



THE 6TH ANNUAL AUSTRALASIAN ACADEMY OF
**ANTI-AGEING
& AESTHETIC**
MEDICINE CONFERENCE 2012
SOFITEL MELBOURNE ON COLLINS

Better Health Care, Better Patient Outcomes with Preventative, Anti-Ageing & Integrative Medicine



Training, Certification and Continuing Education in Preventative, Anti-Ageing & Integrative Medicine

Integrative Health & Longevity

6TH ANNUAL A5M CONFERENCE IN ANTI-AGEING & AESTHETIC MEDICINE

18 - 19 AUGUST 2012, MELBOURNE

SOFITEL MELBOURNE ON COLLINS

Active Ageing is a fundamental goal of Anti-Ageing Medicine and allows people to realise their potential for physical, social and mental well-being throughout life and to participate in society with a healthy life expectancy.

The 2012 A5M Conference is the premier Anti-Ageing, Aesthetic and Integrative Medicine event of the year, presenting a comprehensive multi-stream evidence-based scientific, research and clinical program and extensive medical exposition.

The program incorporates best practice, evidence-based analysis of accepted markers for disease, implementation of clinical protocols as well as testing and assessing methodologies for early intervention practices.

Join an elite core of healthcare professionals, scientists & researchers to share knowledge, network and advance your skills in Anti-Ageing Medicine. **ENROL NOW!**

WHY ATTEND?

- Be part of the Healthcare Evolution in Australia. Take your lead from the 2012 launch of the Australian Government's National Preventative Health Agency (ANPHA). The time for change in healthcare practice has arrived!
- Don't be left behind. Join the Anti-Ageing Revolution - the fastest growing medical specialty throughout the world founded on the application of advanced evidence-based scientific and medical technologies.
- Advance your knowledge, skills and accreditation through the A5M, AustralAsia's leading Preventative, Anti-Ageing & Integrative Medical Education provider.
- Learn from world experts & integrate Anti-Ageing Medicine into your Internal or Aesthetic Practice, to create a proactive model for accessible, prevention-based healthcare for all your patients.
- Tap into the \$200+ billion international Anti-Ageing market.
- Grow your practice by improving your professional skills and expertise through regular A5M Business and Practice updates, which directly improve your bottom line.
- Join a worldwide network of over 24 000 Anti-Ageing professionals in over 110 countries.
- Make direct contact with manufacturers and vendors of innovative products & services in Preventative Health.
- Don't miss out on The Best Networking Opportunities in the field of Preventative, Anti-Ageing & Integrative Medicine.

Advance your knowledge, skills and accreditation through the A5M, AustralAsia's leading Preventative, Anti-Ageing & Integrative Medical Education provider.

A5M CONFERENCE 2012 TOPICS

Genomics, Epigenetics and Ageing

- Biochemical pathways, physiological function and genetics of ageing
- Genetic variation diagnosis and clinical approach
- Anti-ageing treatments: What is the evidence?

Hormone Replacement Therapies

- Effective and appropriate use of hormone therapy
- Symptoms, assessment, testing and treatment protocols for positive patient outcomes and safety

Nutrition, Detoxification & Nutrigenomics

- Nutritional lifestyle and link to chronic and degenerative diseases
- Diet, pharmacology, nutraceuticals and genomics

Metabolic Disorders & Cardiovascular Disease

- Diagnostics, risk factors and treatment protocols
- Pathways leading to obesity and weight loss programs

Laboratory Testing & Diagnostics

- Biomarkers for ageing: Health and disease
- Hormone testing
- Integrative and functional laboratory testing and interpretation

Stem Cell & Regenerative Medicine

- Indications and application of stem cells
- Clinically appropriate use of stem cells in intravenous form

Primary and Secondary Cancer Prevention

- Diagnostics for specific cancers
- Primary and secondary preventive treatment interventions

Brain Ageing

- Diagnostics for early detection
- Regenerative medicine in neurological diseases
- Cerebral senescence

Activity & Sports Medicine

- Fitness & Nutrition in ageing
- Physical exercise, sarcopenia and ageing

Aesthetic Medicine

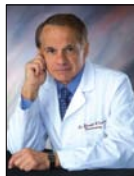
- Skin, Ageing and Technological Advances
- Cosmeceuticals & Nutraceuticals in skincare

WHO ATTENDS?

- General Practitioners
- Medical Specialists
- Aestheticians
- Cardiologists
- Chiropractors
- Cosmetic & Plastic Surgeons
- Dermatologists
- Endocrinologists
- Naturopaths
- Nutritionists
- Nurse Clinicians
- Osteopaths
- Paramedicals
- Pharmacists
- Physical Fitness Trainers
- Physicians & Physician Assistants
- Sports Medicine Physicians
- Scientists
- Medical Researchers

2012 KEYNOTE SPEAKER

Dr Joseph C. Maroon, MD



World expert Neurosurgeon, Sports Physician and Longevity Specialist Dr Joseph Maroon is an international Specialist in the surgical treatment of injuries and disease of the brain and spine.

As the author of *The Longevity Factor*, Dr Maroon is an expert in Sports Medicine, the principles of which laid the foundations for Anti-Ageing Medicine as we know it today, using individually tailored interventions to restore and maintain optimum health.

Dr Maroon engages an integrated approach including personal fitness and endurance, diet and nutrition and inflammation diagnosis and treatment.

Dr Maroon is the acclaimed neurosurgeon to the USA National Football League (NFL) and is highly regarded for his innovative treatments and research in Sports Medicine and Alternative Therapies for disease prevention. He is a renowned health and longevity specialist.

Dr Maroon is a Senior Vice-President of the American Academy of Anti-Aging Medicine.

The Longevity Factor:

THE PRE CONFERENCE WORKSHOP 2012

FRIDAY 17 AUGUST, 2012 WITH DR JOSEPH C. MAROON, MD

Anti-Ageing Medicine takes its cue from Sports Medicine, with a Preventative approach to patient care integrating the best of Conventional, Complementary, Functional & Regenerative Medicine for optimum health, performance & longevity.

Join Dr Joseph Maroon, to learn how to apply the lessons of elite Sports Medicine to help your patients feel better and live longer healthier lives.

This comprehensive 5-hour workshop will cover:

- Principles & protocols of Integrative & Longevity Medicine
- Achieve optimum health using Anti-Ageing protocols
- Personal fitness and Endurance
- Diet and Nutrition
- Inflammation diagnosis and Treatment
- Science in Sport, Injury Prevention and Treatment
- Behavioural change protocols
- Exercise for the sedentary and obese

Who should attend?

General Practitioners, Medical Specialists, Osteopaths/Physiotherapists/Chiropractors/Sports Trainers

REGISTER TODAY

A5M Member: \$550

Non-Member: \$600

Australasian Integrative & Aesthetics Workshop 2012

IN ASSOCIATION WITH APAN

(AESTHETIC PRACTITIONERS ADVISORY NETWORK)

SUNDAY, AUGUST 19, 2011

Advance your Anti-Ageing Education NOW!

Gain expert theoretical and practical skills from the leaders in Anti-Ageing Medicine in this one-day intensive Integrative & Aesthetic Workshop.

Learn how to integrate essential preventative health protocols into your Aesthetic business to enhance your treatment outcomes and client health.

8 x 45-minute seminars covering the pillars of Anti-Ageing practice – diet, lifestyle, and nutrition - will ensure you are able to deliver service to your clients that adds value to their lives as well as to your business

Achieve your true potential and get the best results possible for your patients!

Learning Objectives

- Principles of internal Anti-Ageing Medicine for Aesthetic practice
- Aesthetic Medicine and new procedures and techniques for Anti-Ageing Aesthetic requirements
- Nutrition and its role in Aesthetics
- Stem cells and their role in health and the skin
- New advances in Cosmeceuticals & Nutraceuticals
- The role of hormones in health and wellness and their effect on the skin
- How to establish and grow and Aesthetic Anti-Ageing practice
- How to formulate your services for results and profit
- Learn how to prepare for industry changes and for future growth

Who should attend?

Aestheticians & Beauty Therapists

Dermal Clinicians and Paramedicals

Practice Managers

Nurse Practitioners

Cosmetic & Plastic Surgeons Assistants

LIMITED SPACE REGISTER TODAY!

A5M Member: \$450

Non-Member: \$500

Embrace Anti-Ageing Medicine and revolutionise your practice with Better Health Care & Better Patient outcomes.

The Australasian Academy Of Anti-Ageing Medicine (A5M)

The AustralAsian Academy of Anti-Ageing Medicine (A5M) is dedicated to the advancement of longevity science, medicine and technologies to detect, prevent and treat ageing-related disease and to promote research into methods to slow the human ageing process and promote wellness into older age.

A5M is the recognised evidence-based educational service provider for the Anti-Ageing industry throughout AustralAsia.

GLOBAL MULTI-DISCIPLINARY NETWORK

A5M is part of a worldwide collective of Anti-Ageing practitioners under the auspices of The World Academy of Anti-Aging Medicine (WAAAM).

A5M is officially endorsed by The American Academy of Anti-Aging Medicine (A4M), which has grown from just 12 physician members in 1993 to over 24,000 physicians and scientists in over 110 nations today.

LEADING IN EDUCATION

The A5M is the fastest growing Preventative Health, Anti-Ageing and Integrative Medicine educational service provider in AustralAsia with a comprehensive annual Education Program including the Annual Conference, Certification, Workshops and Fellowship Programs, offering over 100 world-class lectures & speakers throughout the year. The annual A5M Conference brings together world leaders in Science, Research and Anti-Ageing Medicine with 350+ delegates and 50 speakers, sharing knowledge in this rapidly-growing field of healthcare.

BECOME AN A5M MEMBER TODAY!

A5M membership is open to GP's, Physicians, Allied Health and other health professionals who seek to gain expertise in Internal or Aesthetic Anti-Ageing clinical medical specialities.

MEMBER BENEFITS

- Join a worldwide network of leading Anti-Ageing professionals
- Access leaders in medicine, science & research
- Access research articles & ongoing scientific updates
- Share in the latest evidence-based life-enhancing data
- Develop & expand your Preventative Health knowledge through A5M's extensive Educational Program
- Discount registrations and priority access to all educational programs conducted or endorsed by A5M
- Discounts on all A5M educational materials; including Anti-Ageing texts with evidence-based clinical protocols for the practice of Anti-Ageing Medicine
- 5% discount across Asia Pacific with Accor Hotels

SIGN UP TODAY & SAVE

EARLY BIRD SPECIAL

Offer expires June 1, 2012.

Members	\$800 (normally \$900)
Non Members:	\$900 (normally \$1100)

PACKAGE DEALS

Pre Conference Workshop + 2 Day Conference

Members	\$1250 (normally \$1350)
Non Members:	\$1400 (normally \$1500)

AustralAsian Integrative & Aesthetic Medicine Workshop + 1 Day Conference

Members	\$800 (normally \$945)
Non Members:	\$945 (normally \$1080)

GROUP RATES

10% off for bookings of 10 or more.

5% off for bookings of 5 or more.

All prices are GST inclusive.

Price includes entry to all sessions and exhibition plus attendance at the Annual A5M Conference Celebratory Cocktail Party and Special Platinum Sponsors Breakfast.

CHEQUE PAYMENTS

Made payable to: AustralAsian Academy of Anti-Ageing Medicine
Please mail to: PO Box 8244, Camberwell, VIC, AUS, 3124
Phone Payments: +61 3 9813 0439 Fax: +61 3 9813 0649

CONFIRMATION

A welcome e-mail will be sent to you as a confirmation of your registration.

CANCELLATION POLICY

Up to 30 days prior - 20% cancellation fee.

Between 30-7 days prior - 50% cancellation fee.

Up to 7 days prior - No refunds will be issued.

ACCOMMODATION

SOFITEL MELBOURNE ON COLLINS

25 Collins Street, Melbourne, Victoria Australia.

Phone: +61 3 9653 0000

Fax: +61 3 9650 4261

Web: www.sofitelmelbourne.com.au

Special Conference Rate

Classic King @ \$265 room only + \$40 pp inc breakfast

Special Accommodation Rate is only available between Thursday 10 August -

Thursday 26 August and cannot be used over any other dates than the prescribed dates above and cannot be used in conjunction with any other offer. Hotel must be contacted directly. A5M do not take bookings for accommodation.

Early Bird Rates

Classic King Rooms \$265 per room per night room only

Payment: Full amount of stay is payable in advance at booking time.

Cancellation: Full deposit is not refundable even if the booking is cancelled or modified.

Modifications: By contacting the hotel up to 30 days prior to arrival, with a modification fee of 15% on top of the prepaid amount.

Non Early Bird Rates

Classic King Rooms \$285 per room per night room only

Superior King Rooms \$330 per room per night room only

For payment, cancellation and modification terms, please refer to the schedule of commitment on page 8. \$40.00 per person Australian Breakfast Buffet served in No35, should guests book a room only accommodation rate. Room and breakfast rates are based on breakfast being served in No35 each morning, at guest's leisure. Should you require a group breakfast, or room service, additional charges will apply.



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