



THE FUTURE OF MEDICINE TODAY

ESTABLISHED 1992, A4M REPRESENTS 26,000 PHYSICIANS & SCIENTISTS FROM 120 COUNTRIES WORLDWIDE

THE 21st ANNUAL WORLD CONGRESS ON

**ANTI-AGING, REGENERATIVE
& AESTHETIC MEDICINE**



DECEMBER 12-15, 2013 • LAS VEGAS, NV

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Special Guest Speakers



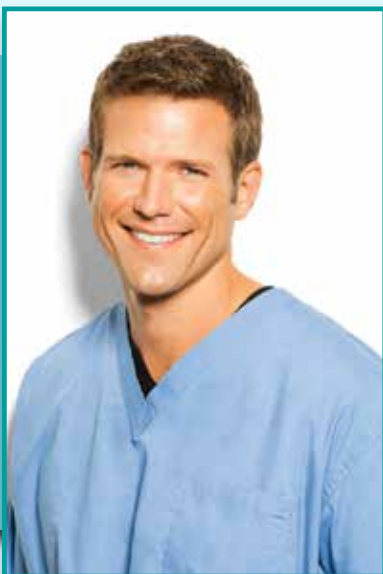
Judith Reichman, MD

As an outspoken expert on women's health care issues, Dr. Reichman balances the demands of a thriving Los Angeles practice in gynecology, infertility, and menopause. She is the author of several books and is best known for her two-part series on PBS, "Straight Talk on Menopause with Dr. Judith Reichman".



Suzanne Somers

Suzanne Somers is a dedicated and informed health advocate and has become the face and voice of alternative and integrative medicine. With her New York Times bestselling books, Suzanne singlehandedly has achieved what the movement has wanted to accomplish for many years. She has increased awareness regarding the benefits of BHRT, Anti-Aging Medicine, stem-cell therapies, chemo-free cancer cures, and the often-overlooked causes of obesity and how to restore our bodies.



Travis Stork, MD

ER physician and host of the Emmy Award-Winning talk show, "The Doctors," Dr. Stork is a fervent believer in helping patients feel empowered when it comes to their health. He is passionate about enlightening individuals on simple ways to attain and maintain good health based on their own life circumstances. He takes pride in teaching people how to prevent illness before it happens.

Meet Our Faculty



Abraham Morgentaler, MD, FACS
Associate Clinical Professor at
Harvard Medical School



Christoph Westphal, MD, PhD
Board of Fellows for Harvard
Medical School, Author



Massimo Dominici, MD
Professor in Oncology & Hematology
at the University of Modena in
Reggio Emilia, Italy



Mark Rosenberg, MD
Board Certified in Emergency
Medicine, Researcher



Jennifer Landa, MD, OB/GYN
Best-Selling Author, Media Guest



Erika Schwartz, MD
Best-Selling Author, Expert in
Bio-Identical Hormone Therapies,
Wellness & Disease Prevention



**Mark Houston, MD, MS,
ABAARM, FACP, FAHA, FASH**
Associate Clinical Professor of
Medicine at Vanderbilt University
School of Medicine, Author



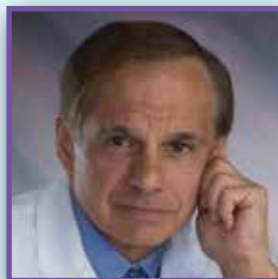
Pamela W. Smith, MD, MPH, MS
Best-Selling Author,
Frequent Lecturer



Eduardo Mansilla, MD
Professor of Internal Medicine
at the School of Medical Sciences
at the National University of
La Plata, Argentina



Andrew Heyman, MD, MHSA
Faculty at the University of
Michigan in the Department of
Family Medicine



Joseph Maroon, MD
Board Certified Neurosurgeon
& Professor at the University of
Pittsburgh Medical Center



Thomas Guilliams, PhD
Director of the Point Institute of
Nutraceutical Research & Clinical
Instructor for the UW-Madison
School of Pharmacy



Sharon McQuillan, MD
Board Certified in Anti-Aging &
Aesthetic Medicine, Medical Director
of the Ageless Aesthetic Institute



Steven Dayan, MD, FACS
Facial Plastic Surgeon, Frequent
Lecturer, Author, Active Researcher
In Cosmetic Medicine Technologies



Tana Amen, BSN, RN
Best-Selling Author, Renowned
Speaker & Media Guest

Founders



Ronald Klatz,
M.D., D.O., FAASP
President, A4M



Robert Goldman,
M.D., Ph.D., D.O., FAASP
Chairman, A4M

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Companies will promote their products and services via a demonstration or presentation in the exhibit hall
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Attend free evening workshops featuring highlighted speakers discussing the latest advancements in regenerative medicine (NON-CME)
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Play the Exhibit Hall game and enter for your chance to win a **FREE** car!
- **Fellowship Graduation**
Congratulations to the Fellowship class of 2013!
- **Raffles**
Don't miss the multiple raffles each day throughout the conference for a chance to win a variety of educational opportunities
- **Eye Opener Giveaways**
The Early Bird Gets the Worm! The first to arrive at select morning sessions will receive special prizes
- **A4M Bookstore**
Come browse our extensive selection of educational literature featuring current research and technological advances; visit with an A4M Educational Coordinator to discuss the literature as well as educational opportunities available



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Connect with Exhibitors

Visit with more than 250 exhibitors while networking with colleagues to see how the latest innovations in medical products and technology can benefit your practice & patients.

A4M encourages attendees to visit the exhibition hall and to interact extensively during the dedicated breaks, lunches and social events in the exhibit hall.

Exhibit Hall Hours

Friday, December 13, 2013

11:00 am-6:00 pm

Saturday, December 14, 2013

11:00 am-7:00 pm

Sunday, December 15, 2013

11:00 am-2:00 pm



Exhibit Hall Includes

- **Nutraceutical** – Visit with more than 100 first-class companies from across the nation
- **Diagnostic Services/Labs** – Speak with more than 50 solution providers
- **Aesthetics** – Discover advanced technologies, products and procedures
- **Medical Products and Services** – Get a hands-on look at many of the latest products and services
- **Fellowship Programs** – Discuss Fellowship programs with an A4M Educational Coordinator



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THE FUTURE OF MEDICINE TODAY

Schedule-At-A-Glance

21st Annual World Congress on Anti-Aging, Regenerative & Aesthetic Medicine

Thursday, December 12, 2013 Specialty Workshops

		Presented By:
9:00am-5:00pm	Testosterone Deficiency & Therapy in Men	Abraham Morgentaler, MD, FACS
7:30am-6:00pm	Personalized Lifestyle Medicine	Pamela W. Smith, MD, MPH, MS; Mark Houston, MD Mark Rosenberg, MD & Tana Amen, BSN, RN
9:00am-5:00pm	Pellet Therapy	James Mahoney, DO
8:00am-5:00pm	Practice Management Certification	Jay Shorr, BA, CMBM,CAC, Course Director Including Expert Faculty
8:00am-6:00pm	Advances in Body Contouring	Sharon McQuillan, MD

Sunday, December 15, 2013

		Presented By:
8:00am-6:00pm	Menopause/Andropause: Improving the Health & Happiness of your Patients with Bio-Identical Hormones	Jonathan V. Wright, MD & Daved Rosensweet, MD

SCHEDULE, SPEAKERS & TOPICS ARE SUBJECT TO CHANGE • AS OF 11/08/2013 • © A4M 2013



THE FUTURE OF MEDICINE TODAY

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22nd Annual World Congress on Anti-Aging, Regenerative & Aesthetic Medicine



SAVE THE DATE

December

10-13, 2014

Venetian / Palazzo Hotel • Las Vegas, NV

TO REGISTER FOR EVENT,
PLEASE CALL 1.888.997.0112

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Schedule-At-A-Glance

21st Annual World Congress on Anti-Aging, Regenerative & Aesthetic Medicine

Friday, December 13, 2013 Conference

• Morning General Session •

Presented By:

7:00am-7:40am	The Use of T3, Botanicals & Nutrition to Optimize Thyroid Function, Peripheral T4 to T3 Conversion & Well-Being	E. Denis Wilson, MD
7:40am-8:20am	New & Revolutionary Concepts in the Diagnosis & Treatment of Hypertension	Mark Houston, MD, MS, ABAARM, FACP, FAHA, FASH
8:20am-8:40am	Opening Remarks (Non-CME)	Ronald Klatz, MD, DO & Robert Goldman, MD, PhD, DO
8:40am-9:20am	Testosterone Therapy in Men: Panacea, Scourge, or the Next Big Thing In Medicine?	Abraham Morgentaler, MD, FACS
9:20am-10:10am	Slow Your Clock Down: On-Label, Off-Label, Grey-Label	Judith Reichman, MD
10:10am-11:00am	Our Time has Come (Non-CME)	Suzanne Somers

LUNCH (On your own) • 11:00am-1:00pm

Exhibit Hall Hours • 11:00am-6:00pm

• Session 1-The Nuts & Bolts of Hormones •

Presented By:

1:00pm-2:00pm	Introduction to Bio-Identical Hormone Deficiencies	Thierry Hertoghe, MD
2:00pm-2:45pm	Testosterone-Low Testosterone or Andropause in Men	Ronald Rothenberg, MD
2:45pm-3:00pm	Hypothyroidism	Ronald Rothenberg, MD
3:00pm-4:00pm	Estrogens, Progesterone, Testosterone for Women	Jennifer Landa, MD, OB/GYN

• Session 2-Health of the Peri/Menopausal Woman •

Presented By:

1:00pm-4:00pm	A Comprehensive Approach to Common Clinical Conditions in the Peri/Menopausal Woman	Filomena Trindade, MD
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• Session 3-New Hot Health Topics •

Presented By:

1:00pm-1:45pm	A Clinical Application to Hormone Testing & Nutrition	Jim LaValle, RPh, MS, CCN
1:45pm-2:30pm	Hormone Replacement Therapy and the Cancer Profile	EK Schandl, MD, PhD
2:30pm-3:15pm	Pain Management with Transdermal Technology	Gus Bassani, PharmD
3:15pm-4:00pm	Immunotherapy: A Physician's Scientific Guide to Cow Colostrum & Its Uses	Andrew Keech, PhD, DSc

• Session 4-Intergrative Age Management Health Topics •

Presented By:

1:00pm-1:45pm	The Development of Mitochondria-Targeted Therapies for Age Associated Diseases	Michael Murphy, PhD
1:45pm-2:30pm	Aging and the Short Telomere Connection	William Andrews, PhD
2:30pm-3:15pm	Rehabilitation of Age-Related Pulmonary Function Decline	James Lineback, MD
3:15pm-4:00pm	More than just Rickets: The Newly Rediscovered Anti-Aging Properties of the Amazing Sunshine Vitamin D	Mayer Eisenstein, MD, JD, MPH

• Session 5-Advances in Aesthetic Medicine •

Presented By:

1:00pm-1:40pm	The Unifying Theory on Beauty	Steven Dayan, MD, FACS
1:40pm-2:20pm	Groundbreaking New Information on Delaying Skin Aging	Patrick Bitter, MD
2:20pm-3:00pm	Cosmetic Applications of Platelet Rich Plasma	Robert Bowen, MD
3:00pm-3:30pm	Clinical & Aesthetic Innovations: Low Level Laser Therapy	Mark Nestor, MD, PhD
3:30pm-4:00pm	Managing & Marketing your Cosmetic Practice in Today's Economy	Jay A. Shorr, BA, MBM-C

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Saturday, December 14, 2013 Conference

• Morning General Session •

Presented By:

7:00am-7:30am	Detoxify for Life	John Cline, MD
7:30am-8:00am	Pellet Therapy: Symptoms & Survival	James Mahoney, MD
8:00am-8:30am	Healing the Mind With Food	Tana Amen, BSN, RN
8:30am-9:00am	Anti-Aging Benefits of Novel Marine Oil (Omega 3) From New Zealand Green-Lipped Mussel	Sharon McQuillan, MD
9:00am-9:35am	Should you Allow your Child to Play Football? Update on Concussion Management, Prevention and Treatment	Joseph Maroon, MD
9:35am-10:15am	Telomeres, Aging and Disease	Mark Rosenberg, MD
10:15am-11:00am	Your Best Life	Travis Stork, MD

LUNCH (On your own) • 11:00 am – 1:00 pm

Exhibit Hall Hours • 11:00 am – 7:00 pm

• Session 1 – The Nuts & Bolts of Hormones •

Presented By:

1:00pm-2:00pm	The Importance of BHRT on the Cardiovascular System	Thierry Hertoghe, MD
2:00pm-2:40pm	Neurotransmitters & BHRT Effects on the Brain & How they are Used in Treating Psychological Disorders	Eric Braverman, MD
2:40pm-3:00pm	Update on State's and Congress's new laws regarding compounded prescription drugs	John Grasela, RPh
3:30pm-4:00pm	How to prescribe Anti-Aging medicine. The nuts and bolts for optimal hormone replacement therapy. Labs, algorithms, follow up testing.	Ronald Rothenberg, MD

• Session 2-Advances in Stem Cell Therapies •

Presented By:

1:00pm-1:45pm	Cutting Edge Concepts for the Regenerative Medicine Physician in the Use of Stem Cell & PRP Injections	Joseph Purita, MD
1:45pm-2:30pm	The Role of Nitric Oxide in Cellular Aging: Telomeres, Mitochondria & Stem Cells	Nathan Bryan, PhD
2:30pm-3:15pm	Could Metabolic Syndrome, Lipodystrophy, & Aging be Mesenchymal Stem Cell Exhaustion Syndromes?	Eduardo Mansilla, MD
3:15pm-4:00pm	Current Review of the Role of Stem Cell Banking in Preventive Medicine	Terry Grossman, MD

• Session 3-Clinical Case Studies-The Male/Female Patient •

Presented By:

1:00pm-1:45pm	Resolving Hashimoto's Thyroiditis	Alan Christianson, MD
1:45pm-2:30pm	Physiologic Dosing & Laboratory Findings for Women on BHT	Paul Savage, MD
2:30pm-3:15pm	Man Boob Nation: An Integrative/Solutions Based Strategy to Low Testosterone	Nathan Goodyear, MD
3:15pm-4:00pm	Interactive Patient Case Reports (Non-CME)	David Zava, PhD

• Session 4-Advances in Aesthetic Medicine •

Presented By:

1:00pm-1:40pm	Toxin Complications	Edward Zimmerman, MD
1:40pm-2:20pm	Clinical Signs of Aging Skin Facial Wrinkles: Aesthetic Role of Equol Isomers for Aging Skin	Edwin Lephart, PhD
2:20pm-3:00pm	Three Dimensional RF Technology Utilization-A New Paradigm for Face & Neck Rejuvenation	Daniel Man, MD
3:00pm-3:30pm	Incorporation of Men into Your Aesthetics Practice	Keith Jeffords, MD, DDS
3:30pm-4:00pm	Business Start-Up for Spa & Medical-Spa	Manon Pilon

• Afternoon General Session •

Presented By:

4:00pm-5:00pm	Infinity Award Recipient (Non-CME)	Governor Arnold Schwarzenegger
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Schedule-At-A-Glance

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Sunday, December 15, 2013 Conference

• Morning General Session •

Presented By:

7:00am-7:30am	Genetic Susceptibility & Targeted Interventions for Genetic Integrity, Obesity, Diabetes, Lipid Dysregulation & Inflammatory Pathways	Chris Meletis, ND
7:30am-8:00am	Regenerative Techniques for Non-Surgical Joint & Spine Repair	Peter Fields, MD, DC
8:00am-8:30am	Learning How to Talk to Patients	Erika Schwartz, MD
8:30am-9:10am	Leveraging Lifestyle Medicine	Thomas Williams, PhD
9:10am-9:40am	Stem Cells: Understanding Aging as a Platform to Enhance Tissue Regeneration	Massimo Dominici, MD
9:40am-10:15am	How to Maintain Memory at Any Age	Pamela Smith, MD, MPH, MS
10:15am-11:00am	Pharmaceutical Approaches to Treating Aging: The Sirtris Story	Christoph Westphal, MD, PhD

LUNCH (On your own) • 11:00 am – 1:00 pm

Exhibit Hall Hours • 11:00 am – 2:00 pm

• Session 1 – The Health of the Aging Brain •

Presented By:

1:00pm-1:45pm	Brain Fitness: Every Little Aging Part of the Brain & Repairing It	Eric Braverman, MD
1:45pm-2:30pm	Cognitive Function in Middle Age	Thomas F. Collura, PhD, MSMHC, BCN, NCC & Christen Stahl, MA, NCC
2:30pm-3:15pm	Prevention & Treatment for the Aging Brain	Andrew Campbell, MD
3:15pm-4:00pm	Integrating Neuroscience Methods into Peak Performance & A Functional Medicine Practice	David Hagedorn, PhD & Nicole Hagedorn, DO

• Session 2-Clinical Case Studies •

Presented By:

1:00pm-1:40pm	Adrenal Slumber: Measuring & Managing the Consequences of Adrenal Insufficiencies on Sleep Pathology	Kelly Olson, PhD
1:40pm-2:20pm	Simplifying The Complex Patient	Deborah Matthew, MD
2:20pm-3:00pm	Weight Loss Utilizing Food Sensitivity Testing, Elimination & Treatment of the Gut: A Case Study	Shelena C. Lalji, MD, FACOG
3:00pm-3:30pm	Avoiding Pitfalls & Picking the Right Lab Test	Mark Newman, MS
3:30pm-4:00pm	The Vitamin Conundrum	Theodore Piliszek, MD

• Session 3-Advances in Aesthetic Medicine •

Presented By:

1:00pm-1:45pm	The Revolutionary Microcannula Injection Technique	Anil Rajani, MD
1:45pm-2:30pm	Orthostatic Liposuction: A Must for Abdominal Contouring	John Hamel, MD
2:30pm-3:15pm	Successful Treatment of Acne Vulgaris with Probiotics	Sharon McQuillan, MD

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SAVE THE DATE

May 15 - 17, 2014

**See You in Orlando at the
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