

# 22<sup>nd</sup> Annual World Congress on Anti-Aging, Regenerative and Aesthetic Medicine

## Conference Agenda - Draft

### Thursday, May 15 2014 Pre-Conference Workshops

8:00 am – 6:00 pm      Personalized Lifestyle Management

***Presented by: Jennifer Landa, MD; James LaValle, RPh, CCN; Filomena Trindade, MD; E. Denis Wilson, MD***

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8:30 am – 6:00 pm      Obesity: How To Definitely Lose Weight with Efficient Dietary, Nutritional and Hormone Therapies

***Presented by: Thierry Hertoghe, MD***

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8:00 am – 6:00 pm      Medical Management of Hair Loss for the Integrative Medicine Practice

***Presented by: Alan Bauman, MD; Joseph Purita, MD; Michael Hamblin, MD, PhD***

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8:00 am – 6:00 pm      Stem Cells in Anti-Aging Medicine: An Update

***Presented by: Expert Faculty***

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8:00 am – 6:00 pm      Practice Management Certification (Part 2)

***Presented by: Expert Faculty***

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### Friday, May 16 2014 Conference

#### • Morning General Session –

7:00 am – 11:00 am

7:00 am – 7:30 am      Everything You Wanted to Know About Cannabidiol but Were Afraid to Ask

***Presented by: John Hicks, MD***

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7:30 am – 8:00 am      Clinical Use of Telomere Measurement in Preventive and Personalized Medicine

***Presented by: Dave Woynarowski, MD***

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8:00 am – 8:30 am      Platelet Rich Plasma Therapy and Stem Cell Injections

***Presented by: Joseph Purita, MD***

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8:30 am – 8:50 am      Opening Remarks (*Non-CME*)

***Presented by: Ronald Klatz, MD, DO & Robert Goldman, MD, PhD, DO***

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8:50 am – 9:15 am      The Critical Role of the 3 Iodothyronine Deiodinases in the Regulation of the Thyroid System

***Presented by: E. Denis Wilson, MD***

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9:15 am – 9:45 am      Polycystic Ovary Syndrome (PCOS)-The Integrative and Holistic Approach to a Multifaceted Disease

***Presented by: Felice Gersh, MD***

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9:45 am – 10:15 am      Inflammation and Testing to Define Heart Disease Risk

***Presented by: Eli M. Roth, MD, FACC***

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10:15 am–11:00 am      Integrative Medicine: A Bridge Over Healthcare's Troubled Waters

***Presented by: David Katz, MD***

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**Lunch (on your own) 11:00 am – 1:00 pm**

**Exhibit Hall Opens 10:00 am – 6:45 pm**

**Friday, May 16, 2014 Conference**

\*Schedule as of 5/8/2014, speakers and topics are subject to change

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- Afternoon Session 1 – Hormones and Nutritional Deficiencies 1:00 pm – 4:00 pm

1:00 pm – 1:45 pm Estrogen-Progesterone-Testosterone For Women

***Presented by: Thierry Hertoghe, MD***

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1:45 pm – 2:30 pm Testosterone - Low testosterone in men or andropause and how optimization can improve quality of life and reduce risks of disease

***Presented by: Ronald Rothenberg, MD***

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2:30 pm – 3:15 pm Adult Growth Hormone Deficiency Treatment

***Presented by: Thierry Hertoghe, MD***

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3:15 pm – 4:00 pm Hypothyroidism

***Presented by: Ronald Rothenberg, MD***

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- Afternoon Session 2– Personalizing the Clinical Approach to the Peri-Menopausal Woman  
1:00 pm – 4:00 pm

1:00 pm – 4:00 pm Personalizing the Clinical Approach to the Peri-Menopausal Woman

***Presented by: Filomena Trindade, MD***

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- Afternoon Session 3– A Healthy Energy System 1:00 pm – 4:00 pm

1:00 pm – 1:30 pm Energy Medicine Going Main Stream

***Presented by: Silvia Binder, ND, PhD***

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1:30 pm – 2:00 pm Integrative Biophysics – Good Vibes vs Bad Wireless radiation –The New Cardiovascular Risk Factor

***Presented by: Stephen Sinatra, MD***

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2:00 pm – 2:30 pm Think Parasites. When the Latest Medical Therapies Failed: Paradise Lost in a Parallel Universe

***Presented by: Simon Yu, MD***

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### Friday, May 16, 2014 Conference

2:30 pm – 3:00 pm Thyroid Hormone Synthesis & Environmental Toxin Exposure

***Presented by: David Zava, PhD***

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3:00 pm – 3:30 pm New Roll of Tumor Markers in HRT

***Presented by: Emil K. Schandl, PhD***

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3:30 pm – 4:00 pm Healing is Voltage

***Presented by: Jerry Tennant, MD***

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#### • Afternoon Session 4 – Advances in Aesthetic Medicine

1:00 pm – 4:00 pm

1:00 pm – 1:45 pm The Importance of Omega-3-Fatty Acids in Skin Health

***Presented by: Sharon McQuillan, MD***

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1:45 pm – 2:30 pm Equol- A Super Polyphenolic Molecule: Anti-Aging Applications for Optimal Skin, Hair, and Prostate Health

***Presented by: Edwin Lephart, PhD***

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2:30 pm – 3:15 pm Protocols for Complete Medical Body Contouring

***Presented by: Ivan Rusilko, MD***

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3:15 pm – 4:00 pm Top 20 Marketing Strategies that Will Boost Your Bottom Line

***Presented by: Manon Pilon***

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## Conference Agenda - Draft

Saturday, May 17, 2014 Conference

• **Morning General Session – 7:00 am – 11:00 am**

7:00 am – 7:30 am Addressing Today's Deadly Triad: Diabetes, Alzheimer's and Heart Disease

***Presented by: Chris Meletis, ND***

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7:30 am – 8:00 am Combating Radiation Exposure before Disaster Strikes

***Presented by: Eric Braverman, MD***

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8:00 am – 8:30 am HARSH System to Evaluate and Treat Female Sex Drive

***Presented by: Jennifer Landa, MD***

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8:30 am – 9:00 am Mesenchymal Stem Cells for the Treatment of Arthritis

***Presented by: Rafael Gonzalez, PhD***

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9:00 am – 9:30 am Metabolic Syndrome: Reversal with Hormone Therapies

***Presented by: Thierry Hertoghe, MD***

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9:30 am – 10:05 am The Well Examination: Now That You've Got His Attention, How Do You Keep Him Healthy

***Presented by: Joel Heidelbaugh, MD***

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10:05 am – 11:00 am Whitespace: Take Back Control of Your Time (\*Non-CME)

***Presented by: Juliet Funt***

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**Lunch (on your own) 10:00 am – 1:00 pm**

**Exhibit Hall Opens 10:00 am – 6:00 pm**

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### Saturday, May 17, 2014 Conference

- **Afternoon Session 1– Clinical Considerations from Autoimmune Disorders to Fibromyalgia**  
1:00 pm – 4:00 pm

1:00 pm – 4:00 pm Clinical Considerations from Autoimmune Disorders to Fibromyalgia

***Presented by: David N. Brady, ND***

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- **Afternoon Session 2 – Energy Interventions** 1:00 pm – 4:00 pm

1:00 pm – 4:00 pm Energy Medicine and Bio-Informational Medicine in the 21st century: *Why practitioners worldwide are bringing this method to the forefront of medicine in their daily practice*

***Presented by: Vaughan Cook, OMD & Kimichi Moyer, LAc***

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- **Afternoon Session 3 – Case Studies/Lifestyle Management** 1:00 pm – 4:00 pm

1:00 pm – 1:30 pm Nitric Oxide, Menopause and Female Sexual Arousal Disorder

***Presented by: Nathan Bryan, MD***

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1:30 pm – 2:00 pm Does This Change Everything? Understanding the link between complex chronic disease, dyslipidemia, inflammation, food, and occult infection... and practical strategies for “complex” problems.

***Presented by: Jamie Wright, DO***

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2:00 pm – 2:30 pm Benefits of Balancing the Gut Microbiome Using Novel Prebiotic Bacteriophage Biotherapeutics

***Presented by: Sharon McQuillan, MD***

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2:30 pm – 3:00 pm Case Studies: Simplifying the Complex Patient

***Presented by: Deborah, Matthew, MD***

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3:00 pm – 3:30 pm Methylation’s Role in Neurological Health, Ageing and Recovery: Beyond MTHFR

***Presented by: Kendal Stewart, MD***

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3:30 pm – 4:00 pm Applying Natural Anti-Aging Bioactives in Cardiovascular, Cognitive and Metabolic Health

***Presented by: Barry W. Ritz, PhD***

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- **Afternoon Session 4 – Advances in Aesthetics Medicine** **1:00 pm – 4:00 pm**

1:00 pm – 1:45 pm Orthostatic Liposuction a Must for Abdominal Contouring

***Presented by: John Hamel, MD***

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1:45 pm – 2:30 pm Trends in Topical and Oral Supplements for the Skin

***Presented by: Jeanette Jacknin, MD***

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2:30 pm – 3:15 pm The Fusion of Wellness in the Medical Spa

***Presented by: Patti Biro, BS, Med.***

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3:15 pm – 4:00 pm Of Vampires, Werewolves and Mythically Magical Outcomes: Are Cytokines a “Silver Bullet” for Modern Aesthetic Surgery (***Non-CME***)

***Presented by: John Sanderson, MD and George Taylor, MD***

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