successful interventions. Dr. Ellithorpe provides a practice rooted in a functional approach that integrates the best of standard, western medicine with effective, natural therapies.

Martin Feldman, MD

Assistant Clinical Professor of Neurology, Mount Sinai School of Medicine

Dr. Martin Feldman serves as Assistant Clinical Professor of Neurology at the Mount Sinai School of Medicine in New York City. He also practices complementary medicine in New York City.



Charles Gant, MD, PhD, NMD

Dr. Charles Gant received his BS in chemistry from Hampden-Sydney College, his medical degree from the University of Virginia Medical School, and his PhD in psychology from Columbia Pacific University. Dr. Gant is also a board certified Naturopath. He practices in Washington, DC as an ND. Dr. Gant is a leading orthomolecular physician who has practiced complementary medicine for over twenty years, using natural nutritional methods to correct biochemical imbalances. He is the former medical director of Tully Hill Treatment Center in upstate New York, where he pioneered nutritional treatments for people in recovery. He returned to private practice and for the past eight years has further refined and extended nutritional and detoxification protocols help restore health to those suffering from various dis-ease syndromes as well as to lower relapse rates for those in recovery. He has also worked extensively with non-drug treatments for ADD & AD/HD and is currently taking his experience and knowledge out to the public in order to help a larger number of people. Dr. Gant is nationally recognized for devising nutritional and detoxification interventions for nicotine, alcohol, and substance abuse, AD/HD, cardiovascular problems, chronic fatigue, immune disorders and other common, chronic medical and psychological problems. He has been affiliated with the Foundation for the Advancement of Innovative Medicine.



Burton Goldberg

Burton Goldberg, at the forefront of alternative medicine for more than 30 years, wrote *Alternative Medicine: The Definitive Guide* with more than 750,000 copies in print. He has written and produced numerous books and videos on alternative and integrative medicine. He is now filming a documentary on the toxic impacts to human health.



Robert M. Goldman, MD, PhD, DO, FAASP

Chairman, American Academy of Anti-Aging Medicine (A4M)

Dr. Robert M. Goldman has spearheaded the development of numerous international medical organizations and corporations. Robert Goldman, M.D., Ph.D., D.O., FAASP has served as a Senior Fellow at the Lincoln Filene Center, Tufts University, and as an Affiliate at the Philosophy of Education Research Center, Graduate School of Education, Harvard University. Dr. Goldman is a Clinical Consultant, Department of Obstetrics and Gynecology, Korea Medical University. He also serves as Professor, Department of Internal Medicine at the University of Central America Health Sciences (Belize). In addition, Goldman presently holds the position of Visiting Professor at Udayana Medical University (Indonesia). Dr. Goldman is a Fellow of the American Academy of Sports Physicians and a Board Diplomat in Sports Medicine and Board Certified in Anti-Aging Medicine.

Dr. Goldman received his Bachelor of Science Degree (B.S.) from Brooklyn College in New York, then conducted three years of independent research in steroid biochemistry and attended the State University of New York. He received the Doctor of Medicine (M.D.) Degree from the Central America Health Sciences University, School of Medicine in Belize, a government-sanctioned, Ministry of Health-approved, and World Health Organization-listed medical university. He received his Doctor of Osteopathic Medicine and Surgery (D.O.) degree from Chicago College of Osteopathic Medicine at MidWestern University. His Ph.D. work was in the field of androgenic anabolic steroid biochemistry.

He co-founded and serves as Chairman of the Board of Life Science Holdings, a biomedical research company with over 150 medical patents under development in the areas of brain resuscitation, trauma and emergency medicine, organ transplant and blood preservation technologies. He has overseen cooperative research agreement development programs in conjunction with such prominent institutions as the American National Red Cross, the US National Aeronautics and Space Administration (NASA), the Department of Defense, and the FDA's Center for Devices & Radiological Health. Dr. Goldman is the recipient of the Gold Medal for Science (1993), the Grand Prize for Medicine (1994), the Humanitarian Award (1995), and the Business Development Award (1996).

During the late 1990s, Dr. Goldman received honors from Minister of Sports and government Health officials of numerous nations. In 2001, Excellency Juan Antonio Samaranch awarded Dr. Goldman the International Olympic Committee Tribute Diploma for contributions to the development of sport & Olympism. In addition, Dr. Goldman is a black belt in karate, Chinese weapons expert, and world champion athlete with over 20 world strength records, he has been listed in the Guinness Book of World Records. Some of his past performance records include 13,500 consecutive situps and 321 consecutive handstand pushups.

Dr. Goldman was an All-College athlete in four sports, a three time winner of the John F. Kennedy (JFK) Physical Fitness Award, was voted Athlete of the Year, was the recipient of the Champions Award, and was inducted into the World Hall of Fame of Physical Fitness. In 1995, Dr. Goldman was awarded the Healthy American Fitness Leader Award from the President's Council on Physical Fitness & Sports and U.S. Chamber of Commerce. Dr. Goldman is Chairman of the International Medical Commission overseeing sports medicine committees in over 176 nations. He has served as a Special Advisor to the President's Council on Physical Fitness & Sports. He is founder and international President Emeritis of the National Academy of Sports Medicine and the cofounder and Chairman of the American Academy of Anti-Aging Medicine (A4M). Dr. Goldman visits an average of 20 countries annually to promote brain research and sports medicine programs.



Mark L. Gordon, MD

The Millennium Health Group for Anti Aging Medicine

After 14 years of Clinical Orthopedics and 20 years as a residency-trained board certified Family Physician, Dr. Mark Gordon integrates Anti Aging Medical theories into a program of sports rehabilitation. Using nutrition, exercise and his knowledge of supplementation he has helped a number of injured patients return to their activities in a significantly reduced time. Pre-operative programs help surgical outcome and reduce the down time for both sports and non-sports related injuries. Many natural products are available to accomplish these goals. Dr. Gordon has been recognized as a leader in the area of Anti Aging Medicine and holds Associate Clinical Professorships at the University of Southern California (USC) and University of California, Los Angeles (UCLA). Dr. Gordon has recently been reappointed as Medical Director for CBS Studios, Medical Consultant to HBO and FX. In these positions he is available for consultation on areas of Preventive, Anti-Aging and Alternative Medicine. He writes articles on nutritional supplementation and hormonal replacement some of which have been published in *Max Muscle* and *Planet Muscle*.



John Grasela, RPh

Owner, University Compounding Pharmacy

John Grasela and his brother, Joe Grasela, are both compounding pharmacists who have owned and managed pharmacies in San Diego and Chula Vista since 1988. After finding some customers had special needs unmet by a traditional pharmacy, in September they created University Compounding Pharmacy where customers can get customized prescriptions. University Compounding Pharmacy specializes in re-making discontinued medicines and creating new dosage forms for patients, physicians, and medical researchers. Their pharmacists use state-of-the-art technology with FDA-approved chemicals so that the finished medication meets the doctor's exact specifications.

Thomas Guilliams, PhD

Dr. Thomas Guilliams is Director of the Point Institute of Nutraceutical Research, research arm of Ortho Molecular Products, where he serves as the VP/Director of Science and Regulatory Affairs. He is also a clinical instructor for the University of Wisconsin/Madison, School of Pharmacy. His focus is on the evidence-based approach of nutraceuticals.



Patrick Hanaway, MD

Dr. Patrick Hanaway founded Family to Family: Your Home for Whole Family Health in Asheville, NC, and is currently Medical Director for Genova Diagnostics. Dr. Hanaway has lectured extensively across the US and in Europe on the clinical application of nutrition and genomics, particularly in the areas of digestion, oxidative stress, inflammation, and achieving long-term wellness.



Richard Hansen, DMD

Dr. Richard Hansen has been practicing dentistry in Fullerton, California for over 28 years; has been a past faculty of the University of California/Los Angeles (UCLA); performed clinical research for the FDA clearance of lasers in dentistry; and is currently conducting research on photon and electromagnetic energy stimulation of brain rhythms and biostimulation of living systems.



Thierry Hertoghe, MD

President of the World Society of Anti-Aging Medicine (WOSAAM);

President of the European Academy of Quality of Life and Longevity medicine (Eaqual)

Dr. Thierry Hertoghe is President of the World Society of Anti-Aging Medicine (WOSAAM) and President of the European Academy of Quality of Life and Longevity medicine (Eaqual). He also serves as Scientific Co-ordinator of the International English-speaking and national French-speaking Anti-Aging Medicine Specialization linked to the European Institute of Scientific Anti-Aging Medicine. Dr. Hertoghe is the author of various books translated into several languages (Spanish, Russian, Chinese, German, French, Danish, Dutch, etc.) including the *Hormone Handbook* (International Medical Books) and the *Hormone Solution* (Harmony books).



Stephen Holt, MD, LLD(Hon.) ChB., DNM, FRCP (C) MRCP (UK), FACP, FACG, FACN, FACAM

Dr. Stephen Holt, M.D. is a Distinguished Professor of Medicine and a medical practitioner in New York State. He has published many peer-review papers in medicine and he is a best-selling author with twenty books in national and international distribution. He has received several awards for teaching and research. As a full professor of medicine for 20 years and an adjunct professor of Bioengineering for 10 years, Dr. Holt is a frequent lecturer at scientific meetings and healthcare facilities throughout the world.



Scott Hopson, BS (Hons)

Director of Education and Training, Power-Plate North America

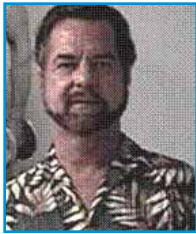
Mr. Scott has an Honors degree in Sport and Exercise Science from London, UK as well as being internationally certified through the CHEK Institute, the National Strength and Conditioning Association, the National Academy of Sports Medicine and the American College of Sports Medicine. He is also successfully completing his Masters Degree in advanced Kinesiology in addition to being a certified and practicing USA Rugby Coach.

Mr. Scott practices a true holistic approach to enhancing the whole person and believes that the natural mechanisms of vibrational healing and training lay at the crux of optimal health and function. As Director of Research, Education and Training, it is his goal to develop Power-Plate as leaders of distinction in this science, understanding that it is the application of knowledge that is most important.



Mark Houston, MD

Dr. Mark Houston is associate Clinical Professor of clinical medicine at Vanderbilt University School of Medicine and Director of a hypertension institute in Nashville, TN. He has published over 120 peer-reviewed medical articles, three books, and numerous textbook chapters.



Jonathan B. James, MD

Dr. Jonathan James is board certified in Internal Medicine with an Honors Degree in Chemistry and Biochemistry from the University of Iowa. His Internship and Advanced Training in Internal Medicine were performed at Tripler Army Medical Center, Hawaii. For the last twenty-five years, he has been in practice in semi-rural Kailua-Kona, Hawaii. He is currently a member of the American Academy of Anti-Aging Medicine, the Academy of American of Aesthetic Medicine, and the American Society for Laser Medicine and Surgery. He is also a Medical Examiner for the FAA and founder and research director for Maxagen Bioscience Corp.



Kathryn Kilpatrick, MA, CCC/SLP

Ms. Kathryn Kilpatrick has a 35-year long career as a speech and language pathologist, specializing in serving the homebound older adult and their caregivers with communication and cognitive concerns. This background led to the development of Communication Connection in 2000 where she provides assistance as a geriatric communication consultant on ways to maintain independence with safety and appropriate modifications to enhance quality of life as changes occur. She is a motivational speaker, presenting to a wide variety of audiences nationally and the author of over 30 products including *Walking the Path to Memory Fitness One Week at a Time*. Kathryn established Memory Fitness Matters in 2005 to meet the increased need for education focusing on memory fitness through all the decades of life.



Ronald M. Klatz, MD, DO

Dr. Ronald Klatz is recognized as a leading authority in the new clinical science of anti-aging medicine. He is co-founder and President of the American Academy of Anti-Aging Medicine (A4M). Dr. Klatz also co-founded the National Academy of Sports Medicine (NASM), and serves as Director of Life Science Holdings, a biomedical company which has been dedicated to the research and development of organ transplant and other advanced medical technologies. Dr. Klatz is the inventor, developer, or administrator of 100-plus scientific patents. In 1993, he was awarded the Gold Medal in Science for Brain Resuscitation Technology, and in 1994 he was honored with the Grand Prize in Medicine for Brain Cooling Technology. A best-selling author of over a dozen books and editor, Dr. Klatz served as Senior Medical Editor of Longevity magazine, a contributing editor to the Archives of Gerontology and Geriatrics, and was a syndicated columnist with Pioneer Press (a division of Time-Life Inc.). Dr. Klatz is a graduate of the Florida Technological University and received his D.O. degree from the College of Osteopathic Medicine and Surgery (Des Moines, IA) and his M.D. degree from Central American Health Sciences University School of Medicine. Dr. Klatz is Board Certified in Family Practice, Sports Medicine, and Anti-Aging Medicine. Dr. Klatz presently holds the position of Visiting Professor at Udayana Medical University (Indonesia). He also serves as Professor of Internal Medicine at the Department of Internal Medicine / Central America Health Sciences University (Belize). Previously, Dr. Klatz has served as a Senior Fellow at the Lincoln Filene Center, Tufts University.



Michael Klentze, MD, PhD

Medical Director, Klentze Institute of Anti-Aging Munich, Germany, Barcelona, Spain; Member, A4M Advisory Board - Europe; Guest Professor: Medical school "Fate Bene Fratelli, University Cattolica, Roma" Italy

Dr. Michael Klentze received his medical degree from the University of Munich Medical School and is board certified in psychiatry and gynecology. He is Medical Director of Klentze Institute of Anti-Aging Medicine In Munich, Germany and is an advisory member of the American Board of Anti-Aging Medicine for Europe. Dr. Klentze holds membership in the Endocrine Society (USA) and European Committee of Anti-Aging Medicine, German Society of Gynecology and Obstetrics and European Menopause Society. He is the author of several scientific articles on aging-related topics including androgens in women, neurosteroids and the aging brain and vitamins and antioxidants.



Abraham Harvey Kryger, MD, DMD

A board-certified family practitioner and preventive medicine specialist in full-time practice in Monterey, California. Dr. Abraham Kryger received both his undergraduate, dental and medical degrees at the University of Manitoba, Canada. For over 25 years he has been a pioneer in the field of hormone replacement, with a special focus on healthy aging, wellness medicine and andrology. He is the author of two books: *Listen To Your Hormones* (2004) and the new book titled *A Woman's Guide to Men's Health* (2006).



Edward J. Kuhn

Mr. Edward Kuhn is a licensed independent insurance agent for Liability Insurance Solutions/Professional Liability Solutions in Chicago, Illinois. He specializes in finding insurance solutions for healthcare practitioners. He has over twenty-five years of experience in the insurance and commercial finance industry. Prior to becoming an insurance broker in 1998, Mr. Kuhn was an underwriter and premium collection manager for a major insurance carrier.



David G. Lee, DC, PhD, CAad

Dr. David Lee has devoted his career and studies to the integration of modern technology and Energy Medicine. He currently lectures for Brimhall Wellness Seminars, E=MC², Nutri-West Pharmacy Grade Nutrition, and Phytobiophysics across the entire country. Dr. Lee's private practice in metro Atlanta is wait-listed by patients (and physicians seeking to be patients and students) who seek care for conditions that have been otherwise written off as permanent and/or terminal. Dr. Lee's unique approach reveals how what some may consider "weird" or "alternative" can often be explained by science. An energetic and entertaining speaker, he is currently finishing a book entitled *L.I.G.H.T.*, *an explanation of Energy Medicine in the current Wellness Revolution*.



Khalid Mahmud, MD, FACP

Founder and Medical Director, Innovative Directions in Health

Dr. Khalid Mahmud is board certified in Internal Medicine, Hematology and Oncology, as well as in anti-aging medicine by the American Board of Anti-Aging Medicine. He is a Fellow of the American College of Physicians. Formerly, Dr. Mahmud has served as the Chief of Medicine, North Memorial Medical Center, Minneapolis, MN; and also as the Medical Director of Oncology North Memorial Medical Center, Minneapolis, MN (serving in this capacity for more than 10 years). He is the author of *Keeping a Breast: Ways to Stop Breast Cancer* [AuthorHouse, 2005], which details lifestyle, hormonal balance, and appropriate supplementation in the prevention of breast cancer. A frequent national speaker on numerous health related topics, including management of menopause with the use of bio-identical hormones, Dr. Mahmud is currently in full-time practice of anti-aging and preventive medicine.



Sharon McQuillan MD

Dr. Sharon McQuillan attended The Ohio State University College of Medicine where she graduated with honors and was elected to the Alpha Omega Alpha Medical Honor Society. She did her postdoctoral training at Riverside Methodist Hospital in Columbus, Ohio and became Board Certified in Family Practice. Dr. McQuillan began Southwood Family Practice in 1986, focusing on preventive medicine, exercise physiology, nutrition, and the “mind-body” connection. Dr. McQuillan owns and operates The Ageless Institute of Sarasota, offering Anti-Aging and Aesthetic treatments. Dr. Sharon McQuillan is a Board certified physician who specializes in both Aesthetic and Anti-Aging Medicine. She is certified in the therapeutic and cosmetic use of Botox[®], the cosmetic use of facial fillers, sclerotherapy, chemical peels, mesotherapy, and the aesthetic use of lasers. Dr. McQuillan formed The Ageless Aesthetic Institute, the only level 4 ACCME accredited aesthetic training program for medical professionals, in order to standardize and elevate the practice of Aesthetic Medicine. Dr. McQuillan has been featured in *Dermatology Times*, *Vogue*, *Medical Spa Report*, *Elevate*, and *MedEsthetic* magazine.



Chris D. Meletis, ND

Dr. Chris Meletis is the Executive Director of the Institute for Healthy Aging (IHA) and a practicing Naturopathic Physician. The Institute for Healthy Aging is dedicated to the advancement and dissemination of clinically relevant diagnostic and natural medicine therapeutics that facilitate optimal human wellness. Dr. Meletis is an international author and lecturer, having authored over a dozen books and 200 nationally published articles. He also served as the Dean and Chief Medical Officer at the oldest naturopathic medical school in North America for 7 years (the National College of Natural Medicine [NCNM]). He represented NCNM in the areas of scientific publication, media relations, Institutional Review Board and state mandated pain management program participation and public lectures. Through his role at NCNM he served as an Oregon Health Science University, NIH grant ambassador. Dr. Meletis was awarded the 2003 Physician of the Year by the American Association of Naturopathic Physicians for his educational efforts and for starting 16 clinics which provide healthcare for uninsured families, delivering 16,000 visits each year. Dr. Meletis continues his outreach efforts with his own organization called, Divine Medicine Foundation.



Alexander Michalow, MD

Dr. Alexander Michalow completed his undergraduate studies in 1980 at the University of Illinois, earning a BS in Biology and as a member of the Phi Beta Kappa Honor Society. He attended Rush Medical College in Chicago, earning his MD degree in 1984 and as a member of the Alpha Omega Alpha Honor Society. He completed his Internship in surgery, at Rush-Presbyterian St Lukes Medical Center in 1984 and 1985. Then Dr. Michalow performed research at Mt. Sinai Medical Center, Miami Beach, FL in 1985 and 1986. He also completed an Orthopedic Residency at the University of Miami/Jackson Memorial Hospital, Miami, FL. Since 1992, Dr. Michalow has been in Orthopedic practice in Kankakee/Bradley/Bourbonnais, IL at OAK Orthopedics (Orthopedic Associates of Kankakee). Dr. Michalow has written a book on the Biomechanics of Sprinting, and special equipment designed and built for improving sprinting speed.



S. Ali Mohamed, MD

Director, The international Women's Health Center

Dr. S. Ali Mohamed can only be described as a Renaissance man, in a modern age. He is a Harvard-trained physician, fluent in seven languages and a pioneer in the fields of Pain and Age Management. His special interest lies in Bio-Identical Hormone Replacement Therapy. He has lectured in various national and international conferences on this topic. Dr. Mohamed feels that Neuroendocrinology forms the core of Anti-Aging Medicine and promotes this concept through studies and case studies in his lectures. Some of his presentations include: "BIHRT for Natural Immuno-Modulation", "The World's First BIHRT Baby" and "Therapeutic Bio-Identical Hormone Replacement in Women of Reproductive Age". His audience loves not only his subject matter, but the pleasant and simplifying style of his presentations. Making the complex easy is his magic.



Professor Dr. Wochul Moon, MD, PhD

Dr. Wochul Moon was born into a big MD family and is one of 22 MDs and 6 MD/professors in his family. He graduated and completed PhD in 1987 at Seoul University Medical College, Seoul, Korea. In 1985, he became a urologic specialist after passing Korean urologic board examination with the best score. He has been a faculty member of department of urology, Chung-Ang University Medical College, Seoul, Korea since 1985 and become a life-time professor in 1995. He has received a number of prizes, including prizes for the best research of the year by Korean Urologic association (1987, 2000, 2005), European Urologic Congress (2007) and International Congress of Hepatobiliary and Pancreatic Diseases (2003), and prize of the Korean Ministry of Science and Technology for Advanced Technology (2003, 2004, 2006). He became a member of the lecturing faculty of the American Academy of Anti-Aging Medicine (A4M) in 2006, and brings his lecture concerning the "Application of genomics to the antiaging clinic" to this venue as well as to anti-aging medicine conferences worldwide.



Patricia Sue Morter, DC

Author, lecturer, and practitioner, Dr. Sue Morter, founder of Morter Health Center, a multi-doctor wellness clinic in Indianapolis, was recently named to the Transformational Leadership Council, the group largely responsible for the movie *The Secret*. She is a master/instructor of Bio-Energetic Synchronization Technique and Board Member of Morter HealthSystem, a global wellness training company.



Gary Null, PhD

Dr. Gary Null is an award-winning talk radio host, documentary filmmaker and investigative reporter in the health and nutrition field. He has written more than 60 books. Dr. Null is Adjunct Professor, Graduate Studies, Public Health Curriculum, at Farleigh Dickinson University in New Jersey.



Todd Ovokaitys, MD

Dr. Todd Ovokaitys received his MD degree from Johns Hopkins University, and completed a Residency and Chief Medical Residency in Internal Medicine followed by a Fellowship in Pulmonary medicine at Georgetown University Hospital. He has developed advanced laser molecular resonance and metabolic technologies for cellular regeneration.

Dianne Quibell, MD



Daved Rosensweet, MD

Dr. Daved Rosensweet graduated from the University of Michigan Medical School in 1968. While his knowledge is based in his traditional training, he uses methods learned from renown pioneers and practitioners in the Holistic and Healing fields. He has been in private holistic medical practice since 1971, and has had offices in New Mexico, California, and Colorado. Early in his career he delivered over 300 babies at home. He has been in charge of health promotion for the State of New Mexico, has lectured widely, has taught Holistic Medicine to physicians and the public, has hosted and produced a TV show on health, and guides an ongoing seminar titled "Healing Emotions, Mind, Body and Life." Dr. Rosensweet is author of the book *Menopause* and *Natural Hormones*. He currently is in private holistic medical practice in Naples and Sarasota, Florida.



Ron N. Rothenberg, MD

*Clinical Professor, Preventive & Family Medicine, University of California, School of Medicine;
Founder, California HealthSpan Institute*

As a pioneer in the field of Anti-Aging Medicine, Ron Rothenberg, MD, was one of the first physicians to be recognized for his expertise to become fully board certified in the specialty. Dr. Rothenberg founded the California HealthSpan Institute in Encinitas, California in 1997 with a commitment to transforming our understanding of and finding treatment for aging as a disease. Dr. Rothenberg is dedicated to the belief that the process of aging can be slowed, stopped, or even reversed through existing medical and scientific interventions. Challenging traditional medicine's approach to treating the symptoms of aging, California HealthSpan's mission is to create a paradigm shift in the way we view medicine: treat the cause. He received his MD from Columbia University, College of Physicians and Surgeons in 1970. Dr. Rothenberg performed his residency at Los Angeles County-USC Medical Center and is also board certified in Emergency Medicine. He received academic appointment to the USC School of Medicine Clinical Faculty in 1997 and was promoted to full Clinical Professor of Preventive and Family Medicine in 1989. In addition to his work in the field of Anti-Aging medicine, Dr. Rothenberg is an Attending Physician and Director of Medical Education at Scrips Memorial Hospital in Encinitas, California. Dr. Rothenberg travels extensively to lecture on a variety of topics, which include Anti-Aging Medicine and Emergency Medicine and is the author of *Forever Ageless*. He has recently been featured in the University of California MD TV series in the shows on Anti-Aging Medicine.



Paul Savage, MD

Dr. Paul Savage is founder and Chief Medical Officer of BodyLogicMD. He is double board certified by both the American Board of Emergency Medicine and the American Board of Anti-Aging Medicine.



Eric Scheinbart, MD

Dr. Eric Scheinbart is a board certified general practitioner, a Diplomate of the American Board of Anti-Aging Medicine, and a Maharishi Ayurvedic-trained physician. Dr. Scheinbart is currently in practice with Dr. Miller, ND in Atlanta, GA.

**Eugene Shippen, MD**

Dr. Eugene Shippen is a well known speaker on the subjects of testosterone replacement for men and HRT for women. His book *The Testosterone Syndrome*, published in 1998, remains a classic, best seller on the subject. He has been a popular speaker at A4M conferences and has presented lectures on the subject at conferences nationally and internationally. He was on the faculty of The Second Annual Andropause Consensus Committee sponsored by The Endocrine Society in 2001. His Tutorial Conferences on hormonal replacement strategies for men and women provide unique approaches for evaluation and treatment that have been highly rated by attendees. New approaches for the hormonal co-treatment of many of the common degenerative diseases are on the cutting edge of anti-aging medicine.

**Jeffrey M. Smith, MD**

International bestselling author Jeffrey M. Smith is a widely popular and authoritative spokesperson on the risks of Genetically Modified Organisms (GMOs) and how Ag biotech companies rig research, gag critics, hijack regulatory agencies and spin fantastic unfulfilled promises. He digs through layers of industry spin and scientific sleight-of-hand to reveal the shaky foundations and unprecedented dangers of this infant and unpredictable technology. Mr. Smith has counseled dozens of world leaders from every continent, changed the course of government policies, and is now orchestrating a shift in public opinion through his programs at the Institute for Responsible Technology. He has spoken in 25 countries and has been quoted in media across the globe including, *The New York Times*, *Washington Post*, *BBC World Service*, *Nature*, *The Independent*, *Daily Telegraph*, *New Scientist*, *The Times (London)*, *Associated Press*, *Reuters News Service*, *Genetic Engineering News*, *Chicago Tribune*, *LATimes.com*, *ABC.com*, *HollywoodReporter.com* and *FoodConsumer.org*. A masterful storyteller, his hard-to-put-down accounts of industry manipulation and political collusion promoted his first book, *Seeds of Deception*, into the world's bestseller on GMOs. His just-released new book is titled *Genetic Roulette*.

**Pamela Smith, MD, MPH**

Director, Fellowship in Anti-Aging and Regenerative Medicine

Pamela Smith MD, MPH spent the first 22 years of practice as an emergency room physician at the Detroit Medical Center. In addition to her medical degree, she also has a master's degree in public health. Dr. Smith is an internationally known speaker and author on the subjects of wellness and anti-aging. She is a member of the American Academy of Anti-Aging Medicine and is a board examiner. Dr. Smith is also the author of *HRT: The Answer*, *Vitamins: Hype or Hope*, and *100 Pearls for Healthy Living*.

David Steenblock, DO

Dr. David Steenblock graduated from Iowa State University in 1964 and obtained a MS in Biochemistry in 1967 from Des Moines University. He obtained his DO degree in 1970 also from Des Moines University. He completed a Rotating Internship at Providence Hospital in 1970-1971, served as a solo practitioner in Forks, Washington (a rural logging town) in 1972, and was a Surgical Assistant in Seattle, Washington in 1972-1973. Anatomical and Clinical Pathology, 1973-76, Case Western Reserve University; Clinical Pathology, 1976-77, University of Health Sciences, Portland, Oregon. He has been in private practice, first in Alternative and Complementary Medicine, 1978-1994 in Lake Forest, CA; then in Neurological Rehabilitation, 1994-2006, in Mission Viejo, CA; and most recently, in Personalized Regenerative Medicine, 2007, in Mission Viejo, CA.



James Stoxen, DC

President, Team Doctors Treatment and Training Center

Dr James Stoxen, DC, owns and operates Team Doctors Chiropractic Treatment and Training Center. Team Doctors is one of the first care centers in the world to combine chiropractic care, therapy, active rehabilitation, and strength training for world class athletes in a private rehab training center for national and international competitions. Dr. Stoxen provides chiropractic care and anti-aging consultation and care to numerous top celebrity entertainers. Dr. Stoxen served as the chiropractor for the American Powerlifting Federation from 1986 to 1992. He has been the meet and team chiropractor to over 50 national and world championships. He has chaired medical committees for numerous international sports organizations and has been a chiropractor for many national and world championships in Algeria, England, USSR, Canada, Italy and other countries. He was a pioneer, organizing competitions between the US and the former Soviet Union before perestroika. In fact, in 1989, Dr. Stoxen developed and organized the first sports medicine course for western doctors at the famed National Institute of Physical Culture and Sports Sciences in Moscow USSR.



Paul Ling Tai, DPM, FACFS, ABPS. (Ret.)

Dr. Paul Ling Tai is a trained Podiatric medical physician and Board certified surgeon with expertise in herbal compound engineering, research and development and nine patents credited to his name. In addition to his various capacities, Dr. Tai has served as Chairman of the Podiatric Physicians Continuing Education, as well as Chief Compliance Officer for the state of Michigan, supervising doctors. He is also a professor in the New York College of Podiatric Medicine's Department of Integrative Medicine. Dr. Tai is the author of the best selling books, *Cordyceps Miracles* and *8 Powerful Secrets to Antiaging*.



Eldred Taylor, MD

Dr. Eldred Taylor is a board-certified obstetrician/gynecologist, Director of Integrative Medicine at De Kalb Medical Center in Decatur, GA, and an Assistant Clinical Professor at Emory University School of Medicine. He is co-author of *Are Your Hormones Making You Sick?*



Faculty Biographies



Jacob Teitelbaum, MD

Dr. Jacob Teitelbaum is Medical Director of the Fibromyalgia and Fatigue Centers nationwide. He is senior author of the landmark studies “Effective Treatment of Chronic Fatigue Syndrome and Fibromyalgia – a Placebo-controlled Study” & “Effective Treatment of CFS & Fibromyalgia with D-Ribose”. Dr. Teitelbaum is author of the best-selling books *From Fatigued to Fantastic!*; *Three Steps to Happiness! Healing through Joy*; and *Pain Free 1-2-3: A Proven Program to Get YOU Pain Free!*



James L. Wilson, PhD

Dr. James Wilson is Director of Research at Immunogenics Company of America in Tucson, AZ; President of Future Formulations in Tucson, AZ; and author of *Adrenal Fatigue: The 21st Century Stress Syndrome*.



Abraham Woods, MD



Imre Zs.-Nagy, MD

Born in 1936, Dr. Zs. Nagy obtained his MD degree at Debrecen, Hungary (1961), and has worked in Hungary, Italy, Japan, Switzerland, and the USA. Actually in pension. Dr. Zs-Nagy is the founder and Editor-in-Chief of *Archives of Gerontology and Geriatrics*, published by Elsevier. In 2002, he won the “Monte Carlo Award for Excellence in Anti-Aging Medicine”. Dr. Zs-Nagy speaks Hungarian, English, Italian, German, Russian, and is the author of 275 papers and has presented 350 scientific lectures.

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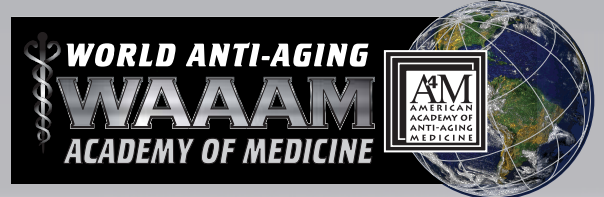


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- Presently valued at **\$55 billion** (2006), the anti-aging industry is growing at an annual growth rate of **9.5%**.³
- The anti-aging marketplace is projected to reach **\$72 billion** by 2009.³

Today the A4M/WCCA estimates that there are more than **100,000** anti-aging physicians and health practitioners practicing worldwide in nearly **100** nations. The A4M also estimates that there are more than **5,000** anti-aging clinics and more than **20,000** medical spas around the world.

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- ✓ Enjoy the prestige of proudly displaying the A4M/WCCA Certificate of Accreditation in your office, and the use of the A4M Seal of Accreditation in your print and Internet marketing materials.

REFERENCES

¹ Release # CB06-FFSE.01-2 "Facts for Features," US Department of Census, http://www.census.gov/Press-Release/www/releases/archives/facts_for_features_special_editions/006105.html.
² "About Boomers," Boomers International, <http://boomersint.org/bindex.htm>.
³ Report PHM041A "Antiaging Products and Services," Business Communications Company, Inc., February 2005.



THE A4M/WCCA ANTI-AGING CLINIC / MEDICAL SPA ACCREDITATION PROGRAM



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Accreditation of anti-aging medical clinics and medical spas serves two primary, fundamental purposes: to assure the quality of the institution and its clinical program, and to assist in the ongoing improvement of the institution or program. The A4M/WCCA Anti-Aging Clinic / Medical Spa Accreditation Program features Standards of Excellence that:

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Don't Miss This Lecture

a presentation by

Dr. Chris D. Meletis, ND

***"New Breakthroughs in Treating Secondary Issues
Related to Thyroid and Adrenal Deficiencies"***

Thursday, August 2, 2007 – 10:30 am to 11:00 am



Meet Dr. Chris D. Meletis, ND

Dr. Meletis is the former Chief Medical Officer, Senior Science Officer and Dean of Naturopathic Medicine for the National College of Naturopathic Medicine (NCNM). In his many roles, he represented the NCNM in the areas of scientific publication, media relations, Institutional Review

Board (IRB) and state mandated pain management program participation, and public lectures. Through the NCNM he also serves as an Oregon Health Science University (OHSU) National Institute of Health grant ambassador.

In addition to his active practice, Dr. Meletis is the Executive Director of the Institute for Healthy Aging, a non-profit corporation dedicated to professional and lay education in the science of healthy aging.

Be sure to stop by our exhibit at booth 405 to receive your complimentary DVD titled *"Orthiodosupplementation: Iodine Supplementation for Whole Body Sufficiency"* by Dr. Guy Abraham, M.D.

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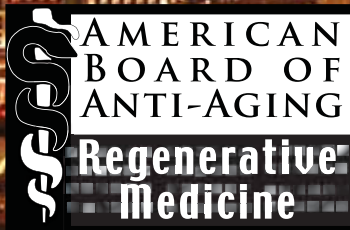
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Notes

Horizontal lines for taking notes.

PRE-CONFERENCE

Thursday, August 2, 2007

WORKSHOP #1: Endocrinology – A Practical Application of Treating Adult Hormone Deficiency Using Bio-Identical Hormone Replacement Therapy

Co-Chair: Ron Rothenberg, MD

Introduction to Treating Adult Hormone Deficiency: The ABC’s with tips on how to boost their safety and efficacy

Thierry Hertoghe, MD

With aging, the production and levels of most hormones decline in adults. The notion that this phenomenon has adverse consequences and may accelerate or even cause premature aging, becomes increasingly accepted.

To keep the body healthy and tight the aged adult body, which in size and volume remains grossly as important as it was in the youthful years, requires amounts of hormones similar to the ones it had during young adulthood. The slow progressive decline in hormone levels with age should therefore be considered as an unfavourable evolution and its correction with hormone supplements to the more youthful concentrations may slow down or even partially reverse the aging processes.

A quick overview of the various anti-aging hormone replacement therapies is presented in this lecture, together with tips on how to make hormone supplementation safer. Basic conditions for such safe treatments consist of focusing on correcting only deficiencies (avoiding any unnecessary treatments), carefully adjusting the dose (“personalizing” the dose to each individual patient), doing regular follow-ups (with cancer screening), using small, physiological doses (avoiding overdoses), correctly balancing the hormone system (and rarely use one hormone alone, because of the risk of unbalancing the system), and last but not least, on preferably using bio-identical hormones (avoiding as much as possible synthetic derivatives of the human body’s natural hormones).

Other measures such as regular exercising, diet adjustments (including avoiding to eat excessively, or cook at too high temperatures), focusing on positive emotions, nutritional supplementation, should be added to the program, as various scientific reports have shown these methods to further reduce the risk and severity of cancer and heart disease and thereby to increase the safety of hormone treatments.

Testosterone – Andropause and Sexual Health

Thierry Hertoghe, MD

This presentation will review the current medical literature on Testosterone Replacement Therapy in men and women and provide practical algorithms for treatment. Symptoms of deficiency will be reviewed. Different methods of replacement will be discussed, lab evaluation reviewed, side effects and downstream metabolites will be covered. The relationship of TRT to cognitive function, cardiovascular function, prostate disease, body composition and quality of Life will be analyzed. Protocols for safety and treatment of side effects will be presented.

Goals and Objectives:

- Learn the symptoms of testosterone deficiency
- Learn the different methods of TRT
- Learn how to evaluate Serum free, total and bio-available testosterone

continued on page 66



HOLIDAY INN,
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Bio-Identical Hormone Symposium SAN DIEGO, CA September 27-30, 2007



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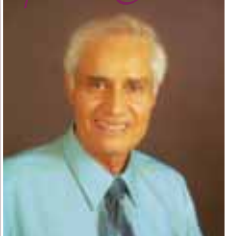


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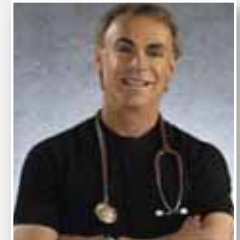
Khalid Mahmud, MD, FACP



Thierry Hertoghe, MD



Jonathan Wright, MD



Ron Rothenberg, MD, FACEP

This course is approved by Medical Educators Consortium for a maximum of 25 CME credit hours toward category I AMA physician recognition award. The cost is \$795.00 for early registration and \$895.00 at the door.

Thursday, September 27th
Friday, September 28th
Saturday, September 29th
& Sunday, September 30th, 2007

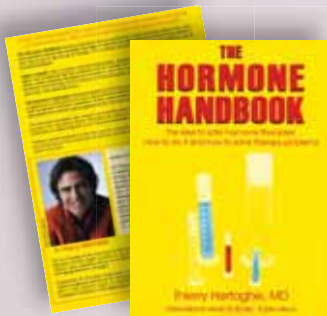
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BOOTH 613



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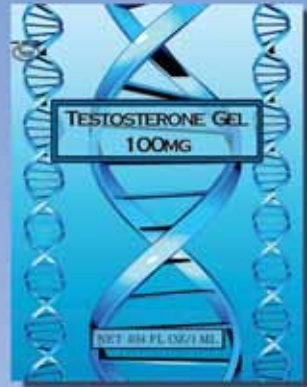
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Notes

Thursday, August 2, 2007

WORKSHOP #4: New Breakthroughs in Anti-Aging Medicine

Co-Chair: Alan Bauman, MD

The Human Body as a Holographic Computer: Structure, Nutrition, Allergies, and Toxins

David G. Lee, D.C., Ph.D., C.Ad.

Interferences to Wellness

I. Structural Interference, Re-establish structural integrity

- A. Brain Integration
- B. Cranial Nerves
- C. Cranial/Sacral Techniques
- D. Cold Laser
- E. Massage and other Body Work
- F. Rehabilitative Exercise
- G. Spinal Manipulation
- H. Visceral Manipulation

II. Electrical Pollution, Rebalance electro magnetics

- A. Enzymes
- B. Magnets
- C. Harmonizers and EM Shields
- D. Auricular Therapy

III. Nutrition

- A. Reset Adrenals (GAS)
- B. Replenish nutrition
- C. Reduce infective organisms
- D. Replace enzymes and/or HCL
- E. Restore proper bowel flora
- F. Electrical Acupuncture according to Voll and Bio-coherence testing
- G. Muscle testing and Kinesiology

IV. Allergies/Sensitivities

- A. Reprogram the body for allergy/sensitivities
- B. N.A.E.T., Brimhall, and other techniques

V. Emotions

- A. Re-evaluate emotional patterns and remove limiting belief systems
 - 1. Color Therapy
 - 2. Sound Therapy
 - 3. Ocular Release
 - 4. Guided Imagery
 - 5. Emotional CPR and Profusion techniques
 - 6. Heart Center Point Therapy

VI. Toxins

- A. Remove heavy metals and other toxins from the body
 - 1. Evaluate metals and toxicity levels
 - 2. Homeopathics
 - 3. Frequency modulation

continued on page 86

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Notes

4. Cold Laser
5. Ionic Cellular Cleanse

Goals and Objectives:

- Re-establish structural integrity
- Rebalance electro magnetics
- Re-evaluate emotional patterns and remove limiting belief systems
- Remove heavy metals and other toxins from the body

Immune Senescence and Anti-Aging Initiatives

Stephen Holt, MD, LLD(Hon.), ChB, PhD, DNM, FRCP (C), MRCP (UK), FACP, FACG, FACN, FACAM
Immune function involves a complex cascade of events that decline or dysregulate with age. While mature, memory T cells (CD45R0+) may be abundant in the elderly, universal involution of the thymus limits clonal expansion of these cells. “Old T cells” respond poorly to antigenic stimulation, with a resulting decrease in cell-mediated immune responses. Compromise of B cell activity also occurs with age and antibody specificities may change from those directed at foreign antigens to autoantigens, resulting in the emergence of autoimmunity. A change in antibody isotypes from IgG to IgM often occurs and affinities of antibodies for antigens may diminish. Practitioners of Integrative Medicine have tended to obsess about ways of enhancing specific immune functions, such as Natural Killer cell actions (NK cell activity), with a limited focus on the correction of widespread changes in immune status with age.

Poor nutritional status in the elderly is a key cause of immune deficiency and many studies imply that improved diets and nutritional supplementation may result in improvements in immune function, as evidenced by improved skin test responses, increased T lymphocytes (CD4+ cells), enhanced lymphocyte proliferative responses, increased NK cell activity and improved measures of delayed hypersensitivity. While a balanced range of vitamin or other nutritional supplements may improve immunity, it is inappropriate to “believe” that single high dosage nutrients are of specific clinical benefit for enhancing immunity. In fact, mega-dosages of single nutrients, e.g. zinc, vitamin C or E, may sometimes exert unwanted pro-oxidant effects and impair immunity. Large dosages of zinc administered to the elderly reduce cell-mediated immunity and neutrophil function. While the elderly are known to have reduction in responses to vaccination and a higher prevalence of infections, nutritional attempts to correct these problems may be more related to balanced nutrition with a wide range of vitamins, phytochemicals and other nutrients. Holistic nutrition acts in concert and harmony to support immunity.

It is time to reappraise the use of natural substances for immune modulation or stimulation in clinical practice. The widespread former interest in MGN-3 (BRM-4) on immune function has been somewhat replaced by the limited actions of AHCC, used alone. Comparative studies of mixed formulations of natural substances that have an evidence-base for immune stimulation or modulation, versus single agents like MGN-3 (BRM-4), show more potent and versatile effects on immune function. A complex herbal, nutrient and botanical formula has been shown to stimulate NK cell activity much greater than the use of MGN-3 (BRM-4) alone; and effects on cytokine and interleukin synthesis were more versatile with

continued on page 90

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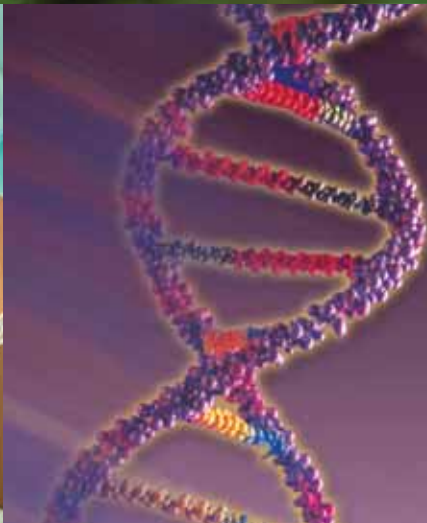
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All other devices that make similar claims to the Arasys are muscle stimulators. What this means is that they cause a depolarization of the skeletal muscle and result in a contraction that is powered by the limited ATP supply (cell energy) stored within the skeletal muscle. Unlike muscle stimulators, Arasys uses advanced MENS technology programmed into an intricate complex waveform composed with up to 1000 frequencies. The waveform is built to analyze, artificially increase and ultimately counteract what would be equivalent to resistance training. Arasys electronic mechanism is hand made to automatically resonate the rhythm of neuro-

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3 TREATMENTS

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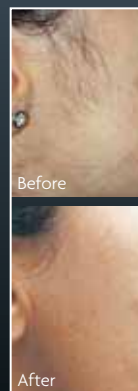
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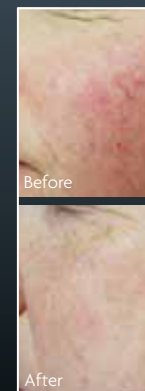
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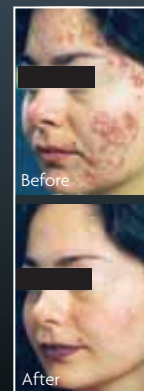
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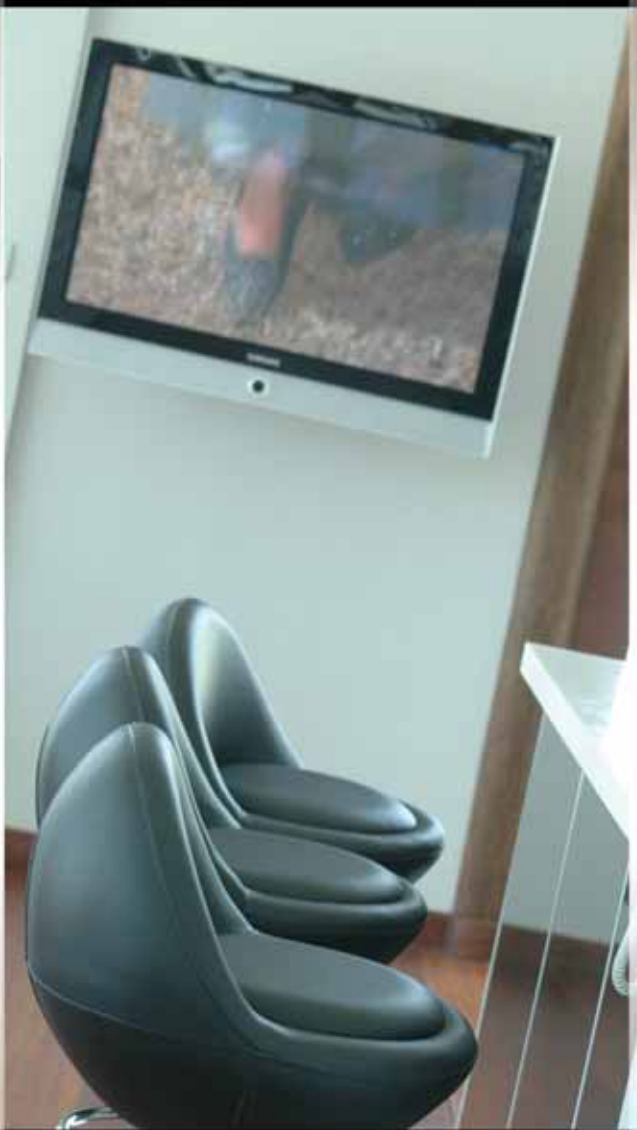
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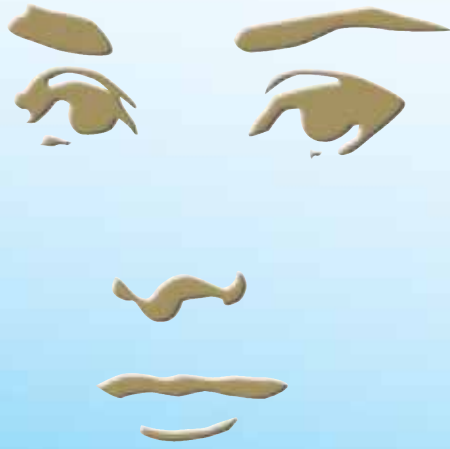


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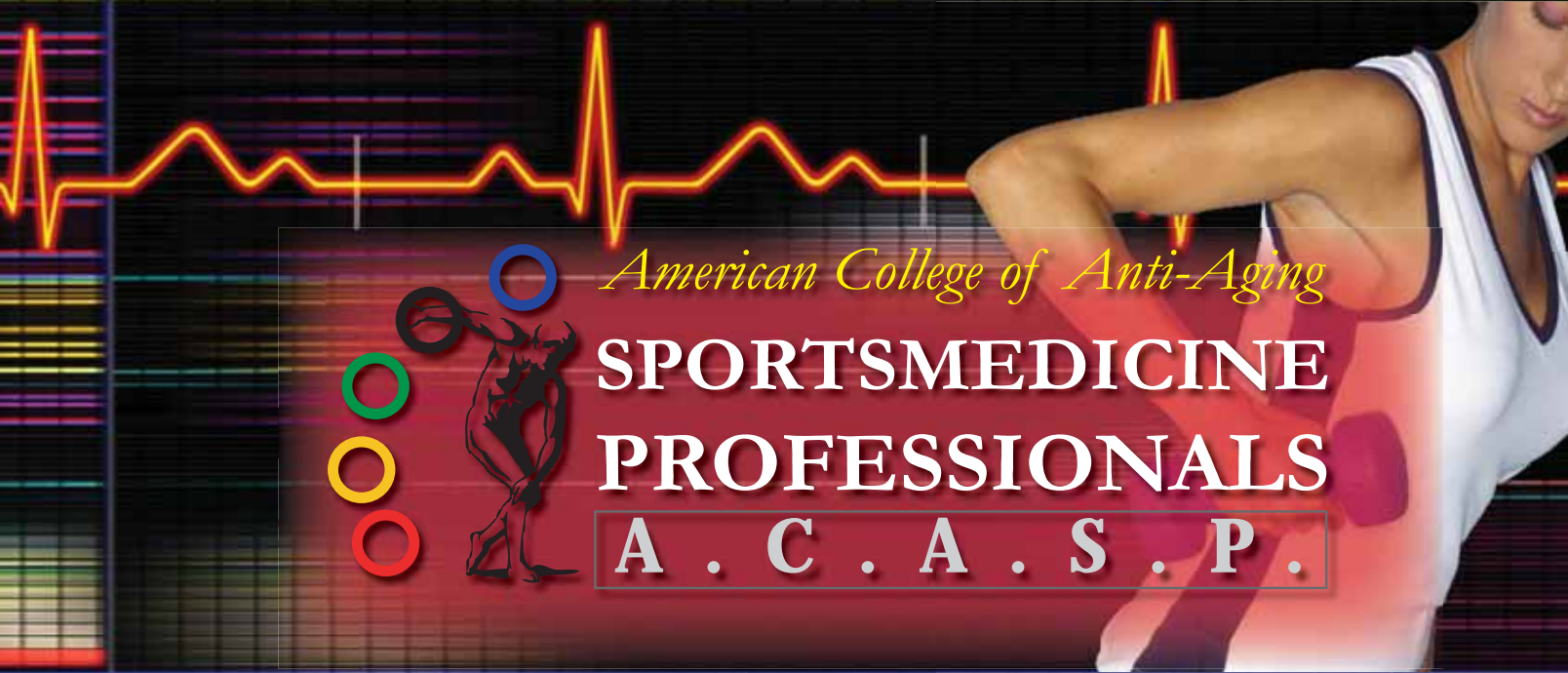
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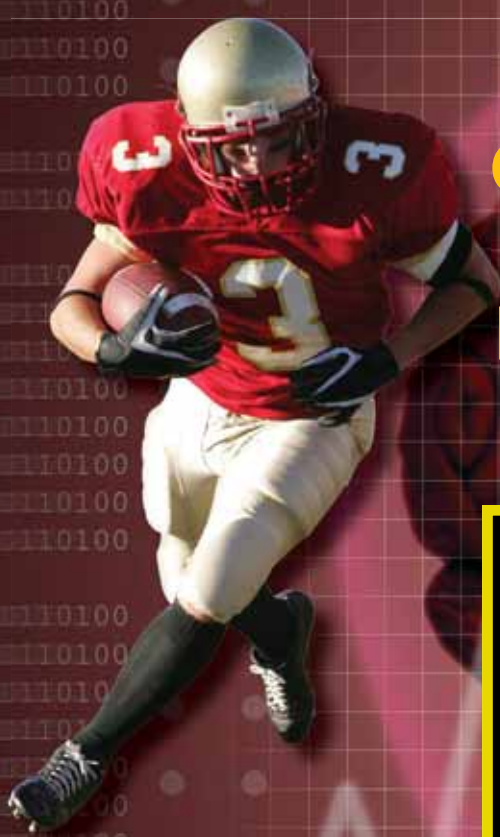
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continued from page 132

Friday, August 3, 2007

Notes

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continued on page 136

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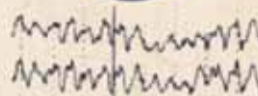
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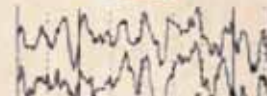
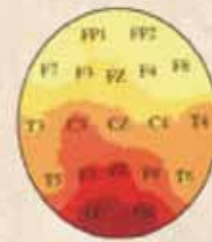


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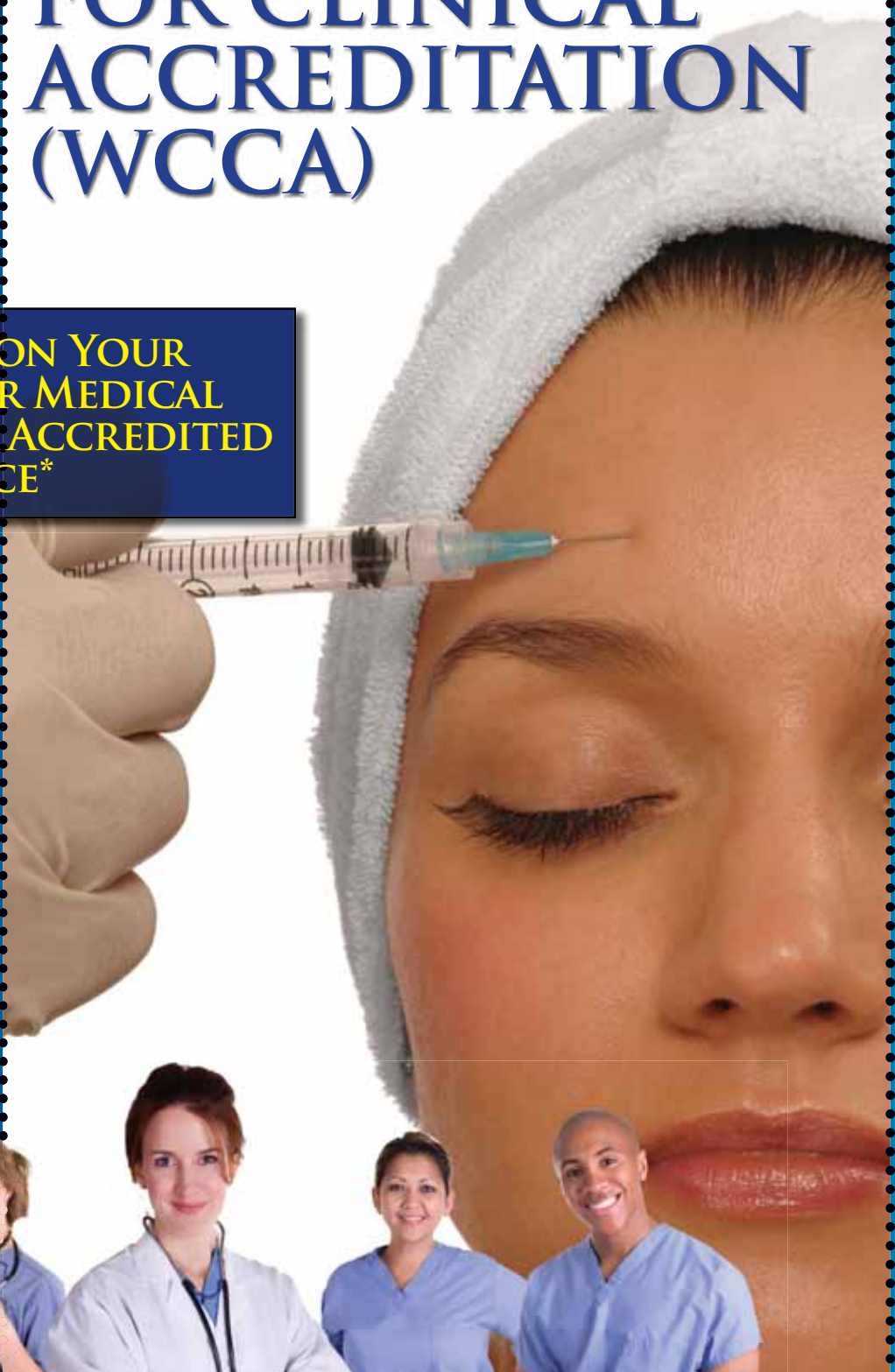


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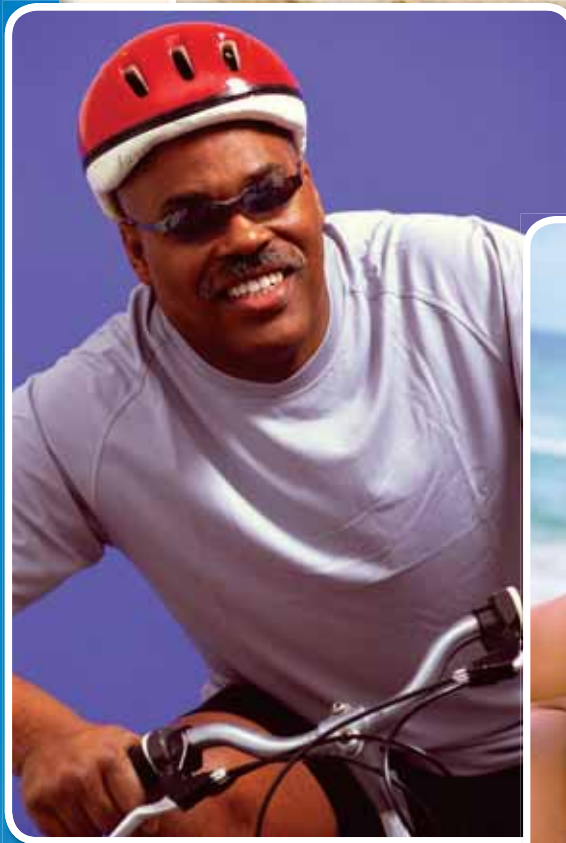
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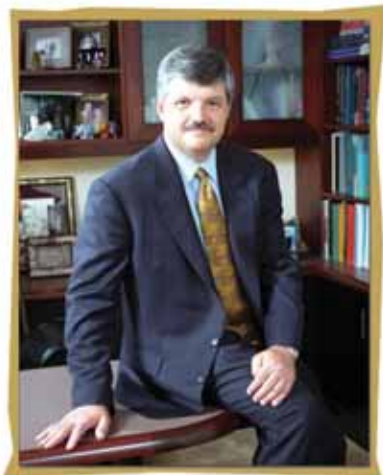
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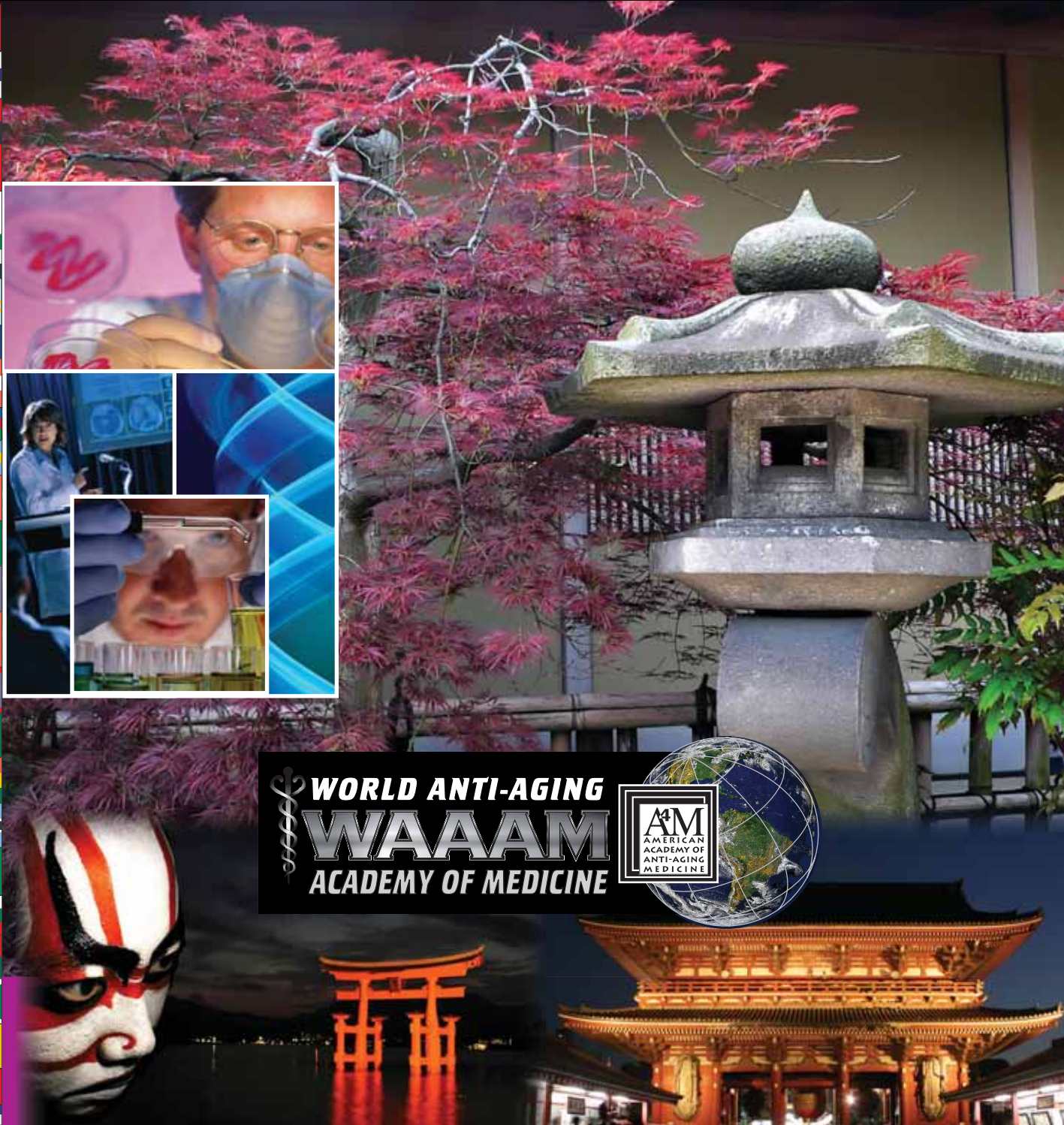




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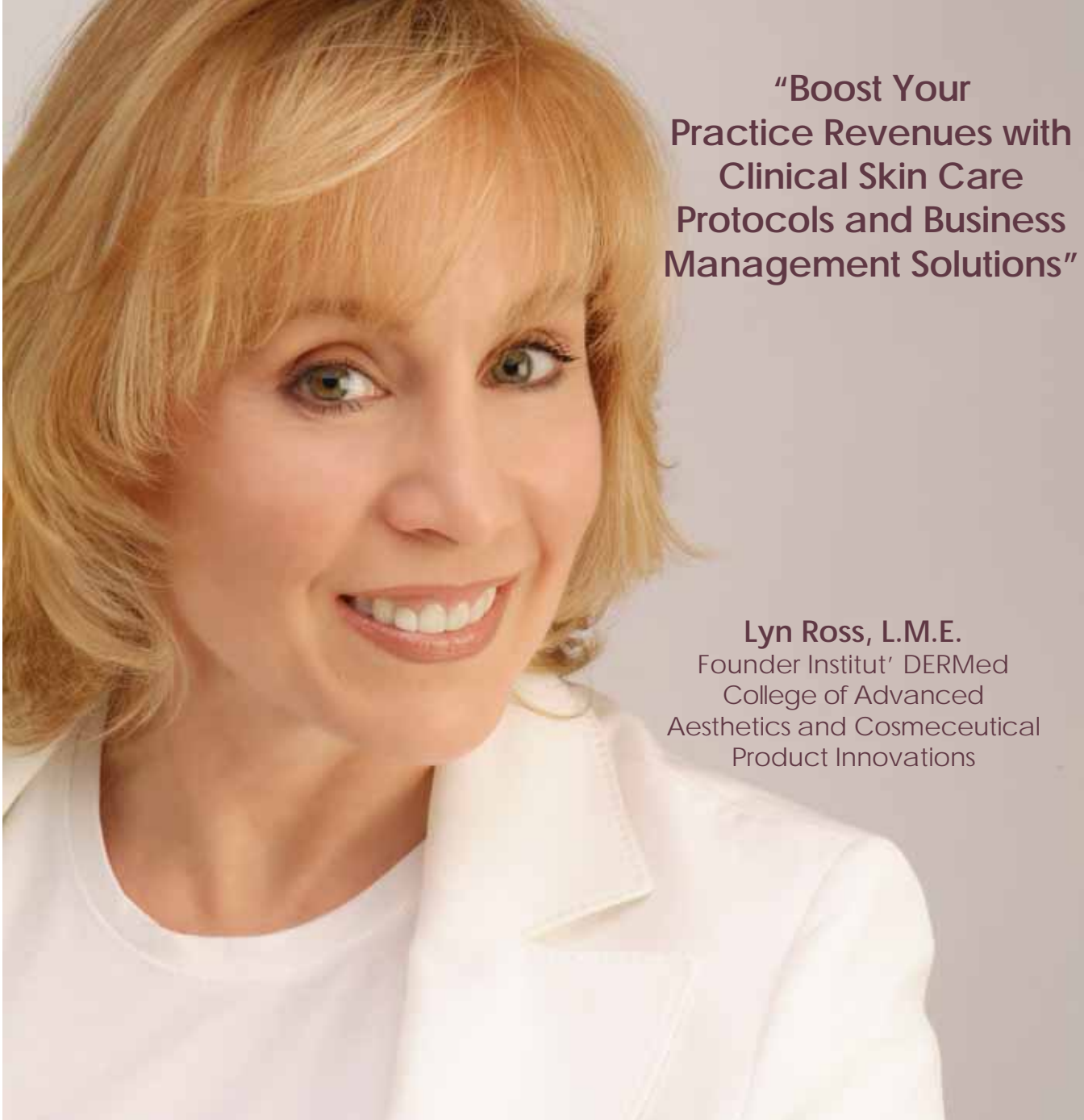


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A close-up portrait of Lyn Ross, L.M.E., a woman with blonde hair, smiling. She is wearing a white lab coat over a white t-shirt.

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Medical License Defense and Malpractice Medical Liability Insurance Issues

Being Your Own Advocate: Approaches to Medical Licensing Defense

Algis Augustine, Esq.

The regulatory climate of health care poses challenges for providers, particularly those utilizing cutting-edge technologies or offering alternative approaches to traditional medicine. Professional licensing boards have become increasingly proactive in their discipline of health care providers, which speaks to the importance of securing competent representation for any provider involved in a professional licensing case.

This presentation will also provide an overview of the disciplinary process, investigation techniques, and the rules and regulations which can be most troublesome to providers.

The importance of adequately considering these issues can not be overemphasized. In many cases, a provider can be spared the expense, stress and adverse publicity of a disciplinary proceeding by implementing preventative strategies in his or her everyday practice; responding properly to informal board requests; and, when necessary, retaining counsel to wage an effective settlement campaign. The ultimate goal of this presentation is to allow providers to be their own best advocate by understanding the disciplinary process and selecting effective representation when needed.

Goals & Objectives:

- To enable providers to adopt preventative strategies to disciplinary action
- To provide an overview of professional licensing proceedings
- To discuss the disciplinary rules and regulations of primary interest to providers

continued on page 174

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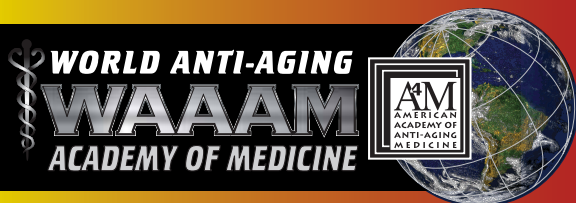


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continued from page 170

Saturday, August 4, 2007

Notes

Medical Liability Insurance Issues

Edward J. Kuhn

There are specific risks and liability issues associated with being a healthcare practitioner of anti-aging and alternative medicine. New liability insurance products are emerging to address these exposures, since standard insurance carriers and state specific physicians-owned mutual insurance companies are not covering these procedures.

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The key element is specialized training in the specific procedures such as hormone therapy and injectables. At this point, no one can predict the future in terms of the type of liability suits that may happen or to what extent. Risk management measures include proper training, informed consent forms, managing patient expectations and interfacing with various stakeholders in your practice. Liability insurance is all about protecting your practice and your reputation from potential liability.

continued on page 176



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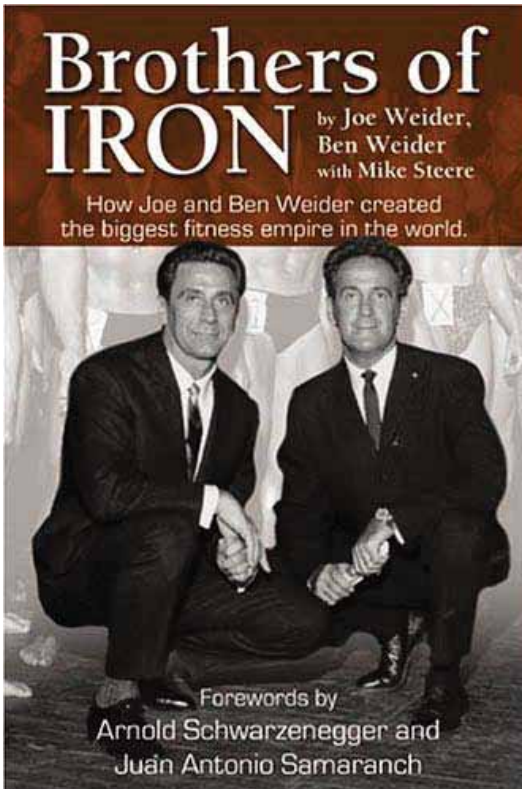


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wide. Forewords by Juan Antonio Samaranch, former president of the International Olympic Committee (IOC) and bodybuilding legend and California Governor Arnold Schwarzenegger, the book also features 24 pages of rare photos from the Weider personal collection.

The Weiders will make appearances at select bookstores (in North America) to include Barnes & Noble in November and December. For the most up-to-date schedule of appearances, visit www.ifbb.com.

Brothers of Iron is available in bookstores, at www.amazon.com, or through www.sportspublishingllc.com. With the purchase of 12 or more books, a discounted rate is available. For more information, contact Rob Wilkins via e-mail at robifbb@yahoo.com.

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Research Recaps

Latest Treatment Strategies for BPH, *continued from page 7*

urethra by making a few small cuts in the bladder neck, where the urethra joins the bladder, and in the prostate gland itself. Because TUIP is a relatively new procedure, its advantages and long-term side effects have not been clearly established.

Open surgery is done when the gland is greatly enlarged, when there are complicating factors, or when the bladder has been damaged and needs to be repaired.

Innovative Procedures

Recent innovations in BPH treatment have been driven by the public's increasing aversion to drug therapy for the condition, concerns regarding the permanency of minimally invasive procedures, and dissatisfaction with potential adverse effects of surgical treatments.

Botox®

The University of Pittsburgh Medical Center (USA) has been working in conjunction with Chang Gung University Medical College (Taiwan) in evaluating the use of Botox® injections directly into enlarged prostates. In

a small study completed by these institutions and announced in May 2007, about 75% of the men treated experienced 30% or better symptom relief following the treatment. None of the subjects experienced significant side effects (such as erectile dysfunction or urinary incontinence). In a single injection taking about 5 minutes, Botox® was shown to be immediately successful – with symptom relief lasting up to a year. Follow-up exams conducted 6- and 12-months post-treatment showed an up to 15% reduction in prostate size among some of the subjects, suggesting that Botox® exerted a controlled form of prostate cell death that shrank the gland.

Laser Surgery

In March 1996, the FDA approved a surgical procedure that employs side-firing laser fibers and Nd: YAG lasers to vaporize obstructing prostate tissue. The doctor passes the laser fiber through the urethra into the prostate using a cystoscope and then delivers several bursts of energy lasting 30 to 60 seconds. The laser energy destroys prostate tissue and causes shrinkage.

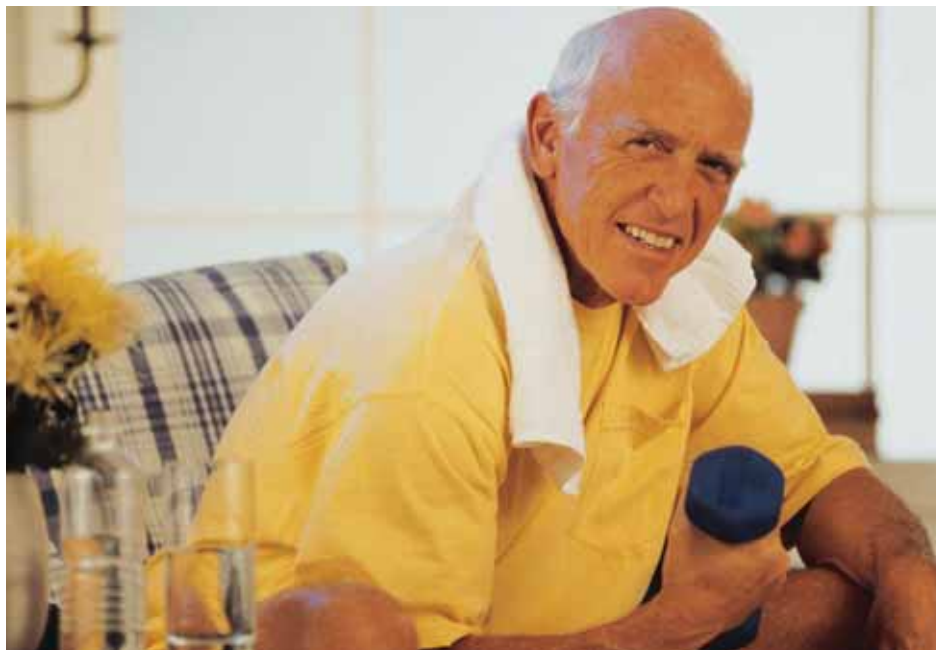
As with TURP, laser surgery requires anesthesia and a hospital stay. One advantage of laser surgery over TURP is that laser surgery causes little blood loss. Laser surgery also allows for a quicker recovery time. But laser surgery may not be effective on larger prostates. The long-term effectiveness of laser surgery is not known.

Newer procedures that use laser technology can be performed on an outpatient basis. In photoselective vaporization of the prostate (PVP), the surgeon uses a high-energy laser to destroy prostate tissue and seal the treated area. With interstitial laser coagulation, the surgeon uses direct contact of the fiberoptic probe into the prostate tissue to destroy it.

PVP

Photo-Selective Vaporization of the Prostate (PVP) is a new minimally invasive surgical technique for BPH. The GreenLight PVP Laser Procedure offers a unique and simple solution to BPH because it combines the effectiveness of TURP, the surgical “gold standard” with the safety, comfort and ease of a minimally invasive treatment. The GreenLight PVP Laser Procedure uses a very high powered laser light source (80 W potassium-titanyl-phosphate laser) and fiber optic delivery system developed by Laserscope in concert with researchers from the Mayo Clinic to immediately vaporize and precisely remove enlarged prostate tissue. The PVP technique is a fast, outpatient treatment that satisfies both the subjective (symptom relief) and objective (uroflowmetry results) outcomes of a successful BPH treatment. Other minimally invasive BPH treatment options (such as TUMT, microwave, TUNA, thermotherapy) require compromises to be made by the patient and/or the physician. The PVP procedure is performed in an outpatient setting, typically a hospital or surgical

continued on page 190



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Research Recaps

Latest Treatment Strategies for BPH, *continued from page 188*

center, with average operative times normally less than 60 minutes. Once the procedure is completed, patients have immediate post-operative symptom relief and dramatic improvements in symptoms, urinary flow rates, and bladder emptying. Long-term follow-up data from a Mayo Clinic study indicate that these dramatic improvements have been durable for approximately a 5-year follow-up period. Post-operative side effects, if any, have been minimal and transient. To-date, more than 200,000 GreenLight PVP procedures have been performed worldwide.

In May 2007, Dr. K. Rajbabu and colleagues from the Department of Urology, King's College Hospital (United Kingdom) report in the *British Journal of Urology* on their study conducted to assess the efficacy of photoselective vaporization of the prostate (PVP) in men with prostates of >100 mL and causing bladder outlet obstruction (BOO), using the high-power 80 W potassium-titanyl-phosphate laser (GreenLight PVP Laser). The team assessed 54 consecutive patients with prostates of >100 mL (mean 135, sd 42, range 100-300) who had PVP between May 2003 and August 2005. Evaluations before PVP included urine flowmetry, the International Prostate Symptom Score (IPSS), a quality-of life (QoL) score, prostate-specific antigen (PSA) level, and prostate volume measured by transrectal ultrasonography (TRUS). They found that the mean (sd) maximum urinary flow rate improved from 8.0 (3.1) to 18.2 (8.1), 18.5 (9.2), 17.9 (7.8) and 19.3 (9.8) mL/s at 3, 6, 12 and 24 months, respectively. Additionally, the IPSS and QoL scores showed similar improvements, and there was a statistically significant reduction in PSA level and prostate volume after PVP. The researchers also note that there was no major complication and no patient had transurethral resection syndrome or a blood transfusion. In conclusion,

the team states that: "The short- and medium-term outcomes show that this technique can be a viable alternative to open prostatectomy."

In March 2007, Dr. DM Bouchier-Hayes and colleagues from the Galway Clinic (Ireland) reported on their comparison of GreenLight PVP to transurethral resection of the prostate (TURP). The team randomized 120 subjects to undergo either TURP or PVP after evaluation, which is repeated at 1, 3, 6 and 12 months. Irrigation use, length of catheterization time (LOC), length of hospital stay (LOS), blood loss, cost and operative time are also assessed. To date 87 patients are evaluable. In summary, both groups showed a significant increase in maximal flow rate (Q(max)) from baseline ($P < 0.05$). In the TURP group it increased from 8.7 to 17.9 ml/s (149%), and in the PVP group from 8.5 to 20.6 ml/s (167%). International prostate symptom scores (IPS-scores) decreased from 25.4 to 11.1 in the TURP group (56.5%), and from 27.2 to 12.2 in the PVP group (54.08%). Similar trends were seen in relation to bother and quality of life scores. There was no difference in sexual function as measured by baseline sexual function questionnaires. LOC was significantly less in the PVP group ($P < 0.001$), the mean for PVP being 13 h (range 0-24) vs 44.7 h for TURP (range 6-192). A similar situation was seen in relation to LOS ($P < 0.000000001$), with the mean of the PVP group being 1.09 days (range 1-2) and the mean for the TURP group being 3.6 days (range 3-9). Adverse events were less frequent in the PVP group. Costs are also 22% less in the PVP group. Dr. Bouchier-Hayes and colleagues conclude that: "This trial demonstrates that PVP is an effective technique when compared to TURP, producing equivalent improvements in flow rates and IPSS scores with markedly reduced LOS, LOC and adverse events."

continued on page 192

My Experience with GreenLight Laser Photoablation of Prostate for BPH

by Ira L. Goodman MD, FACS

Dr. Ira Goodman is trained as a surgical ophthalmologist. A Diplomate of A4M, he is also now enrolled in the A4M Fellowship Program. He can be reached at iragoodman@mac.com.

I thought this summary of a recent experience would be useful to other members of A4M.

I recently had a procedure for BPH that I think will be the standard of care in the future for this common problem. Like many men, I have had problems with BPH. Symptoms like nocturia, urgency, frequency, and occasional obstructive symptoms were becoming progressively worse over a period of 15 years. I had a negative prostate biopsy. I was then prescribed finasteride, which caused a number of adverse side effects.

With my BPH symptoms worsening, I wanted to do something definitive to be able to sleep longer without getting up 2 to 5 times each night to urinate and I also wanted to avoid the side effects of drugs. I looked into all the available procedures. With GreenLight laser photoablation, 5 to 70% of the prostate is vaporized so your PSA decreases and BPH symptom relief is as good as with a TURP. To conduct this procedure, I selected Dr. Mahmood Hai, who is a urologist practicing in Michigan. He has performed over 2,000 GreenLight PVP procedures, helped develop the protocols, and teaches courses to other urologists.

The procedure was conducted under local anesthesia (with IV sedation on-standby) and took about 1 hour since my prostate was so large. I did need a catheter overnight. Post operatively I experienced no pain (just slight discomfort from the catheter), some hematuria intermittently for 2 months, and an immediate improvement in flow. The nocturia has diminished and there are nights I do sleep through the night. I am told this will improve with time. As of this writing (June 2007), I am now 4 months post op. I am now off all BPH medication. If I had to do over again I would have done this procedure 5 years ago to avoid drug therapy altogether and at a time when my prostate size was smaller.

In summary Photo-Selective Vaporization of the Prostate (PVP) allowed me to discontinue a toxic drug with global effects, and dramatically improved my flow. It also allowed me to achieve better sleep with all corresponding benefits to my immune system and energy levels. It decreased my future chances of prostate cancer (although not eliminate it) since the majority of my prostate is removed.

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Research Recaps

Latest Treatment Strategies for BPH, *continued from page 190*

In November 2006, Dr. I. Kuromatsu and colleagues from the Department of Urology, Nagoya Central Hospital (Japan) completed GreenLight PVP on 57 patients, mean age 71.0 +/- 8.3 years (range 52 to 86), all with lower urinary tract symptoms secondary to benign prostatic hyperplasia. The procedures were performed without any intraoperative complication. None of the patients required continuous bladder irrigation or blood transfusion postoperatively. The preoperative prostate volume was 41.0 +/- 24.9 (mean +/- SD, range 6.7 to 107.2) and the preoperative serum PSA was 4.5 +/- 4.1 ng/ml. Preoperative and immediate postoperative serum sodium concentration was 141.9 +/- 1.8 mEq/L and 142.2 +/- 1.8 mEq/L, respectively (p = 0.23). The hemoglobin value changed from 14.0 +/- 1.4 mg/dl preoperatively to 13.4 +/- 1.4 mg/dl postoperatively. The operating time was 68.3 +/- 35.0 minutes (range 21 to 170) and total laser energy was 171.1 +/- 80.3 kJ (range 18.1 to 484.8). The catheter indwelling time

was 18.6 +/- 3.3 hrs (range 15 to 48). At 2 weeks and 1, 3 and 6 months the International Prostate Symptom Score decreased from 20.2 +/- 8.9 to 11.4 +/- 7.8, 9.3 +/- 6.0, 6.6 +/- 5.0 and 6.1 +/- 5.0, respectively. The maximum urinary flow increased from 7.2 +/- 2.9 mL/s to 13.6 +/- 7.6, 12.2 +/- 6.1, 15.3 +/- 7.4, and 15.3 +/- 7.5 mL/s, respectively. Concludes Dr. Kuromatsu's team: "Photoselective vaporization of the prostate (PVP) using the high power (80 W) potassium-titanyl-phosphate laser [Greenlight PVP] for benign prostatic hyperplasia (BPH) proved to be an effective and safe procedure for our patients."

In May 2006, Dr. WJ Fu and colleagues from the Department of Urology, Chinese People's Liberation Army General Hospital, Military Postgraduate Medical College (China), published findings from 85 high-risk patients with obstructive BPH who underwent GreenLight PVP. They note that the chief advantages of PVP were: short operative time (25.6 +/- 7.6 min), little

bleeding loss (56.8 +/- 14.3 mL) and short indwelling catheterization (1.6 +/- 0.8 d). In their subjects, the IPSS and QoL decreased from (29.6 +/- 5.4) and (5.4 +/- 0.6) to (9.5 +/- 2.6) and (1.3 +/- 0.6), respectively. The vast majority of patients were satisfied with voiding outcome. The mean maximal urinary flow rate increased to 17.8 mL/s and postvoid residual urine volume decreased to 55.6 mL. These results are significantly different from preoperative data (P < 0.05). No patient required blood transfusion or fluid absorption. There were few complications and very high patient satisfaction after operation. Dr. Fu's team concludes that: "PVP has a short operative time and high tolerance, and is safe, effective and minimally invasive for high-risk patients, therefore it might be considered as a good alternative treatment for high-risk patients with obstructive urinary symptoms as a result of BPH."

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continued from page 5



Rise in High-Level Aged Care, Growth of Aged Care Facilities

The Australian Institute of Health and Welfare issued a report in the increasing aged care demands in that nation. The number of aged care residents requiring high-level care increased by 18.9%, up from 58% in 1998. Concurrently, the proportion of residents requiring low-level care declined from 38% to 31%. In addition, the report showed there were 154,872 aged care residents in 2006, with 53% of them age 85-plus. The report also found the size of residential aged care facilities grew, up from an average of 46 places per-facility in 1998 to 60 places per-facility in 2006.

Sydney Morning Herald (Australia), 15 June 2007.



Financial Implications of an Aging Nation

Bank of Canada Governor Mr. David Dodge warned that in the coming decade, the nation's aging population will challenge economic growth, leave the country more vulnerable to inflation, and result in higher interest rates. While the growth of the workforce has been responsible for half of Canada's economic growth, the aging population and decline in proportion of people working "has begun to have, and will continue to have, a direct impact ... on the growth of our economy's potential output," says Mr. Dodge. Until now, Canada's economy has been growing at just under 3% annually without creating inflation. This scenario has been possible due to the continued steady growth of the nation's workforce, at about 1.5% a year. The Bank of Canada predicts that unless the nation improves economic productivity in the wake of the demographic changes, Canada will face a sluggish economic picture.

The Globe and Mail (Canada), 14 June 2007.



Poor Dental Health Plagues Chinese Elderly

China's Health Ministry reported that 98.4% of Chinese elderly between 65 and 74 suffer from tooth decay, and nearly 92% of them did not receive treatment. On average, Chinese elderly lose an average of 11 teeth after turning 65, and 7% of Chinese age 65-plus have no teeth left. While the report showed that dental health was better for urban residents than people living in the countryside, Mr. Qi Xiaoqui, Director of the Health Ministry's Disease Control Bureau commented that: "Chinese people's dental health has not greatly improved with the country's rapid economic development."

Associated Press, 14 June 2007.



Aging in Canada to Cause Nominal Healthcare Cost Increases

Many of Canada's health economists are calling the annual increase in healthcare costs anticipated to be caused by the aging population will be a manageable 1 to 2%. Several studies point out that the majority of seniors could live up to 30 or more additional years, potentially without major disabilities, after turning 65. Presently, the fastest growing segment of seniors in Canada is the age group 85-plus. Many of them either live independently or with minimal assistance. According to the Heart and Stroke Foundation of Canada, 7 of 10 Baby Boomers are not obese, a factor which experts believe will minimize future burdens on the nation's healthcare system.

Toronto Star (Canada), 12 June 2007.

continued on page 196

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continued from page 194



Suburbs are Graying Faster Than Cities

The Brookings Institution, a nonpartisan research group, released a report that identified aging-related growth trends in America's cities and countryside. The report found that America's suburbs are aging more rapidly than the nation's central cities. Mr. William Frey, a Brookings demographer, commented that: "Suburbs, which previously were considered youthful and family-friendly parts of America, will, as more seniors age in place, become a fast-graying part of our national landscape." The Institution also found a migration of wealthier and more educated older suburbanites to the nation's cities. The greatest growth in the 55- to 64-year-old group has been in metropolitan areas in the West and Sun Belt (such as Atlanta, Las Vegas, and Phoenix). Dr. Frey also commented that the extraordinary growth in the number of Americans age 55 to 64 will fuel a "senior tsunami" beginning in less than four years when the first Baby Boomers turn 65.

The New York Times, 12 June 2007.



Doubling of the Nation's Elderly by 2050

The Czech Statistical Office has projected that the number of people age 65-plus in the nation may double in the next four decades, rising from the current 1.49 million to stand at 2.96 million, by 2050. In addition, while in 2005 34,4600 Czechs were age 90-plus, that number will rise to 52,000+ by 2050. The nation's aging index – the number of people over 65 in relation to the number of children under 14 – will also rise sharply. The Czech aging index was 60 in 1990, rose to 85 in 2000, and is projected to stand at 114 in 2010.

Ceske Noviny (Czech Republic), 12 June 2007.



Alzheimer's Cases May Quadruple by 2050

The Alzheimer's Association reported that while 26 million people worldwide presently have Alzheimer's Disease (AD), that number will quadruple by 2050. At that rate, 1 in ever 85 people will have the disease in 40 years. The biggest surge in AD cases is projected to affect Asia: by 2050, the region will be home to 62.8 million of the world's projected 106 million AD patients. Dr. Ron Brookmeyer, of Johns Hopkins University, who led the newest Alzheimer's Association study, observed that: "If we can make even modest advances in preventing Alzheimer's Disease, or delay its progression, we could have a huge global public health impact."

Associated Press, 10 June 2007.



Nation's Elderly Urged to Work

Japan's government issued a White Paper highlighting the unprecedented transformation of the nation to an aging society. In Japan in the next 50 years, more than two-fifths of the population will be over age 65, doubling current figures. While presently there are more than 3 people of working age to support each person age 65-plus, by 2055 there will be just 1 younger person to support each pensioner. In an attempt to ease possible economic hardships posed by this demographic shift, the Japanese government is now promoting employment among the elderly and assisting people in their 50s to shape post-retirement plans. The White Paper encourages that: "Businesses should change their assumption that the elderly are useless ... workers should prepare from an early age so that they will be able to work when they are old."

BBC News, 8 June 2007; Reuters Health, 8 June 2007.

continued on page 197

M CARE

ISSUE 2 2007

M CARE

A REPORT FROM THE MEDICAL COMMITTEE FOR AGING RESEARCH AND EDUCATION

continued from page 196



The Older Are Living Longer

Mr. Richard Willets, a leading expert in longevity in the United Kingdom, has reported that the last decade has seen the sharpest rise in longevity. In the United Kingdom 10 years ago, a 65-year-old was expected to have a life expectancy of 18 more years. Today, the remaining life expectancy for someone age 65 is now 22 to 23 years. This translates into an increase in life expectancy of older people of 5 hours a day.

The Economic Times (India), 8 June 2007.



More Women Succumb to Strokes, Risk Can Be Reduced

The Heart and Stroke Foundation of Canada reported that strokes claim 45% more women than men, despite men of all ages having a higher stroke risk. In 1973 in Canada, there were more than 8,500 female deaths from stroke, compared to 7,700 deaths of men – a 10% difference. More than 30 years later, in 2004, deaths of women from stroke increased to nearly 8,700, while the number of male deaths dropped to under 6,000. The Foundation speculates that women face a higher risk of stroke because they live longer on average than men, and stroke mortality rises with age. While contributing factors such as high blood pressure and elevated cholesterol can be controlled, the Foundation highlighted some additional factors unique to women placing them at increased risk of stroke. Research indicates that women age 20 to 44 suffering from migraines have twice the risk of stroke. Women who see flashing dots or have blind spots during a migraine could be up to 10-times more likely to have a stroke. Additionally, women who smoke, have high blood pressure, migraines, or blood clotting disorders while on the birth control pill elevate the risk of stroke. Dr. Antoine Hakim, Director of the Canadian Stroke Network, noted that: “Women can prevent strokes if they control the risk factors.”

The Toronto Star (Canada), 6 June 2007.



Enacting New Initiatives to Care for Aging Population

The Yemen Ministry of Social Affairs and Labor met to prepare the Republic's first national report on the elderly, five years after implementing the Global Action on Aging program. The Ministry reported that elderly people compose 9.07% of Yemen's population. The dearth of elderly in Yemen has a dire meaning: it means that most people in Yemen die before they ever reach old age. The Ministry's report recommends that the Republic adopt a special law and establish an elderly care system, and focus on the reintegration of elderly into society. It also recommended the establishment of recreational places for the elderly, the assumption being that physical activity could make older people feel happier and keep them healthier. Mr. Noor Abbad, Assistant Deputy for the Social Welfare Department at the Ministry of Social Affairs and Labor commented that: “Yemen is interested in the various segments of society, but the segment of the elderly did not have adequate care ... The meeting focused on the activation of field surveys and the creation of a database on the elderly people in our country,”

Yemen Observer, 5 June 2007.



The Costs of Aging

With the average life expectancy in the United States now standing at 83 for women and 78 for men, 78 million American Baby Boomers are opting for an active lifestyle to extend their health and longevity. However, many experts urge this population to take action to protect their health and wealth. Alzheimer's Disease is on the rise, with cases in the US up ten-fold since just five years ago. Many Baby Boomers are also balancing work, family, and caring for an aging parent: more than 44 million Americans are involved in caring for an aging relative, costing between \$11 and \$29 billion in profit annually.

Boston Herald (USA), 1 June 2007.

continued on page 198

ISSUE 2 2007

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continued from page 197



Numbers of Elderly Increase Across the Nation

Japan's National Institute of Population and Social Security Research has estimated that people age 65-plus will exceed 30% of the population in 44 of the nations' prefectures in 2035. By that year, the estimated nationwide population is projected to be 110.68 million. While in 2005 Shimane Prefecture recorded the highest proportion of people age 65-plus, at 27.1%, the level is set to increase to more than 30% in 31 prefectures in 2020, 42 prefectures in 2030, and culminate with 44 prefectures in 2035. By 2035, the national average of elderly people is predicted to be 33.7%, up from 20.2% in 2005.

Daily Yomiuri Online, (Japan), 31 May 2007.



Slowing Economy Due to Aging Baby Boomer Population

The Organization for Economic Co-operation and Development (OECD) reported that the retirement of the Baby Boomer generation will slow the potential growth of the US economy in the coming decade. While the OECD praised US policymakers for the country's productivity performance of the last ten years, it warned that societal inequities spawned by subsidies of the rich and failures of public education could threaten political support for market-based reforms that underpin economic prosperity. The OECD estimates that the US economy can grow at an average rate of 2.5% without inflationary pressures increasing, compared to a potential growth rate of 3.25% in the previous three decades.

Financial Times Ltd. (United Kingdom), 30 May 2007.

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Panel Warns of Budget-Busting Healthcare and Retirement Costs

US Comptroller General David Walker, part of a group of think tankers called the "Fiscal Wakeup Tour," reported that if nothing changes over the next four decades, Social Security, Medicaid, and Medicare will consume about 20% of the nation's economy – equivalent to what the entire federal budget takes up today. Mr. Walker also stated that unfunded liabilities for the three programs over the next 75 years amount to \$50 trillion. "If we don't get our act together, my generation will be the first generation in our nation's history not to discharge our stewardship to the next generation," warned Mr. Walker.

St. Petersburg Times (USA), 31 May 2007.



Seniors Continue to Have Positive Impact on Society and Economy

Oxford University's Institute of Aging reported findings of a 21-country study. It found that more than 1 in 10 people in their 70s are still working, as people in their 60s and 70s experience prolonged good health and continue to have a vital role in the economy. The study also found that people in their 50s and up are more independent and active in social and economic life than previous people of their age. Older people volunteer for more than 13 million hours per year, which amounts in Britain alone to 4.2 billion British pounds (US\$ 3.1 billion) worth of unpaid work. Seniors who postpone retirement also boost tax revenues.

Associated Press, 22 May 2007.

continued on page 199

MTCARE

ISSUE 2 2007

M CARE

A REPORT FROM THE MEDICAL COMMITTEE FOR AGING RESEARCH AND EDUCATION

continued from page 198



Socio-Economic Disparities Associated with Shorter Lifespans

Australia's National Aboriginal Community Controlled Health Organization and Oxfam Australia found that the nation's Aborigines live 17 years less on average than other Australians. Australia's 460,000 Aborigines compose 2% of the nation's total population of 20 million, had have consistently been Australia's most disadvantaged group, with far higher rates of unemployment, alcohol and drug abuse, and domestic violence. Aboriginal male life expectancy was 59.4 years, compared with 76.6 for most Australian males. For indigenous women, life expectancy was 64.8 years compared to 82 years for other Australian women. The National Aboriginal Community Controlled Health Organization and Oxfam Australia suggest that the disparities are preventable if the government raised its annual budget of spending on indigenous people. While the Australian Treasury promises A\$ 127 million (US\$ 105 million) for Aboriginal health, the National Aboriginal Community Controlled Health Organization and Oxfam Australia warn that almost four-times more is necessary to get Aborigines off welfare and lengthen their lifespans.

Reuters Health, 9 May 2007.



Baby Boomers To Change Health Care

A report by the American Hospital Association and the First Consulting Group, a healthcare consulting firm, shows the 65-plus population in the United States will nearly triple between 1980 and 2030 as the 78 million Baby Boomers start turning 65 in 2011. The report also found that 6 out of 10 Baby Boomers will have more than one chronic health condition. Baby Boomers will also be responsible for 4 in 10 physician office visits by 2020. In the next 20 years, the Baby Boomer population will also account for a greater proportion of hospitalizations.

Northwestern University's (USA) Medill Report, 9 May 2007.



Chronic Health Conditions to Plague Aging Baby Boomers

The first of the Baby Boomers will turn 65 in 2011. By 2030, 14 million American Baby Boomers – 1 in 4 – will have diabetes. Almost half of the Baby Boomers in the United States will be living with arthritis, which will affect 26 million by 2020. And more than 1 in 3 Baby Boomers, number more than 21 million in-total, will be considered obese.

American Hospital Association (USA), 8 May 2007.



Supplements Could Save US\$ 24 Billion in the Nation's Healthcare Costs

The Dietary Supplement Education Alliance (DSEA) reported that the strategic use of dietary supplements could improve the health of Americans and save over US\$ 24 billion in healthcare costs over a five-year period. According to DSEA, a combined use of calcium and vitamin D could avert an estimated 776,000 hospitalizations for hip fractures over a five-year period, saving US\$ 16.1 billion. Among seniors, omega-3 supplementation could reduce hospitalizations for heart disease and save the associated medical fees of US\$ 3.2 billion. Lutein and zeaxanthin supplementation in aging men and women could stave off age-related macular degeneration in more than 190,000 Americans, saving US\$ 3.6 billion in treatment costs. Folic acid supplementation in pregnant women could prevent neural tube defects in 600 infants and thus save US\$ 1.4 billion in healthcare costs.

Nutraingredients.com-USA, 4 May 2007

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CARE

ISSUE 2 2007

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A4M Winter 2007 Event 10; 60; 61; back cover	Colonic.net.....142	Morter Health.....178
A4M/WCCA Anti-Aging Clinic/Spa	Cutera.....143	New Aging68; 69; 88; 89; 108; 109
Accreditation Program.....54; 55; 140; 141	Dermawave87	Nordic Naturals.....124
Abrams Royal Compounding Pharmacy .152	Digitell.....189	Norland.....174
Aerobic Water Works.....175	Equipos Cardiovasculares.....186; 187	Ondamed.....77
Aesthera125	Essential Pharmacy Compounding145	Palomar182
Age Diagnostic Laboratories67	Euromedicom91	Physicians Provisio.....128
Alma Lasers157	Fellowship in Anti-Aging / Regenerative Medicine51	PluroTech.....193
American Biosciences85	Genova Diagnostics97	Power Plate53; 101
American Board of Anti-Aging / Regenerative Medicine49; inside back cover	Germany 2008 event.....172; 173	Professional Liability Solutions, LLC133
American College of Anti-Aging Sports Medicine Professionals.....130; 131	Global Wellness Partners.....177	Sciton.....165
Aminocare79	Hallendale Pharmacy170	Shari Taylor & Co., Chartered.....191
ANEWrx.....164	Health Secrets USA.....147	Smith-Reid Laboratories.....163
Anti-Ageing Conference London 2007 Event80; 81	HOYA ConBio146	Spa Management Journal185
ApotheCure123	Iberia 2008 event.....161	SpaFinder144
Aqua Detox USA.....168	IFPA.....181	Sunetics.....153
Arasys Perfector64; 65; 121	India 2007 event.....112; 113	Syneron135
Asia Anti-Aging 2007 event73	Insta-Tapes.....195	TavTech162
Astron Clinica129	Institut' DERMed.....169	Thailand 2008 event.....151
Bankers Healthcare Group, Inc.154	Jan Marini Skin Research.....155	totalhealth Magazine176
Biocell Ultravital.....74; 75	Jane Iredale.....148	United Arab Emirates 2007 event.....94; 95
C151.....126; 127	Japan 2008 event.....167	University Compounding Pharmacy .63; 119
Candela59	KMI Diagnostics.....149	USANA Health Sciences179
Central Drugs Compounding Pharmacy...83	KRS Global Biotechnology156	Vibraderm171
China 2007 event102; 103	Kuhravital Derma/Pharma116; 117	Victus Life72
Clear Mind Center137	Medaus Pharmacy.....99	Vitamin Research Products57; 107
College Pharmacy71	Medesthetics Magazine.....122	Weider "Brothers of Iron"183
	Medical Spas Review159	Western Research Laboratories (RLC Labs).....134
	MedQuest Pharmacy.....136	

Show Guide



CHICAGO ANTI-AGING EXPOSITION SUMMER 2007 • AUGUST 3-4, 2007 CHICAGO, IL USA

IMPORTANT NOTICE: PLEASE READ

The Exhibition Hall is a separate commercial exposition, held in conjunction with but distinct from the medical education presentation coordinated by the American Academy of Anti-Aging Medicine (A4M).

Exhibitors are invited to participate on a first-come, first-serve basis. Neither the A4M nor Medical Conferences International Inc. has conducted an evaluation of exhibitors, their products, their labels or labeling, or their representations. A4M and Medical Conferences International Inc. do not vouch for the relative worth, safety or efficacy of products or services displayed. A4M and Medical Conferences International Inc. encourage all attendees to conduct their own independent and diligent evaluations.

Be mindful that anti-aging medicine delivers an innovative model for healthcare in which the sanctity of personal freedoms of choice is upheld. It is with a reverence for freedom of thought, ideas and practice in healthcare that A4M refrains from limiting, censoring, or discriminating against those who wish to present their products or ideas in an open forum of medical professionals.

With this open marketplace, however, it is incumbent that you, the Exposition visitor, is aware that participants at this commercial venue are not endorsed and have not been evaluated or approved by A4M. The A4M encourages you to exercise your personal scrutiny, educated and demanding scientific evaluation in assessing the ideas and products presented.

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EXPOSITION HOURS

FRIDAY, AUGUST 3 11:00 AM TO 6:00 PM
SATURDAY, AUGUST 4 11:00 AM TO 6:00 PM

Chicago Anti-Aging Exposition
Produced and Managed By:
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Consult the Conference Program section in this issue of *Anti-Aging Medical News* for information about the Scientific Program offered by the 15th Annual World Congress on Anti-Aging Medicine and Regenerative Biomedical Technologies. Refer to the Show Guide Addendum, available on-site at the 15th World Congress' Summer 2007 Session, for the latest Exhibitor's Information.



BADGES

The official registration badge should be prominently displayed at all times for admission to the meeting rooms and exhibit hall, during show hours and official events.

The 15th Annual World Congress on Anti-Aging Medicine and Regenerative Biomedical Technologies issues the following categories of badges:

Full Passport: All-inclusive admission: Pre-conference session on Thursday; Eye Openers (Friday and Saturday); General Session (Friday and Saturday); Evening Workshops; plus Exposition.

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Pre-Conference: Pre-Conference Session (Thursday) only.

Exhibit Hall Only: Exposition during exhibit hours.

SHOW REGULATIONS

1. Name badge must be worn at all times during show hours and official events.
2. No one under the age of 18 will be admitted to the Exhibit Hall.
3. Event is open to healthcare professionals and their invited registered guests only.
4. Still photography is permitted in the Exhibit Hall only by press, with the prior permission of Show Management, and prior permission from the firm(s) whose booth(s) are being photographed. Videography in the Exhibit Hall (motion video, film, or digital) is permitted only at the discretion and with advance permission of Show Management and the prior permission of individual(s) and/or firm being photographed.
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6. Unauthorized solicitation is prohibited. Solicitation of business on the premises of the Exposition Hall by anyone other than official Anti-Aging Exposition exhibitors is strictly forbidden. Solicitation of business during, in, and in the immediate proximity of, the Pre-conference Session rooms and the General Session lecture hall is expressly prohibited. In addition, non-A4M and/or commercial literature of any kind may not be distributed near or at the Congress Registration area and all conference-related general public areas.
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15th Annual World Congress on Anti-Aging Medicine
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Special Events

All Special Events take place at the Donald E. Stephens Convention Center, Rosemont IL USA.
Consult the Program Schedule, available on-site, for the room locations.

Wednesday, August 1st, 5:00 - 9:00 pm

Evening Workshop: Avoid the Stress of Shrinking with Aging

Presented by Eric Braverman, MD

Wednesday, August 1st, 5:30 - 9:30 pm

Evening Workshop: Aesthetic Treatment*

Thursday, August 2nd, 5:00 - 9:00 pm

Evening Workshop: Aesthetic Medicine

Thursday, August 2nd, 5:00 - 9:00 pm

Evening Workshop: New Biotechnical Science of Anti-Aging Medicine

Presented by Michael Klentze, MD, PhD

Thursday, August 2nd, 6:00 - 7:00 pm

Evening Workshop: Live Consultation - Questions & Answers - Hormone Therapy Problems*

Presented by Thierry Hertoghe, MD

Friday, August 3rd, 5:00 - 9:00 pm

Evening Workshop: Aesthetic Medicine: Focus on Skin Rejuvenation Techniques*

Friday, August 3rd, 5:00 - 9:00 pm

Evening Workshop: Update in use of Stem Cells - Fitness & Metabolism

Presented by Nick Delgado, PhD

Friday, August 3rd, 6:00 - 9:00 pm

Evening Workshop: Building your Practice with Medical Food*

Presented by Sam Camp; Sponsored by Physicians Provisio - PAM Labs

Friday, August 3rd, 6:00 - 7:00 pm

Evening Workshop: How to Open a Turn Key Weight Management Program*

Presented by Kim Ruby, CE & Wayne Andersen, DO

Friday, August 3rd, 6:00 - 9:30 pm

Evening Workshop: New Advances in Cellular Intelligence*

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Friday, August 3rd, 6:00 - 9:30 pm

Evening Workshop: How to See Your First Hormonally Challenged Patient for Proper Endocrinal Intervention*

Friday, August 3rd, 6:00 - 9:00 pm

Evening Workshop: Energy Medicine - Adding B.E.S.T. Technique in Your Protocol on Monday*

Presented by Sue Morter, DC; Sponsored by Morter Health Center

Saturday, August 4th, 1:00 - 2:10 pm

Panel Discussion: What Works NOW for Therapeutic Anti-Aging, Most Reliable Techniques and Interventions that Make a Dramatic Impact in Your Clinical Practice Today!

Panel Participants: Ronald Klatz, MD, DO; Robert Goldman, MD, PhD, DO, FAASP; Pamela Smith, MD; Ron Rothenberg, MD; Eric Braverman, MD; Robert DeJonge, DO; Mark L. Gordon, MD; Imre Zs.-Nagy, MD; Denise Bruner, MD

Saturday, August 4th, 4:00 - 8:30 pm
Evening Workshop: Aesthetic Workshop
Presented by Sharon McQuillan, MD

Wednesday, August 1st, 6:00 - 9:00 pm

American Board of Anti-Aging / Regenerative Medicine (ABAARM) Oral Board Review Course*
Pamela Smith, MD, MPH

Thursday, August 2nd, 6:00 pm - 9:00 pm

American Board of Anti-Aging / Regenerative Medicine (ABAARM) Written Board Review Course*
Pamela Smith, MD, MPH

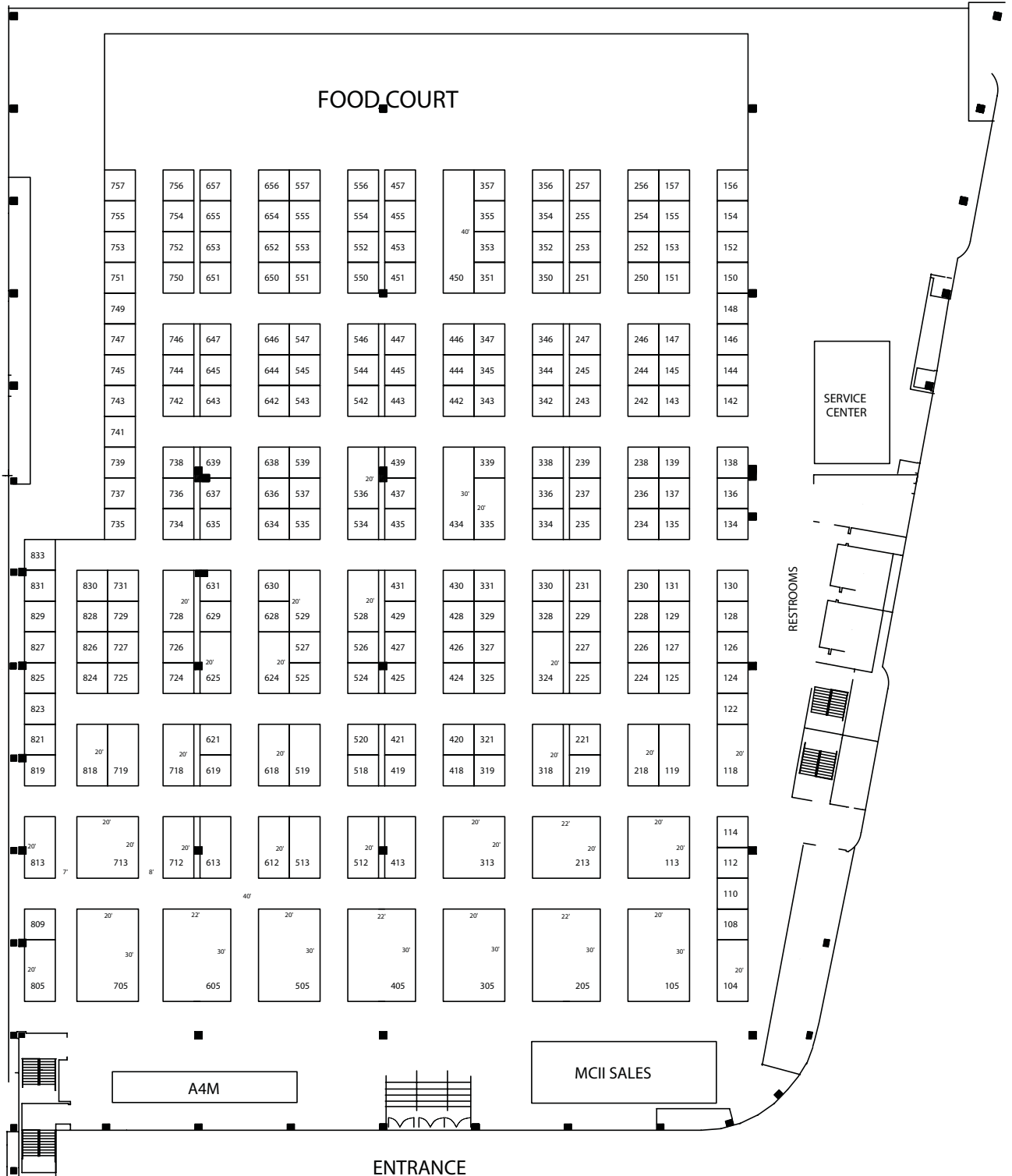
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Exhibit Hall Floor Plan

15th Annual World Congress on Anti-Aging Medicine
and Regenerative Biomedical Technologies
Summer 2007 Session
August 3-4, 2007
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A4M American Academy of Anti-Aging Medicine

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- Our Membership team, to transact your new membership or renew your existing membership. The A4M relies on membership dues to continue working for you and to expand the adoption of anti-aging medicine worldwide.
- Our Board Certification and Continuing Medical Education staff, who will review with you the many benefits of maintaining and expanding your command of the anti-aging and regenerative medical specialties.
- Our Marketing and Business Development team, to find out how to put the prominence of the A4M and The World Health Network website (www.worldhealth.net), the Internet's leading anti-aging portal, to work for your practice, clinic, or business.
- Our Publishing & Communications personnel, who put the power of print and Internet mediums to-work for A4M members and those involved in the anti-aging medical specialty.
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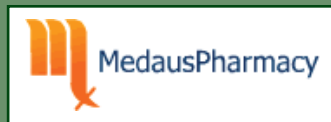
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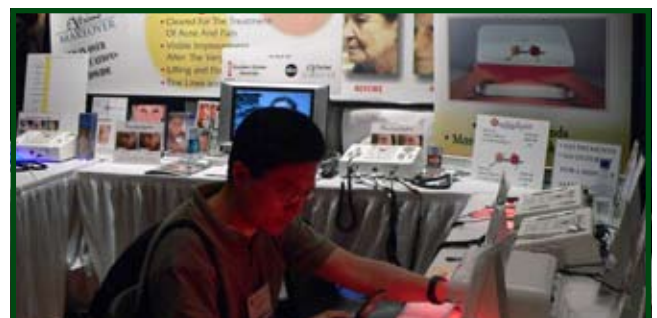


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