

22<sup>nd</sup> Annual World Congress on Anti-Aging Medicine  
Las Vegas - Conference Agenda - Draft

7:30 am – 6:00 pm Power of Hormones

**Presented by:** *Thierry Hertoghe, MD; Ron Rothenberg, MD; Pam Smith, MD, MS,*

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7:30 am – 6:00 pm Optimizing Sexual Function

**Presented by:** *Jennifer Landa, MD; Michael Krychman, MD*

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9:00 am – 6:00 pm Laser and Light

**Presented by:** *Expert Faculty*

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8:00 am – 6:00 pm Pellet Therapy

**Presented by:** *James Mahoney, DO*

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7:30 am – 6:00 pm Personalized Lifestyle Medicine: Relevance of Nutrition and Lifestyle Therapies

**Presented by:** *Andrew Heyman, MD; James LaValle, RPh, CCN, MS; Pam Smith, MD, MS, MPH*

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Saturday, December 13, 2014 & Sunday, December 14, 2015  
Specialty Workshop

1:00 pm – 5:30 pm Reversing Physical Aging: Hormone & Nutritional Therapies 12/13/14

8:00 am – 12:30 pm 12/14/14

**Presented by:** *Thierry Hertoghe, MD*

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Sunday, December 14, 2015  
Specialty Workshop

8:00 am – 6:30 pm Menopause/Andropause: Improving the Health and Happiness of Your Patients with Bio-  
identical Hormones

**Presented by:** *Jonathan Wright, MD; Daved Rosensweet, MD*

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Thursday, December 11, 2014 Conference

• Morning Session

7:00 am – 11:00 am

7:00 am – 7:35 am Detoxification Lifestyle with Case Study

**Presented by: John Cline, MD**

7:35 am – 8:10 am Effective Treatment for Fibromyalgia & Chronic Fatigue

**Presented by: Jacob Teitelbaum, MD**

8:10 am – 8:40 am Opening Remarks (*Non-CME*)

**Presented by: Ronald Klatz, MD, DO & Robert Goldman, MD, PhD, DO**

8:40 am – 9:15 am TBD

**Presented by: Jeff Bradstreet, MD, MD(H), FAAFP**

9:15 am – 9:55 am Effects of PRP (Platelet Rich Plasma) and Stem Cell Injections for Treatment of Musculoskeletal Conditions in an Office Setting

**Presented by: Joseph Purita, MD**

9:55 am – 11:00 am Integrative Medicine: A Bridge over Healthcare's Troubled Waters

**Presented by: David Katz, MD**

Thursday, December 11, 2014 Conference – Afternoon Sessions

Lunch (on your own) 11:00 am – 1:00 pm

Exhibit Hall Opens 10:00 am – 6:00 pm

• The Good, the Bad, and the Ugly in the Human Microbiome

1:00 pm – 4:00 pm

1:00 pm – 4:00 pm You Internal Rainforest: The Good, the Bad and the Ugly in the Human Microbiome

**Presented by: Todd LePine, MD**

• Lifestyle Management/Clinical Case Protocols

1:00 pm – 4:30 pm

1:00 pm – 1:35 pm Prevention & Treatment of the Aging Brain

**Presented by: Andrew Campbell, MD**

1:35 pm – 2:10 pm Alternative Complementary Medicine Overview: Fight Fat with Fat

**Presented by: John Salerno, MD**

2:10 pm – 2:45 pm Energy Medicine Going Main Stream

**Presented by: Silvia Binder, ND, PhD**

2:45- pm – 3:20 pm The Great Cholesterol Myth

**Presented by: Steven Sinatra, MD**

3:20 pm – 3:55 pm Telomere Shortening & Modulation: Case Studies from the Clinic

**Presented by: Harvey S. Bartnoff, MD**

3:55 pm – 4:30 pm Understanding the role of Commensal, Transient Spore Based Organisms in Clinical Practice: Lessons from the Pharmaceutical Model of Bacteriotherapy

**Presented by: Sahar Swidan, PharmD**

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• **2014 Integrative Medicine Hot Topics**

**1:00 pm – 4:00 pm**

1:00 pm – 1:30 pm Best Practices in Corporate Structure, Tax Reduction, and Benefit Planning for Anti-Aging Practices

**Presented by: David Mandell, JD**

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1:30 pm – 2:10 pm The Role of Bacteria in Anti-Aging Medicine: Nitric Oxide and Beyond

**Presented by: Nathan Bryan, MD**

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2:10 pm – 2:50 pm Pain Management: Topical Compounding Options

**Presented by: Bryan Prescott, PharmD**

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2:50 pm – 3:30 pm The Critical Role of the 3-Iodothyronine Deiodinases in the Regulation of the Thyroid System

**Presented by: E. Denis Wilson, MD**

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3:30 pm – 4:00 pm The Pathogenesis of Systemic LPS (Metabolic and Diabetes)

**Presented by: Thomas Alexander, MD**

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• **Stem Cells and Reprogramming**

**1:00 pm – 4:00 pm**

1:00 pm – 1:40 pm PRP: Evidence Based Regenerative Medicine

**Presented by: Joel Baumgartner, MD**

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1:40 pm – 2:20 pm Cryopreservation and Culture Expansion of Stem Cells

**Presented by: Rafael Gonzalez, PhD**

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2:20 pm – 3:00 pm Repairing Joints and Spine without Surgery: Prolotherapy/PRP/Stem Cell

**Presented by: Peter Fields, MD, DC**

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3:00 pm – 3:40 pm Mesenchymal Stem Cells for the Treatment of Musculoskeletal Disease

**Presented by: Lora Brown, MD**

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3:40 pm – 4:20 pm Use of Platelet Rich Plasma (PRP) in Penile Enhancements: Technique and Early Results

**Presented by: Keith Jeffords, MD**

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• **Advances in Aesthetic Medicine**

**1:00 pm – 4:00 pm**

1:00 pm – 1:40 pm Managing Facial Injectable Sequelae

**Presented by: Sharon McQuillan, MD**

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1:40 pm – 2:20 pm Overview of Electromagnetic Spectrum Technologies for Medical and Aesthetic Treatments

**Presented by: Edward Zimmerman, MD**

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2:20 pm – 3:00 pm The Value of Broad Band Light Delaying Skin Aging: Report of a New Technique

**Presented by: Patrick H. Bitter, Jr., MD**

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3:00 pm – 3:30 pm TBD

**Presented by: Rick Rhoads, PharmD**

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3:30 pm – 4:00 pm Non-Surgical Methods for the Enhancement of Facial Beauty and Restoration of the Aging Face

**Presented by: Maria Angelo-Khattar, MD, PhD, MSc Dermatology**

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Friday, December 12, 2014 Conference

• Morning Session

7:00 am – 11:00 am

7:00 am – 7:30 am Diabetes, Alzheimer's and Heart Disease

**Presented by: Chris Meletis, ND**

7:30 am – 8:10 am Separating Fact from Fiction: Evidence Based Answers to the Toughest Questions Patients Ask about Nutritional Support

**Presented by: Thomas Guilliams, PhD**

8:10 am – 8:40 am Benefits of Balance the Gut Microbiome Using Novel Prebiotic Bacteriophage Biotherapeutics

**Presented by: Sharon McQuillan, MD**

8:40 am – 9:20 am Metabolic Syndrome: Reversal with Hormone Therapies

**Presented by: Thierry Hertoghe, MD**

9:20 am – 10:00 am Therapeutic Hemp Cannibidiol: Be Healthy – Not High!

**Presented by: Joseph C. Maroon, MD, FACS | Jeffrey Bost, PAC**

10:00 am – 11:00 am Life at the Speed of Light

**Presented by: Craig Venter, PhD**

Exhibit Hall Opens 10:00 am – 6:30 pm (Networking Reception)

Lunch (on your own) 11:00 am – 1:00 pm

Friday, December 12, 2014 Conference – Afternoon Sessions

• Moving Beyond Basics

1:00 pm – 4:00 pm

1:00 pm – 4:00 pm Functional Medicine Approach to Assessing and Treating Patients with Gastrointestinal and Immune Dysfunction: Moving Beyond the Basics

**Presented by: Jill Carnahan, MD**

• Lifestyle Management/Clinical Case Protocols

1:00 pm – 4:00 pm

1:00 pm – 1:40 pm Sugar Impact

**Presented by: JJ Virgin, CNS, CHFS**

1:40 pm – 2:15 pm Physiologic Vigor is determined by Biochemical Balance-Lifestyle Interventions

**Presented by: Shawn Talbott, PhD**

2:15 pm – 2:50 pm Managing Glucose Toxicity and Insulin Resistance

**Presented by: John Troup, PhD**

2:50 pm – 3:25 pm Personalized Genetics: Applying Genomics to General Health, Nutrition, and Lifestyle Modification

**Presented by: T.S. Piliszek, MD, MRCS, LRCP, FAARFM, ABAARM, CNS**

3:25 pm – 4:00 pm Does Nutritional Supplementation with Sun Chlorella "A" Help Overcome Vitamin B12 Deficiency and Enhance IgA Levels in People with a Vegan or Vegetarian Diet?

**Presented by: Jay Udani, MD, CPI**

• Transforming Treatments through Assessments and Evaluations

1:00 pm – 4:00 pm

1:00 pm – 1:40 pm Steroid Hormone Compartmentalization in Different Body Fluids

**Presented by: David Zava, PhD**

1:40 pm – 2:20 pm The Impact of Toxic Mold and Mycotoxins on Human Health

**Presented by: Joseph H. Brewer, MD**

\*Schedule as of 9/15/2014, speakers and topics are subject to change

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2:20 pm – 2:50 pm Practical Guide to Hormone Testing: Choosing the Right Test for the Right Situation

**Presented by: Deborah Matthew, MD**

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2:50 pm – 3:25 pm Hormone Replacement Therapy and Testing for Cancer

**Presented by: Emil K. Schandl, PhD**

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3:25 pm – 4:00 pm Moving Beyond Diurnal Free Cortisol Testing: Is there a Need for a more Comprehensive Testing Model for Assessment

**Presented by: Mark Newman, MS**

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**• Hormones and the Anti-Aging Equation 1:00 pm – 4:00 pm**

1:00 pm – 1:40 pm 7-Steps to Overcome Menopause

**Presented by: Gary Null, PhD**

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1:40 pm – 2:15 pm Is it Menopause or Wireless Radiation Sensitivity?

**Presented by: Elizabeth Plourde, CLS, NCMP, PhD**

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2:15 pm – 2:50 pm Silicon: A Review of Its Potential Role in the Prevention and Treatment of Postmenopausal Osteoporosis

**Presented by: Charles T. Price, MD**

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2:50 pm – 3:25 pm Man Boobs to Metabolic Syndrome

**Presented by: Nathan Goodyear, MD**

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3:25 pm – 4:00 pm Peptides and Hormonal Replacement

**Presented by: Jose Vazquez Tanus, MD, ABAARM, FAARM, BCIM, FAARM, CCRP**

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**• Advances in Aesthetics Medicine 1:00 pm – 4:00 pm**

1:00 pm – 1:40 pm Hair Loss and Hormone Replacement: Stratagems for Managing Androgenetic Alopecia in the Presence of Androgen Replacement

**Presented by: Alan J. Bauman, MD**

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1:40 pm – 2:20 pm An Evaluation of Efficacy and Tolerability of Novel Enzyme Exfoliation vs Glycolic Acid in Photodamage Treatment

**Presented by: Anne Chapas, MD**

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2:20 pm – 2:55 pm Mild Acidity Promotes Healthy Skin Microflora & Dermal Longevity

**Presented by: Karen Sinclair Drake**

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2:55 pm – 3:30 pm Introduction to Global Skin Tones 3 to 6

**Presented by: Pamela Springer**

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3:30 pm – 4:00 pm Innovations in Scar Prevention and Treatment

**Presented by: Jerra Banwarth, RPh**

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Saturday, December 13, 2014 Conference

• Morning Session

7:00 am – 11:00 am

7:00 am – 7:35 am Metabolic Control and the Retina: It's More than What Meets the Eye

**Presented by:** *Sharesh Kaushal, MD, PhD*

7:35 am – 8:10 am Weight Loss in Patients with Diabetes: Keys to Success

**Presented by:** *Osama Hamdy, MD, PhD*

8:10 am – 8:55 am Methylation's Role in Neurological Health, Aging & Recovery: Beyond MTHFR

**Presented by:** *Kendal Stewart, MD*

8:55 am – 9:20 am How to Maintain Memory at Any Age

**Presented by:** *Pam Smith, MD*

9:20 am – 10:00 am The Well Examination: Now That You've Got His Attention, How Do You Keep Him Healthy?

**Presented by:** *Joel Heidelbaugh, MD*

10:05 am – 11:00 am Solving World's Problems through Regenerative Medicine: Accelerate or Perish

**Presented by:** *Alexander Zhavoronkov, PhD*

Saturday, December 13, 2014 Conference – Afternoon Sessions

Lunch (on your own) 11:00 am – 1:00 pm

Exhibit Hall Opens 10:00 am – 2:00 pm

• Early Detection/Prevention of Aging Disorders

1:00 pm – 4:00 pm

1:00 pm – 1:30 pm Protecting the Aging Brain: Functional Neurology for Better Balance, Memory and Cognition

**Presented by:** *Ellie Campbell, DO, MS*

1:30 pm – 2:00 pm Unlocking the Secrets of the Telomere: The First Step to Reversing Aging

**Presented by:** *Al Sears, MD*

2:00 pm – 2:30 pm Death by Calcium: A common Denominator to Premature Aging & Chronic Degenerative Disease

**Presented by:** *Thomas Levy, MD, JD*

2:30 pm – 3:00 pm Alternative Approaches to Evaluate Insomnia

**Presented by:** *Bradley Bush, ND*

3:00 pm – 3:30 pm Beyond Lipids: Advanced Inflammatory & Cardiometabolic Biomarkers in Clinical Practice

**Presented by:** *Robert Megna, DO, ABAARM, FAARFM*

3:30 pm – 4:00 pm Understanding the Link Between Complex Chronic Disease, Dyslipidemia, Inflammation, and Food

**Presented by:** *Jamie Wright, DO*

• 2014 Integrative Medicine Hot Topics

1:00 pm – 4:00 pm

1:00 pm – 1:40 pm Healing is Voltage

**Presented by:** *Jerry Tennant, MD*

1:40 pm – 2:10 pm Effects of Pulsed Electromagnetic Frequency with Mark II Coil on Diabetes Neuropathy

**Presented by:** *C. Norman Shealy, MD, PhD*

2:10 pm – 2:50 pm New Breakthroughs in Anti-Inflammatory Protocols

**Presented by:** *Martin Gallagher, MD, DC*

2:50 pm – 3:20 pm Mechanism of Food Immune Reactivity & Autoimmunity

**Presented by:** *Aristo Vojdani, PhD, MSc, CLS*

3:20 pm – 4:00 pm Nutrigenomics

**Presented by:** *George Rozakis, MD*

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**• Session 3 – Hormones and the Anti-Aging Equation 1:00 pm – 4:00 pm**

1:00 pm – 1:40 pm Tame the Flame of PCOS

**Presented by: Felice Gersh, MD**

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1:40 pm – 2:15 pm Topical Hormone Case Studies

**Presented by: Jim Paoletti, Consulting Pharmacist**

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2:15 pm – 3:15 pm Low Libido: Causes, Implications and Treatment Modalities

**Presented by: Shelena Lalji, MD, FACOG**

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3:15 pm – 4:00 pm The Hormone Secret: Discover the Missing Link to a Better Body, Brain and Life

**Presented by: Tammy Meraglia, MD**

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**• Med Spa and Aesthetic Medicine 1:00 pm – 4:00 pm**

1:00 pm – 1:45 pm Top 20 Marketing Strategies that Will Boost Your Bottom Line

**Presented by: Manon Pilon**

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1:45 pm – 2:30 pm The Independent Science Behind Anti-Aging Vitamin & Nutrient Cosmeceuticals and  
Nutraceuticals for Youthful Skin

**Presented by: Jeanette Jacknin, MD**

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2:30 pm – 3:15 pm The Fusion of Wellness in the Medical Spa

**Presented by: Patti Biro, MS, Med.**

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3:15 pm – 4:00 pm Tapping into New Revenue Streams

**Presented by: Dori Soukup**