

Organised by



under the patronage of

HRH Sultan Muhammad V, The Sultan of Kelantan, Malaysia

In association with



12th Malaysian Conference and Exhibition on Anti-Aging, Aesthetic and Regenerative Medicine & 5th International Congress on Anti-Aging, Aesthetic and Regenerative Medicine

BEAUTY & WELLNESS THRU' NUTRITION



Organised by Society for Anti-Aging, Aesthetic and Regenerative Medicine Malaysia (SAAARMM)

Dates: 1st - 3rd May 2015

Venue: Nusantara Ballroom, Sheraton Imperial Kuala Lumpur, Malaysia

For more information please contact,

SAAARMM Secretariat
142, Jalan Ipoh, 3rd Floor, UMNO Selangor Building, 51200 Kuala Lumpur, Malaysia
Tel: 603-4041 0092 / 4041 6336 Fax: 603-4042 6970 / 4041 4990
Email: info@saaarrrm.org Website: www.saaarrrm.org

SAAARMM/ACMN/INMA Certification in Introduction to Medical Nutrition (Parental) and Certificate of Attendance at SAAARMM Conference will be issued. CPD points to be awarded too.

In collaboration with



FINAL ANNOUNCEMENT

Supported by



12th Malaysian Conference and Exhibition on Anti-Aging, Aesthetic and Regenerative Medicine and 5th International Congress on Anti-Aging, Aesthetic and Regenerative Medicine

1st May 2015 Friday
DAY 1

TRACK ONE (Nusantara Ballroom 2)
Anti-Aging Medicine
Masterclass in Nutritional Medicine
**Introduction to Medical Nutrition (Parental)*

Chairperson: *Dr Sukhvinder Singh*

TRACK TWO (Nusantara Ballroom 1)
Aesthetic and Regenerative Medicine
Masterclass in Aesthetic Medicine

Chairperson: *Dr Phang Sue Ling*

08.00am onwards	REGISTRATION & BADGING <i>*Note: Registration Desk will open on the 30th April 2015 from 05.00pm - 07.00pm.</i>	
08.50am - 09.00am	Welcome Address by President of SAAARMM, Prof Dr Selvaraj Y Subramaniam	
09.00am - 10.30am	Mitochondrial Nutrients in Anti-Aging Nutrigenomics in Lifestyle Diseases <i>Dr A Sreekumar</i>	09.00am - 09.30am Photoaging, Influence of Light on the Skin <i>Prof Dr Sudigdo Adi</i>
		09.30am - 10.30am New Swiss Biological Anti-Aging Therapies <i>Dr Mikhail Teppone</i> Sponsored by LABDOM Suisse
10.30am - 11.00am	OPENING OF EXHIBITION AND TEA / COFFEE BREAK	
11.00am - 12.30pm	Nutritional and Botanical Cancer Therapies and Individualized Testing for Sensitivities <i>Dr Joachim Fluhrer</i>	11.00am - 11.30am Presentation Sponsored by Medica Singapore Pte Ltd
		11.30am - 12.15pm The Aging Skin <i>Dr Kuljit Singh</i>
		12.15pm - 01.00pm Nutrition in Aesthetics Medicine <i>Dr Leela Velusamy</i>
12.30pm - 01.00pm	Q & A	
01.00pm - 02.00pm	LUNCH	
02.00pm - 04.30pm	Introduction to Injectable Nutrients <i>Dr Joachim Fluhrer</i> Cancer Therapy - Nutritional Perspective and Role of Injectable Nutrients <i>Dr A Sreekumar</i>	Basics of Lasers <i>Dr Leroy Rebello</i> Sponsored by Customedz
		Advances in PRP with EMF Technology <i>Dr Leroy Rebello</i> Sponsored by Customedz
04.30pm - 05.00pm	REFRESHMENTS AND TEA / COFFEE BREAK	
05.00pm	12TH ANNUAL GENERAL MEETING OF SAAARMM	
06.30pm - 08.00pm	INFORMAL WELCOME RECEPTION with Faculty, Delegates and SAAARMM Members	

* a pathway leading to a 3-day Advanced Course Certification in Medical Nutrition to be conducted by SAAARMM, ACMN and INMA, tentatively scheduled for 4th - 6th September, 2015, in Kuala Lumpur

The 12th Annual General Meeting of the Society for Anti-Aging, Aesthetic and Regenerative Medicine Malaysia (SAAARMM) will be held on 1st May 2015 (Friday) at 5.00pm at the Nusantara Ballroom, Sheraton Imperial Kuala Lumpur

All members of SAAARMM are kindly requested to be present

Course Certification in Medical Nutrition

The attendees of the One day Introductory Course on Medical Nutrition, conducted by SAAARMM in collaboration with ACMN (Australasian College of Medical Nutrition) and INMA (Indian Nutritional Medical Association), will receive a certificate on INTRODUCTION TO I/V INJECTABLES. This will provide the participants a pathway leading to a 3-day Advanced Course Certification in Medical Nutrition, to be conducted by SAAARMM, ACMN and INMA, tentatively scheduled for 4th - 6th September, 2015, in Kuala Lumpur.

12th Malaysian Conference and Exhibition on Anti-Aging, Aesthetic and Regenerative Medicine and 5th International Congress on Anti-Aging, Aesthetic and Regenerative Medicine

2nd May 2015 Saturday
DAY 2

TRACK ONE (Nusantara Ballroom 2)
Anti-Aging Medicine

TRACK TWO (Nusantara Ballroom 1)
Aesthetic and Regenerative Medicine

Chairperson: *Dr S Sharma*

Chairperson: *Dato Dr Jekinder Singh Gendeh*

08.00am onwards	REGISTRATION & BADGING		
08.50am - 09.00am	Welcome Address by Founder and Past President of SAAARMM, Dato Dr S Harnam		
09.00am - 09.45am	Keynote Address: Unifying Theory of Beauty <i>Dr Steven Dayan</i>		ABAARM Oral Examination (09.00am to 01.00pm)
09.45am - 10.30am	A New Conceptual Approach to Anti-Aging and Disease Prevention <i>Prof Dr med Fred Fandrich</i>	10.00am - 10.30am EndyMed 2 Deep Technology <i>Dr Matthew Jafsarzadeh</i> Sponsored by Aesthetic Marketing	
10.30am - 11.00am	TEA / COFFEE BREAK WITH EXHIBITORS		
11.00am - 11.45am	Hormones and their Relationship with Cancer The Hormonal and Nutritional Optimisation of Insulin Function <i>Dr Michael Elstein</i>	Rethinking Fillers and Neurotoxins <i>Dr Steven Dayan</i>	
11.45am - 12.15pm	Key Nutrients to Support Stem Cell Therapy <i>Dr Karl Kamal</i>	Anti-Aging Inside-out with LASER Therapy in Combination with Various Aesthetic Treatments <i>Dr Philip Choy</i> Sponsored by MF3	
12.15pm - 01.00pm	Nutrition and Wellness: is there a Connection? <i>Puan Mary Easaw</i>	Regenne Nose Line - Why and How to Build High Bridge and Raise the Nose tip Using PDO Thread? <i>Dr Kuljit Singh</i> Sponsored by GTG Wellness	
01.00pm - 02.00pm	LUNCH		
02.00pm - 02.30pm	What is the Optimal Anti-Ageing Diet and How can it be Implemented and Maintained on a Global Scale? <i>Dr Michael Elstein</i>	Presentation by Amber Labs <i>Mr Sudesh Samuel</i> Sponsored by Amber Laboratories Pte Ltd	ABAARM Written Examination (02.00pm to 05.00pm)
02.30pm - 03.00pm	Controversial Issues for using Soy / Soy Extracts in Hormone Dependent Cancers <i>Dr Joachim Fluhrer</i>	Facial Anti-Aging and Firming. Korean V Lift. How is it compared to Radiofrequency and HIFU? <i>Dr Danny C Y Tang</i>	
03.00pm - 03.30pm	Integrative Management of Thyroid Optimization with Case Studies <i>Dr Karl Kamal</i>	Hair Transplant Update - Man vs Robots <i>Dr Ruban Nathan</i>	
03.30pm - 04.00pm		L-Carnitine Meso-lipo Injectables for Face and Body Contouring by Allure Solution <i>Dr Kuljit Singh</i> Sponsored by GTG Wellness	
04.00pm - 04.30pm	REFRESHMENTS AND TEA / COFFEE BREAK		
	GALA DINNER, AWARDS PRESENTATION & SIGNING OF MoA / MoU Officiated by His Royal Highness Sultan Muhammad V, The Sultan of Kelantan, Patron of SAAARMM		

*Disclaimer: Whilst every effort is being made to cover the above topics during the 3-day conference, the organizing committee reserves the right to make changes as deemed necessary

12th Malaysian Conference and Exhibition on Anti-Aging, Aesthetic and Regenerative Medicine and 5th International Congress on Anti-Aging, Aesthetic and Regenerative Medicine

3rd May 2015 Sunday
DAY 3

TRACK ONE (Nusantara Ballroom 2)
Anti-Aging Medicine

TRACK TWO (Nusantara Ballroom 1)
Aesthetic and Regenerative Medicine

Chairperson: *Dr Kenny Yong Yean Sim*

Chairperson: *Dr Chandra Prakash*

08.00am onwards	REGISTRATION & BADGING		ABAARM Oral Examination Part II (09.00am onwards)
08.50am - 09.00am	Welcome Address by Vice President of SAAARMM, Dr K Kamalakaran		
09.00am - 09.30am	Maximizing Systemic Healing with LASER Therapy to Enhance the Treatment of Various Chronic Dysfunctions <i>Dr Philip Choy</i> Sponsored by MF3	Anti-Aging - Past, Present and Future <i>Assoc Prof Dr Andrew Charles Gomez</i>	
09.30am - 10.00am	The Aging Heart <i>Datuk Dr Tamil Selvan</i>	The Pain Truth <i>Dr Steven Dayan</i>	
10.00am - 11.00am	The Role of Nitric Oxide in Cardiac and Vascular Health including Erectile Dysfunction <i>Dr Karl Kamal</i>	HIFU (High Intensity Focused Ultrasound) <i>Dr D D S Jeffrey</i> Sponsored by Aesthetic Marketing	
11.00am - 11.30am	TEA / COFFEE BREAK WITH EXHIBITORS		
11.30am - 12.00pm	What should we say to Patients with Symptoms Unexplained by Disease? - Functional Medicine <i>Dr Kuljit Singh</i> Sponsored by Gnosis Laboratories (M) Sdn Bhd	"You Used to Cut People?" <i>Dr Steven Dayan</i>	
12.00pm - 12.30pm	Introduction of DNA Profiling for Healthy Aging <i>Dr Rajbans Singh</i> Sponsored by Beacon Hospital		
12.30pm - 01.30pm	LUNCH		
01.30pm - 02.30pm	Diet and Exercise for Fat Loss, by Optimizing Hormonal System (Leptin, Insulin, Growth Hormone, Testosterone) <i>Dr Tanjung Subrata</i>	01.30pm - 02.00pm Presentation Sponsored by IDS Medical Systems (M) Sdn Bhd	
		02.00pm - 02.30pm Probiotics and Gut Health <i>Dr Sunaryati Sudigdo Adi</i>	
02.30pm - 03.00pm	Health and Fitness <i>Dato Pahlawan Dr R Mohanadas</i>	Telomere Length and Anti-Aging <i>Dr Danny C Y Tang</i>	
03.00pm - 03.30pm	Stay Young with Exercise <i>Prof Rabindarjeet Singh</i>	Save your Heart with ECP <i>Prof Dr Hj Mohd Ebrahim Sulaiman</i>	
03.30pm - 04.00pm	Myofascial Dry Needling for Musculoskeletal Pain <i>Dr Tanjung Subrata</i>	Panel Discussion on LCP and PCAMP <i>PCAMP Coordinators and SAAARMM's Representative to MOH</i>	
REFRESHMENTS AND TEA / COFFEE BREAK			
End of Session			

President's Welcome Message



Beauty & Wellness thru' Nutrition

On behalf of the Executive Committee of SAAARMM, I would like to welcome you to join us at the prestigious 12th Malaysian Conference and Exhibition on Anti-Aging, Aesthetic and Regenerative Medicine and 5th International Congress on Anti-Aging, Aesthetic and Regenerative Medicine, which will be held on 1st - 3rd May, 2015, at the Sheraton Imperial Kuala Lumpur.

This most sought after Anti-Aging, Aesthetic and Regenerative Medicine Conference of the year will not only provide the perfect platform for all to get together and share new findings, in an aspiring and exciting environment but will provide greater opportunity for participants to meet with fellow colleagues; visit exhibitors and keep you abreast on the most current technology and remedies. It is anticipated that a number of opportunities will be available for various Companies / Sponsors to organise satellite symposiums to run concurrently.

The meeting is expected to draw a large participation from all over Malaysia and around the world. This meeting will highlight the latest developments and ideas, new emerging techniques and technologies and research discoveries in the area of Anti-Aging, Aesthetic and Regenerative Medicine.

Our theme for the Annual Conference is “**Beauty & Wellness thru' Nutrition**”.

Participants of the Masterclass on Medical Nutritional Medicine/Aesthetic Medicine will be awarded a certificate from SAAARMM/ACMN/INMA.

Our annual Grand Gala Dinner and Awards Presentation will be graced by our Patron, “His Royal Highness Sultan Muhammad V, The Sultan of Kelantan”. We intend to provide an exquisite dinner with entertainment and a live band to entertain the crowd hence a more relaxed atmosphere.

At the request of our members, we have also planned an exciting Informal Night for the delegates and the faculty.

We believe together we can accelerate bringing tangible benefits for all.

Look forward to your participation.

Thank you for your support.

Best Regards.



Prof Dr Selvaraj Y Subramaniam, JMK

President, Society for Anti-Aging, Aesthetic & Regenerative Medicine Malaysia

SAAARMM Secretariat

142, Jalan Ipoh, 3rd Floor, UMNO Selangor Building, 51200 Kuala Lumpur, Malaysia

Tel: 603-4041 0092 / 4041 6336 Fax: 603-4042 6970 / 4041 4990

Email: info@saaarmm.org Website: www.saaarmm.org

Faculty of Speakers

AUSTRALIA

Dr Joachim Fluhrer
Dr Matthew Jafsarzadeh
Dr Michael Elstein

BRAZIL

Dr D D S Jeffrey

GERMANY

Prof Dr med Fred
Fandrich

HONG KONG

Dr Philip Choy
Dr Danny C Y Tang

INDIA

Dr A Sreekumar
Dr Leroy Rebello

INDONESIA

Prof Dr Sudigdo Adi
Dr Sunaryati Sudigdoadi
Dr Tanjung Subrata

MALAYSIA

Assoc Prof Dr Andrew Charles
Gomez
Prof Dr Hj Mohd Ebrahim
Sulaiman
Dr Kuljit Singh
Dr Leela Velusamy
Puan Mary Easaw
Dato Pahlawan Dr R Mohanadas
Prof Dr Rabindarjeet Singh
Dr Rajbans Singh
Dr Ruban Nathan
Datuk Dr Tamil Selvan

NEW ZEALAND

Dr Karl Kamal

SINGAPORE

Mr Sudesh Samuel

USA

Dr Steven Dayan

SAAARMM Executive 2014/2015 and Organising Committee of SAAARMM Conference 2015

President	Prof Dr Selvaraj Y Subramaniam
Founder & Past President	Dato Dr S Harnam
Vice-President	Dr K Kamalakaran
Secretary	Datin Dr Kamaria Idris
Assistant Secretary	Dr Sukhvinder Singh
Treasurer	Dr Leela Velusamy
Committee Members	Dr S Sharma Dato Dr Jekinder Singh Gendeh Dr Sharmila Ramasamy Dr Kenny Yong Yean Sim Dr P Sivaroshan
Auditors	Dr Sandraprakash Dr Phang Sue Ling

SAAARMM Scientific Committee 2015

International	Prof Dr Robert Goldman Dr A Sreekumar Dr Joachim Fluhrer
Malaysia	Prof Dr Selvaraj Y Subramaniam Dato Dr S Harnam Dr K Kamalakaran Datin Dr Kamaria Idris Dr Leela Velusamy

AMERICAN BOARD OF ANTI-AGING AND REGENERATIVE MEDICINE (ABAARM EXAMS)

Sit for your A4M Board Exam in Kuala Lumpur, Malaysia and become a A4M Board Certified in Anti-Aging and Regenerative Medicine by the world's largest medical organization.

ABAARM Written Examinations (Part 1)

Date: 2nd May 2015, Sunday

Venue: Sheraton Imperial Kuala Lumpur

ABAARM Oral Examinations (Part 2)

Date: 2nd May 2015, Saturday

Venue: Sheraton Imperial Kuala Lumpur

Date: 3rd May 2015, Sunday

Venue: Sheraton Imperial Kuala Lumpur

Order your study materials today to start preparing for this highly acclaimed medical credentials. For ABAARM Fast Track Package, please email: internationalevents@a4m.com or andi.wilson@a4m.com

Opening Ceremony, Gala Dinner, Awards Presentation & Signing of MoA / MoU

Guest of Honour

His Royal Highness Sultan Muhammad V, The Sultan of Kelantan

Date: 2nd May 2015 (Saturday)

Time: 7.30pm - 11.00pm

Venue: Nusantara Ballroom, Sheraton Imperial Kuala Lumpur

Admission is free for Registered Delegates, Faculty and Sponsors.

RSVP is essential.

Additional Tickets - Guests/Accompanying Persons - RM200.00 per person

For payment, kindly refer to Registration Form

Dress Code:

Gentlemen: Lounge Suit

Ladies: Appropriate Evening Wear

Dress code needs to be strictly adhered to, as this event is being graced by

His Royal Highness Sultan Muhammad V, The Sultan of Kelantan

Informal Night

Date: 1st May 2015

Complimentary for Registered Delegates and Faculty. RSVP is essential

Additional Tickets - Guests/Accompanying Persons

- RM150.00 per person

For payment, kindly refer to Registration Form