



**AMERICAN ANTI-AGING CONFERENCE,  
NOV 02-03 2013 DUBAI, UAE**

**SCHEDULE AT A GLANCE**

FRIDAY NOVEMBER 01		
PRE-CONFERENCE WORKSHOP		
09:00	LIVE consultation	
09:30		
10:00		
10:30	Case Studies Lifestyle effects on sex and stress hormones	
11:00		
11:30	<b>BREAK</b>	
12:00	Multidimensional Approach to Stress and Sex Hormone Imbalances	
12:30		
13:00	<b>LUNCH</b>	
13:30		
14:00	Case studies: Thyroid Dysfunction	
14:30		
15:00	LIVE consultation	
15:30		
16:00	<b>BREAK</b>	
16:30	OPEN FORUM	
17:00		
17:30	<b>END OF CONFERENCE</b>	
18:00		
18:30		
19:00		
19:30		
20:00		
20:30		
ALL DAY		<b>ABAARM ORAL EXAMS -</b>

SATURDAY NOVEMBER 02	
CONFERENCE	
09:00	Opening lecture
09:30	Lifestyle Effects: Maintaining optimal health & preventing disease <b>(Dr. Lena Edwards)</b>
10:00	
10:30	Introduction to Functional Thinking <b>(Dr Jack Monaco)</b>
11:00	
11:30	<b>BREAK</b>
12:00	Introduction to HPA axis and Adrenal Gland Dysfunction (Dr. Lena Edwards)
12:30	
13:00	<b>LUNCH &amp; EXHIBIT</b>
13:30	
14:00	SPONSORED WORKSHOP: Strengthen Immune Health - Restoring the Critical Th1 and Th2 Balance; Pol De Sadeleer <b>(Researched Nutritionals)</b>
14:30	HPA Axis and Adrenal Dysfunction in Chronic Pain Syndromes and Immune System Dysfunction <b>(Dr. Lena Edwards)</b>
15:00	
15:30	New Treatments for Insulin Resistance and Diabetes <b>(Dr Pamela Smith)</b>
16:00	
16:30	<b>BREAK</b>
17:00	Introduction to sexual health dysfunction: Causes & treatments <b>(Dr Jennifer Landa)</b>
17:30	
18:00	<b>END OF CONFERENCE</b>
18:30	
19:00	
19:30	
20:00	
20:30	
OPTIONAL WORKSHOP: Sexual Health & Dysfunction Workshop (Dr Jennifer Landa)	
ALL DAY	<b>ABAARM ORAL EXAMS - BY APPOINTMENT ONLY</b>

SUNDAY NOVEMBER 03		
CONFERENCE		EXAMS
09:00	Bio-Identical Hormone Replacement Therapy for females <b>(Dr Jennifer Landa)</b>	08:30AM  ABAARM WRITTEN EXAM
09:30		
10:00		
10:30	Bio-Identical Hormone Replacement Therapy for males <b>(Dr Jack Monaco)</b>	
11:00		
11:30	<b>BREAK</b>	
12:00	Combined Sex and Stress Hormone Imbalances: Where to Begin <b>(Dr. Lena Edwards)</b>	
12:30		
13:00	<b>LUNCH &amp; EXHIBIT</b>	
13:30		
14:00	SPONSORED WORKSHOP: A Compounding pharmacy's guide to prescribing BHRT; Guillaume Safah <b>(Anti-Aging Compounding Pharmacy)</b>	
14:30	Clinical Applications of cellular therapy and BHRT <b>(Dr Ali Mohamed)</b>	
15:00	New Treatment Modalities for Cognitive Health <b>(Dr Pamela Smith)</b>	
15:30		
16:00	<b>BREAK</b>	
16:30	Detoxification and Gut health <b>(Dr Jennifer Landa)</b>	
17:00		
17:30	<b>END OF CONFERENCE</b>	
18:00		
18:30		
19:00	Cocktail & Networking Reception - Sponsored by <b>New You</b>	
19:30		
20:00	Closing notes by A4M Certified Doctors	
20:30		
ALL DAY	<b>ABAARM ORAL EXAMS</b>	