

# Schedule at a Glance



22 <sup>nd</sup> Annual World Congress on Anti-Aging Medicine		
Wednesday, December 10, 2014		
		Presented By:
7:30am-6:00pm	Power of Hormones: An Introduction to Adult Hormone Deficiency	Thierry Hertoghe, MD; Ron Rothenberg, MD; Pam Smith, MD, MPH, MS
7:30am-6:00pm	Optimizing Sexual Function	Jennifer Landa, MD, OB-GYN, FAARFM; Michael Krychman, MD, OB-GYN; Anna Cabeca, DO, FACOG
9:00am-6:00pm	Aesthetic Treatments: Laser & Light Applications	Sharon McQuillan, MD; Denise Baker, MD; Chris Robb, MD; Edward Zimmerman, MD
8:00am-6:00pm	BHPT: Bioidentical Hormone Pellet Therapy	James Mahoney, DO
7:30am-6:00pm	Personalized Lifestyle Medicine: Relevance of Nutrition and Lifestyle Therapies	Andrew Heyman, MD; James LaValle, RPh, CCN, MS; Pam Smith, MD, MPH, MS
Saturday & Sunday, December 13-14, 2014		
		Presented By:
1:00pm-5:30pm 12/13/14	Reversing Physical Aging: Hormone & Nutritional Therapies	Thierry Hertoghe, MD
8:00am-12:30pm 12/14/14		
Sunday, December 14, 2014		
		Presented By:
8:00am-6:30pm	Menopause/Andropause: Improving the Health and Happiness of Your Patients with Bioidentical Hormones	Jonathan Wright, MD; Daved Rosensweet, MD
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## 22<sup>nd</sup> Annual World Congress on Anti-Aging Medicine

# Thursday, December 11, 2014 Conference

• Morning General Session •		Presented By:
7:00am-7:35am	Detoxification Lifestyle with Case Study	John Cline, MD
7:35am-8:10am	Effective Treatment for Fibromyalgia & Chronic Fatigue	Jacob Teitelbaum, MD
8:10am-8:50am	Effects of PRP (Platelet Rich Plasma) and Stem Cell Injections for Treatment of Musculoskeletal Conditions in an Office Setting	Joseph Purita, MD
8:50am-9:15am	Opening Remarks (Non-CME)	Ronald Klatz, MD, DO & Robert Goldman, MD, PhD, DO
9:15am-10:20am	Integrative Medicine: A Bridge over Healthcare's Troubled Waters	David Katz, MD, FACM, FACP, MPH
10:25am-11:00am	Understanding the Pivotal Role of the Endocannabinoid System and Cannabinoid Ligands in Aging, Obesity, Heart Disease, Neurodegeneration and Pain	James J. Bradstreet, MD(H), FAAFP
<b>LUNCH (On your own) • 11:00am-1:00pm</b>		
<b>Exhibit Hall Hours • 10:00am-6:00pm</b>		
• Afternoon Session 1 • The Good, the Bad, and the Ugly in the Human Microbiome •		Presented By:
1:00pm-4:00pm	You Internal Rainforest: The Good, the Bad and the Ugly in the Human Microbiome	Todd LePine, MD
• Afternoon Session 2 • Lifestyle Management/Clinical Case Protocols •		Presented By:
1:00pm-1:35pm	Telomere Measurement as a Diagnostic Test in Cardiovascular and Age-Related Disease	Sandy Chang, MD, PhD
1:35pm-2:10pm	Alternative Complementary Medicine Overview: Fight Fat with Fat	John Salerno, MD
2:10pm-2:45pm	Energy Medicine Going Main Stream	Silvia Binder, ND, PhD
2:45pm-3:20pm	The Great Cholesterol Myth	Steven Sinatra, MD
3:20pm-3:55pm	Telomere Shortening & Modulation: Case Studies from the Clinic	Harvey S. Bartnof, MD
3:55pm-4:30pm	Prevention & Treatment of the Aging Brain	Andrew Campbell, MD
• Afternoon Session 3 • 2014 Integrative Medicine Hot Topics •		Presented By:
1:00pm-1:30pm	The Immune Protocol & The Lite LDIPT Protocol: Out-Come Based Investigation 700 Patients – 52 Months	James Wm. Forsythe, MD, HMD
1:30pm-2:10pm	The Role of Bacteria in Anti-Aging Medicine: Nitric Oxide and Beyond	Nathan Bryan, PhD
2:10pm-2:50pm	Pain Management: Topical Compounding Options	Bryan Prescott, PharmD
2:50pm-3:30pm	The Critical Role of the 3-Iodothyronine Deiodinases in the Regulation of the Thyroid System	E. Denis Wilson, MD
3:30pm-4:00pm	The Pathogenesis of Systemic LPS (Metabolic and Diabetes)	Thomas Alexander, MD
• Afternoon Session 4 • Stem Cells and Reprogramming •		Presented By:
1:00pm-1:40pm	PRP: Evidence Based Regenerative Medicine	Joel Baumgartner, MD
1:40pm-2:20pm	Cryopreservation and Culture Expansion of Stem Cells	Rafael Gonzalez, PhD
2:20pm-3:00pm	Repairing Joints and Spine without Surgery: Prolotherapy/PRP/Stem Cell	Peter Fields, MD, DC
3:00pm-3:40pm	Mesenchymal Stem Cells for the Treatment of Musculoskeletal Disease	Lora Brown, MD
3:40pm-4:20pm	Use of Platelet Rich Plasma (PRP) in Penile Enhancements: Technique and Early Results	Keith Jeffords, MD
• Afternoon Session 5 • Advances in Aesthetic Medicine •		Presented By:
1:00pm-1:40pm	Managing Facial Injectable Sequelae	Sharon McQuillan, MD
1:40pm-2:20pm	Overview of Electromagnetic Spectrum Technologies for Medical and Aesthetic Treatments	Edward Zimmerman, MD
2:20pm-3:00pm	The Value of Broad Band Light Delaying Skin Aging: Report of a New Technique	Patrick H. Bitter, Jr., MD
3:00pm-3:30pm	How Menopause Changes the Biology of Skin and the Cosmeceutical Ingredients that Reverse It	Rick Rhoads, PharmD
3:30pm-4:00pm	Non-Surgical Methods for the Enhancement of Facial Beauty and Restoration of the Aging Face	Maria Angelo-Khattar, MD, PhD, MSc Dermatology
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## Friday, December 12, 2014 Conference

• Morning Session •		Presented By:
7:00am-7:30am	Diabetes, Alzheimer's and Heart Disease	Chris Meletis, ND
7:30am-8:10am	Dementia: Our Destiny or our Choice?	Joseph C. Maroon, MD, FACS
8:10am-8:40am	Benefits of Balance the Gut Microbiome Using Novel Prebiotic Bacteriophage Biotherapeutics	Sharon McQuillan, MD
8:40am-9:20am	Burnout: A Multiple Hormone Deficiency Syndrome	Thierry Hertoghe, MD
9:20am-10:00am	Separating Fact from Fiction: Evidence Based Answers to the Toughest Questions Patients Ask about Nutritional Support	Thomas Williams, PhD
10:00am-11:00am	Life at the Speed of Light	J. Craig Venter, PhD
<b>LUNCH (On your own) • 11:00am-1:00pm</b>		
<b>Exhibit Hall Hours • 10:00am-6:30pm</b>		
• Afternoon Session 1 • Moving Beyond Basics •		Presented By:
1:00pm-4:00pm	Functional Medicine Approach to Assessing and Treating Patients with Gastrointestinal and Immune Dysfunction: Moving Beyond the Basics	Jill Carnahan, MD
• Afternoon Session 2 • Lifestyle Management/Clinical Case Protocols •		Presented By:
1:00pm-1:40pm	Physiologic Vigor is determined by Biochemical Balance-Lifestyle Interventions	Shawn Talbott, PhD
1:40pm-2:15pm	Managing Glucose Toxicity and Insulin Resistance	John Troup, PhD
2:15pm-2:50pm	Personalized Genetics: Applying Genomics to General Health, Nutrition, and Lifestyle Modification	T.S. Pilijszek, MD, MRCS, LRCP, FAARFM, ABAARM, CNS
2:50pm-3:25pm	Does Nutritional Supplementation with Sun Chlorella "A" Help Overcome Vitamin B12 Deficiency and Enhance IgA Levels in People with a Vegan or Vegetarian Diet?	Jay Udani, MD, CPI
3:25pm-4:00pm	Sugar Impact	JJ Virgin, CNS, CHFS
• Afternoon Session 3 • Transforming Treatments through Assessments and Evaluations •		Presented By:
1:00pm-1:35pm	Steroid Hormone Compartmentalization in Different Body Fluids	David Zava, PhD
1:35pm-2:10pm	Novel Technologies for Supporting Triads and Enhancing Patient Experience	James LaValle, RPh, CCN, MS
2:10pm-2:45pm	Inflammation Testing to Define Heart Disease Risk	Dharmesh Patel, MD, FACC, MBBS
2:45pm-3:20pm	The Impact of Toxic Mold and Mycotoxins on Human Health	Joseph H. Brewer, MD
3:20pm-3:50pm	Moving Beyond Diurnal Free Cortisol Testing: Is there a Need for a more Comprehensive Testing Model for Assessment	Mark Newman, MS
3:50pm-4:10pm	Hormone Replacement Therapy and Testing for Cancer	Emil K. Schandl, MS, PhD, MD(MA), FNACB, SC(ASCP), CC(NRCC), LNC, CLD
• Afternoon Session 4 • Hormones and the Anti-Aging Equation •		Presented By:
1:00pm-1:30pm	Women's Health and Sexuality for Anti-Aging	Anna Cabeca, DO, FACOG, ABAARM
1:30pm-2:00pm	Metabolic Syndrome and Menopause	Erin Lommen, ND
2:00pm-2:30pm	Is it Menopause or Wireless Radiation Sensitivity?	Elizabeth Plourde, CLS, NCMF, PhD
2:30pm-3:00pm	Silicon: A Review of Its Potential Role in the Prevention & Treatment of Postmenopausal Osteoporosis	Charles T. Price, MD
3:00pm-3:30pm	Man Boobs to Metabolic Syndrome	Nathan Goodyear, MD, ABAARM, FAARFM
3:30pm-4:00pm	Peptides and Hormonal Replacement	Jose Vazquez Tanus, MD, ABAARM, BCIM, FAARM, CCRP
• Afternoon Session 5 • Advances in Aesthetics Medicine •		Presented By:
1:00pm-1:30pm	Hair Loss and Hormone Replacement: Stratagems for Managing Androgenetic Alopecia in the Presence of Androgen Replacement	Alan J. Bauman, MD
1:30pm-2:00pm	An Evaluation of Efficacy and Tolerability of Novel Enzyme Exfoliation vs Glycolic Acid in Photodamage Treatment	Anne Chapas, MD
2:00pm-2:30pm	Mild Acidity Promotes Healthy Skin Microflora & Dermal Longevity	Karen Sinclair Drake
2:30pm-3:00pm	Combining New Hybrid Fractional Laser Technology with IPL/BBL Treatments	Rebecca Gelber, MD
3:00pm-3:30pm	Introduction to Global Skin Tones 3 to 6	Pamela Springer, LE
3:30pm-4:00pm	Innovations in Scar Prevention and Treatment	Jerra Banwarth, RPh
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# Saturday, December 13, 2014 Conference

• Morning Session •		Presented By:
7:00am-7:35am	Metabolic Control and the Retina: It's More than What Meets the Eye	Shalesh Kaushal, MD, PhD
7:35am-8:10am	Weight Loss in Patients with Diabetes: Keys to Success	Osama Hamdy, MD, PhD
8:10am-8:55am	Methylation's Role in Neurological Health, Aging & Recovery: Beyond MTHFR	Kendal Stewart, MD
8:55am-9:20am	How to Maintain Memory at Any Age	Pam Smith, MD, MPH, MS
9:20am-10:00am	From Wellness and Prevention to Testosterone Replacement Therapy	Joel Heidelbaugh, MD
10:05am-11:00am	Solving World's Problems through Regenerative Medicine: Accelerate or Perish	Alexander Zhavoronkov, PhD
<b>LUNCH (On your own) • 11:00am-1:00pm</b>		
<b>Exhibit Hall Hours • 10:00am-2:00pm</b>		
• Afternoon Session 1 • Early Detection/Prevention of Aging Disorders •		Presented By:
1:00pm-1:30pm	Protecting the Aging Brain: Functional Neurology for Better Balance, Memory and Cognition	Ellie Campbell, DO, MS
1:30pm-2:00pm	Unlocking the Secrets of the Telomere: The First Step to Reversing Aging	Al Sears, MD
2:00pm-2:30pm	Death by Calcium: A common Denominator to Premature Aging & Chronic Degenerative Disease	Thomas Levy, MD, JD
2:30pm-3:00pm	Alternative Approaches to Evaluate Insomnia	Bradley Bush, ND
3:00pm-3:30pm	Beyond Lipids: Advanced Inflammatory & Cardiometabolic Biomarkers in Clinical Practice	Robert Megna, DO, ABAARM, FAARFM
3:30pm-4:00pm	Understanding the Link Between Complex Chronic Disease, Dyslipidemia, Inflammation & Food	Jamie Wright, DO
• Afternoon Session 2 • 2014 Integrative Medicine Hot Topics •		Presented By:
1:00pm-1:40pm	Healing is Voltage	Jerry Tennant, MD
1:40pm-2:10pm	Effects of Pulsed Electromagnetic Frequency with Mark II Coil on Diabetes Neuropathy	Norman Shealy, MD, PhD
2:10pm-2:50pm	New Breakthroughs in Anti-Inflammatory Protocols	Martin Gallagher, MD, DC
2:50pm-3:20pm	Mechanism of Food Immune Reactivity & Autoimmunity	Aristo Vojdani, PhD, MSc, CLS
3:20pm-4:00pm	Nutrigenomics	George Rozakis, MD
• Afternoon Session 3 • Hormones and the Anti-Aging Equation •		Presented By:
1:00pm-1:40pm	Tame the Flame of PCOS	Felice Gersh, MD
1:40pm-2:15pm	Functional Adrenal Insufficiency	Deborah Matthew, MD, FAARMFM
2:15pm-2:50pm	Topical Hormone Case Studies	Jim Paoletti, Consulting Pharmacist, FAARMFM
2:50pm-3:20pm	Low Libido: Causes, Implications and Treatment Modalities	Shelena Lalji, MD, FACOG
3:20pm-4:00pm	The Hormone Secret: Discover the Missing Link to a Better Body, Brain and Life	Tami Meraglia, MD
• Afternoon Session 4 • Med Spa and Aesthetic Medicine •		Presented By:
1:00pm-1:40pm	Help Your Patients Look Years Younger Without Surgery	Tess Mauricio, MD
1:40pm-2:15pm	Top 20 Marketing Strategies that Will Boost Your Bottom Line	Manon Pilon
2:15pm-2:50pm	The Independent Science Behind Anti-Aging Vitamin & Nutrient Cosmeceuticals and Nutracosmetics for Youthful Skin	Jeanette Jacknin, MD
2:50pm-3:25pm	The Fusion of Wellness in the Medical Spa	Patti Biro, MS, Med.
3:25pm-4:00pm	Tapping into New Revenue Streams	Dori Soukup
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