



NOW INTRODUCING THE SEXUAL HEALTH CERTIFICATION

NOV 2-3, 2012 ENROLL TODAY!



MODULE A: FEMALE SEXUAL DYSFUNCTION

SELECTED TOPICS TO INCLUDE:

- Overview of female sexual dysfunction
- Women's sexual health—anatomical concerns
- Causes and treatment of dyspareunia
- Treatment of vulvar/vaginal atrophy
- Perform diagnostic evaluations on patients with FSD
- Be familiar with surgical treatment of sexual dysfunction
- Understand adrenal function as it affects sex drive and how to address in patients
- Be familiar with newer modalities including orgasmic meditation and certain tantra principles and techniques
- Prescribe novel tools, methods, and various sexual aids for patients to boost sex drive

COURSE DESCRIPTION:

The first of the four module series will introduce and cover many essential issues in female sexual health. Treatment protocols that are both evidence based and clinically relevant will be given throughout the lectures. The vulvar anatomy and disorders of the vulva will be covered thoroughly including the evaluation and treatment of such disorders by an expert in the field of vulvovaginal disorders and treatments for vaginal dryness from a Harvard gynecologist that includes everything from the conventional to the Ayurvedic.

TARGET AUDIENCE:

- OB/GYN
- Urologists
- Family Practitioners

SPEAKERS:

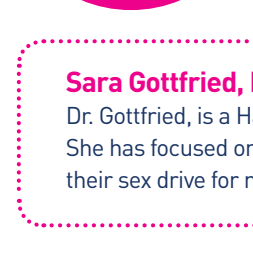
Jennifer Landa, MD, Ob/Gyn

Dr. Jennifer Landa specializes in helping women and men balance their hormones, restore their energy, and replenish their sex lives.



Andrew Goldstein, MD

Dr. Goldstein is an Associate Editor of the *Journal of Sexual Medicine* and *The Female Patient*. He lectures frequently on female sexual dysfunction.



Sara Gottfried, MD

Dr. Gottfried, is a Harvard trained integrative gynecologist. She has focused on teaching women how to naturally boost their sex drive for more than 20 years.



ABOUT THE SEXUAL HEALTH CERTIFICATION PROGRAM:

The Sexual Health Certification will provide approximately **50 CME credits** for the provider in the diagnosis, evaluation and treatment of sexual health disorders in men and women. There will be a dual emphasis on learning of the evidence based scientific literature in the area of sexual health, learning of clinical practice protocols, and practices to allow participants to treat patients with the most up to date and comprehensive treatment tools. The teaching will be in didactic as well as participatory/lab learning.

There will be four modules which will earn the participant approximately **12 CME** credits. After the four modules the participant will be considered a Certified Sexual Health Clinician. The modules will be lively, engaging and informative providing the participant with the essential knowledge and skills needed to be able to comprehensively care for patients who have sexual health challenges.

- **MODULE A** - Female Sexual Health
- **MODULE B** - Male Sexual Health, Gay and Transgender Therapy
- **MODULE C** - Sexual Function, Dysfunction and Hormones
- **MODULE D** - Psychology and Physiology of Sexuality



DIRECTOR OF THE SEXUAL HEALTH CERTIFICATION:

Jennifer Landa, MD, Ob/Gyn specializes in helping women and men balance their hormones, restore their energy, and replenish their sex lives. At the heart of her practice is the belief that maintaining one's health is hard work and she encourages her patients to make lifestyle changes that will result in increased health.

Dr. Landa's focused, energetic, and straightforward style comes across well when she speaks in front of groups and on camera. She lectures nationally on preventive medicine and has appeared on national and local television. Dr. Landa just completed her first book with co-author Virginia Hopkins. Their book, *The Sex Drive Solution for Women*, is a no-nonsense approach to many of the sex drive issues that Dr. Landa addresses with her patients every day.



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