

23<sup>rd</sup> Annual World Congress on Anti-Aging Medicine  
Spring - Hollywood - Conference Agenda - Draft

Thursday, May 7 – Sponsored Symposium Lectures

9:00 am- 10:45 am	Cell Biotechnology & Cell Mechanics- Hidden Hunger-Anti-Aging Sponsored by Macrobiosis Group Presented by: Randy W. Schekman, PhD Hidden Hunger & Its Effects on Cell Function & The Aging Process Presented by Mark Rosenberg, MD Diabetes and The Cell Presented by Prof. Zheng Cui, MD, MS, PhD	Non CME
11:00 am – 12:00 pm	Adrenal Fatigue & Hypothyroidism Sponsored by Nature-Throid Presented by David Stephen Klein, MD, FACA, FACPM	Non CME

Thursday, May 7 – Preconference Workshops

7:30 am – 5:30 pm	The Aging Male: Hormone and Nutritional Therapies	Thierry Hertoghe, MD
8:00 am – 5:30pm	The Emerging Science and Role for the Microbiome for Health	Faculty panel including: James LaValle, RPh, CCN, MS Andrew Heyman, MD

Friday, May 8, 2015 Conference

General Session – 7:00 am – 11:00 am

7:00 am – 7:45 am Metabolic and Functional Medicine Inter-relationships: CVD, Gastrointestinal, The Microbiome, Immunology, Neurology, Toxicology and Cancer

**Presented by: Mark Houston, MD, MS, ABAARM, FACP, FAHA**

7:45:am – 8:30 am Reversing Disease with Gene Therapy: The Future is Now

**Presented by: Mark Rosenberg, MD**

8:30 am – 9:00 am Opening Remarks (*Non-CME*)

**Presented by: Ronald Klatz, MD, DO & Robert Goldman, MD, PhD, DO**

9:00 am – 10:00 am The Brain Warriors Way: Protecting and Optimizing the Most Important Part of You

**Presented by: Daniel Amen, MD**

10:00 am – 11:00 am The Role of The Microbiome in Brain Health and Disease

**Presented by: David Perlmutter, MD, FACN, ABIHM**

Lunch (on your own) 11:00 am – 1:00 pm

Exhibit Hall Opens 10:00 am

Session 1 –Clinical Management of Patients 1:00 pm – 4:00 pm

1:00 pm – 4:00 pm Be Happy: Balancing Hormones, Supporting Nutrients, Clearing Toxins

**Presented by: Filomena Trindade, MD, MPH, FAARFM**

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Session 2– Microbiome Diversity and Targeted Probiotics for Enhancing Health Outcomes 1:00 pm – 4:00 pm

1:00 pm – 1:15 pm Criteria for Maximizing the Influence of the Microbiome on Health Trajectories

**Presented by: John Troup, PhD**

1:15 pm – 2:00 pm Probiotics for Women’s Health

**Presented by: Nikky Contractor, PhD**

2:00 pm – 2:45 pm Diversity of the Microbiome Influences Health

**Presented by: Mary Ellen Sanders, PhD**

2:45 pm – 3:30 pm Precision Biotics and the Gut Brain Axis

**Presented by: David Blyweiss, MD**

3:25 pm – 4:00 pm Panel Discussion

**Presented by: All Session Speakers**

Session 3– Hormones and the Anti-Aging Equation

1:00 pm – 4:00 pm

1:00 pm – 1:40 pm Heavy Metal and Essential Element in Thyroid Hormone Synthesis

**Presented by: Alison McAllister, ND**

1:40 pm – 2:10 pm Estrogen: The Master Anti-Inflammatory Hormone

**Presented by: Felice Gersh, MD**

2:10 pm – 2:50 pm Controversies in Thyroid Management

**Presented by: Edwin Lee, MD, FACE**

2:50- pm – 3:25 pm Toxicity of the Adrenals

**Presented by: James Wilson, PhD, ND, DC**

3:25 pm – 4:00 pm Men’s Sexual Function and Coronary Heart Disease

**Presented by: Jeffrey Life, MD**

Session 4– Early Detection/Prevention of Aging Disorders

1:00 pm – 4:00 pm

1:00 pm – 1:30 pm Effective Treatment for Fibromyalgia & Chronic Fatigue

**Presented by: Jacob Teitelbaum, MD**

1:30 pm – 2:00 pm Natural Molecular Rheostats: What Are They and Why Are They Good for Us

**Presented by: Shalesh Kaushal, MD**

2:00 pm – 2:30 pm New, Novel and Diverse Approaches to Augment Weight Loss

**Presented by: Chris Meletis, ND**

2:30 pm – 3:00 pm Innovations in Scar Prevention and Treatment

**Presented by: Jerra Banwarth, RPh**

3:00 pm – 3:30 pm Telomeres and Telomerase

**Presented by: Ron Rothenberg, MD**

3:30 pm – 4:00 pm The Single or Concomitant Use of Oxaloacetate in Brain Tumor Protocols

**Presented by: Mitchell J. Ghen, DO, PhD**

Session 5 – Advances in Aesthetic Medicine

1:00 pm – 4:00 pm

1:00 pm – 1:30 pm Dermatology, Aesthetic and Anti-Aging

**Presented by: Mark Nestor, MD, PhD**

1:30 pm – 2:00 pm Aesthetic Device Overview

**Presented by: David Goldberg, MD, JD**

2:00 pm – 4:00 pm **Non-CME: Devices in Aesthetics**  
Live Patient Workshop

\*Schedule as of 4/24/2015, speakers and topics are subject to change

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Saturday, May 9, 2015 Conference

General Session –

7:00 am – 11:00 am

7:00 am – 7:35 am What It Takes to Successfully Run A Functional Medicine Practice

***Presented by: John Cline, MD, BSc, IFMCP***

7:35 am – 8:10 am Novel Technologies for Supporting Triads

***Presented by: Jim LaValle, RPh, CCN, MS***

8:10 am – 8:50 am A Metabolic Approach to Thyroid Health: Hypothyroidism

***Presented by: Pamela W. Smith, MD, MPH, MS***

8:50 am – 9:50 am Technology and Your Brain

***Presented by: Gary Small, MD***

9:50 am – 10:25 am Understanding the Stress, Thyroid, Hormone Connection & Prioritizing Systems

***Presented by: Andrew Heyman, MD***

10:25 am – 11:00 am Male Sexuality: So Much More Hormone Therapies than just Testosterone

***Presented by: Thierry Hertoghe, MD***

Lunch (on your own) 11:00 am – 1:00 pm

Exhibit Hall Opens 10:00 am

Session 1– The Human Gut Microbiome

1:00 pm – 4:00 pm

1:00 pm – 4:00 pm The Human Gut Microbiome: It's Impact on Our Lives and Our Health

***Presented by: Robert Rountree, MD***

Session 2– Hormones and the Anti-Aging Equation

1:00 pm – 4:00 pm

1:00 pm – 1:40 pm Hormonophobia: Impartial view over endocrine treatments and hormone balance

***Presented by: Flavio A. Cadeiani, MD, PhD cand.***

1:40 pm – 2:20 pm Adrenal Case Studies

***Presented by: Deborah Matthew, MD, FAARFM***

2:20 pm – 2:50 pm Pharmacokinetics of Hormone Dosage Forms

***Presented by: Jim Paoletti, Consulting Pharmacist, FAARFM***

2:50 pm – 3:25 pm Pellet Therapy

***Presented by: Paul Savage, MD, FAARM, ABAARM***

3:25 pm – 4:00 pm Hormones and Cardiometabolic Disease

***Presented by: Jack Monaco, MD, FAARFM***

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Saturday, May 9, 2015 Conference

**Session 3 – Early Detection/Prevention of Aging Disorders**

**1:00 pm – 4:00 pm**

1:00 pm – 1:30 pm Severe Neurological and Psychiatric Disorders Caused by Gastrointestinal Overgrowth of Clostridia Bacteria

***Presented by: William Shaw, PhD***

1:30 pm – 2:00 pm A Model of Reducing Sympathetic Stress for Chronic Fatigue and Depression and Many Chronic Medical and Psychiatric Disorders by Optimizing Genetic Expression

***Presented by: Chas Gant, MD, PhD***

2:00 pm – 2:30 pm Diagnostic Testing and Management of Hypothyroidism and Hashimoto's Thyroiditis

***Presented by: E. Denis Wilson, MD***

2:30 pm – 3:00 pm Inflammation as the Common Denominator Initiating Coronary Atherosclerosis

***Presented by: Thomas E. Levy, MD, JD***

3:00 pm – 3:30 pm Epigenetics, Chronic Inflammation, and the Restorative Powers of Fitness

***Presented by: Jamie Wright, DO, MS, FACOOG***

3:30 pm – 4:00 pm Lifestyle Genomics

***Presented by: Mansoor Mohammed, PhD***

4:00 pm – 4:30 pm The Role of Human Autocrine Motility Factor in Tumor Malignancy

***Presented by: E.K. Schandl, PhD, MD(MA), FNACB, SC(ASCP), CC(NRCC), LNC, CLD(FL, NY, CA)***

**Session 4 – Stem Cells and Reprogramming**

**1:00 pm – 4:00 pm**

1:00 pm – 1:45 pm Immunomodulatory Effects of Stem Cells in Autoimmune Disorders

***Presented by: Sharon McQuillan, MD***

1:45 pm – 2:30 pm PRP Evidence Based Regenerative Medicine

***Presented by: Joel Baumgartner, MD***

2:30 pm – 3:15 pm Nitric Oxide and Stem Cell Therapy

***Presented by: Nathan Bryan, PhD***

3:15 pm – 4:00 pm Optimizing Stem Cell Therapies Via GPS

***Presented by: Robert Sackstein, MD***

**Session 5 – Advances in Aesthetics Medicine**

**1:00 pm – 4:00 pm**

1:00 pm – 1:30 pm Update on Fillers and Toxins

***Presented by: Mark Nestor, MD, PhD***

1:30 pm – 2:00 pm Supplements and Cosmeceuticals

***Presented by: Glynis Ablon, MD***

2:00 pm – 4:00 pm **Non-CME: Devices in Aesthetics**  
Live Patient Workshop